Some of our best investments have nothing to do with banking.

For more than 15 years, U.S. Bank has applauded students throughout the state on their accomplishments in the classroom and the field. Through our support of Nebraska Schools Activities Association, our company and our employees are pleased to champion programs that help provide today’s youth with opportunities that inspire personal achievement and positive lasting memories. Because today’s students are tomorrow’s leaders.

You can count on every U.S. Banker to serve you – and to cheer on the spirit of teamwork – from the start of the game to the final minutes of play.

Proud to Support the Nebraska School Activities Association
2013 ORDER OF EVENTS

Classes C and A
The first running event will begin at 9:00 a.m., with the girls’ Class C event being run first, followed by the girls’ Class A, boys’ Class C, and boys’ Class A events. The schedule will progress in this order through all of the scheduled events. Events will follow this time schedule as closely as possible. These times are approximate. Events will not start more than 15 minutes ahead of the posted times.

Saturday, May 18 – All Finals
The first running event will begin at 9:30 a.m. with the girls’ Class D 800-meter run. It will be followed by girls’ C, B, and A events. The boys’ four classes will then follow in the same order. At the completion of the 400-meter finals, there will be an intermission. The 1,600-meter run will begin at 2:00 p.m. These times are approximate. Events will not start more than 15 minutes ahead of the posted times.

Order of Field Events

<table>
<thead>
<tr>
<th>Class</th>
<th>Class A</th>
<th>Class B</th>
<th>Class C</th>
<th>Class D</th>
</tr>
</thead>
<tbody>
<tr>
<td>Long Jump</td>
<td>8:30 a.m. Sat.</td>
<td>3:00 p.m. Sat.</td>
<td>1:00 p.m. Sat.</td>
<td>10:30 a.m. Sat.</td>
</tr>
<tr>
<td></td>
<td>11:00 a.m. Fri.</td>
<td>3:00 p.m. Fri.</td>
<td>9:00 a.m. Fri.</td>
<td>5:30 p.m. Fri.</td>
</tr>
<tr>
<td>Triple Jump</td>
<td>9:00 a.m. Fri.</td>
<td>6:00 p.m. Fri.</td>
<td>Noon Fri.</td>
<td>3:00 p.m. Fri.</td>
</tr>
<tr>
<td></td>
<td>1:30 p.m. Sat.</td>
<td>11:00 a.m. Sat.</td>
<td>3:30 p.m. Sat.</td>
<td>8:30 a.m. Sat.</td>
</tr>
<tr>
<td>Shot Put</td>
<td>9:00 a.m. Fri.</td>
<td>5:30 p.m. Fri.</td>
<td>11:00 a.m. Fri.</td>
<td>3:30 p.m. Fri.</td>
</tr>
<tr>
<td></td>
<td>11:00 a.m. Sat.</td>
<td>1:00 p.m. Sat.</td>
<td>8:30 a.m. Sat.</td>
<td>3:00 p.m. Sat.</td>
</tr>
<tr>
<td>Discus</td>
<td>1:00 p.m. Sat.</td>
<td>11:00 a.m. Sat.</td>
<td>3:00 p.m. Sat.</td>
<td>8:30 a.m. Sat.</td>
</tr>
<tr>
<td></td>
<td>Noon Fri.</td>
<td>3:00 p.m. Fri.</td>
<td>9:00 a.m. Fri.</td>
<td>5:30 p.m. Fri.</td>
</tr>
<tr>
<td>High Jump</td>
<td>Noon Fri.</td>
<td>3:00 p.m. Fri.</td>
<td>9:00 a.m. Fri.</td>
<td>5:30 p.m. Fri.</td>
</tr>
<tr>
<td></td>
<td>8:30 a.m. Sat.</td>
<td>3:00 p.m. Sat.</td>
<td>10:30 a.m. Sat.</td>
<td>1:00 p.m. Sat.</td>
</tr>
<tr>
<td>Pole Vault</td>
<td>9:00 a.m. Fri.</td>
<td>9:00 a.m. Sat.</td>
<td>1:00 p.m. Sat.</td>
<td>3:30 p.m. Fri.</td>
</tr>
<tr>
<td></td>
<td>9:00 a.m. Sat.</td>
<td>3:30 p.m. Fri.</td>
<td>9:00 a.m. Fri.</td>
<td>1:00 p.m. Sat.</td>
</tr>
</tbody>
</table>
CHAMPIONSHIP DIRECTORS
Nate Neuhaus, NSAA Assistant Director
Bob Danenhauer, Omaha Public Schools
Dr. Peg Naylon, Omaha Public Schools

REFEREE
Tom Hood

HEAD FIELD EVENT JUDGE/REFEREE
Tim Bond

OMAHA PUBLIC SCHOOLS
Dr. Virginia Moon, Interim Superintendent
Dr. ReNae Kehrberg, Assistant Superintendent
Dr. Deborah Frison, Omaha Burke High School Principal

ANNouncERS
Rich Brodersen, Scott Latter

STARTERS
Vernon Breakfield, Larry Rutar, Steve Nolte, Roger Iwansky, Sara Sinani, Butch Hug, Jim Crosby

ASSISTANT STARTER
Cameron Cuttlers

NATIONAL ANTHEM SINGERS
Maddie Stuart, Lincoln Southwest High School
Hastings High School Mixed Octet, directed by Tim Canady
Pawnee City High School Girls Sextet, directed by Kristi Robison

NSAA BOARD OF DIRECTORS
Wendy Henrichs, Lincoln East
Mark Norvell, Fillmore Central
Dr. Jerry Bartee, Omaha Public Schools
Dr. Bob Reznick, Boys Town
Jay Bellar, Battle Creek
Dr. Brian Maher, Kearney
Alan Garey, Medicine Valley
Kent Halley, Mitchell
NSAA MISSION STATEMENT
The public and non-public high schools of Nebraska voluntarily agreed to form the Nebraska School Activities Association for the following purposes:

- To formulate and make policies which will cultivate high ideals of citizenship, fair competition, sportsmanship and teamwork which will compliment the member schools’ curriculum programs.
- To foster uniformity of standards in interscholastic activity competition.
- To organize, develop, direct and regulate an interscholastic activity program which is equitable and will protect and promote the health and physical welfare of all participants.

2012-13 NSAA BOARD OF DIRECTORS

Mark Norvell  
Fillmore Central  
District I

Dr. Jerry Bartee  
Omaha Public Schools  
District II

Alan Garey  
Medicine Valley  
District V

Wendy Henrichs  
Lincoln East  
District I

Jay Bellar  
Battle Creek  
District III

Kent Halley  
Mitchell  
District VI

Dr. Bob Reznicek  
Boys Town  
District II  
Chair

Dr. Brian Maher  
Kearney  
District IV

2012-13 NSAA DIRECTORS

Rhonda Blanford-Green  
Executive Director

Jennifer Schwartz  
Assistant Director

Jon Dolliver  
Assistant Director

Debra Velder  
Associate Director

Bud Dahlstrom  
Assistant Director

Nate Neuhaus  
Assistant Director

Jim Angele  
Assistant Director

Ron Higdon  
Assistant Director

It is the Nebraska School Activities Association’s belief that interscholastic activities supplement the school’s academic program. By providing worthwhile experiences through athletics and fine arts activities, each high school participant can develop physically, emotionally and socially while learning the values of hard work and good citizenship. The NSAA – Our Mission is Yours.
May 2013

Dear Athletes, Parents and Fans:

Welcome to the 2013 Boys and Girls State Track and Field Meet!

On behalf of the Board of Education, staff and students of the Omaha Public Schools, it is a honor to welcome you and to host the annual Nebraska State Track and Field Meet. For athletes and coaches throughout the state of Nebraska, this event marks the culmination of many, many hours of skill development, conditioning, practice and competition. This is an opportunity for young people to meet, to showcase their talents, and to know that their hard-earned accomplishments have placed them among the best in the state.

Events of this magnitude and excellence do not happen without the involvement and dedication of countless people working diligently behind the scenes and on the track and field. We are thankful and appreciative to the many school personnel, volunteers and loyal fans who have given their time and energy to ensure the success of the State Track and Field Meet. Without their assistance, a high-quality event like this would not be possible.

Congratulations and best wishes to each and every one of the individuals, teams, and coaches who have qualified to compete in the state championships. We hope you enjoy your stay in Omaha and know your participation in the State Track and Field Meet will be an event you will not soon forget.

Sincerely,

Virginia Moore
Interim Superintendent

May 17, 2013

Dear Friends:

Welcome to Omaha and the 2013 State Track and Field Meet! It has taken many seasons of dedicated practice to reach this milestone, and I congratulate you on your efforts. I am confident each athlete will compete with vigor. Records may be broken and new goals will be set, but remember as long as you make your best effort you will go home a winner.

Omaha boasts a wide range of attractions, accommodations, and entertainment options. While you’re here, be sure to visit the Henry Doorly Zoo, which is home to the largest indoor rainforest and geodesic desert dome in the world and was recently rated the top zoo in America.

Check out the unique shops, boutiques, and restaurants in our historic Old Market District and head over to the recently revitalized Missouri Riverfront. Here, Heartland of America Park and Lewis Clark Landing provide extraordinary access to the Missouri River while the Bob Kerry Pedestrian Bridge offers an impressive view of Omaha’s Downtown skyline.

Our city is perfect for those who love the arts, so check out one of our many art museums and studios. The Durham Museum, a former train station, is a great example of art deco architecture and is home to world-class exhibits depicting the history of the region and the Joslyn Art Museum is home one of the finest collections of art in the Midwest. We are also famous for our thrilling local music scene and you can catch up and coming talent at local venues any night of the week.

Over the last decade, Omaha has experienced outstanding growth and development, sweeping from our downtown core to our urban neighborhoods. Our city and its friendly citizens continue to attract visitors from across the country and around the globe, as the word continues to spread about all the exciting things to experience here in Omaha. Whether you stay for just a day or for an extended visit, I’m confident you will join the growing ranks of those who love our wonderful city.

You can learn more about what Omaha has to offer by checking out www.visitomaha.com. To all the athletes, coaches, families and fans – I wish you the best of luck and hope that you enjoy the 2013 State Track and Field Meet.

Best wishes,

Jim Suttle
Mayor
City of Omaha
All first place medals plus the gold medal will be presented on the awards stand at the center of the field at the same time. Second through eighth place medals may be picked up at the south end of the track, in the awards tent, as in the past. The awards presentations will begin at approximately 11 a.m. on Saturday and continue through the Saturday afternoon schedule. If an athlete will not be available for the presentation at the scheduled time he/she may pick up the first place medal at the awards stand area at the center of the field. Medals other than first place should be picked up at the awards tent at the south end of the track, as soon as possible following the final results of an event.

The first place medals for each class will be presented by an NSAA Board member. Either the athlete’s HEAD COACH OR ASSISTANT COACH who is employed by his/her school district may choose to present the overall gold medal only. PLEASE do not ask for a relative or friend to make the presentation, the request will be denied. Parents and spectators are not allowed on the infield to take pictures. An awards platform for pictures is set up outside the south gate entrance to the track to allow coaches, parents and spectators to take photos. Callam Sports Photography, the official photographer of the NSAA, will be photographing the individual and team championship ceremonies on the awards stand at the center of the infield. These photos will be posted on the Callam Sports Photography website (www.callamsportsphoto.com) and will be available for purchase.

Coaches are encouraged to make their athletes aware of this schedule of presentations and to encourage them to report to the awards stand area when asked.

The following medals will be presented at the approximate times indicated on Saturday.

During and Following the 400-Meter Relay:
- BOYS HIGH JUMP
- 800-METER RUN
- 3,200-METER RELAY
- 3,200-METER RUN

Following the 400-Meter Dash and During Intermission:
- 400-METER RELAY
- 100-METER HURDLES
- 110-METER HIGH HURDLES
- 100-METER DASH
- 400-METER DASH

During and Following the Boys 1,600-Meter Run:
- 1,600-METER RUN

Following the 300-Meter Intermediate Hurdles:
- 300-METER LOW HURDLES

Following the 200-Meter Dash:
- 300-METER INTERMEDIATE HURDLES

During and Following the Girls 1,600-Meter Relay:
- 200-METER DASH

The Following Events as they are Completed:
- BOYS POLE VAULT
- BOYS SHOT PUT
- GIRLS DISCUS
- GIRLS SHOT PUT
- BOYS DISCUS
- GIRLS LONG JUMP
- GIRLS POLE VAULT
- BOYS LONG JUMP
- GIRLS HIGH JUMP
- BOYS TRIPLE JUMP
- GIRLS TRIPLE JUMP
- GIRLS 1,600-METER RELAY
- BOYS 1,600-METER RELAY
Omaha Public Schools...

Learners Today, Leaders Tomorrow
**ANNOUNCEMENTS**
Due to the abundance of announcements required to keep spectators and participants informed at a meet of this stature, public address requests will be restricted to the needs of the competing schools and emergencies only.

**CELL PHONES, PAGERS & ELECTRONIC DEVICES**
The Games Committee has requested that all spectators, athletes, coaches, media and meet workers near the starting line of the track and near any of the field event areas, please switch your cellular phones from ring to vibrate mode or completely off to avoid disturbing the competitors. Electronic devices are prohibited in all warm-up and competition areas as defined by the NSAA State Track & Field Games Committee.

**EVENT HEADINGS**
Each event in this meet is presented on a page in this program. Information in the heading includes last year's gold medal winner and their picture (relay gold medal pictures are on a separate page). Also included are the class records for the event. There are two sets of records listed: a state meet record, and the state record which can be set at the state meet or at any meet during the year that qualifies under the NSAA state record standards.

**RESULTS**
Results in all events are announced via the public address system and are posted on the outside wall of the lower press box, located on the west side of the stadium. Results will also be posted on the message board on the north end of the stadium and on the wall outside of the east stadium entrance. Complete results are also available during the meet on the NSAA website – www.nsaahome.org.

**HEAT, LANE AND FLIGHT ASSIGNMENT INFORMATION**
Competitors in the sprint races (100, 200, 400 and hurdles) are divided into heats according to formulas based on their district finish.

**Class A:**
- Heat 1 - Fastest and fourth fastest district champions; second and third fastest second placers and third placers; fastest and fourth fastest fourth place finishers.
- Heat 2 – Second and third fastest district champions; fastest and fourth fastest seconds and thirds; second and third fastest fourths.

**Class B:**
- Heat 1 – First and sixth fastest district champions; third and fourth fastest seconds; second and fifth fastest thirds; fastest and sixth fastest additional qualifiers.
- Heat 2 – Second and fifth fastest district champions; fastest and sixth fastest seconds; third and fourth fastest thirds; second and fifth fastest additional qualifiers.
- Heat 3 – Third and fourth fastest district champions; second and fifth fastest seconds; fastest and sixth fastest thirds; third and fourth fastest additional qualifiers.

**Classes C & D:**
- Heat 1 – Fastest, sixth and seventh fastest district champions; fastest second, seventh and eighth fastest seconds; second fastest third.
- Heat 2 – Second, fifth and eighth fastest district champions; third, sixth and ninth fastest seconds; fastest third.
- Heat 3 – Third, fourth, ninth and tenth fastest district champions; fourth, fifth, tenth and eleventh fastest seconds.

Once assigned to a heat, the athletes are placed in lane assignments based on their district performance. The fastest runner is assigned to Lane 4, #2 in Lane 5, #3 in Lane 3, #4 in Lane 6, #5 in Lane 2, #6 in Lane 7, #7 in Lane 1, and #8 in Lane 8.

Class A, which has just two preliminary heats, the first- and second-place finishers in each heat advance to the finals along with the next four fastest times.

In Classes B, C and D there will be three heats in the 100-, 200-, 400-meter dashes, 300-meter hurdles, and 100- and 110-meter hurdles. The first-place winner in each heat and the next five fastest times will advance to the championship finals on Saturday.

In the 800-meter run, 400- and 1,600-meter relays, there are two sections against time, with the best qualifying time from the district meets assigned to the second section.

In the 1,600- and 3,200-meter runs and 3,200-meter relay, there is one section with the competitors assigned to alleys. In races with 10 or more athletes, the fastest district qualifier is in position 1, alley 2; second fastest in position 1, alley 3; third fastest in position 1, alley 4; fourth fastest in position 2, alley 2. Assignments continue in this pattern through the first nine times. The tenth, eleventh and twelfth times will be assigned to alley 1. Additional entries will be placed in row 2 of the alleys in the steps listed above.

In field events, athletes are placed in flights according to district performances. The best performances are placed in the last flight with the best performance listed first within the flight.
The Nebraska School Activities Association is proud to partner with Special Olympics to bring you this special event.

Special thanks to Carolyn Chamberlin, President/CEO Special Olympics–Nebraska.

### GIRLS

<table>
<thead>
<tr>
<th>Lane</th>
<th>Name</th>
<th>Age</th>
<th>Team</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Skylar Simmonds</td>
<td>17</td>
<td>Elkhorn</td>
<td>16.60</td>
</tr>
<tr>
<td>2</td>
<td>Jadyn Tomjack</td>
<td>16</td>
<td>West Omaha Warriors</td>
<td>17.00</td>
</tr>
<tr>
<td>3</td>
<td>Liz Hartman</td>
<td>19</td>
<td>Lincoln Choo Choos</td>
<td>17.70</td>
</tr>
<tr>
<td>4</td>
<td>Krystal Colon</td>
<td>18</td>
<td>OPS Bears</td>
<td>18.08</td>
</tr>
<tr>
<td>5</td>
<td>Kiera Horton</td>
<td>18</td>
<td>Elkhorn</td>
<td>21.02</td>
</tr>
<tr>
<td>6</td>
<td>Kelsi Prange</td>
<td>16</td>
<td>Norris</td>
<td>31.83</td>
</tr>
</tbody>
</table>

### BOYS

<table>
<thead>
<tr>
<th>Lane</th>
<th>Name</th>
<th>Age</th>
<th>Team</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Raymond Chadek</td>
<td>17</td>
<td>Blair</td>
<td>13.80</td>
</tr>
<tr>
<td>2</td>
<td>Joshua Nelson</td>
<td>16</td>
<td>Fremont</td>
<td>16.48</td>
</tr>
<tr>
<td>3</td>
<td>Andrew Lucas</td>
<td>19</td>
<td>Papillion-La Vista</td>
<td>18.59</td>
</tr>
<tr>
<td>4</td>
<td>BJ Gould</td>
<td>17</td>
<td>Norris</td>
<td>20.81</td>
</tr>
<tr>
<td>5</td>
<td>Liam Bishop</td>
<td>15</td>
<td>Fremont</td>
<td>20.89</td>
</tr>
<tr>
<td>6</td>
<td>Clayton Stull</td>
<td>18</td>
<td>Southwest Silver Hawks</td>
<td>36.57</td>
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</tbody>
</table>

Visit us for quality office products at competitive prices.
SOMETHING IMPROVES EVERY YEAR

Laser printer reproductions of the FinishLynx capture of the finish of each race are being sold as souvenirs in the west side of the stadium, and from inside the stadium at the south end of the building.

Income from these pictures, souvenir shirt sales and concession profits are funneled back to the NSAA State Track & Field Championships in the form of facility improvements designed to create a better experience for athletes and spectators.

The Omaha Public Schools are proud and honored to host this Nebraska School Activities Association event. The meet has drawn approximately 25,500 spectators and more than 2,400 athletes since the combined girls’ and boys’ meet has been held at Burke. The boys’ meet was held at Burke for nine years before the meets were combined.

OPS and Burke work hard to provide a comfortable, sufficient facility and a memorable event for all involved. The district receives a portion of the gate receipts to help cover the costs of the event and the cleanup required afterward. The size of the NSAA State Track & Field Championships and the demands it puts on the Burke High facility, however, result in repairs and improvements that otherwise would not be necessary. The concession and T-shirt sales make it possible to improve the facility and finance the repairs for the NSAA State Track & Field Championships.

Take a look at what the profits from T-shirts, picture and concession sales have enabled OPS to do for fans and athletes of the NSAA State Track & Field Championships:

<table>
<thead>
<tr>
<th>Item Description</th>
<th>Year</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Track conversion to meters, 1979</td>
<td></td>
<td>$50,000</td>
</tr>
<tr>
<td>Stadium sidewalk, 1985 and 1990</td>
<td></td>
<td>$6,000</td>
</tr>
<tr>
<td>High jump and pole vault expansions, 1988</td>
<td></td>
<td>$10,000</td>
</tr>
<tr>
<td>Track reconstruction, 1989</td>
<td></td>
<td>$325,000</td>
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<tr>
<td>Irrigation for stadium safety, 1990 and 1993</td>
<td></td>
<td>$15,000</td>
</tr>
<tr>
<td>Message center to display results, 1993</td>
<td></td>
<td>$50,000</td>
</tr>
<tr>
<td>Site enhancement, ongoing</td>
<td></td>
<td>$10,000</td>
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<tr>
<td>Purchase of equipment, 1984-1994</td>
<td></td>
<td>$80,000</td>
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<tr>
<td>Improvement to allow seating on banks, 5 years</td>
<td></td>
<td>$4,000</td>
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<tr>
<td>Sidewalk improvements, 1995</td>
<td></td>
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<tr>
<td>Sidewalk improvements, 1996</td>
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<td>$14,000</td>
</tr>
<tr>
<td>Irrigated discus area, 1996</td>
<td></td>
<td>$7,000</td>
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<tr>
<td>FinishLynx timing system, 1996</td>
<td></td>
<td>$16,000</td>
</tr>
<tr>
<td>Expanded press box, 1996</td>
<td></td>
<td>$20,000</td>
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<tr>
<td>Expanded concrete areas, 1998</td>
<td></td>
<td>$6,000</td>
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<tr>
<td>Steeple chase, 1999</td>
<td></td>
<td>$30,000</td>
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<tr>
<td>Track resurface, 1999</td>
<td></td>
<td>$170,000</td>
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<tr>
<td>Restroom improvements, 1999</td>
<td></td>
<td>$10,000</td>
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<tr>
<td>Press box steps, 1999</td>
<td></td>
<td>$22,000</td>
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<tr>
<td>Expanded concourse apron, 1999</td>
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<tr>
<td>Equipment purchases, 1999</td>
<td></td>
<td>$10,000</td>
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<tr>
<td>Raised curbing, 2000</td>
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<tr>
<td>Renovated Shot Put Area, 2000</td>
<td></td>
<td>$23,000</td>
</tr>
<tr>
<td>Drainage Improvements, 2000</td>
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<td>$7,000</td>
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<tr>
<td>Sidewalk improvements, 2000</td>
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<tr>
<td>Safety features, 2000</td>
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<td>$2,300</td>
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<tr>
<td>Additional media facility, 2000</td>
<td></td>
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<tr>
<td>New public address system, 2001</td>
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<td>Participant rest area, 2001</td>
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<td>Improved discus facility, 2001</td>
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<td>$3,000</td>
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<tr>
<td>Improved media facility, 2001</td>
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<td>$2,000</td>
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<tr>
<td>New bleacher seats, 2002</td>
<td></td>
<td>$33,000</td>
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<tr>
<td>Improved steps, 2002</td>
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<tr>
<td>Safety features, 2002</td>
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<td>$5,000</td>
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<tr>
<td>New bleacher seats, 2003</td>
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<td>$33,000</td>
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<tr>
<td>Expanded area for media, 2003</td>
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<td>$5,000</td>
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<tr>
<td>Sidewalk improvements, 2003</td>
<td></td>
<td>$15,000</td>
</tr>
<tr>
<td>New FinishLynx Timing System, 2004</td>
<td></td>
<td>$30,000</td>
</tr>
<tr>
<td>Irrigated areas, 2004</td>
<td></td>
<td>$10,000</td>
</tr>
<tr>
<td>Sod for practice football field, 2004</td>
<td></td>
<td>$10,000</td>
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<tr>
<td>New practice shot put ring, 2005</td>
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<tr>
<td>New Wireless Cameras, 2006</td>
<td></td>
<td>$17,000</td>
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<tr>
<td>New Performance Indicator Boards, 2006</td>
<td></td>
<td>$11,000</td>
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<tr>
<td>New Awards Stand and Practice Shot Ring, 2007</td>
<td></td>
<td>$17,400</td>
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<tr>
<td>FinishLynx New Timing Fiber, 2008-09</td>
<td></td>
<td>$75,000</td>
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<tr>
<td>Video board from Rosenblatt 2012</td>
<td></td>
<td>$395,000</td>
</tr>
<tr>
<td>TOTAL</td>
<td></td>
<td>$1,640,700</td>
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</tbody>
</table>

RECORD FLAGS

The gold flags on the south flag pole represent new state records established during the season.

The blue flags behind the gold medal platform indicate a new overall state meet record has been set.

The red flags behind the gold medal platform indicate a new state meet class record has been established.
Cox congratulates all of the NSAA State Championship qualifiers!
3,200-Meter Relay-Girls
2012 Gold Medal Winner
9:39.05, Seward (Shelbi Sloup, Taylor Seaman, Marti Vlasin, Hannah Tvrdy)
All-Class State Record
9:21.47, Omaha Marian, 2000
All-Class State Meet Record
9:21.47, Omaha Marian, 2000
A/St-9:21.47, Omaha Marian, 2000
B/St-9:29.02, Seward, 2011
B/SM-9:29.02, Seward, 2011
C/St-9:36.41, Hastings St. Cecilia, 1984
C/SM-9:36.41, Hastings St. Cecilia, 1984
D/St-9:41.4, Wheeler Central, 1983
D/SM-9:41.4, Wheeler Central, 1983

State Schedule:
C-A Finals Friday
9:00 a.m.
D-B Finals Friday
3:30 p.m.

3,200-Meter Relay-Boys
2012 Gold Medal Winner
8:02.23, Millard North (Jacob White, Ty Bergmeier, Benjamin Janecek, Ryan Cox)
All-Class State Record
7:44.13, Lincoln North Star, 2005
All-Class State Meet Record
7:44.13, Lincoln North Star, 2005
A/St-7:44.13, Lincoln North Star, 2005
A/SM-7:44.13, Lincoln North Star, 2005
B/St-7:56.02, Blair, 2010
B/SM-7:56.02, Blair, 2010
C/St-8:01.06, Oakland-Craig, 2001
C/SM-8:01.06, Oakland-Craig, 2001
D/St-8:05.36, Cambridge, 2005
D/SM-8:05.36, Cambridge, 2005

State Schedule:
C-A Finals Friday
9:00 a.m.
D-B Finals Friday
3:30 p.m.

Each class all one race.
DOANE TIGERS

- 2013 Men’s & Women’s NAIA National Indoor Top 5 Finishes
- 2013 Men’s & Women’s Conference Indoor Champions
- 2013 Men’s & Women’s Conference Indoor Coach-of-the-Year, Ed Fye
- NAIA Champions of Character Award Winners
- Men & Women combined to win 17 of last 20 Conference Indoor/Outdoor Titles

DOANETIGERS.COM
100-Meter High Hurdles-Girls
2012 Gold Medal Winner
14.42, Brianna McGehee, Omaha North

All-Class State Record
13.87, LaQue Moen-Davis, Omaha North, 2011

All-Class State Meet Record
13.87, LaQue Moen-Davis, Omaha North, 2011
A/ST-13.87, LaQue Moen-Davis, Omaha North, 2011
B/ST-14.80, Shannon Kling, Gordon, 1995
C/ST-14.79, Keri Wulf, Red Cloud/Guide Rock, 1995:
14.79, Pam Shaw, Sandy Creek, 1997
C/SM-14.79, Keri Wulf, Red Cloud/ Guide Rock, 1995:
14.79, Pam Shaw, Sandy Creek, 1997
D/ST-14.84, Faith Mullen, Mayweather, 1997
D/SM-14.84, Faith Mullen, Mayweather, 1997

Class C

Heat 1
Ln. No. Name, Grade, School
1 230 Emilie Wolfe, 11, Palmer
2 8 Schylar Phibben, 12, Ainsworth
3 281 Gail Ciborak, 12, Lexington
4 147 Callie Oplinko, 12, Kearney, 13
5 142 Morgan Dvorak, 11, Lincoln Christian
6 96 Audrey Malone, 11, Fillerome Central
7 223 Nicole Carson, 12, Ord
8 219 Olivia Loven, 12, Omaha Christian Acad/ Source School

Class B

Heat 1
Ln. No. Name, Grade, School
1 134 Grant Norder, 10, BDS
2 178 Ayla Dabosh, 12, Madison
3 278 Sierra Zach, 11, St. Mary's High School
4 143 Kelan Bramann, 12, Kearney, 13
5 215 Elizabeth Pilk, 12, Lincoln-Craig
6 235 Caitlin Petersen, 11, Palmyra
7 189 Sydney Rose, 12, Waverly
8 78 Jordan Wetzki, 12, CWC

Heat 2
Ln. No. Name, Grade, School
1 163 Caleb Dodg, 12, North Platte
2 106 Trevor Wiggins, 11, Millard Central
3 278 Siera Zach, 11, St. Mary's High School
4 83 Colin Wetovick, 10, Cozad
5 40 Colin Mertlik, 12, Blair
6 209 Tanner Martin, 12, Northwest
7 290 Brandon Cook, 12, Waverly
8 241 Seth Starks, 11, Platteview

Heat 3
Ln. No. Name, Grade, School
1 247 Nathan Lechtenberg, 12, Millennials
2 116 Brandon Wallman, 11, Lincoln Northeast
3 135 Jaris Nair/McClure, 11, Millard South
4 127 Joshua Band, 12, Lincoln Southwest
5 107 Maurice Moore, 12, Lincoln South
6 95 Andrew Neal, 12, Lincoln East
7 163 Jordan Fleming, 11, Millard West
8 58 Troy Wolejotwicz, 11, Grand Island

Class A

Heat 1
Ln. No. Name, Grade, School
1 300 Parker Johnson, 12, York
2 131 Chad Haiar, 12, Humphrey St. Francis
3 209 Tanner Martin, 12, Millennials
4 297 Catherine Mick, 9, BDS
5 52 Ryan Dahlgren, 12, Bertrand
6 73 Will Burenheide, 12, Falls City
7 134 Chase Weihmann, 12, Lincoln/Platteview
8 346 Annabel Voss, 11, Omaha South

Heat 2
Ln. No. Name, Grade, School
1 111 Travis Torgerson, 12, Douglas
2 204 Emily Sunderland, 11, Omaha Skutt Catholic
3 186 Alex Nielsen, 9, Lourdes Central
4 70 Kelton Fisher, 10, Chase County
5 181 Lucas Wiechman, 12, Wisner-Pilger
6 21 Trevor Belina, 12, Battle Creek
7 207 Logan Faeh, 9, Nebraska Christian
8 207 Dakota Miller, 12, Crofton

Heat 3
Ln. No. Name, Grade, School
1 9 Brandon Armstrong, 11, Bellevue West
2 178 Caleb Dodg, 12, North Platte
3 118 Jimmy Hansen, 12, Lincoln Plus X
4 244 Nicholas Bartels, 12, Papillon-La Vista
5 144 Avram Tynes, 11, Millard North
6 127 Joshua Banders, 12, Lincoln Southwest
7 204 Trevon Miers, 11, Omaha Burke
8 214 Cameron Dorsey, 11, Omaha Central

Classes B, C, and D qualify heat winners and next five fastest times for finals.
Class A qualifies top two places in each heat and next four fastest times for finals.

110-Meter High Hurdles-Boys
2012 Gold Medal Winner
14.37, Peite Pihl, Lincoln-Craig

All-Class State Record
13.8, Mashaon Marsh, Omaha Benson, 1975

All-Class State Meet Record
13.8, Mashaon Marsh, Omaha Benson, 1975
A/ST-13.8, Mashaon Marsh, Omaha Benson, 1975
B/ST-14.02, Aaron Brandt, Bishop Neumann, 2006
B/SM-14.02, Aaron Brandt, Bishop Neumann, 2006
C/SM-14.37, Peite Pihl, Lincoln-Craig, 2012
C/St-14.37, Peite Pihl, Lincoln-Craig, 2012
D/St-14.57, Lance Thorell, Loomis, 2007

State Schedule: Prelims
C-A Friday 10:45 p.m.
D-B Friday 4:45 p.m.
Finals Saturday 12:15 p.m.
### 100-Meter Dash - Girls

<table>
<thead>
<tr>
<th>Heat 1</th>
<th>Ln.</th>
<th>Name, School, Grade</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>1</td>
<td>Laura Miksch, 11, Columbus Scotus</td>
<td>11.90</td>
</tr>
<tr>
<td>2</td>
<td>2</td>
<td>Shanell Primes, 9, Scottsbluff</td>
<td>12.36</td>
</tr>
<tr>
<td>3</td>
<td>3</td>
<td>Ashley Scherer, 11, Northwest</td>
<td>12.90</td>
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<td>4</td>
<td>4</td>
<td>Morgan Linneman, 12, Sidney</td>
<td>13.50</td>
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<td>5</td>
<td>5</td>
<td>Julianna Burr, 11, Holdrege</td>
<td>13.97</td>
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<td>6</td>
<td>6</td>
<td>Tierra Williams, 12, Auburn</td>
<td>14.00</td>
</tr>
<tr>
<td>7</td>
<td>7</td>
<td>Mallory Combs, 9, Crete</td>
<td>14.03</td>
</tr>
</tbody>
</table>

### Results
- **Kaitlyn Elder**, 10, McCook, **11.90**
- **Kacey Kohlhof**, 9, Lincoln Lutheran, **12.35**
- **Laura Miksch**, 11, Columbus Scotus, **12.55**
- **Ashley Scherer**, 11, Northwest, **12.83**
- **Shanell Primes**, 9, Scottsbluff, **12.35**
- **Casey Fricke**, 9, Millard West, **13.00**

### State Schedule: Prelims - C-A
- **8:10 a.m.**
- **Finals**

<table>
<thead>
<tr>
<th>Lane</th>
<th>Name, School, Grade</th>
<th>Time</th>
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<tbody>
<tr>
<td>1</td>
<td>1</td>
<td>Ashley Scherer, 11, Northwest</td>
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<td>2</td>
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<td>Morgan Linneman, 12, Sidney</td>
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<td>3</td>
<td>Julianna Burr, 11, Holdrege</td>
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<td>4</td>
<td>4</td>
<td>Tierra Williams, 12, Auburn</td>
</tr>
<tr>
<td>5</td>
<td>5</td>
<td>Mallory Combs, 9, Crete</td>
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<tr>
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<td>Morgan Linneman, 12, Sidney</td>
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</table>

### State Schedule: Prelims - C-B
- **10:25 a.m.**
- **Finals**

<table>
<thead>
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<tbody>
<tr>
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<td>Ashley Scherer, 11, Northwest</td>
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<tr>
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<td>2</td>
<td>Morgan Linneman, 12, Sidney</td>
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<tr>
<td>3</td>
<td>3</td>
<td>Julianna Burr, 11, Holdrege</td>
</tr>
<tr>
<td>4</td>
<td>4</td>
<td>Tierra Williams, 12, Auburn</td>
</tr>
<tr>
<td>5</td>
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<td>Mallory Combs, 9, Crete</td>
</tr>
<tr>
<td>6</td>
<td>6</td>
<td>Morgan Linneman, 12, Sidney</td>
</tr>
</tbody>
</table>

### Class C
- **Heats 1-2**
- **Heat 1**
  - **Lane 1**
    - **Name, School, Grade**
    - **Time**
  - **Lane 2**
    - **Name, School, Grade**
    - **Time**
- **Heat 2**
  - **Lane 1**
    - **Name, School, Grade**
    - **Time**
  - **Lane 2**
    - **Name, School, Grade**
    - **Time**

### Class D
- **Heats 1-2**
- **Heat 1**
  - **Lane 1**
    - **Name, School, Grade**
    - **Time**
  - **Lane 2**
    - **Name, School, Grade**
    - **Time**
- **Heat 2**
  - **Lane 1**
    - **Name, School, Grade**
    - **Time**
  - **Lane 2**
    - **Name, School, Grade**
    - **Time**

### Class E
- **Heats 1-2**
- **Heat 1**
  - **Lane 1**
    - **Name, School, Grade**
    - **Time**
  - **Lane 2**
    - **Name, School, Grade**
    - **Time**
- **Heat 2**
  - **Lane 1**
    - **Name, School, Grade**
    - **Time**
  - **Lane 2**
    - **Name, School, Grade**
    - **Time**

### Class F
- **Heats 1-2**
- **Heat 1**
  - **Lane 1**
    - **Name, School, Grade**
    - **Time**
  - **Lane 2**
    - **Name, School, Grade**
    - **Time**
- **Heat 2**
  - **Lane 1**
    - **Name, School, Grade**
    - **Time**
  - **Lane 2**
    - **Name, School, Grade**
    - **Time**

### State Schedule: Finals - C-A
- **12:30 p.m.**
- **Finals**

<table>
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<tbody>
<tr>
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<td>1</td>
<td>Ashley Scherer, 11, Northwest</td>
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<td>2</td>
<td>2</td>
<td>Morgan Linneman, 12, Sidney</td>
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<tr>
<td>3</td>
<td>3</td>
<td>Julianna Burr, 11, Holdrege</td>
</tr>
<tr>
<td>4</td>
<td>4</td>
<td>Tierra Williams, 12, Auburn</td>
</tr>
<tr>
<td>5</td>
<td>5</td>
<td>Mallory Combs, 9, Crete</td>
</tr>
<tr>
<td>6</td>
<td>6</td>
<td>Morgan Linneman, 12, Sidney</td>
</tr>
</tbody>
</table>

### Class C
- **Heats 1-2**
- **Heat 1**
  - **Lane 1**
    - **Name, School, Grade**
    - **Time**
  - **Lane 2**
    - **Name, School, Grade**
    - **Time**
- **Heat 2**
  - **Lane 1**
    - **Name, School, Grade**
    - **Time**
  - **Lane 2**
    - **Name, School, Grade**
    - **Time**

### Class D
- **Heats 1-2**
- **Heat 1**
  - **Lane 1**
    - **Name, School, Grade**
    - **Time**
  - **Lane 2**
    - **Name, School, Grade**
    - **Time**
- **Heat 2**
  - **Lane 1**
    - **Name, School, Grade**
    - **Time**
  - **Lane 2**
    - **Name, School, Grade**
    - **Time**

### Class E
- **Heats 1-2**
- **Heat 1**
  - **Lane 1**
    - **Name, School, Grade**
    - **Time**
  - **Lane 2**
    - **Name, School, Grade**
    - **Time**
- **Heat 2**
  - **Lane 1**
    - **Name, School, Grade**
    - **Time**
  - **Lane 2**
    - **Name, School, Grade**
    - **Time**

### Class F
- **Heats 1-2**
- **Heat 1**
  - **Lane 1**
    - **Name, School, Grade**
    - **Time**
  - **Lane 2**
    - **Name, School, Grade**
    - **Time**
- **Heat 2**
  - **Lane 1**
    - **Name, School, Grade**
    - **Time**
  - **Lane 2**
    - **Name, School, Grade**
    - **Time**

### Classes B, C, and D qualify heat winners and next fastest five times for finals.

Class A qualifies top two places in each heat and next four fastest times for finals.
### 400-Meter Dash-Girls

<table>
<thead>
<tr>
<th>Heat</th>
<th>Name, Grade, School</th>
</tr>
</thead>
<tbody>
<tr>
<td>8</td>
<td>Aubrey Gonzales, 11, Gering</td>
</tr>
<tr>
<td>7</td>
<td>Madison Burger, 12, Columbus</td>
</tr>
<tr>
<td>6</td>
<td>Ashley Heine, 12, Wynot</td>
</tr>
<tr>
<td>5</td>
<td>Hannah Laflin, 11, Beatrice</td>
</tr>
<tr>
<td>4</td>
<td>Kathryn Krick, 12, Lincoln Pius X</td>
</tr>
<tr>
<td>3</td>
<td>Chandalea Jones, 11, Omaha Bryan</td>
</tr>
<tr>
<td>2</td>
<td>Elizabeth Jones, 10, Millard North</td>
</tr>
<tr>
<td>1</td>
<td>Marissa Pope, 9, Bellevue West</td>
</tr>
</tbody>
</table>

### 400-Meter Dash-Boys

<table>
<thead>
<tr>
<th>Heat</th>
<th>Name, Grade, School</th>
</tr>
</thead>
<tbody>
<tr>
<td>8</td>
<td>Olivia Bradford, 10, Omaha Westside</td>
</tr>
<tr>
<td>7</td>
<td>Madison Burger, 12, Columbus</td>
</tr>
<tr>
<td>6</td>
<td>Kathryn Krick, 12, Lincoln Pius X</td>
</tr>
<tr>
<td>5</td>
<td>Desire'e Sanders, 11, Omaha Central</td>
</tr>
<tr>
<td>4</td>
<td>Tierney Casper, 10, Heartland</td>
</tr>
<tr>
<td>3</td>
<td>Emily Kaup, 12, Stuart</td>
</tr>
<tr>
<td>2</td>
<td>Alisha Heelan, 11, Garden County</td>
</tr>
<tr>
<td>1</td>
<td>Grace Kotschwar, 9, South Platte</td>
</tr>
</tbody>
</table>

### State Schedule: Prelims

<table>
<thead>
<tr>
<th>Class</th>
<th>Heat</th>
<th>Name, Grade, School</th>
</tr>
</thead>
<tbody>
<tr>
<td>C-A</td>
<td>1</td>
<td>Sydney Lintner, 10, Syracuse</td>
</tr>
<tr>
<td></td>
<td>2</td>
<td>Amanda Cook, 9, Waverly</td>
</tr>
<tr>
<td></td>
<td>3</td>
<td>Mary Janovich, 11, Gretna</td>
</tr>
<tr>
<td></td>
<td>4</td>
<td>Katrina Meeks, 11, Elkhorn South</td>
</tr>
<tr>
<td></td>
<td>5</td>
<td>Sydney Mettling, 11, Omaha Skutt</td>
</tr>
</tbody>
</table>

### Class C

<table>
<thead>
<tr>
<th>Heat</th>
<th>Name, Grade, School</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Annika Rathke, 10, Lutheran High Northeast</td>
</tr>
<tr>
<td>2</td>
<td>KeyUprino Knapp, 11, Millard South</td>
</tr>
<tr>
<td>3</td>
<td>Sandie Shaw, 12, Sidney</td>
</tr>
<tr>
<td>4</td>
<td>Delaney Lemka, 11, Sinton</td>
</tr>
<tr>
<td>5</td>
<td>Megan Waryn, 9, Grand Island Central Cath.</td>
</tr>
<tr>
<td>6</td>
<td>Taylor Edman, 11, Arlington</td>
</tr>
<tr>
<td>7</td>
<td>Nina Hjemstad, 11, Louisville</td>
</tr>
</tbody>
</table>

### Class D

<table>
<thead>
<tr>
<th>Heat</th>
<th>Name, Grade, School</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Alvia Wayrd, 12, Anselty-Litchfield</td>
</tr>
<tr>
<td>2</td>
<td>Arley Pollard, 10, Ponca</td>
</tr>
<tr>
<td>3</td>
<td>Mikiata Shaw, 12, Sandy Creek</td>
</tr>
<tr>
<td>4</td>
<td>Grace Starnos, 12, Omaha Christian Acad./Street School</td>
</tr>
<tr>
<td>5</td>
<td>Cathlyn Hanziel, 11, North Bassardst Verdi</td>
</tr>
<tr>
<td>6</td>
<td>Daylilie Miller, 12, Hershey</td>
</tr>
<tr>
<td>7</td>
<td>Haig Piaghirotham, 11, Louisville</td>
</tr>
</tbody>
</table>

### Classes B, C, and D qualify heat winners and next five fastest times for finals. Class A qualifies top two places in each heat and next four fastest times for finals.
### 3,200-Meter Run-Girls

#### 2012 All-State Record

1982 - 11:09.24, Mary Hills, Lincoln Southwest

#### Class B Meet Record

1982 - 11:07.24, Mary Hills, Lincoln Southwest

#### Class A Meet Record

1982 - 11:07.24, Mary Hills, Lincoln Southwest

#### State Schedule

Friday, June 22, 2012
- 8:55 a.m., Bobby Wissel, Kearney, Nebraska
- 9:08 a.m., Paul Schultz, Omaha Burke, Nebraska
- 9:24 a.m., Matt McCue, South Central, Nebraska
- 9:36 a.m., Keo Loeung, Beaumont, Nebraska
- 9:48 a.m., Luke Schmidt, Elkhorn, Nebraska
- 10:00 a.m., Hunter Schuette, South Scottsbluff, Nebraska
- 10:12 a.m., Brandon Johnson, Holdrege, Nebraska
- 10:24 a.m., Steven Brix, Glenwood Springs, Nebraska
- 10:36 a.m., Jaden Clark, Lincoln Southwest, Nebraska
- 10:48 a.m., Alex Shackleford, Holdrege, Nebraska
- 11:00 a.m., Kassek Germain, Millard South, Nebraska
- 11:12 a.m., Leo Spinola, Elkhorn, Nebraska

#### All-Class State Schedule

10:19.0, Karlene Erickson, Wheeler Central, Nebraska
- 10:24.00, Tamara Resh, Shelton, Nebraska

#### Class C Schedule

Finals

Friday, June 22, 2012
- 1:40 p.m., 2:56 p.m.

#### Class D Schedule

Finals

Friday, June 22, 2012
- 1:40 p.m., 2:56 p.m.

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### Track & Field

**Nebraska School Activities Association**

---

Each class all one race.
300-Meter Low Hurdles-Girls
2012 Gold Medal Winner
43:58, Rachel Bramhall, Papillion-La Vista South
All-Class State Record
43:04, Kaanya Elahi, Millard North, 2007
All-Class State Meet Record
43:04, Kaanya Elahi, Millard North, 2007
C/ST-44:47, Darcy Siebens, Cedar Bluffs, 1987
C/SM-44:47, Darcy Siebens, Cedar Bluffs, 1987
D-ST-44:98, Julie Froschel, Falls City Sacred Heart, 1998

State Schedule: Prelims
C-A Friday
D-B Friday
Time: 12:40 p.m.

300-Meter Intermediate Hurdles-Boys
2012 Gold Medal Winner
38:21, Alexander Moreland, Millard South
All-Class State Record
37:29, Aaron Brandt, Bishop Neumann, 2006
All-Class State Meet Record
37:29, Aaron Brandt, Bishop Neumann, 2006
B/ST-37:29, Aaron Brandt, Bishop Neumann, 2006
B/SM-37:29, Aaron Brandt, Bishop Neumann, 2006
C/ST-38:15, Brad Beyke, Hastings St. Cecilia, 1993
C/SM-38:15, Brad Beyke, Hastings St. Cecilia, 1993

State Schedule: Prelims
C-A Friday
Time: 1:00 p.m.
D-B Friday
Time: 7:45 p.m.

Classes B, C, and D qualify heat winners and next five fastest times for finals.
Class A qualifies top two places in each heat and next four fastest times for finals.
### 200-Meter Dash-Girls 2012 Gold Medal Winner

<table>
<thead>
<tr>
<th>Heat 1</th>
<th>Ln. No.</th>
<th>Name, School, Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>5</td>
<td>Laura Miksch, 11, Columbus Scotus</td>
</tr>
<tr>
<td></td>
<td>4</td>
<td>Amanda Young, 9, Gretna</td>
</tr>
<tr>
<td></td>
<td>3</td>
<td>Morgan Anderson, 11, Blair</td>
</tr>
<tr>
<td></td>
<td>1</td>
<td>Aspen Reifschneider, 10, Mitchell</td>
</tr>
<tr>
<td></td>
<td>6</td>
<td>Jessica Lahm, 9, Columbus Scotus</td>
</tr>
<tr>
<td></td>
<td>4</td>
<td>Kaitlin Bradley, 12, Crete</td>
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<td></td>
<td>3</td>
<td>Morgan Linneman, 12, Sidney</td>
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<tr>
<td></td>
<td>5</td>
<td>Mackenzie Sederburg, 9, Elkhorn South</td>
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<tr>
<td></td>
<td>4</td>
<td>Tierra Williams, 12, Auburn</td>
</tr>
<tr>
<td></td>
<td>3</td>
<td>Molly Sughroue, 11, McCook</td>
</tr>
<tr>
<td></td>
<td>2</td>
<td>Mary Janovich, 11, Gretna</td>
</tr>
<tr>
<td></td>
<td>1</td>
<td>Kaylee Jones, 10, Millard North</td>
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### Class Schedule: Prelims

**C-A**  Friday  1:15 p.m.

**D-B**  Friday  8:05 p.m.

**Finals**  Saturday  3:40 p.m.

**Class C**

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### 200-Meter Dash-Boys 2012 Gold Medal Winner

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### Nebraska School Activities Association (NSAA) 2013 200-Meter Dash

**Classes B, C, and D qualify heat winners and next five fastest times for finals.**

**Class A qualifies top two places in each heat and next four fastest times for finals.**
## 800-Meter Run-Girls
### 2012 Gold Medal Winner
- **2:15.20**, Molly Sughouche, McCook

### All-Class State Record
- **2:08.84**, Alice Schmidt, Elkhorn, 2000

### All-Class State Meet Record
- **2:12.05**, Alice Schmidt, Elkhorn, 2000

### State Schedule:
- **Finals Saturday 9:30 a.m.**

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<tr>
<th>Alley</th>
<th>Ln. No.</th>
<th>Name, Grade, School</th>
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<td>Section 1</td>
<td>1</td>
<td>119 Rylee Bahe, 9, Millard North</td>
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<td>21 Hannah Awry, 10, Columbus</td>
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<td>3</td>
<td>9 Sarah Kotzitliw, 11, Lincoln Plus X</td>
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<td>63 Kylee Dinkel, 10, Lincoln East</td>
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<td>56 Lacie Linh, 10, Kearney</td>
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<td>138 Suna Akkoseoglu, 12, Millard North</td>
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<td>62 Jady Agee, 10, Lincoln East</td>
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<td>14 Haelie Kowalski, 12, Bellevue</td>
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<td>198 Lauren Houston, 10, Omaha Burke</td>
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## 800-Meter Run-Boys
### 2012 Gold Medal Winner
- **2:15.20**, Molly Sughouche, McCook

### All-Class State Record
- **2:15.83**, John Olson, Kearney

### All-Class State Meet Record
- **2:15.83**, John Olson, Kearney

### State Schedule:
- **Finals Saturday 9:30 a.m.**

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### 2013 NSAA State Meet

**Two sections of finals against time.**

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**400-Meter Relay-Girls**

2012 Gold Medal Winner
47.83, Omaha North (Alexa Whitehall, Nakita Brewer, Brandy Anderson, Kierin Montgomery)

**All-Class State Record**
46.84, Omaha North, 2010

**All-Class State Meet Record**
46.84, Omaha North, 2010

**A/St-46.84, Omaha North, 2010**

**A/SM-46.84, Omaha North, 2010**

**B/St-48.95, Mitchell, 1998**

**B/SM-48.95, Mitchell, 1998**

**C/St-49.1, Hastings St. Cecilia, 1975**

**C/SM-49.1, Hastings St. Cecilia, 1975**

**D/St-50.00, Humphrey St. Francis, 2008**

**D/SM-50.00, Humphrey St. Francis, 2008**

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**State Schedule:**
Finals Saturday 10:45 a.m.

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**State Schedule:**
Finals Saturday 10:45 a.m.

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**400-Meter Relay-Boys**

2012 Gold Medal Winner
42.25, Kearney (Tyler Gillen, Trey Andersen, Isaac Brown, Hunter King)

**All-Class State Record**
41.74, Omaha Central, 2007

**All-Class State Meet Record**
41.79, Omaha Central, 1999

**A/St-41.74, Omaha Central, 2007**

**A/SM-41.79, Omaha Central, 1999**

**B/St-42.14, Boys Town, 2010**

**B/SM-42.14, Boys Town, 2010**

**C/St-42.99, Hastings St. Cecilia, 1993**

**C/SM-42.99, Hastings St. Cecilia, 1993**

**D/St-43.59, Twin Loup, 2012**

**D/SM-43.59, Twin Loup, 2012**

---

**Class A**
**Section 1**
Ln. School
1 North Platte
2 Lincoln High
3 Papillion-La Vista South
4 Kearney
5 Omaha Burke
6 Grand Island
7 Omaha Westside
8 Lincoln East

---

**Class B**
**Section 1**
Ln. School
1 Wayne
2 Waverly
3 Norfolk Cath.
4 Lincoln Lutheran
5 Wahoo
6 McCook
7 Fairbury
8 Bennington

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**Class C**
**Section 1**
Ln. School
1 Laurel-Concord
2 Doniphan-Trumbull
3 Archbishop Bergan
4 St. Paul
5 Lincoln Christian
6 Palmyra

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**Class D**
**Section 1**
Ln. School
1 North Central
2 Sumner-Eddyville-Miller
3 Guardian Angels Central
4 Heartland
5 Bloomfield
6 Brady
7 Diller-Odell
8 Garden County

---

**Class A**
**Section 1**
Ln. School
1 Bellevue West
2 Lincoln East
3 Creighton Preparatory
4 Omaha North
5 Omaha Westside
6 Bellevue East
7 Fremont
8 North Platte

---

**Class C**
**Section 1**
Ln. School
1 Creighton
2 Kearney Cath.
3 Nebraska Christian
4 Omaha Brownell-Talbot
5 Palmyra
6 Ainsworth
7 Bishop Neumann

---

**Class B**
**Section 1**
Ln. School
1 Millard West
2 Omaha Central
3 Omaha Burke
4 Papillion-La Vista
5 Kearney
6 Lincoln Northeast
7 Lincoln Southeast
8 Grand Island

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**Class C**
**Section 1**
Ln. School
1 Garden County
2 Lindsay Holy Family
3 Osceola
4 Heartland
5 Paxton
6 Bloomfield
7 St. Mary’s

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**Class D**
**Section 1**
Ln. School
1 Elm Creek
2 Cambridge
3 Gilmer
4 South Loup
5 Falls City Sacred Heart
6 Parkview Christian
7 Hartington
8 Shelton

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Two sections of finals against time.
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Two sections of finals against time.
400-Meter Relay Girls - Omaha North
47.83

Kierin Montgomery
Brandy Anderson
Nakita Brewer
Alexa Whitehall

1,600-Meter Relay Girls - Millard South
3:52.94

Macy Woitzel
Morgan Woitzel
Tatum Stenger
Clara Nichols

3,200-Meter Relay Girls - Seward
9:39.05

Taylor Seaman
Hannah Tvrdy
Marti Vlasin
Shelbi Sloup
400-Meter Relay Boys - Kearney

42.25

CJ Muller  Jordan Flemington  Skyler Monaghan  Ross Drwal

1,600-Meter Relay Boys - Millard West

3:19.52

CJ Muller  Jordan Flemington  Skyler Monaghan  Ross Drwal

3,200-Meter Relay Boys - Millard North

8:02.23

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1,600-Meter Relay-Girls
2012 Gold Medal Winner
3:52.94, Millard South (Morgan Woitzel, Tatum Stenger, Clara Nichols, Macy Woitzel)

All-Class State Record
3:52.94, Millard South, 2012

All-Class State Meet Record
3:52.94, Millard South, 2012

A/St-3:52.94, Millard South, 2012
A/SM-3:52.94, Millard South, 2012
B/St-3:59.22, Fairbury, 1989
B/SM-3:59.22, Fairbury, 1989
C/St-4:01.36, Lincoln Christian, 1991
C/SM-4:01.36, Lincoln Christian, 1991
D/St-4:03.27, Humphrey St. Francis, 2009
D/SM-4:03.27, Humphrey St. Francis, 2009

State Schedule:
Finals Saturday
4:10 p.m.

1,600-Meter Relay-Boys
2012 Gold Medal Winner
3:19.52, Millard West, (Skyler Monaghan, Ross Drwal, CJ Muller, Jordan Flemington)

All-Class State Record
3:17.15, Fremont, 1985

All-Class State Meet Record
3:17.15, Fremont, 1985

A/St-3:17.15, Fremont, 1985
A/SM-3:17.15, Fremont, 1985
B/St-3:21.7, Aurora, 1980
B/SM-3:21.7, Aurora, 1980
C/St-3:23.91, Heartland, 2000
C/SM-3:23.91, Heartland, 2000
D/St-3:26.85, Eustis-Farnam, 2004
D/SM-3:26.85, Eustis-Farnam, 2004

State Schedule:
Finals Saturday
4:10 p.m.

Two sections of finals against time.
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Columbus
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30 Center Mall
402-543-3542
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915 Main St.
402-826-4041
Fremont
1480 East 23rd
402-727-7889
Grand Island
2945 North Webb Road
308-382-7711
Hastings
604 South Burlington
402-483-6761
Kearney
5115 2nd Avenue
308-233-3888
Lincoln
BUFFET LOCATIONS
Carrousel/Delivery
7th & Havelock
402-481-0300
3rd & Havelock
402-481-0300
2nd & 40th
402-481-0300
Omaha
BUFFET LOCATIONS
Carrousel/Delivery
102nd & Maple
402-481-0300
106th & Maple
402-481-0300

OMAHA
BUFFET LOCATIONS
Carrousel/Delivery
10th & 40th
402-481-0300
10th & 40th
402-481-0300
12th & 40th
402-481-0300
14th & 40th
402-481-0300

IOWA
Ames
823 Wheeler
515-233-2111

KANSAS
Seneca
604 North 11th
785-336-5375

SOUTH DAKOTA
Sioux Falls
2000 West 41st Street
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Fargo
1442 2nd Street S.W.
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Rochester
370 Ewing Avenue
507-285-3100

Valentino’s

The way pizza should be.
## Long Jump-Girls
### 2012 Gold Medal Winner
18-11 1/2 - Maggie Malone, Fillmore Central

### All-State Meet Record
20-2 3/4, LaQue Moen-Davis, Omaha North, 2010

### All-State State Meet Record
20-2 3/4, LaQue Moen-Davis, Omaha North, 2010

### State Schedule:
- **A**: Friday 11:00 a.m.
- **B**: Friday 3:00 p.m.
- **C**: Friday 9:00 a.m.
- **D**: Friday 5:30 p.m.

### Class A
- **1**: 107 Maurice Moore, 12, Lincoln North
- **1**: 108 Kyle B lost, 12, Omaha Burke
- **1**: 109 Duoth Deng, 12, Millard South
- **1**: 110 Blake Smolinski, 12, Fremont
- **1**: 111 Blake Lundgren, 12, Kearney
- **1**: 112 Tyler Giller, 11, Kearney
- **1**: 113 Caleb Dode, 12, North Platte

### Class B
- **1**: 101 Blake Slizoski, 12, Boone Central/ Nott Central
- **1**: 102 Derek Lahm, 12, Columbus Scotus
- **1**: 103 Landon Welke, 12, Ainsworth
- **1**: 104 Jesse Hickey, 12, Conestoga

### Class C
- **1**: 105 Brian Slizoski, 12, Boone Central/ Newman Grove
- **1**: 106 Anthony Vigneri, 11, Omaha Central
- **1**: 107 Aaron Mardis, 10, Elkhorn
- **1**: 108 Samantha Merchant, 10, Archbishop Bergan

### Class D
- **1**: 109 Garrett Sonderup, 10, Fullerton
- **1**: 110 Jordan Heinrichs, 10, Heartland
- **1**: 111 Tanner Hass, 9, Guardian Angels
- **1**: 112 Robert Aspenleiter, 10, Medicine Lake

### State Schedule:
- **A**: Saturday 8:30 a.m.
- **B**: Saturday 3:00 p.m.
- **C**: Saturday 1:00 p.m.
- **D**: Saturday 10:30 a.m.

## Long Jump-Boys
### 2012 Gold Medal Winner
22-6 1/2 - Justin English, Grand Island

### All-State Meet Record
25-1/4, Robert Rands, Bellevue East, 2005

### All-State State Meet Record
24-1 1/4, Robert Rands, Bellevue East, 2005

### State Schedule:
- **A**: Friday 11:00 a.m.
- **B**: Friday 3:00 p.m.
- **C**: Friday 9:00 a.m.
- **D**: Friday 5:30 p.m.

### Class A
- **1**: 101 Maurice Moore, 12, Lincoln North
- **1**: 102 Mikal Lowe, 12, Omaha Burke
- **1**: 103 Naje Kova, 10, Omaha Westside
- **1**: 104 Tanner Johnson, 11, Hastings
- **1**: 105 Jared Prince, 9, Omaha Burke
- **1**: 106 Michael Minor, 9, Omaha Northwest
- **1**: 107 Justus Henderson, 9, Omaha Central
- **1**: 108 Caleb Cowling, 12, Lincoln Plus X
- **1**: 109 Quintez McCray, 12, Papillion-La Vista
- **1**: 110 Jacob Cornelius, 12, Grand Island
- **1**: 111 Dustin Deng, 12, Millard South
- **1**: 112 Blake Smolinski, 12, Fremont
- **1**: 113 Caleb Lundgren, 12, Kearney
- **1**: 114 Tyler Giller, 11, Kearney
- **1**: 115 Caleb Dode, 12, North Platte

### Class B
- **1**: 101 Blake Slizoski, 12, Boone Central/ Newman Grove
- **1**: 102 Daniel Leutenegger, 12, Lincoln Central
- **1**: 103 Trey Barnes, 12, Seward
- **1**: 104 Derek Goodwin, 12, Holdrege
- **1**: 105 Jason Berglund, 11, Alliance
- **1**: 106 Mitchell Harling, 11, Falls City
- **1**: 107 Andrew Connell, 11, Nebraska City
- **1**: 108 Alex Larsen, 12, North Platte
- **1**: 109 Derek Lahm, 12, Columbus Scotus
- **1**: 110 Issac Carlson, 12, Minden
- **1**: 111 Mitchell Pancost, 12, Alliance
- **1**: 112 Zachary Legband, 12, Omaha Skutt
- **1**: 113 Brayden Roper, 12, Brady
- **1**: 114 Hayden Hein, 10,s Wausa
- **1**: 115 Robert Aspenleiter, 10, Medicine Lake

### Class C
- **1**: 101 Erin Zahns, 9, Superior
- **1**: 102 Megan Gebhardt, 11, Lutheran
- **1**: 103 Allie Hoy, 9, Seward
- **1**: 104 Maddi Hockert, 9, York
- **1**: 105 Garrett Sonderup, 10, Fullerton
- **1**: 106 Jordan Heinrichs, 10, Heartland
- **1**: 107 Tanner Hass, 9, Guardian Angels
- **1**: 108 Robert Aspenleiter, 10, Medicine Lake

### Class D
- **1**: 101 Eric Derickson, 12, Hartington
- **1**: 102 Chase Dunn, 11, Falls City Sacred Heart
- **1**: 103 Trevor Gregory, 11, Cambridge
- **1**: 104 Kyle Loseke, 12, St. Mary's
- **1**: 105 Michael Nelson, 12, Wilcox-Hildreth
- **1**: 106 Brady Krogge, 12, Potter-Dix
- **1**: 107 Brayden Roper, 12, Brady
- **1**: 108 Austin Hegge, 10, Wausa
- **1**: 109 Derek Hildbrandt, 12, South Loup
- **1**: 110 Austin Tengle, 11, Twin Loup
- **1**: 111 Reilly Lambrecht, 12, Lincoln Central
- **1**: 112 Matthew Alten, 12, Orono
- **1**: 113 Andres Mendoza, 12, Minden
- **1**: 114 Samantha Merchant, 10, Archbishop Bergan

### State Schedule:
- **A**: Friday 11:00 a.m.
- **B**: Friday 3:00 p.m.
- **C**: Friday 9:00 a.m.
- **D**: Friday 5:30 p.m.
### High Jump-Girls

**2012 Gold Medal Winner**

<table>
<thead>
<tr>
<th>Class School</th>
<th>5-6</th>
<th>5-7</th>
<th>5-8</th>
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</thead>
<tbody>
<tr>
<td>Bethany A.</td>
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<tr>
<td>5-6, Merry,</td>
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<td>5-7, Newport</td>
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<tr>
<td>5-8, Lincoln</td>
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</tbody>
</table>

**All-Class State Record**

- 5-10, Megan Southby, 10, Bellevue West
- 5-9, Cindee Lewis, 11, South Sioux City
- 5-8, Sarah Jones, 11, Omaha
- 5-7, Sierra Smith, 12, Holdrege
- 5-6, Alexis Steffen, 12, Aurora

**State Schedule:**

- **A** – Saturday 8:30 a.m.
- **B** – Saturday 3:00 p.m.
- **C** – Saturday 10:30 a.m.
- **D** – Saturday 1:00 p.m.

### High Jump-Boys

**2012 Gold Medal Winner**

<table>
<thead>
<tr>
<th>Class School</th>
<th>5-6</th>
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<tbody>
<tr>
<td>Jack B.</td>
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<td>5-6, Fremont</td>
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<td>5-7, Grand Island</td>
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<tr>
<td>5-8, Lincoln North</td>
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</tbody>
</table>

**All-Class State Record**

- 5-10, David Austin, 12, Boys Town
- 5-9, Daniel Jones, 12, McCook
- 5-8, Jack Smith, 12, Lincoln
- 5-7, John Brown, 11, Omaha
- 5-6, James Black, 11, Beatrice

**State Schedule:**

- **A** – Friday Noon
- **B** – Friday 3:00 p.m.
- **C** – Friday 9:00 a.m.
- **D** – Friday 5:30 p.m.
Shot Put Girls
2012 Gold Medal Winner
43-9, Toni Tupper, Lincoln Northeast

All-Class State Record
52-9-1/4, Becky Beachley, Fremont, 1997

All-Class State Meet Record
52-9-1/4, Becky Beachley, Fremont, 1997
A/52-9-1/4, Becky Beachley, Fremont, 1997
A/SM-52-9-1/4, Becky Beachley, Fremont, 1997
B/50-10 3/4, Teri Steer, Crete, 1993
B/SM-49-6-3/4, Teri Steer, Crete, 1993
C/SM-49-6, Jenny Svoboda, Howells, 2005
C/SM-47-1/4, Amy Paulsen, Oakland-Craig, 1990
D/SM-48-5, Jenny Svoboda, Howells, 2004

State Schedule:
A – Saturday 11:00 a.m./D/SM-47-5, Jenny Svoboda, Howells, 2004
B – Saturday 1:00 p.m.
C – Saturday 8:30 a.m.
D – Saturday 3:00 p.m.

Class A
Fl. No. Name, School, Grade
1 29 Kelsi Anderson, 11, Fremont
1 148 Rebecca Newsom, 10, Millard North
1 81 Briannah Hunt, 12, Lincoln High
1 5 Jessica Vernon, 12, Bellevue East
1 259 Katie Stephens, 9, Papillion-La Vista
1 128 Kaylyn Pen, 11, Lincoln Southwest
1 90 Lanna Borrego, 10, Lincoln Northeast
1 224 Alaya Cavn, 10, Omaha North
2 94 Toni Tupper, 11, Lincoln Northeast
2 154 Eleni Knap, 9, Millard South
2 2 Avry Polkomy, 9, Bellevue East
2 192 Hope Wilke, 9, North Platte
2 84 Shatice Archie, 12, Lincoln North Star
2 67 Shelby Brown, 10, Lincoln East
2 176 Erica Dover, 10, Norfolk
2 255 Megan Adams, 12, Papillion-La Vista

Class B
Fl. No. Name, School, Grade
1 34 Sara Olsen, 11, Blair
1 127 Andrea Garcia, 12, Lincoln Northeast
1 59 Courtney Geiger, 11, Cozad
1 67 Charlie Miller, 9, Crete
1 277 Emily Hoss, 11, Waverly
1 178 Michaela Woodward, 11, Norris
1 83 Megan Emsick, 10, Elkhorn South
1 199 Kathryn Lanzante, 9, Omaha Skutt

Class C
Fl. No. Name, School, Grade
1 138 Dominique Clark, 10, North Platte
1 192 Sherry Brogdon, 11, Valentine
1 217 Skylar Masters, 10, Fremont
2 89 Kayla Vetter, 11, Millard South
2 173 Lauren Dorsey, 10, Seward
2 264 Wil Hupp, 11, St. Mary’s

Class D
Fl. No. Name, School, Grade
1 180 Ilana Fugate, 12,g, Papillion
2 169 Jada Simms, 12, Millard North
2 117 Keyshawn Hill, 12, Millard

State Schedule:
A – Friday 9:00 a.m.
B – Friday 5:30 p.m.
C – Friday 11:00 a.m.
D – Friday 3:30 p.m.

Shot Put Boys
2012 Gold Medal Winner
60-11 1/2, Michael Shoff, Cambridge

All-Class State Record
66-11 1/2, Marty Kobza, Schuyler, 1981

All-Class State Meet Record
63-7 1/2, Lucas Pinkelman, Cozad, 2007
A/64-9 1/2, Larry Station, Omaha Central, 1982
A/SM-62-11 1/2, Larry Station, Omaha Central, 1982
B/66-11 1/2, Marty Kobza, Schuyler, 1981
B/SM-63-7 1/2, Lucas Pinkelman, Cozad, 2007
C/SM-61-6 1/4, Phi Lueking, Southern Valley, 1997
D/SM-63-1 1/2, Steve Kriewald, North Loup-Scotia, 2000
D/SM-63-1, Steve Kriewald, North Loup-Scotia, 2000

State Schedule:
A – Saturday 8:30 a.m.
B – Saturday 11:00 a.m.
C – Saturday 2:00 p.m.
D – Saturday 5:30 p.m.
### Class A

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### Class B

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### Class C

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### Class D

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<th>Fl. No.</th>
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### Triple Jump-Girls

2012 Gold Medal Winner
38-6 3/4, Lanie Snyder, Millard West

**All-Class State Record**
42-4, LaQue Moen-Davis, Omaha North, 2010

**All-Class State Meet Record**
41-4 3/4, LaQue Moen-Davis, Omaha North, 2011
A/ST-42-4, LaQue Moen-Davis, Omaha North, 2010
A/S-41-4 3/4, LaQue Moen-Davis, Omaha North, 2011

<table>
<thead>
<tr>
<th>Class</th>
<th>No.</th>
<th>Name, School, Grade</th>
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<tbody>
<tr>
<td>A</td>
<td>261</td>
<td>Alyssa Wademan, 9, Crete</td>
</tr>
<tr>
<td>B</td>
<td>261</td>
<td>Julia Reed, 11, Syracuse</td>
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<tr>
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<td>261</td>
<td>Kristen Ohnoutka, 11, Columbus</td>
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<td>D</td>
<td>261</td>
<td>Sarah Allen, 11, Adams Central</td>
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<td>E</td>
<td>261</td>
<td>Casey Seberger, 12, Lexington</td>
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<td>F</td>
<td>261</td>
<td>Tiani Reeves, 10, Gothenburg</td>
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<tr>
<td>G</td>
<td>261</td>
<td>Sydney Mettling, 11, Omaha Skutt</td>
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<tr>
<td>H</td>
<td>261</td>
<td>Kennedy Greene, 10, Ralston</td>
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<td>I</td>
<td>261</td>
<td>Hannah Riley, 11, York</td>
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</table>

### Triple Jump-Boys

2012 Gold Medal Winner
46-5 1/4, Deng Ngut, Omaha South

**All-Class State Record**
50-2 1/4, Todd Brown, Holdrege, 1978

**All-Class State Meet Record**
50-2 1/4, Todd Brown, Holdrege, 1978
A/ST-48-11 1/4, John Gibson, Papillion-La Vista, 1996
A/S-48-11 1/4, John Gibson, Papillion-La Vista, 1996
B/ST-50-2 1/4, Todd Brown, Holdrege, 1978
B/S-50-2 1/4, Todd Brown, Holdrege, 1978
C/ST-46-7, Jordan Bates, Neligh-Oakdale, 2004
C/S-46-7, Jordan Bates, Neligh-Oakdale, 2004
D/ST-47-9, Tony Little, Mullen, 1977
D/S-47-9, Tony Little, Mullen, 1977

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<tbody>
<tr>
<td>A</td>
<td>261</td>
<td>Imani Wilson, 11, Lincoln Southwest</td>
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<td>B</td>
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<td>Noni Henderson, 11, Omaha North</td>
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<td>Nicole Liske, 12, Omaha Marian</td>
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<td>Mercedes Madlock, 12, Lincoln</td>
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<td>Emily Leichner, 11, Millard West</td>
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<td>261</td>
<td>Makayla Aspegren, 10, Omaha Westside</td>
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<td>G</td>
<td>261</td>
<td>Emily Leichner, 11, Millard West</td>
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<tr>
<td>H</td>
<td>261</td>
<td>Hayley Krumwiede, 10, Omaha Westside</td>
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### Track & Field

- **State Schedule:**
  - Saturday 8:30 a.m.
  - Saturday 3:30 p.m.
  - Saturday 11:00 a.m.
  - Friday 9:00 a.m.
  - Friday 6:00 p.m.
  - Friday Noon
  - Friday 3:00 p.m.

- **Fl. No. Name, Grade, School**
  - Class A
  - Class B
  - Class C
  - Class D

- **State Schedule:**
  - Saturday 8:30 a.m.
  - Saturday 3:30 p.m.
  - Saturday 11:00 a.m.
  - Friday 9:00 a.m.
  - Friday 6:00 p.m.
  - Friday Noon
  - Friday 3:00 p.m.

- **Fl. No. Name, Grade, School**
  - Class A
  - Class B
  - Class C
  - Class D

Nebraska School Activities Association
### State Schedule:
- **A** – Saturday 9:00 a.m.
- **B** – Friday 3:30 p.m.
- **C** – Friday 9:00 a.m.
- **D** – Saturday 1:00 p.m.

#### Pole Vault-Girls
**2012 Gold Medal Winner**
11-10, Tess Merritt, Nebr.

**All-Class State Record**
13-3, Jenny Green, Grand Island Central Catholic, 2003

**All-State Meet Record**
13-0, Jenny Green, Grand Island Central Catholic, 2003

<table>
<thead>
<tr>
<th>Class A</th>
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<tr>
<td>1 187</td>
<td>Rachel Kosmack, 10, North Platte</td>
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<td>Whitney Ramsey, 9, Humboldt-Table Rock-Steinauer</td>
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<td>Tori Kurth, 11, North Platte</td>
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<td>Lola Kalems, 12, Winnebago</td>
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| 1 175   | Megan Dolezal, 12, Norfolk | 1 47 | Dominique Swanson, 12, |}

#### State Schedule:
- **A** – Friday 9:00 a.m.
- **B** – Saturday 9:00 a.m.
- **C** – Saturday 1:00 p.m.
- **D** – Friday 3:30 p.m.

#### Pole Vault-Boys
**2012 Gold Medal Winner**
15-8, Steven Cahoy, Grand Island

**All-Class State Record**
16-7, Seth Burney, Beatrice, 2006

**All-State Meet Record**
16-2, Brett Maher, Kearney, 2008
A/St-16-3 1/4, Steven Cahoy, Grand Island, 2013
A/SM-16-2, Brett Maher, Kearney, 2008
B/ST-16-7, Seth Burney, Beatrice, 2006
B/SM-16-4, Seth Burney, Beatrice, 2006
D/St-15-4 3/4, Brandon Benson, Axtell, 2012

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<td>Taylor May, 11, Euster-Milligan</td>
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<td>Jennifer Mick, 11, BDS</td>
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<td>Brayde Weinman, 12, South Loup</td>
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Track & Field
<table>
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<tr>
<th>EVENT</th>
<th>NEBRASKA STATE RECORD Mark, Name, High School, Year</th>
<th>NATIONAL RECORD Mark, Name, High School, Year</th>
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<tbody>
<tr>
<td>100-METER DASH</td>
<td>10.5, Kelly Yancy, Omaha Central, 1989</td>
<td>10.15, Henry Neal, Greenville, TX, 1990</td>
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<tr>
<td>400-METER DASH</td>
<td>46.98, Lukas Hulett, Bellevue East, 2006</td>
<td>45.19, Aldrich Bailey, Mansfield Timberview, TX, 2012</td>
</tr>
<tr>
<td>800-METER RUN</td>
<td>1:50.82, Brian Turner, Millard North, 2000</td>
<td>1:46.45, Michael Granville, Bell Gardens, CA, 1996</td>
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<tr>
<td>3,200-METER RUN</td>
<td>8:55.55, Colby Wissel, Kearney, 2004</td>
<td>8:34.23, German Fernandez, Riverbank, CA, 2008</td>
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<tr>
<td>110-METER HIGH HURDLES</td>
<td>13.8, Mashona Marsh, Omaha Benson, 1975</td>
<td>13.1, Dennis Brantley, Houston Worthing, TX, 1980</td>
</tr>
<tr>
<td>300-METER INT. HURDLES</td>
<td>37.29, Aaron Brandt, Bishop Neumann, 2006</td>
<td>35.02, Reggie Wyatt, Riverside La Sierra, CA, 2009</td>
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<tr>
<td>400-METER RELAY</td>
<td>41.74, Omaha Central, 2007</td>
<td>39.76, Fort Worth Wyatt, TX, 1998</td>
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<tr>
<td>1,600-METER RELAY</td>
<td>3:17.15, Fremont, 1985</td>
<td>3:07.40, Hawthorne, CA, 1985</td>
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<tr>
<td>SHOT PUT</td>
<td>66-11 1/2, Marty Kobza, Schuyler, 1981</td>
<td>77-0, Michael Carter, Dallas Jefferson, TX, 1979</td>
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<td>DISCUS</td>
<td>203-6, Andy Meyer, Superior, 1989</td>
<td>236-6, Mason Finley, Buena Vista, CO, 2009</td>
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<tr>
<td>TRIPLE JUMP</td>
<td>50-2 1/4, Todd Brown, Holdrege, 1978</td>
<td>52-10 1/2, Charles Mayfield, Pasadena Muir, CA, 1980</td>
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<tr>
<td>POLE VAULT</td>
<td>16-7, Seth Burney, Beatrice, 2006</td>
<td>18-2 1/4, Eric Eshbach, Orangefield, TX, 1999</td>
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</tbody>
</table>

**RECORDS EXPLANATION** - The Nebraska State Records are performances achieved any time during the track season which meet the records specifications of the Nebraska School Activities Association and are approved by the NSAA. State and State Meet Records for each class are listed in the program along with this year’s entries.
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<th>EVENT</th>
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<th>NATIONAL RECORD</th>
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<td>200-METER DASH</td>
<td>24.06, Sara Lyons, Omaha Brownell-Talbot, 2006</td>
<td>22.52, Allyson Felix, Los Angeles Baptist, CA, 2003</td>
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<td>400-METER DASH</td>
<td>55.05, Clara Nichols, Millard South, 2011</td>
<td>50.74, Monique Henderson, San Diego F.B. Morse, CA, 2000</td>
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<td>800-METER RUN</td>
<td>2:08.84, Alice Schmidt, Elkhorn, 1999</td>
<td>2:02.04, Amy Weissenbach, Harvard-Westlake, CA, 2011</td>
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<td>1,600-METER RUN</td>
<td>4:49.2, Elizabeth Lange, Lincoln Pius X, 2003</td>
<td>4:33.82, Christine Babcock, Irvine Woodbridge, CA, 2008</td>
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<td>100-METER HIGH HURDLES</td>
<td>13.87, LaQue Moen-Davis, Omaha North, 2011</td>
<td>13.03, Vashti Thomas, San Jose Mt. Pleasant, CA, 2007</td>
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<td>400-METER RELAY</td>
<td>46.84, Omaha North, 2010</td>
<td>44.50, Long Beach Poly, CA, 2004</td>
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<td>1,600-METER RELAY</td>
<td>3:52.94, Millard South, 2012</td>
<td>3:35.49, Long Beach Poly, CA, 2004</td>
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<td>LONG JUMP</td>
<td>20-2 3/4, LaQue Moen-Davis, Omaha North, 2010</td>
<td>22-1 3/4, Kathy McMillan, Raeford Hoke County, NC, 1976</td>
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<td>HIGH JUMP</td>
<td>5-11, Meredy Porter, Bellevue West, 1987</td>
<td>6-4, Toni Young, Del City, OK, 2009</td>
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<tr>
<td>SHOT PUT</td>
<td>52-9 1/4, Becky Beachler, Fremont, 1997</td>
<td>54-10 3/4, Michelle Carter, Red Oak, TX, 2003</td>
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<td>DISCUS</td>
<td>185-4, Melanie Uher, Wilber-Clatonia, 2002</td>
<td>191-6, Shelbi Vaughn, Mansfield Legacy, TX, 2012</td>
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<td>TRIPLE JUMP</td>
<td>42-4, LaQue Moen-Davis, Omaha North, 2010</td>
<td>44-2 1/4, Ychlindria Spears, Luling, TX, 2001</td>
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</table>

**RECORDS EXPLANATION** - The Nebraska State Records are performances achieved any time during the track season which meet the records specifications of the Nebraska School Activities Association and are approved by the NSAA. State and State Meet Records for each class are listed in the program along with this year’s entries.
## CLASS A

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1919 Lincoln High
1918 Lincoln High
1917 Gothenburg
1916 Omaha Central
1915 Omaha Central
1914 Omaha Central
1913 Kearney Military Academy
1912 Omaha Central
1911 Omaha Central
1910 Omaha Central
1909 Omaha Central
1908 Fairbury
1907 Fairbury
1906 York
1905 York
1904 York
1903 Fairbury
1902 Lincoln High
1901 Lincoln High
1900 Lincoln High

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CLASS A
2012 Millard West
2011 Omaha North
2010 Omaha North
2009 Lincoln Southwest
2008 Millard North
2007 Grand Island
2006 Millard North
2005 Millard North
2004 Omaha Burke
2003 Lincoln Southeast
2002 Lincoln Southeast
2001 Lincoln Southeast, Bellevue West (tie)
2000 Lincoln Southeast
1999 Papillion-La Vista
1998 Papillion-La Vista
1997 Papillion-La Vista
1996 Kearney
1995 Kearney
1994 Millard South
1993 Bellevue East
1992 Bellevue East
1991 Bellevue East
1990 Omaha Central
1989 Omaha Central
1988 Omaha Central
1987 Omaha Central
1986 Omaha Central
1985 Lincoln Southeast
1984 Omaha Central
1983 Omaha Central
1982 Lincoln High
1981 Omaha Central
1980 Omaha Central
1979 Omaha Central
1978 Scottsbluff
1977 Scottsbluff
1976 Scottsbluff
1975 Grand Island
1974 Omaha Central
1973 Grand Island
1972 Kearney
1971 North Platte

CLASS B
2012 Lexington
2011 Fillmore Central
2010 Northwest
2009 Columbus Scotus
2008 Bishop Neumann
2007 Scottsbluff
2006 Pierce
2005 Lexington
2004 Lexington
2003 Lexington
2002 Central City
2001 Elkhorn
2000 Elkhorn
1999 Elkhorn
1998 Elkhorn
1997 Boys Town
1996 Beatrice
1995 Tri County
1994 Tri County
1993 York
1992 Beatrice
1991 Central City
1990 York
1989 Fairbury
1988 McCook
1987 McCook
1986 McCook
1985 Syracuse
1984 Chadron
1983 Gothenburg
1982 Lincoln Pius X
1981 McCook
1980 Albion
1979 Gering
1978 Norris
1977 Norris
1976 Aurora
1975 Omaha Cathedral
1974 Bridgeport
1973 Lexington
1972 Lexington
1971 Blair

CLASS C
2012 Fillmore Central
2011 Shelton
2010 Laurel-Concord
2009 Laurel-Concord
2008 Laurel-Concord
2007 Crofton
2006 Crofton
2005 Crofton
2004 Crofton
2003 Morrill, Sutherland (tie)
2002 Gibbon
2001 Lincoln Lutheran
2000 Lincoln Lutheran
1999 Kearney Catholic
1998 Sandy Creek
1997 Sandy Creek
1996 Tri County
1995 Geneva
1994 Battle Creek
1993 Eustis-Farnam
1992 Battle Creek
1991 Lincoln Christian
1990 Lincoln Christian
1989 Lincoln Christian
1988 Bishop Neumann
1987 Bishop Neumann
1986 Howells
1985 Howells
1984 Geneva
1983 Geneva
1982 Aquinas
1981 Aquinas
1980 Hastings St. Cecilia
1979 Aquinas
1978 Ansley
1977 Hastings St. Cecilia
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1975 Hastings St. Cecilia
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1972 Hastings St. Cecilia
1971 Hastings St. Cecilia

CLASS D
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2009 Lindsay Holy Family
2008 Humphrey St. Francis
2007 Newcastle
2006 Humphrey St. Francis
2005 Pawnee City
2004 Silver Lake
2003 Silver Lake
2002 Elm Creek
2001 Falls City Sacred Heart
2000 Falls City Sacred Heart
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1998 Falls City Sacred Heart
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1996 Dodge
1995 Dodge
1994 Eustis-Farnam
1993 Clarks
1992 Winside
1991 Eustis-Farnam
1990 Wilcox
1989 Wilcox
1988 Polk-Hordville
1987 Leigh
1986 Roseland
1985 Hayes Center
1984 Hayes Center
1983 Wheeler Central
1982 Wheeler Central
1981 Wheeler Central
1980 Harrisburg
1979 Harrisburg
1978 Harrisburg
1977 Litchfield, Hordville (tie)
1976 Homer
1975 Callaway
1974 Elwood
1973 Elwood
1972 Dix
1971 Thedford
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