

2009-2010 NSAA Weight Management Timeline



NEBRASKA SCHOOL ACTIVITIES ASSOCIATION

September 1st	On-line Assessor Registration & Training Opens
Week of October 5th	HydraTrend Test Strips Shipped to Schools
Week of October 5th	NWCA Online IDs and Passcodes Mailed to Schools
November 9th – Prior to 1st Contest	Athlete Assessments
December 3rd	First Possible Wrestling Contest
December 25	Growth Allowance for Wrestlers who have Established a Minimum Weight Class
January 23	Final Date to Reach Minimum Weight Class