## Qualifying for the NSAA State Track and Field Meet (updated 2.27.24)

## Class A. There will be FOUR Class A district meets.

- INDIVIDUAL RUNNING EVENTS: The winner of the first place, second place, third place, and fourth place in each event will qualify for the state meet, plus the next EIGHT fastest times of the nonqualifiers, regardless of place in a finals event. There shall be a maximum of 24 qualifiers. If there is a tie for the last qualifying spot of the non-qualifiers, the tie will be broken by comparing the times to the thousandths.
- RELAY EVENTS: The winner of first place, second place, and third place in each event will qualify for the state meet, plus the next FOUR fastest times of the non-qualifiers, regardless of place in a finals event, with a maximum of 16 relay teams qualifying. If there is a tie for the last qualifying spot of the non-qualifiers, the tie will be broken by comparing the times to the thousandths.
- FIELD EVENTS (LONG JUMP, TRIPLE JUMP, SHOT PUT, DISCUS): The winner of the first place, second place, third place, and fourth place each event shall qualify for the state meet, plus the next EIGHT best performances of the non-qualifiers across all districts. In the case of a tie for the last qualifying spot, all of those tied shall qualify.
- FIELD EVENTS (POLE VAULT, HIGH JUMP): The winner of the first place, second place, third place, and fourth place in each event shall qualify for the state meet, plus all who equal or exceed the additional qualifier mark at the 2024 NSAA Class A District Track Meet. The additional qualifier mark is determined by using the average height of $8^{\text {th }}$ place at the State Meet for the past 3 years.
- Athletes placing first, second, third or fourth must have cleared $9^{\prime} 6^{\prime \prime}$ or higher to qualify in the boys' pole vault and $6^{\prime} 6^{\prime \prime}$ or higher in the girls' pole vault.
- Regardless of place would mean that in RELAY events at district meets, any relay team who finished $4^{\text {th }}$ $-7^{\text {th }}$ place in their district meet could qualify for the state track meet if their time was one of the four fastest times of non-qualifiers from all districts submitted. It would not matter what place in their respective district they finished, but that the time was one of the four fastest of the non-qualifiers.
- Regardless of place would mean in the individual running events with preliminaries and finals, the next 8 fastest times of the non-qualifiers may come from "finals" competition only. This means in the events with preliminaries and finals, $5^{\text {th }}-8^{\text {th }}$ place could qualify for the state track meet if their district finals time was one of the next 8 fastest time of the non-qualifiers from all districts submitted. In the individual running events that are run as "finals only", $5^{\text {th }}-12^{\text {th }}$ place could qualify for the state track meet if their district finals time was one of the next 8 fastest times of the non-qualifiers from all districts submitted.
- In the event the FAT timing system would fail in any district in any running event, any individual running event would qualify the top 6 places and any relay event would qualify the top 4 places. This would pertain only to those events where the FAT failed. In the event of a tie for the last qualifying spot, none of those tied shall qualify in that event.


## Qualifying for the NSAA State Track and Field Meet (updated 2.27.24)

## Class B. There will be SIX Class B district meets.

- INDIVIDUAL RUNNING EVENTS: The winner of first place, second place, and third place in each event will qualify for the state meet, plus the next SIX fastest times of the non-qualifiers, regardless of place in a finals event. There shall be a maximum of 24 qualifiers. If there is a tie for the last qualifying spot of the non-qualifiers, the tie will be broken by comparing the times to the thousandths.
- RELAY EVENTS: The winner of first place and second place in each event will qualify for the state meet, plus the next FOUR fastest times of the non-qualifiers, regardless of place in a finals event, with a maximum of 16 relay teams qualifying. If there is a tie for the last qualifying spot of the non-qualifiers, the tie will be broken by comparing the times to the thousandths.
- FIELD EVENTS (LONG JUMP, TRIPLE JUMP, SHOT PUT, DISCUS): The winner of first place, second place, and third place in each event will qualify for the state meet, plus the next SIX best performances of the non-qualifiers across all districts. In case of a tie for the last qualifying spot, all of those tied shall qualify.
- FIELD EVENTS (POLE VAULT, HIGH JUMP): The winner of first place, second place, and third place in each event will qualify for the state meet, plus all who equal or exceed the additional qualifier mark at the 2024 NSAA Class B District Track Meet. The additional qualifier mark is determined by using the average height of $8^{\text {th }}$ place at the State Meet for the past 3 years.
- Athletes placing first, second, or third must have cleared $9^{\prime} 6^{\prime \prime}$ or higher to qualify in the boys' pole vault, and $6^{\prime} 6^{\prime \prime}$ or higher in the girls' pole vault.
- Regardless of place is to mean that in relay events, any team who finished $3^{\text {rd }}-6^{\text {th }}$ in their respective district meet could qualify for the state track meet if their time is one of the four fastest times of the non-qualifiers from all districts submitted. It would not matter what place in their respective district they finished, but that the time was one of the four fastest of the non-qualifiers.
- Regardless of place would mean in the individual running events with preliminaries and finals, the next 6 fastest times of the non-qualifiers may come from "finals" competition only. This means in the events with preliminaries and finals, $4^{\text {th }}-8{ }^{\text {th }}$ place could qualify for the state track meet if their district finals time was one of the next 6 fastest time of the non-qualifiers from all districts submitted. In the individual running events that are run as "finals only", $4^{\text {th }}-9^{\text {th }}$ place could qualify for the state track meet if their district finals time was one of the next 6 fastest times of the non-qualifiers from all districts submitted. It would not matter what place in their respective district they finished, but that the time was one of the four fastest of the non-qualifiers.


## Qualifying for the NSAA State Track and Field Meet (updated 2.27.24)

## Class C. There will be NINE Class C district meets.

- INDIVIDUAL RUNNING EVENTS: The winner of first place and second place in each event will qualify for the state meet, plus the next SIX fastest times of the non-qualifiers, regardless of place in a finals event. There shall be a maximum of 24 qualifiers. If there is a tie for the last qualifying spot of the non-qualifiers, the tie will be broken by comparing the times to the thousandths.
- RELAY EVENTS: The winner of first place in each event will qualify for the state meet, plus the next SEVEN fastest times of the non-qualifiers, regardless of place in a finals event, with a maximum of 16 relay teams qualifying. If there is a tie for the last qualifying spot of the non-qualifiers, the tie will be broken by comparing the times to the thousandths.
- FIELD EVENTS (LONG JUMP, TRIPLE JUMP, SHOT PUT, DISCUS): The winner of first place and second place in each event will qualify for the state meet, plus the next SIX best performances of the nonqualifiers across all districts. In case of a tie for the last qualifying spot, all of those tied shall qualify.
- FIELD EVENTS (POLE VAULT, HIGH JUMP): The winner of first place and second place in each event will qualify for the state meet, plus all who equal or exceed the additional qualifier mark at the 2024 NSAA Class C District Track Meet. The additional qualifier mark is determined by using the average height of $8^{\text {th }}$ place at the State Meet for the past 3 years.
- Athletes placing first or second must have cleared $9^{\prime} 6^{\prime \prime}$ or higher to qualify in the boys' pole vault and $6^{\prime} 6^{\prime \prime}$ or higher in the girls' pole vault.
- Regardless of place is to mean that any competitor in an individual running event who finishes $3^{\text {rd }}$ through $8^{\text {th }}$ in their respective district meet could qualify for the state meet if their time is one of the six fastest times of the non-qualifiers from all districts submitted.
- Regardless of place is to mean that any relay team who finishes $2^{\text {nd }}$ through $8^{\text {th }}$ in their respective district meet could qualify for the state meet if their time is one of the seven fastest times of the nonqualifiers from all districts submitted.


## Qualifying for the NSAA State Track and Field Meet (updated 2.27.24)

## Class D. There will be NINE Class D district meets.

- INDIVIDUAL RUNNING EVENTS: The winner of first place and second place in each event will qualify for the state meet, plus the next SIX fastest times of the non-qualifiers, regardless of place in a finals event. There shall be a maximum of 24 qualifiers. If there is a tie for the last qualifying spot of the non-qualifiers, the tie will be broken by comparing the times to the thousandths.
- RELAY EVENTS: The winner of first place in each event will qualify for the state meet, plus the next SEVEN fastest times of the non-qualifiers, regardless of place in a finals event, with a maximum of 16 relay teams qualifying. If there is a tie for the last qualifying spot of the non-qualifiers, the tie will be broken by comparing the times to the thousandths.
- FIELD EVENTS (LONG JUMP, TRIPLE JUMP, SHOT PUT, DISCUS): The winner of first place and second place in each event will qualify for the state meet, plus the next SIX best performances of the nonqualifiers across all districts. In case of a tie for the last qualifying spot, all of those tied shall qualify.
- FIELD EVENTS (POLE VAULT, HIGH JUMP): The winner of first place and second place in each event will qualify for the state meet, plus all who equal or exceed the additional qualifier mark at the 2024 NSAA Class D District Track Meet. The additional qualifier mark is determined by using the average height of $8^{\text {th }}$ place at the State Meet for the past 3 years.
- Athletes placing first or second must have cleared $9^{\prime} 6^{\prime \prime}$ or higher to qualify in the boys' pole vault and $6^{\prime} 6^{\prime \prime}$ or higher in the girls' pole vault.
- Regardless of place is to mean that any competitor in an individual running event who finishes $3^{\text {rd }}$ through $8^{\text {th }}$ in their respective district meet could qualify for the state meet if their time is one of the six fastest times of the non-qualifiers from all districts submitted.
- Regardless of place is to mean that any relay team who finishes $2^{\text {nd }}$ through $8^{\text {th }}$ in their respective district meet could qualify for the state meet if their time is one of the seven fastest times of the nonqualifiers from all districts submitted.


## Qualifying for the NSAA State Track and Field Meet (updated 2.27.24)

## Ties.

Individuals tied for the district's last state qualifying spot by place in races of 200 meters or less must compete for that qualifying spot in a run-off. Only the winner of the run-off will qualify for the state meet by place.

In all other running events if there is a tie for the district's last qualifying spot by place, the tie will be broken by reviewing the times to the thousandths.

In the field events, those tied for the last qualifying spot shall qualify if places cannot be determined by using the tie breaker rule for field events.

## Additional Qualifiers.

> In addition to the regular qualifiers in boys' Pole Vault and High Jump, all qualify who equal or exceed the additional qualifier mark at the 2024 NSAA District Track Meet. The additional qualifier mark is determined by using the average height of $8^{\text {th }}$ place at the State Meet for the past 3 years.

BOYS FIELD EVENTS

|  | $\underline{\mathbf{A}}$ | $\underline{\mathbf{B}}$ | $\underline{\mathbf{C}}$ | $\underline{\mathbf{D}}$ |
| :--- | :---: | :---: | :---: | :---: |
| Pole Vault | $13-2$ | $13-2$ | $13-0$ | $12-4$ |
| High Jump | $6-3$ | $6-2$ | $6-1$ | $5-11$ |

> In addition to the regular qualifiers in girls' Pole Vault and High Jump, all qualify who equal or exceed the additional qualifier mark at the 2024 NSAA District Track Meet. The additional qualifier mark is determined by using the average height of $8^{\text {th }}$ place at the State Meet for the past 3 years.

GIRLS FIELD EVENTS

|  | $\underline{\mathbf{A}}$ | $\underline{\mathbf{B}}$ | $\underline{\mathbf{C}}$ | $\underline{\mathbf{D}}$ |
| :--- | :---: | :---: | :---: | :---: |
| Pole Vault | $10-0$ | $10-2$ | $10-0$ | $9-0$ |
| High Jump | $5-2$ | $5-1$ | $5-2$ | $4-11$ |

# Heat and Lane Assignments (updated 2.27.24) 

## 100 Meter Dash, 200 Meter Dash, 100 Meter Hurdles, 110 Meter Hurdles

- Prelims and Finals


## Class C and Class D will have three preliminary heats.

The first-place winner in each heat and the next five fastest times will qualify for the finals in the state meet. **NOTE - If the fully automatic timing system is not functional and manual timing is implemented, the first and second place finisher from each heat and the two fastest thirds will qualify for the finals.

- Heat and lanes will be assigned using the qualifiers' district times following the serpentine method.

| Heat 1 to Include | Heat 2 to Include |  |
| :--- | :--- | :--- |

Class B will have three preliminary heats.
The first-place winner in each heat and the next five fastest times will qualify for the finals in the state meet.
${ }^{* *}$ NOTE - If the fully automatic timing system is not functional and manual timing is implemented, the first and second place finisher from each heat and the two fastest thirds will qualify for the finals.

- Heat and lanes will be assigned using the qualifiers' district times following the serpentine method.

| Heat 1 to Include | Heat 2 to Include | Heat 3 to Include |
| :---: | :---: | :---: |
| 1 Fastest Time | 2 Fastest Time | 3 Fastest Time |
| 6 Fastest Time | 5 Fastest Time | 4 Fastest Time |
| 7 Fastest Time | 8 Fastest Time | 9 Fastest Time |
| 12 Fastest Time | 11 Fastest Time | 10 Fastest Time |
| 13 Fastest Time | 14 Fastest Time | 15 Fastest Time |
| 18 Fastest Time | 17 Fastest Time | 16 Fastest Time |
| 19 Fastest Time | 20 Fastest Time | 21 Fastest Time |
| 24 Fastest Time | 23 Fastest Time | 22 Fastest Time |

Class A will have three preliminary heats.
The first-place winner in each heat and the next five fastest times will qualify for the finals in the state meet. **NOTE - If the fully automatic timing system is not functional and manual timing is implemented, the first and second place finisher from each heat and the two fastest thirds will qualify for the finals.

- Heat and lanes will be assigned using the qualifiers' district times following the serpentine method.

Heat 1 to Include
1 Fastest Time
6 Fastest Time
7 Fastest Time
12 Fastest Time
13 Fastest Time
18 Fastest Time
19 Fastest Time
24 Fastest Time

Heat 2 to Include
2 Fastest Time
5 Fastest Time
8 Fastest Time
11 Fastest Time
14 Fastest Time
17 Fastest Time
20 Fastest Time
23 Fastest Time

Heat 3 to Include
3 Fastest Time
4 Fastest Time
9 Fastest Time
10 Fastest Time
15 Fastest Time
16 Fastest Time
21 Fastest Time
22 Fastest Time

## State Championship Finals - Lane Assignments:

Fastest time from prelims assigned to lane 4.
Second fastest time from prelims assigned to lane 5.
Third fastest time from prelims assigned to lane 3.
Fourth fastest time from prelims assigned to lane 6
Fifth fastest time from prelims assigned to lane 2
Sixth fastest time from prelims assigned to lane 7.
Seventh fastest time from prelims assigned to lane 1
Eighth fastest time from prelims assigned to lane 8.

## 300 m Hurdles, 400 m Dash

- Finals Only


## 3 Heats against time. Heat and Lane assignments will be assigned using the district qualifying times.

Heat 1 to Include
24 Fastest Time
23 Fastest Time
22 Fastest Time
21 Fastest Time
20 Fastest Time
19 Fastest Time
18 Fastest Time
17 Fastest Time

Heat 2 to Include
16 Fastest Time
15 Fastest Time
14 Fastest Time
13 Fastest Time
12 Fastest Time
11 Fastest Time
10 Fastest Time
9 Fastest Time

Heat 3 to Include
8 Fastest Time
7 Fastest Time
6 Fastest Time
5 Fastest Time
4 Fastest Time
3 Fastest Time
2 Fastest Time
1 Fastest Time

## Lane Assignments

Fastest time assigned to lane 4
Second fastest time assigned to lane 5
Third fastest time assigned to lane 3
Fourth fastest time assigned to lane 6
Fifth fastest time assigned to lane 2
Sixth fastest time assigned to lane 7
Seventh fastest time assigned to lane 1
Eighth fastest time assigned to lane 8

400 Meter Relay, 1600 Meter Relay.
Two sections against time.
The fastest qualifiers will be assigned to second section.

## 3200 Meter Relay

One section, to be run in super alleys. Positions are assigned as follows:

- Alley 1 (Lanes $1-8$ ) to include the $6^{\text {th }}$ fastest time to the $16^{\text {th }}$ fastest time. \#6 will have the inside position.
- Alley 2 (Lanes $5-8$ ) to include the $1^{\text {st }}$ fastest time to the $5^{\text {th }}$ fastest time. \#1 will have the inside position.


## 800 Meter Run

Two sections against time.
The fastest qualifiers will be assigned to second section.
To be run in Super Alleys. Alley positions in each section are assigned as follows:

- Alley 1 (Lanes $1-8$ ) to include the $5^{\text {th }}$ fastest time to the 12 fastest time. \#5 will have the inside position.
- Alley 2 (Lanes $5-8$ ) to include the $1^{\text {st }}$ fastest time to the 4 fastest time. \#1 will have the inside position.


## 1600 Meter Run \& 3200 Meter Run

One section, to be run in 2 super alleys. Positions are assigned as follows:

- Alley 1 (Lanes $1-8$ ) to include the $9^{\text {th }}$ fastest qualifier to the $24^{\text {th }}$ fastest time. \#9 will have the inside position.
- Alley 2 (Lanes $5-8$ ) to include the $1^{\text {st }}$ fastest qualifier to the $8^{\text {th }}$ fastest time. \#1 will have the inside position.

