

**2024 NSAA STATE WRESTLING CHAMPIONSHIP
CHI Health Center-Omaha--February 15-17, 2024**

Information for Coaches

***Congratulations on qualifying for the 2024 NSAA Wrestling Championship!
Best of luck and enjoy the Championship!***

COACHES AND WRESTLERS: *PLEASE SHOW RESPECT AND COOPERATE AT ALL TIMES WITH THE CHI HEALTH CENTER EVENT STAFF, SECURITY AND THE NSAA CHAMPIONSHIP STAFF. THESE INDIVIDUALS ARE RESPONSIBLE FOR THE SMOOTH OPERATION OF THE STATE CHAMPIONSHIP AND ALSO FOR YOUR SAFETY.***

Pre-Tournament Coaches Meeting

There will be a pre-tournament coaches meeting on Zoom at 07:00 PM Central Time on Monday, February 12, 2024. The qualifying coach will be emailed a Zoom Link prior.

We are asking that all wrestlers keep their straps up while on the competition floor and not walk to and from the mats with them down. They can take them down once they are off the arena floor and out of spectator's sight.

State Tournament Pairings/Seeding

At the conclusion of the district tournaments in all classes the 4 district champions from each class will be seeded using the NSAA/Trackwrestling seeding program. The remainder of the bracket will be placed using a formula based on the result of the top 4 seeds (24 different formulas). All district champions will be on the opposite side of the bracket from the 2nd and 3rd place finisher from their respective district. The champion and 4th place finisher from the same district will be placed on the same side of the state bracket, but in different 1/4 brackets. In the first round of the state meet, the district champions will be paired with a 4th place wrestler from a different district, a 2nd place district finisher will be paired with a 3rd place wrestler from a different district. Boys and girls pairings will be released after the seeding program has finished and the brackets have been built. *If a district tournament is postponed because of weather, the pairings will not be released for all classes until all districts have been completed.*

Team Check-In/Parking Passes

BOYS & GIRLS WEDNESDAY-EARLY TEAM CHECK-IN—(FEB 14)-6:00-8:00 pm.—Use **NORTHBOUND** 10th street and pull into the **curb cut out on the west side (FRONT)** of the CHI Health Center Convention building. Coaches may pick up their team packets and parking passes in the CHI Health Center Ticket Atrium. **You may enter the doors that are south of the skywalk.** **DO NOT** bring wrestlers inside. No scales will be available Wednesday night.

BOYS & GIRLS THURSDAY-TEAM CHECK-IN—(FEB 15)- (beginning at 7:00-7:45 AM)— Use **NORTHBOUND** 10th street and pull into the **curb cut out on the west side (FRONT)** of the CHI Health Center Convention building. Coaches may pick up their team packets and parking passes in the CHI Health Center Ticket Atrium. **You may enter the doors that are south of the skywalk.** **DO NOT** bring wrestlers inside.

We will open again for Class A & D and Girls teams that have not yet picked up their team packet starting at **11:30-1:15 PM.**

ADDITIONAL COACHES WRISTBANDS AT STATE WRESTLING

The NSAA will be offering additional coaches' wristbands to purchase to get their coaches (above the amount they get for qualifiers) into the 2024 NSAA State Wrestling Championships. **Schools may only purchase additional wristbands if they qualify at least one wrestler.** The wristbands will be \$60 each, equal to the cost of tickets to all six sessions. They must be purchased with a debit/credit card or a school check. There will be a 4% convenience fee per debit/credit card

transaction. Wristbands may be purchased at the NSAA team packet pick up. The coaches must be listed on the Boys or Girls Wrestling Coaches List on the NSAA AD login page. Teams that do not qualify any wrestlers are not eligible for any coaches' wristbands. Wristbands must be paid for at the time of pick up – there will be NO invoicing! Receipts will be sent via email immediately following the transaction. If you have any questions regarding the purchasing process, please contact Megan Huber, mhuber@nsaahome.org.

ENTRANCE INTO CHI HEALTH CENTER—From Team Parking: Lot A, enter the “Club Entry” door on the EAST side of CHI Health Center. (The clear bag policy will be enforced only for spectators.) All contestants and team personnel should use this entrance or the south side of the Ticket Atrium during the Championship. The CHI Health Center personnel will take the wrestlers’ participant tickets and stamp the wrestlers. **(Those entering the Ticket Atrium may enter the arena south of the ticket windows PROVIDED THEY PICK UP THEIR COACH’S PACKET AND HAVE THEIR WRISTBANDS.**

PARKING PASSES—**These will be inside of your team packet that you will pick up in the CHI Health Center Ticket Atrium.** This means that you need to pick up your team packet in the Ticket Atrium before you are able to get into Lot A. **You will NOT be allowed into Lot A without a Parking Pass.**

PARKING PERMITS

| QUALIFIERS | PARKING PERMITS |
|------------|-----------------|
| 1-6 | 1 |
| 7-12 | 2 |
| 13-14 | 3 |

The NSAA and CHI Health Center-Omaha do not guarantee parking spots. Parking is on a first come, first serve basis. No other parking permits will be issued beyond these numbers for each school and these parking permits are to be used only by teams who have qualified for the State Championship. School vans, cars and mini buses will be allowed to park in Lot A with this permit. Vehicles that park in an undesignated place (curbside or in the grass) could be towed. Large school buses will not be allowed to park in Lot A and will have to find parking.

LANYARDS/WRISTBANDS

Coaches who are on the list submitted by the Athletic Director may get their wristbands based upon qualifiers.

| QUALIFIERS | WRISTBANDS | LANYARDS |
|------------|------------|----------|
| 1-5 | 2 | 2 |
| 6-9 | 3 | 3 |
| 10-14 | 4 | 4 |

MATSIDE LANYARD PROTOCOL

1. Each and every coach that is allowed matside will be required to have a visible lanyard credential (issued by the NSAA). Its sole purpose is controlling the area along the mats.
2. Coaches allowed to utilize the matside lanyard must be listed on the NSAA coaches name form that was submitted to the NSAA by their school administration **via the NSAA AD Login.**
3. Lanyards **WILL NOT** admit anyone to the State Wrestling Championship. They are **GOOD ONLY** for access to the matside area **during the sessions your class is wrestling.** (Wristbands **WILL NOT** get anyone matside. They are **GOOD ONLY** for admission.)
4. **Please wear this lanyard around your neck. It must remain visible at all times when within the boundaries of the matside area (including the coach’s corners).** If you do not have the lanyard visible, you will be asked to leave the matside area immediately.
5. A school that misuses this matside lanyard will have that lanyard confiscated for the remainder of the 2024 Championship and will need to request, in writing to the NSAA Executive Director, a reinstatement of the lanyard credential for the following year.

BOYS & GIRLS CONTESTANT TICKETS

1. **Each contestant will receive a set of six individual session tickets for the entire tournament. This ticket will be taken when they enter the CHI Health Center Arena by session and contestants will be hand stamped for re-admittance if needed during that session.**
2. No contestant will be admitted into the CHI Health Center Arena without a ticket. If a ticket or booklet of tickets is forgotten, lost, or stolen, a ticket will have to be purchased at the regular admission windows. **No duplicates will be issued!**
3. Contestants remaining inside the CHI Health Center Arena between sessions, will be asked to move to designated sections, and their tickets for the next session will be collected.
4. Coaches and wrestlers will be allowed access to CHI at a set time between rounds.
5. If a coach remains inside the CHI Health Center Arena between sessions, he/she will be asked to move to designated sections, and wait for the gates to open for the next session.
6. **Coach/Competitor Seating (when not in competition):** The following areas are reserved for coaches with wristbands and State qualified wrestlers with their hand stamp. The top 5 rows in each of these sections have been sold.

SECTIONS—101—102—109—110—116—118—126—127

RECOMMENDED COACHING ATTIRE

In an effort to continuously improve the quality and image of the State Wrestling Championships, we are asking the participating schools to be aware of the attire for the coaching staff. Because we now webcast every match of the Championship for the world to see, we are asking the coaches to be conscious of the image that they are presenting as they represent their respective school. Obviously, if the coaches choose to wear a shirt with a school logo or even a button-up shirt with or without a tie, that would be up to standard. We are recommending the following **minimum standards:**

1. All coaches wear shirt or jacket that signifies your school in some form.
2. No jeans.
3. No ball caps (we currently do not allow ball caps for the wrestlers on the awards stand).

The Wrestling Championships are one of the most highly attended events for the NSAA each year and as we strive for improving the image of wrestling and the championships, we are asking for your help in this venture. We sincerely appreciate your help in making the Wrestling Championships a great experience for all. Thank you.

Check Weight Scales: Two digital scales will be available throughout the entire State Wrestling Championship for your wrestlers to check their weight. These scales will be located inside the warm-up area. Signs will be posted for location. **(See the area on the attached map) Please tell your wrestlers not to move this scale! This scale is a courtesy scale and unofficial. Only the scales within the weigh-in area (not warm up area) are official.**

Weigh-In Procedures:

1. Weigh-ins for all Classes A-B-C-D and Girls will be in the weigh-in area on the lower level, north end of the arena at the CHI Health Center Omaha. The warmup area is located on the north end of the arena. Each contestant must weigh in on the digital scale designated for their respective classification. The designated area will be marked as the official weigh-in area. All wrestlers who are to weigh-in, need to be in the weigh-in area at the start of weigh-ins. Once the official weigh-ins begin, **the weigh-in area will be off limits to coaches, team personnel and wrestlers who are not officially weighing in.** No cameras or cell phones allowed in this area. The NFHS weigh-in rules for tournaments will be enforced.
2. If a wrestler steps on their respective scale during the weigh-in period and does not make the required weight, they will have the opportunity to challenge any scale in the official weigh-in area. They must, however remain in the designated area until the conclusion of all remaining weight classes. They will then be able to step on each of the scales designated for the official weigh-in and if they make the required weight on any of the remaining scales, it will be recorded that they have made the weight.

Wrestlers' Health: A physician will be present at the weigh-ins. The presence of a communicable disease or any other condition, which, in the opinion of the examining physician, makes the participation of an individual inadvisable, will be

considered full and sufficient reason for a medical default. The physician's decision will be final and without appeal. There are some things that he/she may not be able to detect, but we should keep in mind that it is the coach's responsibility to have all of his wrestlers in compliance with all of the health and safety rules for wrestlers. The decision of the on-site physician(s) is final and no other determinations will be considered.

Skin Issues: If a wrestler has a current "NSAA Physician Release for Wrestler to Participate with Skin Lesion Form," they need to have it with them when they weigh-in so it can be checked by an on-site NSAA State Championship Physician. All skin issues, determined to be contagious, will be treated as a medical forfeit for all matches that day. The wrestler will not be allowed to weigh-in.

Special Equipment and Taping:

1. Any wrestler planning to wear any type of special equipment (face mask, brace, padding, hair covering, etc.) must have it inspected at the time of weigh-ins. Any special taping must be approved by an official before a wrestler competes in a match. (See NFHS Rules: 4-3-1, 2, 3). **REMINDER**--There cannot be tape on the headgear.
2. Verification of its approval will be entered on the official weigh-in sheets, and it will be approved for the duration of the state championship, if no alteration is made.
3. Anything not approved in advance may be ruled illegal at match time. Time required to correct illegal equipment or taping is counted as injury time. (See NFHS Rule: 8-2-1)

Uniform:

1. (NFHS Rule 4-1-1, 4-1-3, 4-1-4) Please make sure your wrestlers are wearing a competition uniform for weigh-ins and competition.
2. It is the coach's responsibility to have his wrestlers in legal uniform. If a wrestler appears on the mat without the proper uniform, they will have to use injury time to correct the situation and the wrestler will be assessed a technical violation.
3. **We are asking that all wrestlers keep their straps up while on the competition floor and not walk to and from the mats with them down. They can take them down once they are off the arena floor and out of spectator's sight.**

Forfeits: If a wrestler forfeits a match, he/she cannot place in the championship, unless the forfeit was due to an injury which occurred in an earlier round of the state championship. Also, extenuating circumstances concerning forfeits will be considered by the championship directors, doctor, and coach. Any forfeit due to injury or extenuating circumstances must be approved in advance in order for the wrestler to place in the state championship. (NFHS Rules 10-2-2, 4, 5, 6, 7, and 8).

Mat Alignment: Until the finals, we will wrestle on a 10-mat setup. During Sessions 1 & 3, Class B will wrestle on mats #1-5 and Class C will wrestle on mats #6-10. During Sessions 2 & 4, Class A will wrestle on mats #1-3, Girls will wrestle on mats #4-7, and Class D will wrestle on mats #8-10. Once the girls have completed the first round, we will use mats 4 & 5 for class A and mats 6 & 7 for class D. We will follow the same process for the quarterfinals round. During Session 5, Class A will wrestle on mats #1-2; Class B will wrestle on mats #3-4; Girls will wrestle on mats #5-6; Class C will wrestle on mats #7-8; Class D will wrestle on mats #9-10. Saturday morning, we will start in a 10-mat setup, with the same layout as Session 5. During Finals Saturday afternoon, there will be a 4-mat setup. *(Please see your enclosed mat diagram).

Mat Area and Coaching:

1. Only coaches of wrestlers who are wrestling a match and the contestants and their coaches who are to wrestle the next match are to be on the floor area near the mats.
2. Remember, a maximum of two team personnel is allowed in the coaching area during a match. Both must be seated in the designated coaches' chairs. (NFHS Rule 2-2-2) Any coaches must have a visible lanyard.
3. No coaching out on the mats away from coaches' designated areas on the corners of the mats. (NFHS Rule 7-5-2)
4. **DO NOT WALK ACROSS THE MIDDLE OF OR BETWEEN THE MATS!**

Video Taping/Cameras: No videotaping matches while on the main wrestling floor area. All videotaping must be done from the spectator seating area. These cameras must be handheld with no tripods and cannot be plugged into an electrical outlet by an extension cord. This includes coaches at the mat and coaches in the floor level seating area. All videos must be taken from the seating areas. Cameras can be used by coaches at mat side to take still photographs only.

Sportsmanship: Any team deductions will be announced to the fans after they have been confirmed and the points have been deducted in Trackwrestling. As a reminder, unsportsmanlike conduct and flagrant misconduct can be called by the officials or tournament administration if warranted. We will also be monitoring fan behavior and address it accordingly. Which could result in removal from the facility for the remainder of the event.

Locker Rooms: Four locker rooms will be available on the lower level for wrestlers to use during the State Championship. Please do not stay or convene in the locker rooms. Locker rooms are to be used for showering only. Please do not put any locks on any of the lockers in these locker rooms! *Any damage to a CHI Health Center locker room will be assessed to schools. (See the areas on the attached map).*

Warm-Up Area: The wrestling warm-up areas will be located on the lower level on the north end of the arena. Warm-ups will be allowed on the mats prior to a session. **No food or drink on the wrestling mats.** Also, wrestlers are not to dress in this area – go to the locker rooms! The north warm-up area and staging area will be shared during the time of weigh-ins. *(See the area on the attached map).*

Training Room: A main training room will be set-up in the southwest corner of the lower level of the CHI Health Center Omaha. The main training room will be reserved for those individuals needing Doctors' and Certified Athletic Trainers' attention. **COACHES MUST FURNISH THEIR OWN TAPE AND WRAPS** which the Certified Athletic Trainers will be happy to apply at the training room.

Coaches' Hospitality & Friday Luncheon: The Nebraska Coaches Association wrestling coach's hospitality area will be located on the concourse level on the west side behind Sections 120-122 of the CHI Health Center Omaha. The NCA hospitality area will be open at 7:00 A.M. each day. Food and drink will be provided by the Nebraska Coaches Association for a limited time prior to and after weigh-ins.

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| <p style="text-align: center;">FRIDAY COACHES LUNCH Friday, February 16th from 11:30 A.M. – 1:30 P.M. Only banded coaches will be admitted to the lunch Located on the north end mezzanine, behind Section 127, 128, 129</p> |
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Friday Semi-finals: Immediately following Friday evening semifinals, all the winners will need to fill out a bio sheet they will be handed at the end of their match that must be turned in at the announcers' table before they leave the arena. At the conclusion of your respective semi-final matches, we will provide someone to escort the winner to a designated area for finalists' photos.

Awards Presentation: Please remind your wrestlers that ALL medal winners in the State Wrestling Championship must appear on the awards stand dressed in their school-issued uniform or warm-up. Street clothes, caps or hats will not be permitted while on the awards stand. (NO JEANS) Individuals will NOT be allowed access to the main floor to take pictures of the awards ceremony on Saturday during the State Finals. Only individuals with media credentials will be allowed access to the main floor.

NSAA Reimbursement Form: All school reimbursements will be complete online on the NSAA Website.

CHAMPIONSHIP RESULTS & VIEWING

All of the State Championship results will be posted on the NSAA Homepage on the Wrestling section as soon as they become available during the Championship and also on the Trackwrestling.com website under 2024 NSAA State Championships.

LIVE VIEWING—Prelims and placing matches will be streamed LIVE on the NFHS Network website at <http://www.nfhsnetwork.com/sports/wrestling/nebraska>. Viewing requires a one-time fee.

ALL FINAL MATCHES--All Final matches on Saturday, will be broadcast by Nebraska Public Media (NPM) starting at 3 PM.

NSAA Championship Photos: Championship photos are available through Callam Sports Photography online at callamsportsphoto.com.

NSAA Championship DVDs: Championship DVDs of the finals matches are available through NPM, <https://nebraskapublicmedia.org/en/> or toll-free 1-800-868-1868.

NSAA Championship Apparel: Championship apparel will be provided at the venue by Custom Sports – the following link if for pre-orders. Pre-ordered items will be printed and available for pick up on the west side of the arena at the white Custom Sports tent. <https://nsaastatewrestling2024.itemorder.com/shop/sale/>

Clearing the facility: At the conclusion of the team awards at the end of the Championship Finals on Saturday—February 17th, the arena floor and the whole CHI Health Center facility will need to be cleared as soon as possible.

Championship Responsibilities: Have been assigned as follows. Questions should be taken to the person responsible for that area:

Ron Higdon - Championship Director/Ticket Sales (NSAA Cell #: 402-630-1501)

Todd Parr, Bill Phipps – State Championship Supervisors of Officials

Jon Dolliver, Nate Neuhaus, Colton Wierzbicki, Ashton Honnor - Awards

Jeff Stauss – Media & NSAA Championship Results

Mike Roberts – Certified Athletic Trainers

Enclosures—

Contestant Passes

Coach Lanyards

Coach Wristbands

Boys and Girls Bracket Round Alignments

Parade of Champions Information—SATURDAY

CHI Health Center map Sessions 1-5

RMH Scale flyer

CleanCore flyer

Dollamur flyer

2024 NSAA STATE WRESTLING CHAMPIONSHIP SCHEDULE

CHI Health Center Arena-Omaha

Thursday - February 15

| | | |
|---------------------------------------|-------------------------------|-------------------------------|
| Weigh-Ins | B and C | 8:00 A.M. |
| | Girls | 1:00 P.M. |
| | A and D | 1:30 P.M. |
| | 1st Session | |
| 1st Round – 10 Mats | B and C | 9:30 A.M. |
| Quarterfinals – 10 Mats | B and C | Follows 1 st Round |
| | 2nd Session | |
| 1st Round – 10 Mats | A and D and Girls | 3:00 P.M. |
| Quarterfinals – 10 Mats | A and D and Girls | Follows 1 st Round |

Friday - February 16

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|---|-------------------------------|-------------------------------------|
| Weigh-Ins | B and C | 7:30 A.M. |
| | Girls | 10:00 A.M. |
| | A and D | 10:30 A.M. |
| | 3rd Session | |
| 1st Round Cons – 10 Mats | B and C | 9:00 A.M. |
| 2nd Round Cons – 10 Mats | B and C | Follows 1 st Round Cons. |
| | 4th Session | |
| 1st Round Cons – 10 Mats | A and D and Girls | 12:00 P.M. |
| 2nd Round Cons – 10 Mats | A and D and Girls | Follows 1 st Round Cons. |
| | 5th Session | |
| Semifinals and 3rd Round Consolations – 10 Mats | All Boys Classes & Girls | 6:30 P.M. |

Saturday - February 17

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|--|-------------------------------|------------------------------------|
| Weigh-Ins | Girls | 7:00 A.M. |
| | All Boys Classes | 7:30 A.M. |
| | 6th Session | |
| Cons Semifinals – 10 Mats | All Boys Classes & Girls | 9:00 A.M. |
| 3rd & 5th Place Matches - 10 Mats | All Boys Classes & Girls | Follows Consolation Semi-Finals |
| Championship Finals – 4 Mats | All Boys Classes & Girls | 3:00 P.M. |



Wrestling Bracket Round Alignments

