



COMMENTS ON THE 2016 FOOTBALL RULES CHANGES

COLOR RESTRICTIONS REMOVED FROM TOOTH AND MOUTH PROTECTORS (1-5-1d(5)a): Completely clear or completely white tooth and mouth protectors are no longer prohibited. Tooth and mouth protectors shall include an occlusal (protecting and separating the biting surfaces) portion and include a labial (protecting the teeth and supporting structures) portion.

NEW SFIA FOOTBALL GLOVE SPECIFICATION (1-5 NOTE; 1-5-2b): Football gloves are now required to meet either the new SFIA specification or the existing NOCSAE test standard at the time of manufacture.

LEGAL CLIPPING ELIMINATED WITHIN THE FREE-BLOCKING ZONE (2-17; 9-3-6; 9-3 PENALTY): In a continued effort to minimize risk, the Committee made clipping in the free-blocking zone illegal.