

1996 Girls Class C Track State Championships

Class C Team Scores

Tri County	58	Callaway	8	Centura	4
Kearney Catholic	30	Fort Calhoun	8	Wauneta/Palisade	4
Henderson	28	Grant	8	Weeping Water	4
Sandy Creek	26 1/3	Hastings St Cecilia	8	Central Christian	3
Gibbon	24	Red Cloud/Guide Rock	8	Leigh	2
Geneva	20	St. Paul	8	Plainview	2
Lyons-Decatur	20	Wahoo Neumann	8	Crofton	2
Osceola/Stromsburg	20	Wisner-Pilger	8	Genoa	1
Rushville	20	Bayard	7	Pender	1
Cambridge	19	Randolph	7	Sutherland	1
Emerson-Hubbard	18	West Point CC	7	Cedar Bluffs	1
Dundy County	14	Arlington	6	Harvard	1
Sutton	14	Laurel	6	Elmwood-Murdock	1
Malcolm	13	Omaha Flanagan	6	Yutan	1
Superior	10	Homer	4	Tecumseh	1/3
Bennington	9	Ravenna	4	Aquinas	1/3
Blue Hill	9	Scribner-Snyder	4		

Class C Individual Medalists

100 Meter Dash

1	Stella Klassen	Henderson	:12.35
2	Tonya Porter	Emerson-Hubbard	:12.63
3	Nicole Kubik	Cambridge	:12.79
4	Elysha Rehtus	Blue Hill	:12.94
5	Amy Fries	Centura	:12.98
6	Mary Marker	Malcolm	:13.02

200 Meter Dash

1	Stella Klassen	Henderson	:25.74
2	Tonya Porter	Emerson-Hubbard	:26.62
3	Tori Holtmeier	Tri County	:26.83
4	Dawn Applegarth	Wauenta/Palisade	:26.88
5	Amy Fries	Centura	:27.30
6	Nikk Wickett	Central Christian	:27.50

400 Meter Dash

1	Tori Holtmeier	Tri County	:55.61
2	Stella Klassen	Henderson	:55.65
3	Pam Shaw	Sandy Creek	:58.95
4	Wendy Brouillette	Osceola/Stromsburg	:58.97
5	Nikk Wickett	Central Christian	:59.39
6	Megan Strahm	Pender	1:00.81

800 Meter Run

1	Valerie Rempel	Tri County	2:17.53
2	Kerstin Wadell	Osceola/Stromsburg	2:17.73
3	Amy Glasco	Bayard	2:22.21
4	Darcy Preston	Lyons-Decatur	2:24.15
5	Jessi Brown	Arlington	2:24.48
6	Kylie Thomas	Sutherland	2:25.60

1600 Meter Run

1	Valerie Rempel	Tri County	5:18.58
2	Kerstin Wadell	Osceola/Stromsburg	5:19.50
3	Darcy Preston	Lyons-Decatur	5:21.18
4	Jessi Brown	Arlington	5:24.47
5	Amber Fairbanks	Geneva	5:26.04
6	Stephanie Colvin	Harvard	5:27.44

3200 Meter Run

1	Darcy Preston	Lyons-Decatur	11:57.26
2	Amber Fairbanks	Geneva	12:11.94
3	Kelly Heffernan	Kearney Catholic	12:19.15
4	Deanna Bailey	Weeping Water	12:21.45
5	Brooke Goeden	Crofton	12:23.05
6	Beth Peitzmeier	West Point CC	12:23.87

100 Meter High Hurdles

1	Pam Shaw	Sandy Creek	:15.05
2	Nicole Kubik	Cambridge	:15.43
3	Marcia McGill	West Point CC	:16.07
4	Jenni Weaver	Malcolm	:16.13
5	Lori Pandorf	Callaway	:16.17
6	Erica Backhuus	Bennington	:16.35

300 Meter Low Hurdles

1	Pam Shaw	Sandy Creek	:45.33
2	Erica Backhuus	Bennington	:46.24
3	Lori Pandorf	Callaway	:46.36
4	Nicole Kubik	Cambridge	:47.48
5	Robin Schroetlin	Geneva	:47.58
6	Jenny Faimon	Blue Hill	:48.26

Long Jump

1	Jamie Volkmer	Kearney Catholic	17-10.75
2	Kim Nollette	Red Cloud/Guide Rock	17-02.25
3	Demetria Wilkerson	Omaha Flanagan	17-01.75
4	Lyndsey Finney	Kearney Catholic	17-00.5
5	Elysha Rehtus	Blue Hill	17-00.25
6	Carrie Buchmeier	Bayard	16-08

High Jump

1	Diana Lavington	Gibbon	5-04
2 tie	Tina Masek	Wahoo Neumann	5-04
	Mandy Poppe	Randolph	5-04
4	Jill Heywood	Scribner-Snyder	5-02
5	Heidi Baumert	Leigh	5-02
6 tie	Beth Semin	Aquinas	5-02
	Elizabeth Herbek	Sandy Creek	5-02
	Dee Ann Orthmer	Tecumseh	5-02

Shot Put

1	April Kockrow	Rushville	45-07.5
2	Arluce Chrisman	Grant	39-11.75
3	Ginger Dorau	Fort Calhoun	38-07.75
4	Tara Mast	Homer	38-03
5	Dee Vergith	Tri County	37-11
6	Lynnette Phillips	Cambridge	37-10

Discus

1	April Kockrow	Rushville	154-09
2	Tammy Schmlajohn	St. Paul	126-10
3	Tiffany Crowl	Superior	126-09
4	Ronda Wicht	Ravenna	125-10
5	Ginger Dorau	Fort Calhoun	124-06
6	Katie Yokley	Genoa	124-02

Triple Jump

1	Jamie Volkmer	Kearney Catholic	36-04.5
2	Beth Jones	Dundy County	35-06.5
3	Krystal Shiers	Gibbon	35-05.5

400 Meter Relay

1	Sutton	:50.80	(Amanda Nuss, Tina Trautman)
2	Hastings St Cecilia	:51.26	Amber Burkland, Traci Lorenzen)
3	Dundy County	:51.44	

4	Amber Burklund	Sutton	34-10.5		4	Superior	:51.61		
5	Tonya Porter	Emerson-Hubbard	34-07.75		5	Plainview	:51.64		
6	Tina Masek	Wahoo Neumann	34-07.25		6	Cedar Bluffs	:51.67		
	1600 Meter Relay					3200 Meter Relay			
1	Tri County	4:09.40	(Becky Esau, Tami Holsing		1	Tri County	9:51.42	(Jenny Bohling, Jenny Swartz	
2	Gibbon	4:12.08	Valerie Rempel, Tori Holtmeier)		2	Geneva	10:02.79	Marie Holtmeier, Valerie Rempel)	
3	Wisner-Pilger	4:13.09			3	Laurel	10:11.40		
4	Malcolm	4:17.87			4	Malcolm	10:13.10		
5	Blue Hill	4:17.99			5	Wisner-Pilger	10:14.11		
6	Elmwood-Murdock	4:18.54			6	Yutan	10:15.33		