

NSAA WRESTLING NEWSLETTER

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A Publication by the Nebraska School Activities Association
for Wrestling Coaches and Officials registered with the NSAA
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Comments

The 2010-11 wrestling season is gearing up for the home stretch. I would like to commend coaches and school officials on your professionalism. As we move forward to the district and state championships we focus the attention to competition and good sportsmanship on and off of the mat. Good Luck to all athletes and coaches!

Skin Condition Checks

Schools are asked to keep monitoring skin conditions with all athletes involved in the sport of wrestling. **The top priority of the NSAA is the safety and health of the athletes.** The NSAA has requested that each district tournament site have a physician or physician's assistant check each wrestler at weigh-ins. The onsite physician's or physician's assistant decision will **OVERRIDE** any NSAA Skin Form for skin lesions. Please contact the NSAA office with any serious skin condition cases within your team.

Officials Ballot Results

111 Head Wrestling Coaches (52%) voted on-line for the selection of the 2011 state wrestling championship officials. The number of coaches voting increased 5 % from a year ago. Head Coaches: Your Vote Does Count!

NSAA Weight Management –Districts

Weight Management Section IV – D: The Saturday of Week 29 of the Standardized Calendar (January 22nd) is the deadline to establish a minimum wrestling weight. Exception: A wrestler who has been medically released to participate, upon release, must complete an Alpha Test by an NSAA Assessor. The first weigh-in after January 22nd would establish the wrestler's minimum weight. ** After January 22nd a wrestler may weigh-in above his/her established minimum weight while still returning to the established minimum weight class at a 1.5% per week descent. (calculated daily)

** Head Wrestling Coaches must present a copy of their ENTIRE team Pre-Match Weigh-In Form at the district seeding meeting.

** **After the seeding meeting a coach may replace an athlete only due to illness or injury. Wrestlers may not move from a different weight class after the seeding meeting is completed.**

** A wrestler must have at least ONE official weigh-in prior to the district tournament.

State Wrestling Tickets

The Qwest ticket staff has completed and begin to mail ticket orders by late January that were part of the December, 2010 drawing. On January 2nd 2011 Tickmaster began to sell remaining

seats for all sessions. The link on the NSAA wrestling web page to Ticketmaster will remain open through the state championship. Tickets may be purchased at the Qwest Ticket Office window during the days of the State Championships. **Additional floor seating for the FINALS will go on sale Saturday morning of the State Championships at the Qwest Ticket Office window at 8:30 AM. Price for the premium seats are \$9 for all ages. A 5 seat limit will be enforced.**

Wrestling Ejections Update

Ejections for wrestling as reported to the NSAA office as of January 25th, 2011: **Wrestlers = 8 (6-Varsity and 2 Junior Varsity) and Coaches = 1.** Officials and schools are reminded to file an ejection report on-line with the NSAA office (if you have an ejection) right after the meet. Coaches and athletes – Sportsmanship counts!!

2011 NSAA State Wrestling Championship Officials

The difficult task of selecting the 2009 NSAA State Wrestling Championship officials has been completed. Nebraska is very fortunate to have many talented officials. 50 officials applied on-line for the state championships. Congratulations to the following officials that have been selected:

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|----------------------|--------------------|
| 1. Bryce Abbey | 2. Dale Bean |
| 3. Jeremy Broz | 4. Josh Broz |
| 5. Daryl Colwell | 6. Steve Faber |
| 7. Dustin Favinger | 8. Leonard Hawkins |
| 9. Doug Hoops | 10. Mark Jensen |
| 11. Kevin Nordhues | 12. Phil Pisasale |
| 13. Albert Rodriguez | 14. Jim Sackett |
| 15. Duane Skiles | 16. Neal Stepanek |
| 17. Travis Stutzman | 18. David Walton |
| 19. Doug Walton | 20. Brian Woolsey |
- Alternate 1: Bart Deterding Alternate 2: Nick Brost

Preventive Officiating Reminders:

** Quickly confirm score with table after each period.

** Check & sign bout cards during a tournament.

** Signal wrestlers to report to mat after properly reporting to the score table.

** From the referee's position –the wrestlers go to their feet - the offensive wrestler must make an effort to return the defensive wrestler to the mat. There is no longer any mention of a 5 second count. If the official believes there is not an effort to return the defensive wrestler to the mat; it is considered stalling **at any point** in the match including the sudden victory period.

**During an official's time-out, if the score needs to be corrected or if the coach calls the official to the table; wrestlers are to remain in the 10 foot center circle. Other coaching staff must remain in the designated coaching area. Coaching is allowed from the designated area. (Rule 6-6)