

NSAA Activities Medicine Advisory Committee Meeting Minutes

Tuesday, June 22, 2021 – via Zoom

The NSAA Activities Medicine Advisory Committee (AMAC) met Tuesday, June 22, 2021 via Zoom with members present as follows:

Dan Hutsell – Activities Director – Blair; Nathan LeFeber – Kearney – Band Director; Lynn Hall – Heartland – Choral Director; AJ Johnson – Hartington-Newcastle – Superintendent; Brad Hoesing – Wausa – Superintendent; Matt Curtis – Gretna – Activities Director; Ron Higdon, Assistant Director - NSAA; Dan Masters, Assistant Director - NSAA; Jeff Stauss, Assistant Director - NSAA

- I. Welcome
- II. Introductions

III. AMAC Objective

a. The committee will provide up-to-date position statements on subjects relevant to the health and welfare of students engaging in interscholastic activities. New recommendations could come from AMAC to the NSAA Board of Directors for approval.

IV. 2021-22 Vision

- a. The committee discussed a number of topics that are on the radar of those involved in activities: concussion awareness education, medical coverage at activities including the use of Emergency Action Plans (EAPs), heat acclimatization, NFHS course requirements of coaches, and pre-participation physicals.
- b. The committee decided that the initial action item for the committee will center on educating and promoting the following topics to the NSAA membership: medical coverage at activities including the use of EAPs, concussion awareness/protocol needs in activities, and issuing campaigns centered on heat acclimatization/EAPs/Anyone Can Save A Life.

With no further business, the meeting was adjourned.

Dan Masters NSAA Assistant Director