



**2016**

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**Advertising**

**Hannah Klemme, Omaha Skutt**

Alarm clock blaring, hair in a tangled mess, groggy eyes swollen shut, I (unwillingly) drag myself from the warm, safe comfort of my bed. My mornings are nothing short of peaceful. Never in my life have I had the time nor liberty to make myself a cup of steaming cup of coffee and watch Good Morning America before school. Usually, my mornings consist of throwing on my questionably clean uniform and grabbing a granola bar in a tornado-like rush from my house. Two morning meetings, Class Officer responsibilities, multiple AP tests, and after-school activities are all looming above my head. My high school career has been nothing short of crazy to say the least.

My Grandpa, God love him, sends constant reminders that my face shouldn't be buried in my phone all the time. Instead, I should be preparing myself for my future: learning all the Amendments by heart, brushing up on my Macbeth, memorizing the Periodic Table, or some casual, afternoon activity like that. "I can't believe your generation," he said. If I had a dollar for each time he uttered, "Well, back in my day..." I would be able to pay for college like I was paying for a gumball.

I can't sit at the dinner table without someone bringing up the topic of generation differences. Yes, I have grown up with a larger plethora of gadgets and gizmos at my fingertips, but that doesn't mean my motivation to be successful in life is falling short. Age gaps definitely do not define my level of ambition. If I want something in life, by golly, I'm going after it. I just have an interesting way of getting there, according to my mom.

She claims that my cell phone is a huge distraction. "You'll go cross eyed if you stare at that thing for one more second," she said. Yes, alright, I'll admit, my sarcastic mom is completely on point. My phone is a distraction. But I'm sure my mom knows what it is like to be a wide-eyed teenage girl who just wants to soak up every bit of knowledge she can.

No one can deny that different generations encompass different personalities. However, I do think it is ridiculous to underestimate or treat someone differently according to their age. Young people of this world are bright, bold, and ambitious. I definitely don't look "ambitious" when I resemble a homeless cat in the morning, but I'll get there!

There are many occurrences when I cover my head in embarrassment because of a stupid or impulsive act which reflects negatively on my entire generation (\*cough\* Justin Bieber \*cough\*). Contrary to popular belief, we are not all obsessed with our lips and eyebrows like Kylie Jenner. Teenagers today have so many technological advantages that previous generations never could have dreamed of having. Yes Grandpa and mom, I use this technology for personal benefit, but my mind is always finding ways to improve my life with the skills I gain from utilizing my phone, internet, laptop, etc. Settling is simply not an option. This generation of young people are so intuitive and observant towards other people. Society forgets all the amazing thoughts that are harbored in our developing minds.

Most of us are in the process of furthering our education. We don't have very much to offer up on the table right now, but give us time, and we will take the world by storm. Bear with me on this one, but I think of teenagers like Dory from "Finding Nemo." We might be scatter-brained and have no clue what we are doing in life, but we "just keep swimming." My generation is innovative, we are fresh, we are unstoppable. As for me, I plan to "just keep swimming" in order to achieve all of my goals for the future ... all while drinking a steaming cup of coffee and watching Good Morning America.

**Column Writing**  
**Devon Gottsch, Omaha Marian**



Leaguetown High School budget cuts plague tradition, nurture education

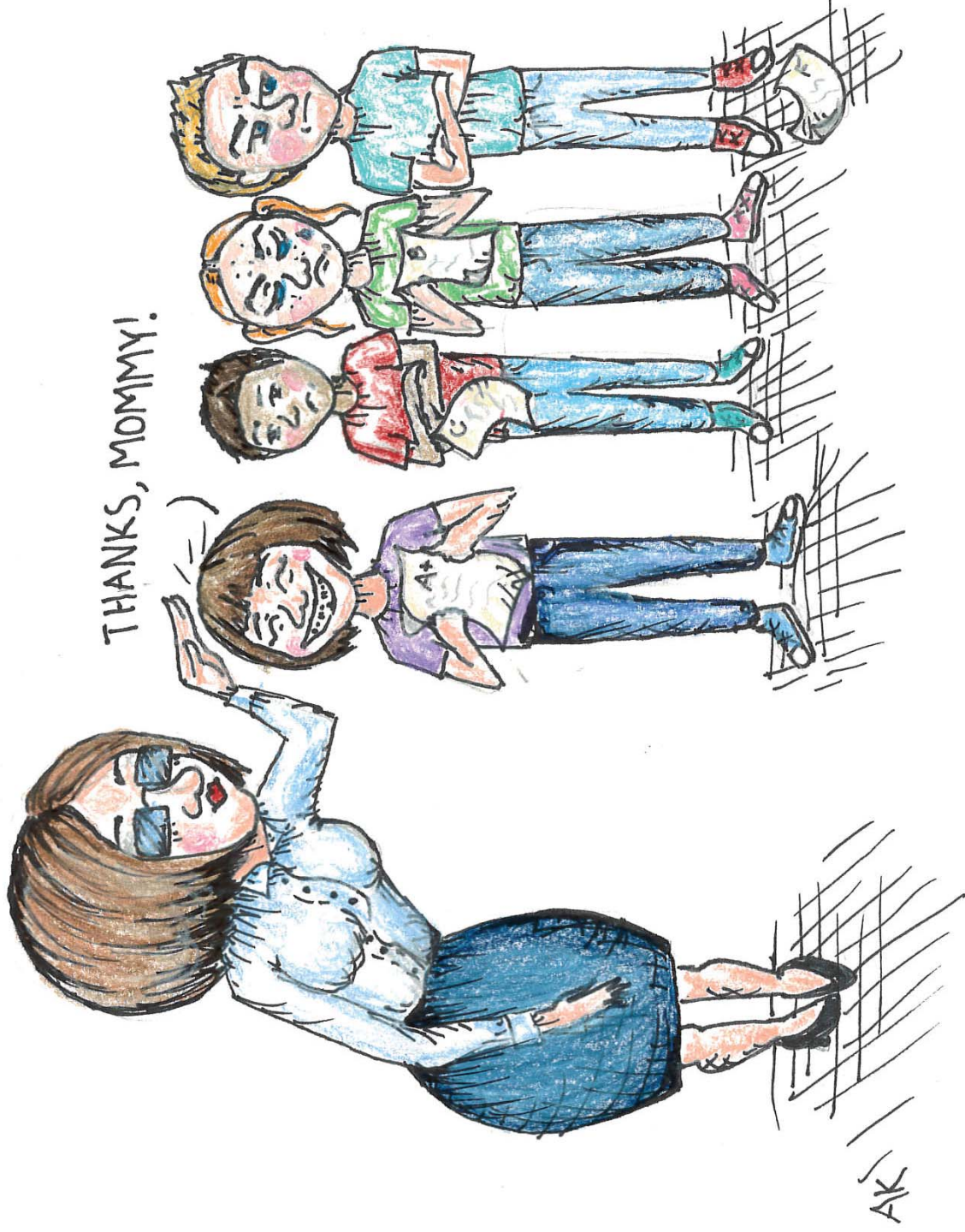
Football players huddle up in the locker room while eager fans await kickoff.

Leaguetown High School always puts up an impressive match against competitors. The school's band and drill team, who won second place at the UIL Marching Band Contest during the 2013-2014 school year, has the crowd bouncing and cheering as they dance across the field to the sound of tubas, drums, clarinets, and more. In Texas, tradition is the sound of marching footsteps on painted turf, game-winning touchdowns, and a wild crowd.

All it takes is a budget cut to break the formula that breaks a tradition. When \$500,000 dollars needs to be found when federal money is not adding up, Superintendent Harriet Bernat proposes cutting the travel fund for the 343 member band and drill team. This will save a whopping \$32,000.

While tradition is important, education comes first. "Am I happy about the cuts? No. But I can live with them. The cut could save a teacher's job," Band Director Mike Newman said. Without money to fund the school, teachers will eventually have to be laid off. Without teachers, there won't be classes, and eventually Leaguetown High School will have to shut its doors. Some might be hesitant to admit this, but quality education is more important than a high school band performing at away games.

The band would not be the only school-sanctioned activity suffering from budget cuts. Freshman B teams for all athletics, ACT/SAT prep classes that are offered to the school, and everything in-between will most likely suffer the same fate.



Editorial Cartooning  
Maria Koliopoulos, Omaha Skutt

Editorial Writing  
Tessa McLaughlin, Omaha Marian



## Granola House and Bakery offers customizable, out-of-this-world granola

From Mexico to Hy-Vee to Granola House and Bakery, Louis Onate has traveled far with his sweet and spunky granola recipes. For a healthy yet delicious snack to nibble on, Granola House and Bakery is the place to go.

Onate started his business after learning the tools of the trade from his uncle, a granola factory owner in Mexico. After his oat-filled education, Onate earned a master's of business administration in business management and baked goods in a Hy-Vee bakery, adding to his repertoire of skills. All of this preparation and hard work led to the creation of a community-conscious granola factory. Onate's lifelong dream of owning a business where he could sell healthy, reasonably priced food to customers came true when he founded Granola House and Bakery.

"Granola House is a hybrid of a granola factory and bakery," Onate said. Granola House and Bakery offers customers fresh, homemade granola that can be tailored to each specific person's needs. I have a dairy allergy and frequently find myself staring longingly at mouthwatering, dairy-filled foods, so I was pleased that I had no trouble finding several fantastic mixtures that I could eat. Onate's multigrain granolas did not disappoint.

The honey granola offers a sweet, honey flavor with a hint of almond. The crunchy granola is sweeter than a 5-year-old begging for candy and would go wonderfully with yogurt, milk, or just on its own. Cane juice granola, though it may sound incongruous, is absolutely delightful. With a mixture of cinnamon, flax seed, and various grains, my taste buds were about to rocket to the moon. This stellar granola provides a healthy option for those who cannot resist the temptation of sweetness.

Along with a myriad of granola options, Onate's bakery offers a full spread of baked goods, including cinnamon rolls and a variety of pastries. Each baked good boasts low fat and low calorie deliciousness. Onate's recipes display a sharp sense of creativity, which he cited as crucial to his business's success.

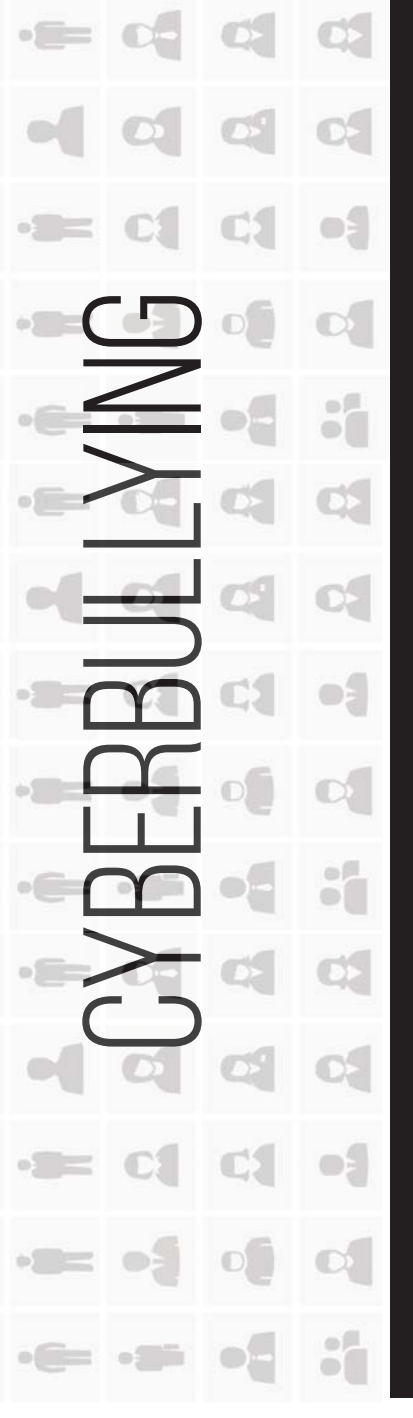
Granola House and Bakery creates a unique customer experience, allowing people to customize their own granola while snacking on healthy pastries, all for a good price. Onate's most important key to success, according to him, has been listening to his customers. "It's more than just a bakery in that it offers fresh granola that can be modified, as well as baked goods that have fewer calories and fat," Onate said.

Not only does Onate truly care about his customers' needs, the owner also hopes to offer his baked goods to local schools and colleges. Granola House and Bakery, though a small, quaint business, has plans to make an impact in the community. Through customer-oriented, healthy manufacturing of goods, Granola House and Bakery is on the fast track to reaching taste buds everywhere.

Granola House and Bakery provides this one-of-a-kind experience on Monday through Friday from 8:30 a.m. to 6:30 p.m., as well as Saturday from 9 a.m. to 2 p.m. Onate's granola proficiency shines through from the first bite that reaches one's taste buds, sending one's mouth on a journey to the cosmos. With out-of-this-world granola and astronomical pastries that are healthy and reasonably priced, Granola House and Bakery will soon have everyone munching happily on granola as they leap and bound across the moon.

### Entertainment Writing

Kathryn Baginski, Omaha Marian



Where does it occur?



Teens who have been cyberbullied



Have you seen cyberbullying?



## EXPERTS TALK

"While bullying through physical intimidation has long been a problem among teenagers, cyberbullying by using computers and smart phones to send rumors or post cruel messages has become more prevalent in recent years," explains Dr. Jennifer Caudle.

"Even though there might not be physical injuries, cyberbullying leaves deep emotional scars on the victim."

## TYPES OF CYBERBULLYING

**Gossip:** Posting or sending cruel gossip to damage a person's reputation and relationships with friends, family, and acquaintances.

**Exclusion:** Deliberately excluding someone from an online group.

**Impersonation:** Breaking into someone's e-mail or other online account and sending messages that will cause embarrassment or damage to the person's reputation and affect his or her relationship with others.

**Harassment:** Repeatedly posting or sending offensive, rude, and insulting messages.

**Cyberstalking:** Posting or sending unwanted or intimidating messages, which may include threats.

**Flaming:** Online fights where scornful and offensive messages are posted on websites, forums, or blogs.

**Outing and Trickery:** Tricking someone into revealing secrets or embarrassing information, which is then shared online.

**Cyberthreats:** Remarks on the Internet threatening or implying violent behavior, displaying suicidal tendencies.



### Graphic Illustration

James Schueneman, Omaha Westside



**STORY 1:**

**Continuing Creativity**

*Adult English Classes Now Available*

**STORY 2:**

**Having a Ball at Graduation**

*Celebrating Causes Diplomas to be Postponed*

**STORY 5:**

**Not Being Bored to Death**

*Student Enjoys His Job at a Funeral Home*

**Headline Writing**

**Megan Monismith, Gretna**

**Alexa Busby, Brena Groeper, Laura Kramer,  
Nicole Ludden & Ally Sargus**

**In-depth Newspaper Coverage  
Papillion-La Vista**

# OBAMA VISITS OMAHA

—special edition—

## INSIDE LOOK

English teacher Lisa Martin  
welcomes the President  
into her home

The Showell family  
discusses their meeting  
with the POTUS

Students share their once  
in a lifetime experience  
at UNO's Baxter Arena





Bowling. A fun experience with some friends, a league of overly competitive old men, Or maybe even the alley you stop by for some cheese fries on the weekends. But now, bowling will be a life changing experience.

Last fall, the NSAA approved the implementation of a Special Olympics Unified Sports bowling program throughout schools statewide.

All students will participate in one classification as the program runs from mid October through early December.

As the first ever sanctioned uniformed sport in Nebraska, many are anticipating this new opportunity for special education students. For the 2016-2017 season, 41 schools have already registered to participate.

“A number of our schools are already excited,” assistant director Dan Masters said. “All of the responses have been mostly positive.”

Creating an inclusive experience for students is extremely important to the Unified Sports program. However, of all activities, bowling was not arbitrarily chosen.

“Bowling was really high up on the list when students were surveyed and asked what sports they would like to participate in,” Masters said. “It was the committee who helped drive this choice as well.”

Participants in the bowling program will include both those with and without intellectual disabilities, encompassing all the needs participants may have. Each team will be comprised of three students: one with an intellectual disability, and two partners without intellectual disabilities.

“The rules are how you get that equal participation,” Masters said.

The Special Olympics bowling program will be funded by a grant provided by The Nebraska Special Olympics Program, as well as the NSAA. Schools will sign up for the program online and receive funds based on the number of teams the school registers.

The bowling program will be a huge opportunity for special needs students, as they will be able to participate in the same activities as their peers. Prior to the program’s implementation, special education students could join their school’s activities, only if permitted by an administrator. The Special Olympics bowling program will be a much more inclusive process.

“I want to provide opportunity for kids who may not have been able to play sports in the past,” Masters said.

As for the future, the bowling program may be one step leading to the creation of a vast array of opportunities.

Masters is excited for the program, as he believes it will pave the way for “more opportunities for special needs students in the future.”

Although the bowling season will last three months, the impact it leaves on the lives of students will last forever.

“These kids will have new life lessons and learning activities that they will take with them,” Masters said.



**News Feature Photography**  
**Quincey Epley, North Platte**



**News Writing**  
**Nicole Ludden, Papillion-La Vista**



The young child struggles to climb the mountainous stairs. She falters a little but makes one last-ditch effort to reach the top. Finally she peaks at the top step. All the effort to simply make it to the top floor is all due to a rare heart condition born into a little girl.

“When I was born with a hole in my heart, my parents were told to go home and enjoy the other three kids because they did not believe I would make it. My dad did not take that as an answer,” Sue Fuchtmann said.

Childhood is often coined as the carefree fun time, but Sue Fuchtmann was unlike most kids. Born with a hole in her heart, Fuchtmann was unable to participate in many of the typical childhood experiences.

“The condition limited me. I’m not sure that it held me back because there were a lot of folk that helped me. I spent a lot of time inside so I might have become the world’s best babysitter in that time,” Fuchtmann said.

After living throughout a good portion of her childhood with the condition, Fuchtmann underwent open-heart surgery, at just 13 years of age, to seal the hole in her heart using Teflon. A procedure like this was not only risky in terms of health, but also financially. The surgery would be a costly option for a family with five children.

“It would be a very big bill at the time for my family, but what helped us was the strong support of the community around us. It gave me a sense of what my community could be like,” Fuchtmann said.

Fortunately for the family and the people joining in for the cause, the surgery was a success, but it did leave some lasting impacts on the brief time after.

## Newspaper Feature Writing Joseph Covolo, Millard North



Impact

Pg.1

## Students Spend the Day Helping

BY ALEXA ANDERSON

The Gering senior class got to take the day off from school on Friday to help serve the community with several projects throughout the area.

Seniors from Gering High School were seen all throughout Gering and Scottsbluff doing community service Friday morning.

The seniors were given the opportunity to choose what job they took on whether it was cleaning up trash along the highway, or helping out animals at the humane society.

Senior Cassidy Cooper chose to help pick up trash along U Street all the way to Country Club Road.

“Picking up trash was not as bad as it sounds,” Cooper said, “I actually enjoyed it because for once it was a nice day out and everyone helped out.”

After Cooper and her group of other seniors finished cleaning up trash, they moved on to help out the Humane Society.

“The Humane Society was the best experience because we actually got to interact with the animals even if it was just cleaning out their cages,” Cooper said.

Cooper and her group at the Humane Society helped bathe the newborn kittens, walk the dogs, and clean out the cages of the animals. Justin Wallace and Brandon Gable, also in Cooper’s group, did not necessarily interact with the animals but they helped with the Humane Society’s renovation.

In another group was senior Dakota Gellner, who signed up to work at the monument.

“I chose to work at the monument because I knew it was going to be a beautiful day outside, and I enjoy doing work when it was as nice as it was,” Gellner said.

Gellner and her group worked out by an old dump site next to the monument. They began by picking up all kinds of debris to clear the site so they could begin to replace the prairie. When they were finished raking and planting seed, the area they were working on became a part of the prairie once again.

“I was not sure what we were going to do that day but I had fun digging the trenches,” Gellner said, “I would do it all again if I had to.”

Other groups also helped around the community with cleaning houses, raking at the zoo, setting-up the senior picnic, working at local parks, and helping out at the museum in Gering.

After their community service, the seniors got to lay-back at a picnic teacher Janelle Schultz help set-up and play games such as volleyball and badminton.

“The whole day was great,” Senior Bret Orozco, who helped out at North Platte Valley Museum, said, “I got to spend time with my friends while also helping out the community.”





Sports Action Photography  
Abby Lang, Omaha Westside



Photo Illustration  
Lauren Foss, Gretna

No one seemed to care about anything that happened to me."



## Reputation Rehab:

How to Bounce Back from Rumors



"I felt like I had no control over anything anyone said about me"



When you walk into the gym at Norfolk High School, you see what their boys basketball program is all about. Many banners hang, displaying a history of success and pride within the program. With physical education teacher, Ben Ries, as the head coach for the past 14 seasons, the program has taken a positive turn.

Since Ries was young sports have always been his biggest passion. He grew up playing basketball, and he played all the way through high school.

“In elementary school, sports were what I enjoyed and what I loved,” Ries said. “I built so many friendships with my teammates and coaches, that’s what it was all about for me.”

Ries took control of the Norfolk boys basketball program in 2002 after graduating from the University of South Dakota in 2000. After finishing his playing career at South Dakota, Ries went on to become a graduate assistant for two years.

“I had the opportunity to play college hoops at the University of South Dakota, it was a great experience, playing for a truly amazing coach,” Ries said. “I also played alongside hall of fame caliber teammates, and we were a very successful team because of them.”

Now, Ries has led the Norfolk Basketball team for 14 years, and has led the program in the right direction. With Ries at the helm, Norfolk has gone 244-95 and has become one of the top non-Omaha programs in the state. Other accomplishments that Ries has been apart at Norfolk, include 9 GNAC Tournament Championships, 7 District Championships, 9 State Tournament appearances and playing in the 2010 State Championship Game, where they fell short.

Ries admits, there are a lot of very good teams in the Omaha Metro that have been dominating boys basketball the last few seasons.

“The metro area has been dominating the rest of the state lately, between Omaha South and Omaha Central it has been tough,” Ries said.

However, Ries believes that Norfolk does hold one advantage over the big Omaha schools.

“The biggest key to our success is the passion that our town has for our program,” Ries said. “We build all of our talent from the ground up, and work with our kids to make them the best of athletes they can be.”

During the winter, time can become tough to manage for Ries, who also has a family of 5 that he lives with.

“With practices going anywhere until 6 or 8 p.m. every night, it’s tough to get family time,” Ries said. “During the season it’s like I’m working two fulltime jobs, as a P.E. teacher during the day and a coach during the evenings and the weekends.”

Next season, the team will be led by current juniors, Logan Strom, Travis Larson, and Lane McCallum, as they look to make a run at the State Championship.

An offensive battle took place in Tuesday night’s girls basketball matchup, concluding with Leaguetaown High School defeating their crosstown rivals at Bay City 84-78 in the conference basketball championship.

Bay City center Luann Lewis led scoring for both teams with an astounding 40-point night. Coach Bensen was mindful of Lewis’ potential, explaining that she “is a one of a kind player; not the kind of player you plan on stopping.”

Lewis lived up to her expectations, shooting just over 64% from the field; however, not without opposition from her defender, Jane Jackson. “Lewis is a monster, but Jane really went to battle down there,” Bomber point guard Sue Stuart said. “You have to love the way Jane worked.”

Coach Bensen’s starting shooting guard, Mindy Stuart, has been alongside him through all four years of his coaching career at Leaguetaown. Prior to his arrival, the Bombers had struggled with discipline off the basketball court.

“This is a really special group,” Coach Bensen said. “Not many people understand how much effort they put into this, and I’m just excited for them.”

Leaguetaown’s deep roster proved to be effective deep into the fourth quarter, when center Jane Jackson fouled out of the game. “I was worried when Jane fouled out with four minutes to go,” point guard Sue Stuart said.

The Bombers’ Natalie Combs picked up right where Jackson left off, substituting in and locking down on defense. “We thought we had a chance, and until the final 4 minutes it looked like we had it,” Thunderbirds head coach Michael Adams said.

Leaguetaown’s victory, their 12th in conference play this year, earned them their fourth consecutive conference championship. “We are going to enjoy this tonight,” Bensen said, “but we’ll be back at practice tomorrow getting ready for districts.”

Bay City finished their season with an 11-3 conference record, while Leaguetaown will compete in districts later this week.

## **Sports Feature Writing Nolan Tracy, Omaha Westside**

**Sports News Coverage  
Jacob Zink, Papillion-La Vista**



Giving spare change to a homeless man. Paying for a stranger's coffee. Donating to a charity. Although these actions are generous and unselfish, "Paying it forward" doesn't always require physically paying. Leaguetown High School Math teacher Angela Munday is hoping to prove just that by rebuilding the high school's mentoring program. Yearning for that connected community feeling again, Munday, a former member of the mentoring program, has overcome personnel changes and budget cuts to hopefully connect students and local mentors by May 1.

As a young high school girl, Munday didn't have only massive piles of homework to worry about. She also had a home life that made it harder for her to concentrate on schoolwork and to have hope for a prosperous future. So when her high school counselor placed her in the hands of Beth Freckling, she was caught off guard. After a milkshake, a compliment and four years of meeting weekly, Munday and Freckling became very close. "Beth talked to me about college, about having a career, about setting goals for my life," Munday said, "I had never thought about the future before meeting Beth." Munday explained how deeply the mentoring program has affected her life and how it has inspired her to revive the program for the current students and the ones to come.

Munday has been given nothing but support from the school administration and the Leaguetown community, including more than 15 local business people and four district staff members in the mentor line-up so far. The Leaguetown High School principal Asher Price had nothing bad to say when asked about Munday and her program, stating that he knows many students that could use a mentor.

Not only are the future mentors ready to meet their mentees and get started, a couple students have voiced that they too are looking forward to being involved in the program. "It would be great to have another adult support me," sophomore Corey Small voiced. He hopes that his mentor will help to guide him through the college process like Freckling did for Munday. Many students recognize the good Munday is doing in their school.

"Maybe a mentor can turn my life around like Ms. Munday's life." Ylise Ventura added.

So as summer quickly approaches and schedules fill up, struggling students will have something to look forward to and a helpful shoulder to lean on. College applications won't be such a burden and coping methods will be in mind. As Munday would say, "time to pay it forward."

**Yearbook Feature Writing**  
**Caitlyn Bland, Papillion-La Vista South**

**Yearbook Layout**  
**Kamrin Baker, Millard West**



### **JUST KEEP SWIMMING**

This is the first sentence of the caption: it is written in present tense and tells who, what, when and where. This is the second sentence of the caption, telling the why or the how. "This is the third sentence of the caption," said Your Adviser. "It might be a good story-telling quote from the person in the photo."

### **FORE FOR YOU, GLENCOCO**

This is the first sentence of the caption: it is written in present tense and tells who, what, when and where. This is the second sentence of the caption, telling the why or the how. "This is the third sentence of the caption," said Your Adviser. "It might be a good story-telling quote from the person in the photo."

### **FOOTBALL FINALS**

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## **VOLLEYBALL VICTORY**

**Varsity wins first championship in 25 years BY JANE DOE**

This is the story for the spread on the sports highlights of the year. You can use as much or as little of this copy block as you need to design your spread. You will pick the font, size and style of copy. You can choose to design with dropped caps or special leading. It is all up to you.

You might also want to consider the initial tab space and the justification, as both can greatly enhance the design of the spread.

"You can use this as a pulled quote if you'd like or if you need it for the design element of your spread," Herbie Husker, junior, said.

Concentrate your efforts on the design of the spread. Utilize a dominant image and the design elements that you have





## Shane Sedlak / Can You See It?

### Opening

Perspective: an ever-changing aspect of a high school student's life. In our brief four years at Roosevelt High, our teachers and administrators work tirelessly to create a culture for growth and learning. Sure there is plenty to learn in the classroom, but here, amazing things happen all over. Can you see it? There's a distinct calling for greatness flowing from the halls to the fields and back. Look harder. You'll see it in junior Harvey Jameson's eyes as he greets you with a friendly smile. All of his life, Jameson suffered from a rare disease that left him blind in one eye: a unique perspective, but not a dreadful one. A point of view that he embraced, inspiring his classmates to appreciate the little things in life. When his fellow classmates achieved a staggering crowd-funding campaign to partially restore his vision, he could see it with perfect clarity. As he removed the bandages wrapped around his head, it appeared before him in the form of a thousand beaming faces. How about the girls' softball team, whose bus broke down nearly 50 miles from the state tournament? The Emerson High varsity team, whom the girls beat the previous year, did not have to stop to lend a hand. But as the 56 girls from both teams crammed into Emerson's bus, each of them realized the vast definition of sportsmanship. As they laughed and endured a packed bus ride together, they searched for the bitter resentment they had once witnessed, but instead, there was something else. Though they could not put a finger on it, they could all see it.

### Division (Organizations)

Blank faces in pressed black suits and dresses lined the hall as Mr. Whitley faced them with his hands tucked behind his back. He had taken over as advisor for the debate team at the beginning of the year, a stranger to everyone. As he spoke before their first meet, the students noticed a shaking in his voice. Finally, he came out: not long ago, in his hometown, he had gotten into a nasty situation with a few of the students. Long story short, the assault charges were dropped, but his reputation was tarnished. He could hardly see through his misty tears as he explained the guilt he felt for not telling them up front. But as his students closed in around him for a group hug, it revealed itself silently, but brilliantly. While some saw it at the beginning of their tenure at Roosevelt High, others experienced it much closer to the end. As senior Tara Forman stepped off of her conductor's stand at the last halftime performance at the last football game of her four-year career, her band stayed put. She saw the smirks on their faces, and began crying as they broke into the very first routine she had ever conducted as a freshman. She watched in amazement as her friends nailed a routine that most of them had never seen before, let alone performed. And she saw the gratefulness in their eyes, and there it was. She could see it, and she would never forget it.

## Yearbook Sports Feature Writing

Abby Lang

### Class A

Roxanne Grant is a driver. She spends her weekends driving for hours, not towards a destination, but to the finish line. The sophomore has been racing competitively for six years and recently earned herself a spot at NASCAR's legendary training camp this summer.

"This camp is the opportunity of a lifetime for me," Roxanne said. "I've been waiting for this moment most of my life. [...] When I received my acceptance letter I had to read it twice to make sure it was true."

Roxanne's passion for racing began shortly after she was able to talk. By the time she turned four, she turned down Barbie dolls for racecars. Her father, Bart Grant, has supported her dream and has even helped her shop for cars. Even though his heart races with fear every time she steps into a car, he supports her in every way he can.

"Roxanne has a dream and is pursuing it completely," Bart said. "When she first said she wanted to apply to the driving camp, several of her friends and a few family members advised her not to apply. [...] Luckily, Roxanne doesn't listen to others. She listens to her heart."

Unlike her pint-sized stature, her confidence is massive. She has not once listened to her peers who discourage her from racing. In fact, she takes pride in her sport, and is unbothered by the fact that she's the only female on the track. She has

Yearbook Theme Development  
Janelle Ish, Cassandra Legband, Ashton Whited, Elkhorn South

2015-2016

Elkhorn South High School

The Notus

Vol. 6

# THE NOTUS

Walsworth





**2016**

**CLASS B**

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Elizabeth Foss, Broken Bow

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## If you weren't always on that darn phone....

By *Grayce McCormick*

"Back then, we didn't *have* internet!"  
"Back then, we had to send letters back and forth to our friends." "Back then, we actually went *outside*!"

These phrases are all too commonly directed toward teenagers today. For most, they just go in one ear and out the other. But sometimes, it hits a point where it's too much.

Yeah, Grandpa, we get it. You had to walk five miles to school, uphill both ways. Yes, Mom, we understand you couldn't just send a simple text to your friends when you wanted to hang out with them. And yes, today's adults, we know that you didn't spend your childhood with your faces glued to a phone screen.

So that raises the ultimate question that everyone seems to have the answer to. Are teenagers today lazier than decades ago?

There are really two sides to this argument that people tend to pick.

If you're retired or an adult approaching retirement, you scoff at today's generation and pick the side that sees teen-

agers as lazy couch potatoes.

On the other hand, if you're a teenager, college kid, or young adult, you're speaking for yourself when you defend the side that proves teenagers aren't, in fact, any lazier than they were before.

The main factor considered in this debate is what our world revolves around: technology. All the small contraptions every teenager is seen carrying around are supposedly the Devil's work and suck the young lives right out of teens. This is something you'd hear from an old farmer, Hank, at the gas station drinking his coffee.

What Hank and his friends don't consider, though, is how technology enables today's youth.

Social media allows for every person to get connected to anything they could ever want. Endless information floods the internet and can help in any type of situation. Basically any type of business,

any famous person, any entrepreneur, probably got their start on the internet. Yes, they didn't have it back then. But, they have it now. If they would've had it back then, they wouldn't have hesitated

to take advantage of the opportunities it provides.

That's not to say teenagers don't misuse it, however. Real life experiences such as concerts, plays, sporting events, and movies, aren't being experienced because of the majority of the faces are buried in their phones.

But that's just a majority. Of course there are people that will waste their lives away on their technology. But there are also those that won't. There are many, many teenagers that know balance and take technology in small doses.

Guns don't kill people; people kill people. Technology doesn't kill teenagers; teenagers kill teenagers. The deciding factor of the ambition and productivity all depends on the personality of the teenager. If someone wants to be lazy, they'll find a way. That holds true to all ages, even the grandmas and grandpas.

It might be true that teenagers are lazy today, but if it is, it would also be true in the past and future. Teenagers will be lazy, whether their eyes are glued to an iPhone 6 or a VHS tape.

Column Writing  
Grayce McCormick, Logan View



The grand opening of Granola House & Bakery boasted a packed interior and a single-file queue that ran down the length of Benjamin Ave. on Thursday, April 21. The long-awaited granola factory and bakery hybrid had been in the process of renovations for over a month in the old firehouse building, promising a broad selection of cheap but healthy food that customers would love.

These high expectations were met with an outpour of compliments from the general public that surfaced over various social media platforms and review sites. By the time I reached the counter, many of the baked goods were picked over, but I luckily managed to grab a warm cookie that came straight from the oven and a yogurt parfait topped with the anticipated homemade granola.

The monster cookie, boasting a peanut butter batter filled with M&M candies, Reeses Pieces and chocolate chips, showcased a lovely pairing of flavors that seemingly melted in my mouth. The edges were crispy, and the middle was soft to the touch, a delicate balance that every dessert lover dreams about.

The granola that topped my yogurt parfait won over my heart in the first bite and beats any store-bought wannabe that is available at the local grocery stores. With flavors such as Honey, Maple and Cane Juice, there are enough varieties of the topping to please any taste bud, convincing me to return to the store the following day to purchase a bag of Maple for myself.

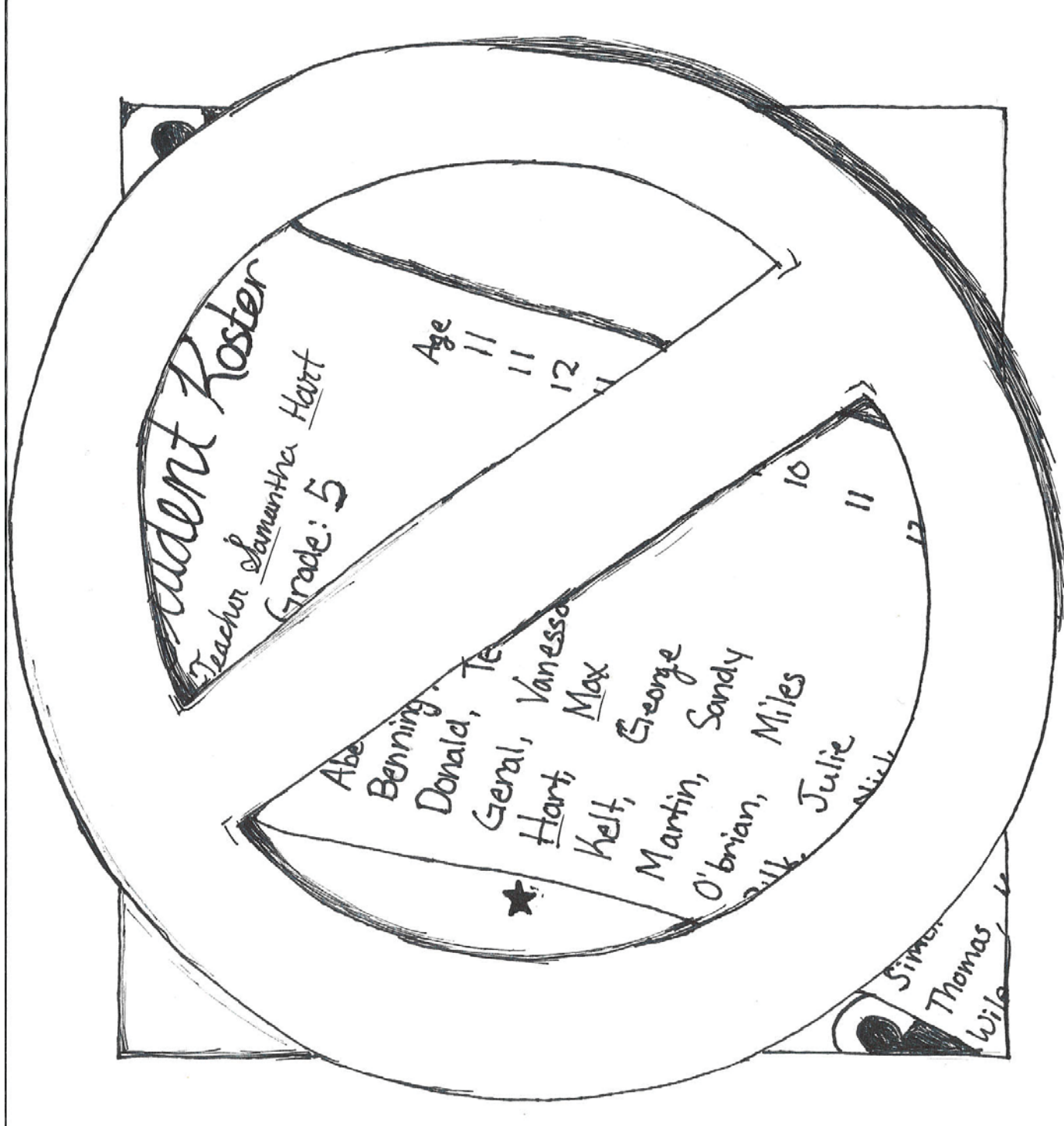
Cookies and granola are not the only offerings of the small shop. Instead, they sit alongside pastries such as Danishes and turnovers as well as the usual donut selection of muffins and long johns. There was even a separate area with customizable cakes for birthdays, graduation parties and weddings.

Owner and sole employee of the business Louis Onate was born in Mexico and came to America to acquire a master's degree in business management at the University of Nebraska-Lincoln. Onate became a skilled baker working at Hy-Vee and combined this experience with the knowledge Onate gained from his uncle who has run a granola factory in Mexico for the past six years.

Onate says that his creativity allows him to be able to tailor his original granola recipes to customer needs, especially to accommodate for any allergies. He also hopes to cater to local schools in the coming year.

Granola House & Bakery is open Monday through Friday from 8:30 a.m. to 6:30 p.m. and on Saturdays from 9 a.m. to 2 p.m.

**Entertainment Writing**  
**McKenna Copsey, Gering**



Students should NOT be taught by their Parents

**Editorial Cartooning**  
**Haley Herman, Yutan**

## Editorial Writing

**McKensi Uecker, Sandy Creek** Fine arts bear the brunt, again

Budget cuts concern many Leaguetown students

By McKensi Uecker

Arts play a major role in many students' lives, whether it is fine arts, theater, or band. But sadly, when budget cuts role around the arts always take the hit, and our school is no exception.

Early this April, Superintendent Bernat proposed her budget cut to eliminate travel for the band, and drill team, to away football games. While it may not sound too bad at first, this would mean less practice for the band. And as everyone knows, practice makes perfect. Without these opportunities to practice before the UIL Marching Band Contest, band members are concerned about their chances to exceed at the competition.

An Nguyen, Leaguetown junior and drum major, is also concerned about the lack of practice affecting their performance at UIL, "Playing at different sites is vital to our program."

Without these practices at away games, it would be difficult for our band to get the practice that they deserve. The band has a real chance of bringing home the first place trophy from UIL this year, but this could prove difficult without these practices.

The band, which aside from the spelling and science team, is the only team to have placed top six at a state event last year. No athletic teams even came close to the success of the band, so many people are wondering why the cuts are coming from one of the most successful organizations that our school has.

Parent and band booster president, Jenny Flores, opposes the budget cut, "Our students give everything to this band, and I can't believe we are going to jeopardize their

chances at winning the 5A UIL State Marching Band title. The school board needs to rethink this proposal and look elsewhere to save money."

Not only does the lack of transportation affect the band's ability to practice, but it will also damage the moral at football games. Many of our students do not attend the football team's away games, and it is very discouraging to our players to look over and see empty bleachers.

Varsity quarterback, Harry Gundy also shares this opinion, "The band keeps the fans cheering, and hey help us too. At some of our away games, we don't have many fans, but if the band is there, we have a huge cheering section."

The total cost for the band to be bussed to the six away games is \$32,000, but Bernat thinks that they will be able to fundraise enough money to be able to attend these games. She's not looking at it from a practice viewpoint though, and many school members disagree with her idea. Raising that much money off of students based fundraising in a daunting task; it's just not a practical option. Aside from that, the band was planning on using their fundraising money to purchase new uniforms.

But perhaps the solution lies elsewhere, four of the six away games are within 20 miles of Leaguetown, so band members would be able to drive themselves, or ride with family member to the games. The other two games are 50 miles away, so either the band could earn money to use busses as the transportation for just these games, or they could continue to carpool.

While this might not be the most comfortable solution, our football team would be able to have an ample student section, and more importantly, our band would be able to get the practice that they deserve





Graphic Illustration  
McKenna Copsey, Gering

## District gets wild with words New, expressive writing class to be offered

To expand the district's continuing education classes, English IV teacher Rachel Turnel will teach "Writing Your Wild Life" at 7 p.m., Wednesday, April 4 - May 9. Anyone who is 18 and older can enroll.

"I am going to focus on taming the inner critic so writers can get busy and write," Turnel said. "Participants also will learn techniques for mining their own life for details and inspiration in their writing." Turnel said the two-hour class

will focus on autobiographical narrative. "Everyone has a story to tell," Turnel said. "Some just need a little coaxing to get it on paper."

Parent Shelli Goad said she and her sister have signed up for the class. "The title of the class inspired to me," Goad said. "When I was younger, I wrote in my journal every day. That all stopped when I had kids and got a full-time job. I hope to jumpstart that passion again."

Headline Writing  
Amy Huesinkvelt, Columbus Scotus



# The Palace



**JIM "KILLER" KANE**  
**YEARS COACHED**  
 1964-2002  
**OVERALL RECORD**  
 531-254  
**STATE CHAMPIONSHIPS**  
 1983, 1985  
**STATE RUNNER-UP**  
 1968, 1984

**JIM MAYBERGER**  
**YEARS COACHED**  
 2002-2006  
**TOTAL RECORD**  
 65-47  
**PLAYOFF APPEARANCES**  
 2004, 2005  
**STATE RUNNER-UP**  
 2005

**JOHN RUSHONE**  
**HEAD COACH**  
 2008-2015  
**OVERALL RECORD**  
 63-94  
**ASSISTANT COACH**  
 2003-2008  
**PLAYOFF APPEARANCES**  
 2015



**DERRIK SPOONER**  
**HEAD COACH**  
 2015-???



**JOHN MORRISSEY**  
**EDITOR IN CHIEF**

**DERRIK SPOONER**  
**HEAD COACH**  
 2015-???

## In-depth Newspaper Coverage

Matthew Dugick, John Morrissey  
 Mount Michael Benedictine



**1959**  
 Construction of the gym is finished

**1959**  
 The Palace is blessed by Archbishop Bergan

**1978**  
 Stage and Armory are added

**1981**  
 Tile floor is replaced with wood

**2003**  
 Over 800 people attend Jim Kane's funeral

**2015**  
 John Roshone retired from coaching

## The History Of "The Palace": How An Idea Became A Reality

Matthew Lee Dugick | In-Depth Editor

It all started with one man. Fr. Benedict O.S.B. came up from Conception Abbey to Saint John's Seminary and saw there was a need for a special place for the boys to bond and grow on the campus. No, it wasn't a chapel, it was an intramural gym; that is what it all started out as at least.

Just like today, there was the Fall Festival to help raise funds for much needed projects. In 1958, that festival took place on Sept. 21. It was estimated that 11,000 people attended the event. On that day, the festival grossed more than it had the last two years prior. They made about 17,000 dollars. With inflation, that would be equivalent to making 137,000 dollars today. This \$17,000 was enough to start the building of the gymnasium. Excavations for the gymnasium began the day after the festival of 1958.

The original floor plan provided a space of 90' by 70', with two cross court intramural basketball hoops and an interior made for an auditorium. The next phase of the plan was to add bowling alleys and hobby rooms, as well as a stage. After adding the cost for the floor covering and seating, the gym ended up costing \$100,000. St. John's, as the school was known then, had been granted permission by Conception Abbey to borrow the funds needed to finish the gym. The gymnasium would be named in honor of Archbishop Bergan, who was a large contributor in making the dream a reality for the monks and priests of Saint John's. In the February, 1959 "Micheleen", they

announced the dedication ceremonies for the new Archbishop Bergan Gymnasium; Mar. 22, 1959. At this time they were still missing paint, floor coverings, bleachers, and equipment for movies and public speaking.

A tradition that has since passed is the Mardi Gras get-together. The senior class led the event and they had games and dancing for the whole community. This event was typically held in the crypt and each class prior to that of 1959 raised money and put it towards the gym. The class of 1959 raised 1,000 dollars for the gym fund.

On Mar. 22, 1959 at three o'clock in the afternoon, Archbishop Gerald T. Bergan blessed the new gymnasium named in honor of him. On hand for the celebration was Archbishop Bergan.

bot Stephen Schappler, O.S.B., of Conception Abbey, Dr. EP. Decker of the Nebraska Commissioner of Education and finally all the friends and family of the St. John's community.

The final floor plan measured at 104' by 70'. As one entered the gym there were bathrooms on the left hand side and athletic rooms on the right hand side. Above you, there was a balcony that stretched all the way across the gym. The gym was originally built, they never had in mind that it would be used as an actual gym, rather an intramural gym for the students. In 1981, Bro. Mel Tichota, O.S.B., and Fr. Daniel Lenz, O.S.B. removed the tile floors and added the new wood floor in eight days. This job would typically take another group 14 days to complete.

In 2001, thanks to the generous donation of the Sokol family, the student union received a face lift and a received a new name: "The Armory." It all started with one man who had a very small idea. But over the years, this small idea has become an important part of Mount Michael. Today, the student section's roar can be heard all about campus during basketball games as we cheer on our fellow knights, just as Fr. Benedict intended.

Things would stay the same for the newly built gymnasium until in 1978, the new stage and student union were added to the north side of the gym. The plans always included adding a stage in the future, therefore, when they were building the gym, they made it easy to add on the stage as soon as they found the funds to do so. The student union was added at the same time to give the students another place to hangout without having to be in their rooms. The old garage for the monastery, which is now the new weight room, was added shortly after the stage.

The next important improvement to the gym was the wood floors. When the gymnasium was originally built, they never had in mind that it would be used as an actual gym, rather an intramural gym for the students. In 1981, Bro. Mel Tichota, O.S.B., and Fr. Daniel Lenz, O.S.B. removed the tile floors and added the new wood floor in eight days. This job would typically take another group 14 days to complete.

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Sam Van Haute | Guest Writer

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Being a part of "The Sixth Man," can be an incredible experience. "We expect everyone to participate in the chants, create energy and noise, and simply go crazy," senior yell leader Matthew Dugick said. For players on the basketball team, the screaming crowd makes all the difference during the game. Year after year this mission is accomplished and Mount Michael's student section has rightfully achieved its notoriety as one of Nebraska's best, making "The Palace" one tough place to play.



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## Coach Jim "Killer" Kane : A Look at The Man Behind The Name

John Morrissey | Editor In Chief

The basketball court's namesake is somewhat legendary not only on our grounds but in the entire state of Nebraska. Coach "Killer" Kane was the first coach to practice on the court beginning in 1964 and finishing his career in 2002.

That's a 38 year long stretch with the Knights, the longest in the school's history. Current students will never have the privilege of meeting him, let alone being coached by this man.

Kane's early years at Mount Michael were some of his most influential. "He really got our sports programs off the ground," Fr. Richard Thell said. Back in 1964 Kane began as the athletic director as well as the head coach to cross country, football, basketball and track. That's four sports to manage and teach along with the demanding rigors an AD faces.

"He was a special type of Athletic Director, he demanded a lot out of coaches," said John Gathje, who originally met Kane when he first came to Mount Michael and took the role as head Cross Country coach.

"I first met him at a faculty meeting and you could tell right away what type of guy he was," Gathje said. Kane had a reputation for being quite intense.

"Oh, he was intense," Gathje said, "but he was also calculated. Like Coach

Borer, he was a yellor but it was never a knee jerk reaction." Kane always knew exactly what he was about to spout. "He was very funny, comparable even to Bobby Knight!" Gathje said.



Coach Jim Kane posing for a picture with his 1972 basketball team.

Kane had a very close attachment to Mount Michael and indirectly represented it throughout his coaching years. He even lived out on campus for a number of years. "He would stop in and talk with us about how the seasons progressed," Thell said, "he especially enjoyed talking to Br. Kobert." Monks, players, and faculty alike all shared respect for this man and his legendary status was present before and after his death in 2003.

"There was a time starting in 1979 going all the way up to 1989 that we hardly

played for Kane in both basketball and football from his freshman through senior year, and brought this experience into his own coaching persona in his time as the leader of the basketball team. "My dad was an assistant coach for him for around 23 years," Roshone said, "I had a lot of exposure to Kane from an early age."

Roshone explained how the largest component of a successful team that Kane emphasized was discipline. "He made bad players decent, decent players good, and good players all starters," Roshone said. "We found it only appropriate that something like the court be named after him given the impact he had here," Liebl said.

Killer Kane Court is a staple of Mount Michael. Not only are some of the school's largest sporting events held there but also its where students have fun, practice, hangout, play warball and be Knights and brothers in general. Now with the D.J. Sokol Learning for Life Center coming to fruition, Killer Kane Court will be one of three locations at the Mount to be named after someone of honor, and this alone testifies Kane's love of the game, love of the job, and most importantly love of the school, Mount Michael.

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Being a part of "The Sixth Man," can be an incredible experience. "We expect everyone to participate in the chants, create energy and noise, and simply go crazy," senior yell leader Matthew Dugick said. For players on the basketball team, the screaming crowd makes all the difference during the game. Year after year this mission is accomplished and Mount Michael's student section has rightfully achieved its notoriety as one of Nebraska's best, making "The Palace" one tough place to play.

"The crowd brings in so much energy that it feels like we have an extra guy out there," sophomore point guard Jacob Idra said.



**2003**  
 Over 800 people attend Jim Kane's funeral

**2015**  
 John Roshone retired from coaching

**2015**  
 The floor is resurfaced with the cross at half court

**2015**  
 Derrik Spooner is named the new head coach

ever lost a home basketball. We just didn't lose." Abbott Michael Liebl said. Kane brought excellence to every program he coached. His career basketball record



Coach Jim Kane posing for a picture with his 1972 basketball team.

was 531-254 with two state titles, and he is one of 10 coaches in Nebraska high school history to win over 500 games. In football his record was 173-93, again with two state titles. "Track was probably his favorite sport to coach," Gathje said.

Kane is the only Mount Michael coach to lead a track team to a state runner up title. No current student has felt the pressure and gained the experience of learning under Killer Kane. However, many were privileged enough to play for John Roshone, former head basketball coach and Mount Michael alumnus. Roshone

ing under Killer Kane. However, many were privileged enough to play for John Roshone, former head basketball coach and Mount Michael alumnus. Roshone

## Welcome to Your Worst Nightmare : Why Students Love "The Palace" and Opponents Fear It

Sam Van Haute | Guest Writer

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The push for Unified Sports has made headway and Unified Bowling will make its appearance in the 2016-2017 school year.

A bylaw passed in the spring of 2014 allowed for Unified Sports to eventually work their way into the school system. This law states that “Special Olympics Unified Sports is an inclusive activity.”

Unified Sports is a special concept where there is an equal amount of Special Olympics individuals with intellectual disabilities and individuals who do not have intellectual disabilities. By combing these teams, the Special Olympics participants can feel more a part of the school and can gain social and personal benefits.

Dan Masters, NSAA Assistant Director is thrilled to get the Unified Bowling up and running so that more students can participate in sports.

“This is the first time that Unified Sports will be in the schools sanctioned by the Nebraska School Activities Association (NSAA). The schools that have signed up to participate have been giving mostly positive feedback,” Masters said. “Students with intellectual disabilities will now be participating in a school sport. Where they haven’t been able in the past to really dive in to a sport, they now have the opportunity to compete.”

A meeting of six Special Olympics personnel, Dan Masters, the Executive Director, different board members and athletic director’s from across the state ended in excitement and a decision to implement Unified Bowling.

40 schools have signed up to take part in the NSAA sanctioned Unified Bowling. For this sport, there will be only one classification and the season will run from mid-October through early December. The team will consist of five student athletes, two of which will be substitutes.

Masters is looking forward to what the Unified Sports program will offer students. “One of the best things about Unified Bowling is that students will take on lessons that can’t be taught in the classroom,” Masters said. “Lifelong lessons that students can take and apply after high school and into their future is just one of the many things we are hoping will be conveyed through Unified Bowling.”

Bowling was chosen to be one of the first Unified Sports by the athletic directors and others throughout the state of Nebraska. The organization for Unified Bowling started in July of 2015 and the committee was formed afterwards.

The Baker trio format of one person alternately bowling each frame will be used. The student with intellectual disabilities will both start and finish the game.

**News Writing**  
**Brianna Eckerberg, Gering**



**News Feature Photography**  
**Jessica Brockhaus**  
**Columbus Scotus**



# THE TELEGRAM

Issue 1 | Volume VI | 25 April 2016 | www.issuu.com/thetelegrampublications

Newspaper Layout  
Hannah Thomazin  
Columbus Scotus

## Students spend the day helping

ALEXA ANDERSON  
*Gering Courier*

The Gering senior class got to take the day off from school on Friday to help serve the community with several projects throughout the area.

Seniors from Gering High School were seen all throughout Gering and Scottsbluff doing community service Friday morning.

The seniors were given the opportunity to choose what job they took on, from cleaning up trash along the highway to helping out animals at the humane society.

Senior Cassidy Cooper chose to help pick up trash along U Street all the way to County Club Road.

"Picking up trash was not

as bad as it sounds," Cooper said. "I actually enjoyed it because for once it was a nice day out and everyone helped out."

After Cooper and her group of other seniors finished cleaning up the trash, they moved on to help out the Humane Society.

"The Humane Society was the best experience because we actually got to interact with the animals even if it was just cleaning out their cages," Cooper said.

Cooper and her group at the Humane Society helped bathe the newborn kittens, walk the dogs, and clean out the cages of the animals. Justin Wallace and Brandon Gable, also in Cooper's group, also necessarily helped with the cats, but they helped with the Humane Society's renovation.

In another group was



Photo Courtesy // Gering High School.

Senior Cassidy Cooper cleans a kitten at the Humane Society. The seniors from Gering High School took advantage of Friday to help around the community.

the site so they could begin to replace the prairie. When they were finished raking and planting seed, the area they were working on was a beautiful part of the prairie once again.

"It was not sure what we were going to do that day but I had fun digging the trenches," Gellner said. "I would do it all again if I had to."

Other groups also helped around the community with

cleaning houses, raking at the zoo, setting-up the senior picnic, working at local parks, and helping out at the museum.

After their community service, the seniors got to lay-back at a picnic teacher Janelle Schultz help set-up and play games such as volleyball and badminton.

"The whole day was great," Senior Bret Orozco,

HELPPING Page 2



PHOTO COURTESY // GERING HIGH SCHOOL.

A senior from Gering High School rakes up leaves in a park. The Gering High School seniors cleaned houses, raked leaves, and helped out in the community.

## Distracted Honoring Mr. Schlothauer

driving

TEDDI DINELEY  
*Staff Reporter*

It's 8 a.m., and you jump in your car to drive to work. You have every intention of driving safely, but within minutes of merging onto the highway you've already checked your makeup in the mirror, fiddled with your car's radio, programmed your GPS for a meeting location, made two calls on your cellphone and sent a text message to your sister.

You might not realize it, but you're a distracted driver.

Each time you take your focus off the road, even if just for a split second, you're putting your life and the lives of others in danger. An emerging and deadly epidemic on the nation's roads, distracted driving-related crashes caused at least 5,500 deaths and nearly 450,000 injuries in 2009, according to the U.S. Department of Transportation.

However, since many local law enforcement agencies don't routinely document distraction factors in crash



PHOTO COURTESY // LINCOLN'S ELEMENTARY SCHOOL.

Lincoln elementary teacher Mr. Schlothauer holds up a picture for the camera. Mr. Schlothauer will be leaving next year.

BRAD STAMMAN  
*Editor*

The snow fell Wednesday morning as the students headed into Lincoln Elementary School, there was one thing a little different

then other days, and a number of students were wearing neckties.

Why?

"It's Mr. Schlothauer Day," fifth-grader Keon Booker said, wearing his necktie.

"We get to dress up like our principal."

"It's awesome," fifth-grader Adam Flowers added, wearing his necktie.

In the morning assembly of students were wearing

Don Christiansen read a proclamation from Gering's Mayor Ed Mayo declaring

May 1, 2013, as Principal George Schlothauer Day.

The students wore neckties because Schlothauer "always wears a necktie," Lincoln second-grade teacher Deb Schild said.

"When I saw it was

snowing today, I almost didn't wear a tie."

Schlothauer told the students after being honored. "But I decided I'd wear one."

Throughout the day, the students, teachers and staff organized ways to honor Schlothauer.

The students dressed up and sang him a special song. They also each wrote him a letter and gave him gifts.

Schlothauer will leave the school after seven years as the principal to become the Director of Alternative Education at VALTS.

The Gering graduate worked at the Gering Junior High School for four years before taking the principal position at Lincoln.

With him leaving, "we wanted to give him a great send off from the kids and staff," Schild said.

When the day was first planned the students took a pledge to keep the information secret, and for the most, they succeeded.

"I was definitely surprised," Schlothauer said. "Very surprising and touching."





**Sports Action Photography**  
Emily Fehringer, Columbus Scotus



"I don't care what other people think of me. I know what I want, and I know who I am."

**Photo Illustration**  
Hope Svoboda, Sandy Creek



Local Basketball Coach creates a Community of Success on and off the court:

Randall Esquivel - Class B

He is a developer, an inspirer, the man that can unite a community through basketball. You can call him whatever you want but he sees himself as just a coach for the Norfolk High School boys basketball varsity team.

Head Coach Ben Ries has around the game of basketball for nearly his whole life. Growing in Norfolk, Ries was very active and participated in sports ranging from football to running. "It wasn't until I entered junior high that I started to love the game of basketball," Ries said. "I just had a feeling that this sport was going to be a very important part in my life."

There was no denying this. Ries participated in basketball for Norfolk High School until he graduate in 1996. He would begin his collegiate basketball career that same year for the University of South Dakota.

"I was very blessed to have been surrounded by such quality teammates and a terrific coach," Ries said. "I have had some the best memories of my life around my teammates not only in games but off the court like in trips and hotel stay-ins."

Every moment was cherished and invaluable to him during his time at South Dakota. His love for the game would lead him into the life of coaching. Coaching was definitely a different ball-game from being a player but it, nevertheless, proved to be something he would love.

After working as a Graduate Assistant Coach for his university, Ries returned to his hometown Norfolk. There, he would take on the task of developing young adults in the education department and in the athletic department as well.

Success is no unfamiliar face for Ries. He has now a 244-95 record for the Norfolk basketball program. Ries led the Panthers to a staggering list of achievements that include various GNAC conference championships, district championships, and even state appearances.

"Making the run to the state championship game in 2010 was no doubt one of the greatest highlights of my career," Ries said. "The season was terrific and we have had moments that I would never forget."

Despite losing to Omaha Central in the final, Ries admires the quality of the men he had in his team and remembers moments of this particular season vividly. "Beating Omaha Creighton Prep off a buzzer in the district semi-final game was incredible," Ries said.

They say that success is no accident. Ries faces the struggles of competing against Omaha Metro schools. Schools that have enrollment much larger than that of Norfolk.

"Our youth program has been a key aspect to the success of the Norfolk basketball program," Ries said. "There we can see our aspiring players at an early age."

Though, he uses this system for evaluating potential stars, he makes it clear the overall goal and mission of this program. "Before we even develop them as players, we want to develop them as young adults who are well educated and willing to serve for their community," Ries said. "I look for respectful, hard-working, and confident people for my team."

When people ask him what makes basketball so special to him, he smiles. "Basketball has been an important part of my life," Ries said. "I have met so many wonderful people and I have been blessed with so many opportunities because of it."

These reasons have continued to inspire and motivate him to coach and develop the children of Norfolk. Above all, seeing the children he has affected grow assures him that he is achieving his purpose.

Ries now is still currently the Physical Education Teacher/Department Head of Norfolk High School and is Head Coach for the basketball program there. He is blessed with three children and has been currently married to his wife Amy for 14 years now.

A week ago, the Leaguettown Bombers won the conference championship by beating out rival Bay City 84-78. This is the Bombers' third conference championship in a row.

Sue Stuart led the bombers in points with 32, and Jane Jackson was the next highest scorer with

25. Jackson also had 14 rebounds giving her a double-double for the night. Natalie Combs was second in rebounding with eight.

"We really came together tonight. Mary was on fire, and you have to love the way Jane worked inside. Lewis is a monster, but Jane really went to battle down there," sophomore point guard Sue Stuart said.

Both Leaguettown and Bay City were 11-2 going into the conference championship game. Bay City had monster center, Luann Lewis. Lewis scored over half of Bay City's 78 points with 40 points.

Lewis also had 16 rebounds earning her a double-double on the night.

"This was a great win for us. Bay City is an excellent team and we were fortunate to come out of here with a win. Their center is a one of a kind player: not the kind of player you plan on stopping, you just try to slow her down," Coach Jamie Bensen said.

For season stats, Sue Stuart leads the team in points with 914. Jane Jackson is in second for points with 681. In the rebounding category Jackson leads with 270 rebounds. Antonia Davis is in second with 103, and in close third is Sami Peterson with 100 rebounds.

Four years ago, Coach Jamie Bensen came to Leaguettown. Bensen improved the team's reputation, and their behavior. Bensen has helped the Bombers turn around their basketball program by winning three conference championships out of her first four years of being here.

The Leaguettown bombers returned to work Wednesday preparing for district competition next week. With a conference title under the Bomber's belt, they are confident to do well in the upcoming district tournament.

**Sports News Coverage**  
**Tanner Novotny, Fairbury**

**Sports Feature Writing**  
**Randall Esquivel, Mount Michael Benedictine**



By Breanna Smith - Class B

Most people have someone in their lives that they aspire to be like someday. For some of the students at Leaguetown High School, that person is Ms. Angela Munday.

Munday, who was a 1999 graduate from Leaguetown, is now a math teacher there. She has recently begun planning to restart a program that has helped her to where she is today.

Munday had what most would call a difficult life as a child. Her mother was sent to prison when Munday was 12, so Munday and her three younger sisters were sent to live with their grandmother.

"My grandma did the best she could, but she was done raising children. She didn't have the energy or money to support all of us," says Munday.

Munday says this lack of stability contributed to where her path led next.

"During my ninth-grade year I was drinking alcohol and skipping school. I basically was just giving up. I was on the same path my mother took," she says.

In November of that year, Munday's school counselor assigned her a mentor named Beth Freckling.

"Beth talked to me about college, about having a career, about setting goals for my life. I had never thought about the future before meeting Beth," Munday recalls.

Freckling remained Munday's mentor throughout high school. During that time, the two became friends.

"My senior year, Beth helped me fill out my college applications and apply for financial aid. She even took me to my first college visit. She is my best supporter and best friend - still," says Munday.

While Munday was attending college, the mentor program was cut from the school. Munday made it her mission to get the program started again.

"I have several students who remind me of myself as a freshman. I believe someone can and will make a difference in their lives," Munday says confidently.

Freckling is still one of Munday's biggest supporters and is very proud of Munday for doing this.

"I am thrilled that Angela is reviving the mentoring program. She will change lives. She's that kind of person," says Freckling.

Freckling is not the only one praising

Munday for work in this project. Leaguetown high school's principal, Mr. Asher Price, says the school is supporting this program as much as they can.

"It will be a great addition to the school. I know many of our students could use a mentor. I am happy that Ms. Munday is doing this," says Price.

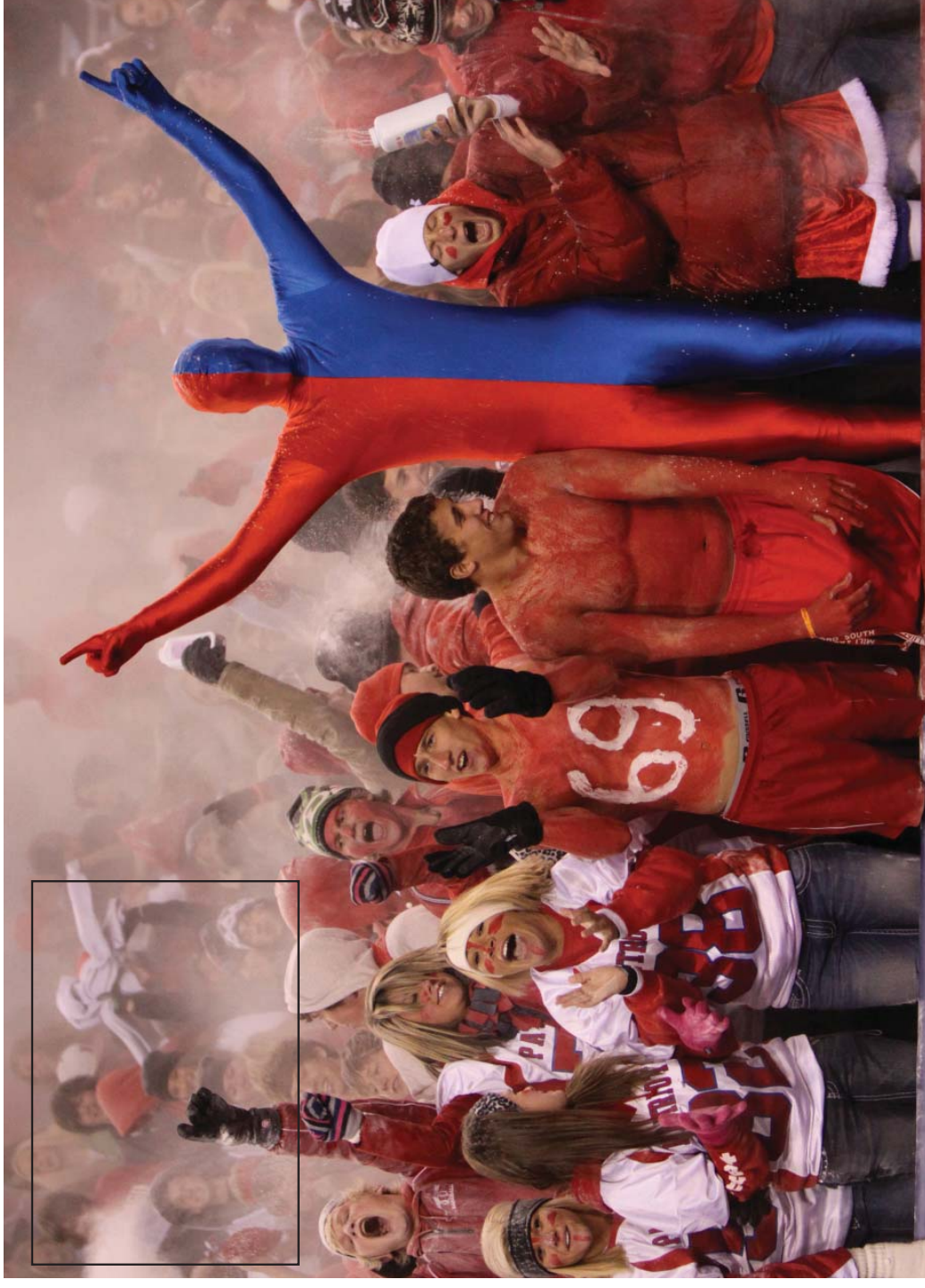
Munday is gaining respect from students because of this project as well.

"I hope that I can get a mentor on May 1. My mom didn't go to college, so she doesn't understand all the forms and applications. I hope my mentor can help guide me through that process," says sophomore Corey Small.

Freshman Ylise Ventura thought something similar.

"Maybe a mentor can turn my life around like Ms. Munday's life. If I could be a teacher like her, I would be so happy," Ventura says.

The mentoring program will begin with registration on May 1. Students who are interested in obtaining a mentor may sign up with Munday in Room 318. Faculty and staff may also suggest students for mentors.



### Swooping in

This is the first sentence of the caption: it is written in present tense and tells who, what, when and where. This is the second sentence of the caption, telling the why or the how. "This is the third sentence of the caption," said Your Adviser. "It might be a good story-telling quote from the person in the photo."

### Eyes on the prize

This is the first sentence of the caption: it is written in present tense and tells who, what, when and where. This is the second sentence of the caption, telling the why or the how. "This is the third sentence of the caption," said Your Adviser. "It might be a good story-telling quote from the person in the photo."



Yearbook Layout  
Arielle Wiedenbeck, Waverly



Ever since she was seven years old, sophomore Roxanne Grant has wanted to become a NASCAR driver. That dream became a reality when she was the first female and youngest driver to win a spot at the NASCAR's legendary training camp. Her love for racing began when she started watching racing cartoons with her dad and grew into competing in amateur races.

"My first race was a go-cart race when I was 10 years old." Roxanne said. "After that I got serious about racing and lucky for me, my dad was supportive."

Ever since that day Roxanne has wanted to actually compete with a real engine and car. Her biggest supporter and dad, Bart Grant found her a car and began searching for competitions that she could compete in.

Not only has Roxanne won three amateur races, but she has also been featured in the February issue of *Race* where the magazine named her "Best Up and Coming New Driver in the Nation."

Roxanne has recently just turned 16 and weighs less than 100 pounds. She had taken her driver's test like all the other teenagers, but found a bit more difficult than racing.

Roxanne said that when she is in a race car she feels safe belted in, but when she is in the street everything is a lot looser and harder to control a station wagon rather than a race car.

When Roxanne first had the idea of racing many people told her that it was too dangerous and that she was a girl. Roxanne's dad and her best friend Elise Former have been there since the beginning and continue to cheer her on as she becomes a professional racer.

"I catch the flak from people sometime." Brant said, "But it's no more dangerous than cheerleading or football."

Former has dedicated her time to Roxanne and spends almost every weekend at the tracks with her and was the only person with Roxanne when she received the letter for the camp. Former said that she went a little crazy and almost hyperventilated.

The camp that Roxanne plans on attending in June will take place in Daytona Beach, FL., and has an average age of 23. She will be competing against male competitors and will be there for three days.

Roxanne's dad will be attending the camp with her where she will go from an amateur driver to professional racing.

"Roxanne has a dream and is pursuing it completely." Bart said, "It's scary every time she gets behind the wheel for a race, but this is her dream."

Before going out on the track, Roxanne and her dad perform a little ritual at every race.

"I kiss her cheek, and she gives me thumbs up." Bart said. "Then, I say a silent prayer for her to do her best and finish well."

**Yearbook Sports Feature Writing**  
**Madison Davis, Yutan**

Theme: Can you see it?

*Copy intended to look broken and resemble a bulleted list to demonstrate the excited, and often topic-altering, question of "Can you see it?"*

Opening Copy:

Can you see it?

Can you see the quarterback ripping through the Tigers banner and the excitement and energy behind him, the students' eyes squinting from grins and cheers erupting from the crowd? Seeing isn't always believing.

Can you see the year spreading out before you, like your own orange carpet waiting to be graced with cheerleading uniforms and quiz bowl champions? Of course not; but you can see the doors of the school and hear the bell screaming that class has started.  
Can you see how the girls' basketball team will come together to take the conference championship in February? No, but you can feel the comradery between them in every lunch period and classroom.

There are things that you will see, and things you will hear. Things you will know and things you will wish you knew. Things you will feel and things that you will wish with all of your being that you didn't. But can you see it? Can you see the lessons that 2016 will teach you, and the lessons that wait just after that? Can you see that you're growing up, and that high school doesn't last forever? Of course you can; that one you don't need to see. Can you see the year bound within 400 pages and two covers? Can you see that more is in store for you? Can you see what it means to you?

Can you see it?

**Yearbook Theme Copy Writing**  
**Aelyn Thompson, Waverly**



Yearbook Theme Development  
Jerilyn Laws, Allison Wilson, Jade Melroy, Gering

**Gering High School**

**Kennel 2016**

**Volume 86**

