

1993 Girls Track Class A State Championships

Class A Team Scores

Bellevue East	75	Grand Island	21	North Platte	6
Millard North	64	Lincoln High	20	Lincoln East	6
Scottsbluff	43	Omaha Westside	20	Bellevue West	6
Lincoln Southeast	32	South Sioux City	18	Omaha North	4
Omaha Burke	26	Papillion-LaVista	15	Columbus	2
Omaha Northwest	26	Norfolk	12	Lincoln Pius X	2
Fremont	24	Millard South	11	Omaha South	1
Gering	22	Kearney	9		

Class Individual Medalists

100 Meter Dash

1	Mikaela Perry	Omaha Northwest	11.86
2	Tina Ellis	Bellevue East	12.31
3	Kristie Miller	South Sioux City	12.50
4	Kahilya Ellis	Lincoln High	12.55
5	Amanda Jurgenson	Fremont	12.56
6	Denise Thomas	Omaha South	12.58

200 Meter Dash

1	Mikaela Perry	Omaha Northwest	24.55
2	LaTisha Croom	Bellevue East	25.45
3	Kahilya Ellis	Lincoln High	26.33
4	Amanda Jurgenson	Fremont	26.71
5	Stephanie Sharp	Gering	26.79
6	Sandra Lawton	Grand Island	26.96

400 Meter Dash

1	LaTisha Croom	Bellevue East	:56.53
2	Amanda Jurgenson	Fremont	:58.09
3	Jen Helling	Scottsbluff	:59.25
4	Sheri Hames	South Sioux City	:59.64
5	Denise Koziol	Norfolk	:59.65
6	Courtney Layman	Lincoln Pius X	1:00.21

800 Meter Run

1	Denise Koziol	Norfolk	2:17.22
2	Kristin Whitted	Omaha Westside	2:20.85
3	Kelly Bare	Lincoln Southeast	2:21.00
4	Jen Helling	Scottsbluff	2:21.29
5	Kathy Kearns	Millard North	2:21.30
6	Melissa Buechler	Papillion-LaVista	2:21.82

1600 Meter Run

1	Kathy Kearns	Millard North	5:15.93
2	Melissa Wilson	Scottsbluff	5:18.99
3	Pam Krallman	Bellevue West	5:22.62
4	Kristin Whitted	Omaha Westside	5:24.41
5	Teri Carlson	Lincoln East	5:27.25
6	Andrea Baker	Lincoln Southeast	5:27.83

3200 Meter Run

1	Carla Sudbeck	Millard South	11:29.06
2	Melissa Wilson	Scottsbluff	11:37.46
3	Kathy Kearns	Millard North	11:40.62
4	Katherine Shaner	Lincoln Southeast	11:41.54
5	Kelly Alsup	Millard North	11:43.21
6	Megann Walker	Lincoln Pius X	11:49.54

100 Meter High Hurdles

1	Tonya McMillion	Bellevue East	14.60
2	Yolanda Young	Omaha Burke	15.02
3	Jenny Reinke	Millard North	15.05
4	Erin John	Grand Island	15.38
5	Kristie Miller	South Sioux City	15.50
6	Stephanie Streeks	Gering	15.71

300 Meter Low Hurdles

1	Tonya McMillion	Bellevue East	44.93
2	Jenny Reinke	Millard North	45.55
3	Amy Cooper	Omaha Burke	46.20
4	Kristie Miller	South Sioux City	46.97
5	Erin John	Grand Island	47.49
6	Jennifer Elliott	Columbus	47.66

Long Jump

1	Charmaine Galloway	Grand Island	17-05.25
2	KD Smith	Omaha Westside	17-02
3	Trasi Martin	Millard North	17-01.5
4	Christina Witt	Lincoln Southeast	17-00.5
5	Yoland Young	Omaha Burke	16-11.75
6	Sarah Grotelueschen	Gering	16-07.75

High Jump

1	Stephanie Streeks	Gering	5-09
2	Laura Martin	Fremont	5-05
3	Amberg Hoppes	North Platte	5-05
4	Yolanda Young	Omaha Burke	5-05
5	Andrea Zins	Lincoln East	5-04
6	Cinda Wheeler	Bellevue East	5-04

Shot Put

1	Unhwa Running	Millard North	41-08
2	Melissa Gantt	Bellevue East	41-04.25
3	Michelle Soucie	Millard North	39-08.5
4	Cassie Illian	Lincoln Southeast	39-05.75
5	Andrea Dodge	Fremont	38-08
6	Rhonda Brumer	Columbus	38-03.75

Discus

1	Jen Kamtz	Scottsbluff	140-06
2	Marcie Scharton	Lincoln High	136-10
3	Unhwa Running	Millard North	127-06
4	Cassie Illian	Lincoln Southeast	123-05
5	Michelle Soucie	Millard North	123-00
6	Angie Nolte	Lincoln Southeast	118-08

400 Meter Relay

1	Bellevue East	48.84
2	Gering	50.57
3	Omaha Burke	50.64
4	Omaha North	50.67
5	Lincoln High	50.89

1600 Meter Relay

1	Bellevue East	3:58.06
2	Kearney	4:00.19
3	Omaha Northwest	4:01.39
4	Papillion-LaVista	4:07.78
5	South Sioux City	4:08.49

6 Millard South	50.92			6 Scottsbluff	4:10.76		
3200 Meter Relay							
1 Papillion-LaVista	9:37.05						
2 Lincoln Southeast	9:45.87						
3 Scottsbluff	9:47.22						
4 Grand Island	9:49.79						
5 Lincoln East	9:54.63						
6 Kearney	9:54.79						