



EIGHT-PLAYER RULES DIFFERENCES (updated 6.6.23)

GENERAL: Eleven-player rules are used for eight-player football with these listed modifications.

- Rule 1:** Each team has 8 players. The field is 80 yards between goal lines and 40 yards wide with 15-yard side zones. 7-yard marks, 12 inches in length and 4 inches in width, shall be located 7 yards from each sideline. The 7-yard marks shall be marked so that at least each 10-yard line bisects the 7-yard marks. These marks shall not be required if the field is visibly numbered. If on-the-field numbers are used, the tops of those numbers shall be 7 yards from the sideline. By state association adoption, the 11-player field may be designated as official, and the dimensions of the field may be altered.
- Rule 2:** The free-blocking zone is a square area extending laterally 3 yards either side of the spot of the snap and 3 yards behind each line of scrimmage.
- Rule 2:** The Outside 9-Yard Mark and Between 9-Yard Mark Conferences shall be held outside or between the 7-yard marks, respectively.
- Rule 6:**
- K's free-kick line is its 30-yard line and R's free-kick line is the 40.
 - K is required to have at least three players on each side of the kicker.
- Rule 7:**
- At least three A players shall be on their line at the snap and may have any legal jersey number.
 - After the ball is marked ready for play, each player of A who participated in the previous down, and each substitute for A must have been, momentarily, between the 7-yard marks, before the snap.
 - Each A player (regardless of jersey number) who at the snap was on an end of the scrimmage line (total of two) and each A player who at the snap was legally behind the scrimmage line (maximum of three) is eligible.
- Rule 8:** On the eight-player field, the ball is snapped after a touchback and is free kicked after a safety from the 15-yard line.
- Rule 10:** The basic spot for a foul as in 10-4-6 shall be the 15-yard line.