

How to Launch Unified Sports, Track & Field

(A Guideline for NSAA Schools)

- <u>NOW:</u>
- Get faculty on board & educate (Superintendent, Principal, Special Education Department, Athletic Dept.)
- Form a school group/committee that will volunteer to launch Unified Sports, Track &
 Field (Supt., Special Education Dept., Community Member(s), Coaches). Find the right people that will help take the ownership and run with the vision.
- Market and promote the Unified Sports, Track & Field program in your school & community through pep assemblies, newsletters, school websites, social media, organizational meetings, and the NSAA website
- Meet with Special Education Department to identify athletes
- Meet with teachers, sponsors, and coaches to identify partners
- Create and implement an interest survey amongst your high school students &/or community
- <u>March:</u>
- Simultaneously to your interest survey, work and communicate with local school administrators indicating the needs surrounding the program:
 - Facilities
 - Transportation (# of practices per week)
 - o Costs
 - Equipment
 - Rental Fees
 - Coaches
 - Uniforms
 - Coaches (will need proper NSAA coaching certifications)
 - o Insurance (verify local district level liability insurance coverage)
 - Practice dates/time
 - Additional local level needs pertaining to interested student athletes

- Assimilate survey data, share with school administrators, and proceed forward with the positive results
- Plan for your own Unified Sports, Track & Field meet OR combine with an existing Track
 & Field meet (<u>YouTube Video</u>).