

2009-10 Wrestling Rules Changes

1-2-1: In individually bracketed tournaments, the contestant representing a school shall be named by weight class prior to the conclusion of the weigh-in and no substitution is allowed after the conclusion of the weigh-in.

4-2-3: If a designated, on-site meet physician is present, the physician may examine a wrestler for a communicable skin disease or any other condition, either immediately prior to or immediately after the weigh-in.

4-5-3: Meet administrators now have the option to weigh-in contestants by weight class or team(s) in tournaments.

5-20-5 NOTE: In the offensive starting position, the offensive wrestler's head must be on or above the mid-line of the opponent's back and both wrestlers must become stationary.

9-2-2b, c NEW: Two new steps have been added to the dual-meet team tie-breaking system.

Editorial and Other Changes

3-1-4a; 3-1-7; 3-2-2a; 4-2-4; 4-5-2; 4-5-8; 5-1-3; 5-14-1, 2; 5-31-1; 6-6-5b1; 8-2-1 EXCEPTION g; 8-2-7; PHOTOS 10, 32-33, 59, 77 (NEW), 78, 85-86, 88; REFEREES' SIGNALS 4-7.