

NSAA STATE CROSSCOUNTRY CHAMPIONSHIPS

OCTOBER 25, 2013 • KEARNEY
2013-2014 NSAA OFFICIAL CHAMPIONSHIP PROGRAM



"NSAA...the other half of education."



As Governor of the State of Nebraska, it is my pleasure to welcome you to this state event. Thank you for your support of our high school activities and the Nebraska School Activities Association (NSAA).

The NSAA does a great job of helping Nebraska students take advantage of the many activities available while developing an appreciation for teamwork, fostering school spirit and demonstrating sportsmanship of fans and players.

I care deeply about the education our students receive in Nebraska and I'm delighted that so many schools encourage the learning that takes place from being involved with school activities. Students who participate in school activities develop important leadership and life skills.

-Dave Heineman
Governor of Nebraska



CHEER FOR YOUR TEAM!

*"If Character is what you do when no one is watching,
Sportsmanship is the conduct with everybody watching!"*

-Lou Holtz

NSAA activities support the Academic Mission of the Nebraska membership and communities! They are not a diversion but rather the extension of celebrating the positive attributes that come from participation. "Cheer for Your Team" is the sportsmanship message from the NSAA. Respect and appreciation for the commitment of our student-participants, officials, judges, fans and all the many workers and volunteers will create an environment of success. Make this a positive experience by "Cheering for Your Team!"

-Rhonda Blanford-Green
Executive Director-NSAA



"NSAA...the other half of education."

NSAA STATE CROSSCOUNTRY CHAMPIONSHIPS

OCTOBER 25, 2013



WELCOME

The Nebraska School Activities Association and the University of Nebraska-Kearney welcomes you to the NSAA State Cross Country Championships.

GATES OPEN/ADMISSION

10:30 a.m. – Spectators and teams may enter the Country Club grounds from the south entrance.

Admission--\$7.00 for adults and \$5.00 for students

RACING SCHEDULE

The following times are approximate.

Girls Class C—12:00 Noon

Girls Class D—2:00 pm

Girls Class A—12:30 pm

Girls Class B—2:30 pm

Boys Class C—1:00 pm

Boys Class D—3:00 pm

Boys Class A—1:30 pm

Boys Class B—3:30 pm

CHAMPIONSHIP DIRECTOR

Jon Dolliver, NSAA Assistant Director

ASSISTANT DIRECTORS

Brady Bonsall, University of Nebraska-Kearney

Ross Fellows, University of Nebraska-Kearney

Nate Neuhaus, NSAA Assistant Director

NSAA EXECUTIVE DIRECTOR

Rhonda Blanford-Green

UNK COORDINATOR

Rich Brodersen

HOSTS

University of Nebraska-Kearney

Kearney Sports and Recreation Committee

STARTER

Don Bartholomew

ASSISTANT STARTER

Mitch Mollring

REFEREE

Charlie Gordon

UMPIRES

Dan Jones

Kevin Simmerman

Roger Neujahr

Lonny Polacek

Mike Rasmussen

CLERKS

Brock Steinbrink

Scott Haug

HEAD FINISH DIRECTOR

Brady Bonsall

ASSISTANT FINISH DIRECTOR

Ross Fellows

CHIP PICKUP/RETURN

Laura Sonnek

ASSISTANT TIMERS

Delmar Jones

Mark Armstrong

John Lakey

FINISH LINE COORDINATOR

Jennifer Schwartz, NSAA Assistant Director

FINISH JUDGES

Dennis Long

Kevin Madsen

RESULTS

Alan Higley, Timing Coordinator-MTEC

Jeff Stauss, NSAA Technology Administrator



MEDIA INFORMATION

Sarah Sasse-Kildow, NSAA Assistant Director
Peter Yazvac, UNK Sports Information

AWARDS

Debra Velder, NSAA Associate Director
NSAA Board of Directors

CORRAL HELP/MARSHALLS

UNK Track and Field/Cross Country Athletes

CROWD

Kearney Sports & Recreation Committee

TICKET SELLERS/TAKERS

Kearney Sports & Recreation Committee, Dick Beechner

TRAINERS

Bill Murphy
Roy Stutz
Good Samaritan Hospital

PARKING

Kearney Sports & Recreation Committee
UNK Police
UNK Wrestling Team

HOSPITALITY

Kearney Chamber of Commerce
Kearney Sports & Recreation Committee

PUBLIC ADDRESS ANNOUNCER

Brandon Benitz

T-SHIRT SALES

Custom Sports

TEAM SCORING

Class A teams can run seven individuals and count the best five for the team standings, Classes B, C and D run six athletes and count the best four for the team standings.

RESULTS

Unofficial results will be announced and posted on the course. After the unofficial results have been posted for a designated time, the team and individual award presentations will occur by class in the Health & Sports Center. Results will be posted on the NSAA internet home page at <http://www.nsaahome.org> in the cross country section.



AWARDS

The awards ceremony will be in the UNK Health & Sports Center. Medals will be presented to the top 15 runners in each race. Team trophies and medals will be presented to the top two teams in each race. The awards ceremony will begin at the Sports Center at approximately 2:30 p.m. for Classes C and A and follow with D and B, at approximately 4:00 p.m. Results will be posted on the NSAA internet home page at <https://www.nsaahome.org> in the cross country section.

SPECTATORS

We ask that all spectators stay behind the ropes where requested and do not walk on any of the golf putting surfaces. The map of the course, located in the program, will help you keep track of the runners as they make their way around the course.

SHUTTLES

Spectator Shuttles will be operating during the course of the day, transporting spectators from the parking areas to the cross country course and to the UNK Health and Sports Center.

Cover photos courtesy of Callam Photography.

COURSEMAP



DO THE RIGHT THING...
SPORTSMANSHIP

COOPERATION ■ ENCOURAGE ■ ACKNOWLEDGE ■ RESPECT







Sportsmanship Theme Designed By Papillion-La Vista South High School

DISTRICT CHAMPIONS

BOYS TEAMS QUALIFIED

* District Team Champion

Class A

Creighton Preparatory School*
Fremont*
Grand Island
Kearney
Lincoln Southeast
Lincoln Southwest
Millard South
Millard West
North Platte
Omaha Burke*
Omaha South
Omaha Westside*

Class B

Blair
Elkhorn
Elkhorn South
Gering
Lexington
Lincoln Pius X*
Mount Michael Benedictine*
Omaha Gross Catholic*
Omaha Skutt Catholic
Scottsbluff*
Seward
Waverly

Class C

Bishop Neumann
Boone Central/Newman Grove
Boys Town
Columbus Scotus*
Cozad*
Fort Calhoun*
Kearney Catholic
Milford*
Mitchell
O'Neill
Raymond Central
Syracuse

Class D

Ainsworth*
Aquinas Catholic
Bertrand/Loomis
Chase County*
Crofton*
Dundy County Stratton
Johnson County Central
Kenesaw*
Laurel-Concord/Coleridge
McCool Junction
Nebraska Christian*
North Platte St. Patrick's
Ord
Ravenna
Stanton
Thayer Central
West Holt
Yutan*

GIRLS TEAMS QUALIFIED

* District Team Champion

Class A

Bellevue West
Kearney*
Lincoln East
Lincoln Northeast
Lincoln Southeast
Lincoln Southwest*
Millard South
Norfolk
Omaha Burke*
Omaha Marian
Papillion-La Vista
Papillion-La Vista South*

Class B

Columbus
Elkhorn
Elkhorn South
Gering*
Lexington
Lincoln Pius X*
Omaha Duchesne Academy*
Omaha Skutt Catholic
Plattsmouth*
Scottsbluff
Seward
York

Class C

Adams Central
Boone Central/Newman Grove
Chadron
Columbus Scotus*
Cozad*
Fairbury*
Gothenburg
Norfolk Catholic
Platteview
Syracuse
Wahoo
Wayne*

Class D

Bertrand/Loomis*
Crofton*
Dundy County Stratton*
East Butler
Eustis-Farnam/Medicine Valley
Gordon-Rushville
Hastings St. Cecilia
Malcolm*
Neligh-Oakdale
Oakland-Craig
Ord*
Perkins County
Ravenna
Stanton
Thayer Central*
Weeping Water
West Holt
Wilber-Clatonia

DISTRICT INDIVIDUAL CHAMPIONS BOYS

Class A

A-1, Colin Appel, Grand Island
A-2, Wyatt McGuire, North Platte
A-3, Seth Hirsch, Millard West
A-4, John Nownes, Creighton Preparatory School

Class B

B-1, Nicholas Larsen, Omaha Gross Catholic
B-2, Austin Yardley, Elkhorn
B-3, Matthew Schilmoeller, Lincoln Pius X
B-4, Matthew Barraza, Scottsbluff

Class C

C-1, Kohlton Gabehart, Milford
C-2, Eduardo Lopez, Columbus Scotus
C-3, Kaleb Lusche, Columbus Lakeview
C-4, Andres Pelayo, Cozad

Class D

D-1, Daniel Greblunas, Yutan
D-2, Hans Epp, Nebraska Christian
D-3, Cameron Moes, Osmond
D-4, Andrew Fields, Ord
D-5, Lane Tibbs, Kenesaw
D-6, Holden Dreiling, Chase County

DISTRICT INDIVIDUAL CHAMPIONS GIRLS

Class A

A-1, Megan Sughroue, Kearney
A-2, Elsa Forsberg, Lincoln Southeast
A-3, Jeralyn Poe, Lincoln North Star
A-4, Anna Hurlbut, Lincoln Southwest

Class B

B-1, Lauren Mitteis, Plattsmouth
B-2, Molly Dibben, Blair
B-3, Erin Lee, York
B-4, Taylor Muncie, Scottsbluff

Class C

C-1, Collette Williams, Lincoln Christian
C-2, Megan Gillen, Platteview
C-3, Marta Pulfer, Wayne
C-4, Gabriella Gracia, Holdrege

Class D

D-1, Sarah Pogue, Yutan
D-2, Madison Quist, Doniphan-Trumbull
D-3, Braska Patterson, Stanton
D-4, Katherine Lansman, Ord
D-5, Kelsey Randall, Franklin
D-6, Jessi Smith, Bayard



TEAM KEARNEY

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RETURNING MEDALWINNERS

CLASS A BOYS

Austin Post, Millard West (12), 6/A/12, 11/A/11
Wyatt McGuire, North Platte (12), 3/A/12, 12/A/11, 12/A/10
Arturo Garcia, Fremont (12), 13/A/11
Jack Polerecky, Creighton Preparatory School (12), 7/A/12
Colin Appel, Grand Island (12), 12/A/12
Benjamin Wellwood, Millard South (12), 13/A/12

CLASS A GIRLS

Jarelyn Poe, Lincoln North Star (11), 1/A/12, 1/A/11
Alexis Altmaier, Lincoln East (11), 4/A/12, 4/A/11
Megan Sughroue, Kearney (11), 5/A/12, 8/A/11
Katie Spencer, Millard South (11), 12/A/11
Delaney McFadden, Kearney (12), 13/A/11
Anna Hurlbut, Lincoln Southwest (12), 9/A/12, 15/A/11
Elizabeth Naber, Papillion-La Vista South (12), 14/A/12, 9/A/10
Alana Sesow, Lincoln East (10), 6/A/12
Morgan Applegarth, Lincoln East (11), 7/A/12
Courtney Pickering, Papillion-La Vista (10), 8/A/12

CLASS B BOYS

Anthony Parra, Scottsbluff (12), 3/B/12, 3/B/11
Matthew Barraza, Scottsbluff (11), 1/B/12, 4/B/11
Nicholas Larsen, Omaha Gross Catholic (12), 4/B/12, 8/B/11
Ashraf Gandul Gandul, Elkhorn South (12), 7/B/12, 10/B/11, 7/B/10
Thomas Kalil, Mt. Michael Benedictine (12), 2/B/12
Jarrett Crnkovich, Mt. Michael Benedictine (12), 9/B/12
Austin Yardley, Elkhorn (10), 10/B/12
Brendan Taedter, Scottsbluff (12), 11/B/12
Justin Gross, Seward (12), 13/B/12

CLASS B GIRLS

Ellie Beiermann, Lincoln Pius X (10), 3/A/12
Willa Koenig, Lincoln Pius X (10), 12/A/12
Odaliz Santoyo-Garcia, Lexington (12), 1/B/11
Molly Sughroue, McCook (12), 2/B/12, 5/B/11
Hannah Ramsyard, Omaha Roncalli/Brownell-Talbot (12), 6/B/11
Shelbi Sloup, Seward (12), 11/B/12, 11/B/11, 15/B/10
Courtney Hottovy, Omaha Duchesne Academy (11), 13/B/11
Hayley Wagner, Plattsmouth (11), 15/B/12, 14/B/11
Molly Dibben, Blair (12), 11/B/10
Erin Lee, York (10), 1/B/12
Lauren Mitteis, Plattsmouth (10), 6/B/12
Megan Billington, Northwest (11), 7/B/12
Taylor Muncie, Scottsbluff (11), 8/B/12
Lauren Wilcox, Seward (12), 10/B/12
Abbey Lenz, Omaha Skutt Catholic (10), 12/B/12

CLASS C BOYS

Ben Everswick, Fort Calhoun (12), 11/C/12, 15/C/11
Alex Tietz, Fort Calhoun (11), 5/C/12
Coleman Orchard, Syracuse (12), 6/C/12
Andres Pelayo, Cozad (12), 9/C/12
Trevor Jacobsen, Minden (12), 10/C/12
Kohlton Gabehart, Milford (12), 13/C/12
Tate Harvey, Mitchell (12), 15/C/12

CLASS C GIRLS

Gabriella Gracia, Holdrege (12), 1/C/12, 4/B/11, 4/B/10
Ronnie Brust, Wahoo (12), 12/C/12, 8/C/11
Kelsey Crymble, Ogallala (11), 8/C/12, 9/C/11
Samantha Carlson, Cozad (12), 15/C/11
Jacquelyn Dam, Arlington (12), 3/C/12, 5/D/10
Hannah Schmitz, Boone Central/Newman Grove (10), 4/C/12
Cassie Heier, Wayne (11), 10/C/12
Joelle Heng, Norfolk Catholic (11), 11/C/12
Jessica Schaecher, Columbus Scotus (11), 13/C/12

CLASS D BOYS

Andrew Fields, Ord (12), 6/D/12, 5/D/11, 7/D/10
Hans Epp, Nebraska Christian (12), 3/D/12, 7/D/11, 12/D/10
Warren Dexter, Nebraska Christian (11), 4/D/12
Daniel Greblunas, Yutan (12), 8/D/12
Zachary Welch, Ainsworth (11), 9/D/12
Lane Tibbs, Kenesaw (12), 12/D/12
John Walnofer, CWC (11), 14/D/12
Drew Eskins, Crofton (12), 15/D/12

CLASS D GIRLS

Sheridan Wellnitz, Gordon-Rushville (11), 5/C/12, 4/C/11
Mariah Bolte, Malcolm (11), 10/D/11
Anna O'Malley, North Platte St. Patrick's (11), 12/D/11
Kendy Kube, Crofton (11), 7/D/12, 15/D/11
Sarah Pogue, Yutan (12), 9/D/12, 13/D/10
Logan Clark, Ainsworth (10), 4/D/12
Katherine Lansman, Ord (11), 5/D/12
Braska Patterson, Stanton (11), 6/D/12
Kelsey Randall, Franklin (12), 8/D/12
Breana Gallup, Bloomfield (12), 10/D/12
Emily Locke, Malcolm (11), 11/D/12
Quinn Wragge, Crofton (11), 13/D/12

BOX ASSIGNMENTS



Box	Class C Girls	Class A Girls	Class D Girls	Class B Girl
1			Neligh-Oakdale	
2			Ord	
3	Norfolk Catholic	Omaha Burke	Dundy County Stratton	Individuals
4	Individuals	Papillion-La Vista	Individuals	Elkhorn South
5	Chadron	Individuals	Stanton	Lexington
6	Columbus Scotus	Papillion-La Vista South	Gordon-Rushville	Individuals
7	Syracuse	Norfolk	Weeping Water	Individuals
8	Wayne	Lincoln Southeast	Individuals	Omaha Duchesne Academy
9	Fairbury	Lincoln Northeast	Ravenna	Lincoln Pius X
10	Individuals	Millard South	Individuals	Seward
11	Adams Central	Individuals	West Holt	Plattsmouth
12	Cozad	Lincoln East	Wilber-Clatonia	Gering
13	Individuals	Omaha Marian	Crofton	Elkhorn
14	Gothenburg	Bellevue West	Eustis-Farnam/Medicine Valley	York
15	Wahoo	Individuals	Oakland-Craig	Columbus
16	Platteview	Lincoln Southwest	Malcolm	Scottsbluff
17	Individuals	Kearney	Perkins County	Omaha Skutt Catholic
18	Boone Central/Newman Grove		Thayer Central	
19			Bertrand/Loomis	
20			East Butler	
21			Hastings St. Cecilia	
22			Individuals	
23			Individuals	

Individual Box Assignments Box number is listed first, and then school is listed by left-to-right position within the box.

Class C Girls

Box #4 Arlington (1) Auburn (2) Bishop Neumann (1) Columbus Lakeview (1) Hartington (1)
 Box #17 Falls City (2) Fort Calhoun (2) Holdrege (2)
 Box #10 Kearney Catholic (1) Lincoln Christian (1) Milford (1) Minden (1) Mitchell (2)
 Box #13 Ogallala (1) O'Neill (1) Raymond Central (1) St. Paul (1) Valentine (1)

Class A Girls

Box #15 Fremont (1) Lincoln High (3) Millard North (2)
 Box #5 Millard West (3) Omaha Central (3)
 Box #11 Lincoln North Star (1) North Platte (1) Omaha Northwest (1) Omaha South (1)
 Omaha Westside (1) South Sioux City (1)

Class D Girls

Box #8 Ainsworth (1) Anselmo-Merna (1) Aquinas Catholic (1) Banner County (1) Battle Creek (1) Bayard (1) Bloomfield (1)
 Box #22 Bridgeport (1) Cody-Kilgore (1) Crawford (1) CWC (1) Doniphan-Trumbull (1) Fillmore Central (1) Garden County (1)
 Box #4 Franklin (2) Gibbon (2) Grand Island Central Catholic (2) Kimball (1)
 Box #10 Laurel-Concord/Coleridge (1) Louisville (1) Maywood (1) Nebraska Christian (1) North Bend Central (1) North Loup-Scotia (1) North Platte St. Patrick's (1)
 Box #23 Randolph (1) Sandhills/Thedford (1) SMC (1) Superior (1) Wood River (2) Yutan (1)

Class B Girls

Box #6 Aurora (1) Bennington (2) Blair (1) Crete (1) Gretna (1)
 Box #3 Hastings (1) McCook (1) Norris (1) Omaha Mercy (2)
 Box #7 Northwest (1) Omaha Roncalli Catholic/Omaha Brownell-Talbot (1) Ralston (1) Sidney (2)

Box	Class C Boys	Class A Boys	Class D Boys	Class B Boys
1			Aquinas Catholic	
2			Individuals	
3	Bishop Neumann	Grand Island	Kenesaw	Lincoln Pius X
4	Raymond Central	Individuals	North Platte St. Patrick's	Scottsbluff
5	Syracuse	Omaha Westside	Individuals	Lexington
6	O'Neill	Individuals	Stanton	Waverly
7	Individuals	Fremont	Thayer Central	Elkhorn South
8	Fort Calhoun	Creighton Prep	Dundy County Stratton	Individuals
9	Boys Town	Millard West	Johnson County Central	Gering
10	Individuals	Omaha South	Chase County	Blair
11	Kearney Catholic	North Platte	Yutan	Seward
12	Boone Central/Newman Grove	Individuals	McCool Junction	Omaha Skutt Catholic
13	Milford	Millard South	Individuals	Mount Michael Benedictine
14	Mitchell	Lincoln Southwest	Bertrand/Loomis	Individuals
15	Individuals	Lincoln Southeast	Individuals	Omaha Gross Catholic
16	Columbus Scotus	Omaha Burke	West Holt	Elkhorn
17	Cozad	Kearney	Ord	Individuals
18	Individuals		Individuals	
19	Individuals		Crofton	
20			Nebraska Christian	
21			Laurel-Concord/Coleridge	
22			Ainsworth	
23			Ravenna	
24			Individuals	

Individual Box Assignments Box number is listed first, and then school is listed by left-to-right position within the box.

Class C Boys

Box #15 Adams Central (1) Arlington (1) Auburn (1) Blue Hill/Red Cloud (1) Broken Bow (1)
 Box #18 Chadron (2) Columbus Lakeview (1) Douglas County West (1) Fairbury (1)
 Box #7 Gothenburg (1) Hartington (1) Lincoln Lutheran (2) Madison (1)
 Box #10 Minden (1) Norfolk Catholic (2) Ogallala (1) Pierce (1)
 Box #19 Omaha Concordia (3) Platteview (1) Wahoo (1) Wayne (1)

Class A Boys

Box #4 Bellevue West (1) Lincoln East (2) Lincoln High (1) Lincoln North Star (1) Lincoln Northeast (2)
 Box #6 Millard North (2) Norfolk (2) Omaha Central (2)
 Box #12 Omaha North (1) Omaha Northwest (1) Papillion-La Vista (1) Papillion-La Vista South (2) South Sioux City (1)

Class D Boys

Box #5 Amherst (1) Anselmo-Merna (1) Archbishop Bergan (1) Cambridge (1) Cody-Kilgore (1) Elmwood-Murdock (1) Fillmore Central (1)
 Box #13 Bloomfield (2) Centennial (2) CWC (2) Hemingford (1)
 Box #18 Doniphan-Trumbull (2) Eustis-Farnam/Medicine Valley (2) Grand Island Central Catholic (2) Kimball (1)
 Box #2 Hastings St. Cecilia (2) Logan View (1) Louisville (1) Malcolm (1) Maxwell (1) Maywood (1)
 Box #15 Neligh-Oakdale (1) North Central (2) North Loup-Scotia (1)
 Omaha Christian Academy (1) Osmond (1) Pawnee City (1)
 Box #24 Paxton (1) Pender (1) Sutherland (1) Weeping Water (1) Winnebago (1) Wisner-Pilger (2)

Class B Boys

Box #8 Aurora (1) Beatrice (1) Columbus (2) Crete (1) Gretna (1)
 Box #17 Hastings (1) Norris (1) Northwest (1) Plattsmouth (3)
 Box #14 Ralston (1) Schuyler (2) Sidney (2) York (1)



DOANE TIGERS

- Nationally ranked for cross country and in academics
- Tiger women's cross country team posted the 5th best grade point average in 2012-13 for all NAIA sports
- Both teams earned NAIA Scholar-Team honors in 2012-13
- Several Tigers have earned All-Conference & Runner-of-the-Week honors

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CLASS A QUALIFIERS

BOYS CLASS A

Bellevue West

Coach: Craig Christians
1 Justin Liedke (10)

Creighton Preparatory School

Coach: Bob Tillman SJ
2 Thomas Doran (11)
3 Blake Kanger (12)
4 Jacob Kenny (12)
5 John Lukowski (10)
6 Lucas Manganaro (12)
7 Jack Polerecky (12)
8 John Nownes (11)

Fremont

Coach: Sean McMahon
9 Tanner Cate (12)
10 Arturo Garcia (12)
11 Ty Hansen (11)
12 Jacob Klein (12)
13 Zachary Smrcina (11)
14 Jacob Wiese (12)
15 Landon Wolfe (10)

Grand Island

Coach: Jess McDowell
16 Colin Appel (12)
17 Machoul Chuol Chol (12)
18 Mai Chuol (11)
19 Efrain Garcia Sanchez (11)
20 David Meyer (10)
21 Jesus Monter Lopez (12)
22 Brandon Trotter (10)

Kearney

Coach: Broc Howard
23 Bailey Block (12)
24 Trysten Compton (12)
25 Miguel Gomez (10)
26 Connor Krier (12)
27 Keaton Lewis (12)
28 Cannon Marchand (11)
29 John Poththoff (12)

Lincoln East

Coach: Kirk Skiles
30 Ryan Bates (11)
31 Muoch Keak (12)

Lincoln High

Coach: Jon Dawson
32 Francis Cuddy (11)

Lincoln North Star

Coach: Matt Musiel
33 Moujtaba Mohammed (12)

Lincoln Northeast

Coach: John Snoozy
34 Nathan Benson (10)
35 Wyatt Mcleod (10)

Lincoln Southeast

Coach: Dave Nebel
36 Tyler Cox (11)
37 John Ebers (11)
38 Asante' Hairl-Mclaughlin (10)
39 Evan Johnson (9)
40 Paul Sutter (12)
41 Austin Whitmire (12)
42 Ethan Whitmire (10)

Lincoln Southwest

Coach: Ryan Salem
43 Noah Burke (12)
44 Anthony Patton (11)
45 Tyler Schuster (12)
46 Trey Seibel (11)
47 Reid Shubert (12)
48 Seth Vanderriend (12)
49 Linden Weitz (11)

Millard North

Coach: Larissa Knudson
50 Benjamin Janeczek (12)
51 Jacob White (12)

Millard South

Coach: Dustin Llewellyn
52 Edgar Hernandez (10)
53 Terance Johnson (12)
54 Reno Law (11)
55 Waylon Matson (12)
56 Daniel Shriver (12)
57 Benjamin Wellwood (12)
58 Nathan Wendt (11)

Millard West

Coach: Max Kurz
59 Michael Davis (11)
60 Ryan Emmel (10)
61 Sam Harter (9)
62 Seth Hirsch (9)
63 Joshua Klein (10)
64 Jonah Newton (12)
65 Austin Post (12)

Norfolk

Coach: Aaron Bradley
66 Andrew Meuret (10)
67 Austin Warren (12)

North Platte

Coach: Dennis Fornander
68 Christian Bradley (11)
69 Brandon Edwards (12)
70 Benjamin Engleman (10)
71 Philip Hammer (12)
72 Tanner Haws (10)
73 Wyatt McGuire (12)
74 Gilbert Seck (12)

Omaha Burke

Coach: Mike Mingo
75 Kallo Arno (9)
76 Kayden Bridgman (11)
77 John Cleary (10)
78 Grant Fredrickson (11)
79 Ibrahim Ibrahim (11)
80 Adam Manhart (11)
81 Andrew Vasquez (10)

Omaha Central

Coach: Elliott Evans
82 Chase Davis (11)
83 Daniel Ewart (12)

Omaha North

Coach: Steve Steinbruck
84 Zachary Lundberg (10)

Omaha Northwest

Coach: Paul Wilson
85 Gabriel Clauss (12)

Omaha South

Coach: John Tripp
86 Jorge Adame (12)
87 Issa Adan (12)
88 Jose Flores (10)
89 Ali Ibrahim (11)
90 Angel Jacinto (11)
91 Gerardo Perez-Partida (11)
92 Andrew Riesenber (12)

Omaha Westside

Coach: Derek Fey
93 Milo Greder (9)
94 Max Knight (12)
95 Jacob Phillips (10)
96 Alec Reilly (10)
97 Dylan Sorrell (12)
98 Jordan Wheeler (12)
99 Stuart Willett (12)

Papillion-La Vista

Coach: Joe Pilakowski
100 Cory Plugge (12)

Papillion-La Vista South

Coach: Shannon Stenger
101 Joseph Fox (11)
102 William Jones (12)

South Sioux City

Coach: Sean Fitzsimmons
103 Ferhan Barento (11)

GIRLS CLASS A

Bellevue West

Coach: Craig Christians
1 Claudia Cortes (12)
2 Aaliyah Estell Leacock (12)
3 Bryn Estlund (10)
4 Mackenzie Gray (11)
5 Madeline Hall (11)
6 Regan Hefner (10)
7 Paige Nelson (11)

Fremont

Coach: Bryce Lambley
8 Erin Krohn (12)

Kearney

Coach: Pat McFadden
9 Jade Cook (12)
10 Faith Kowalski (9)
11 Lacie Lindner (11)
12 Delaney McFadden (12)
13 Rita Schnacker (9)
14 Hannah Sickler (10)
15 Megan Sughroue (11)

Lincoln East

Coach: Kirk Skiles
16 Alexis Altmaier (11)
17 Morgan Applegarth (11)
18 Rachel Dweikat (10)
19 Sierra Nelson (11)
20 Alana Sesow (10)
21 Bailee Sobotka (11)
22 Andrea Wagner (12)

Lincoln High

Coach: Jon Dawson
23 Hana McMahon-Cole (12)
24 Cody Selva (9)
25 Rebecca Vanneman (11)

Lincoln North Star

Coach: Matt Musiel
26 Jeralyn Poe (11)

Lincoln Northeast

Coach: John Snoozy
27 Amelia Baker (10)
28 Brittney Donner (11)
29 Kayla Huyck (12)
30 Amber Rouse (11)
31 Kendra Schoening (12)
32 Jocelyn Towers (10)
33 Mckensi Webel (9)

Lincoln Southeast

Coach: Dave Nebel
34 Brook Benes (12)
35 Brianna Dierks (12)
36 Elsa Forsberg (10)
37 Emily Graul (10)
38 Abigail Johnson (9)
39 Greta Petersen (12)
40 Christine Shuster (12)

Lincoln Southwest

Coach: Ryan Salem
41 Taylor Augustyn (9)
42 Emily Berzonsky (11)
43 Abigail Burke (11)
44 Marissa Czapl (10)
45 Anna Hurlbut (12)
46 Chloe Ubben (9)
47 Hannah Wolkenhauer (11)

Millard North

Coach: Larissa Knudson
48 Hannah Janeczek (9)
49 Kayla Ney (10)

Millard South

Coach: Dustin Llewellyn
50 Madison Asche (9)
51 Lindsey Baker (11)
52 Emily Bedford (10)
53 Kathryn Botkin (9)
54 Taylor Somers (9)
55 Katie Spencer (11)

Millard West

Coach: Max Kurz
56 Kaitlynn Johnson (9)
57 Carrie Olson (11)
58 Stefanie Vanderbeek (9)

Norfolk

Coach: Lisa Langenberg
59 Madison Clausen (10)
60 Alison Finn (12)
61 Aurora Gates (10)
62 Breanna Harthoorn (10)
63 Erika Kumm (10)
64 Abby Protzman (11)
65 Madison Reynoldson (9)

North Platte

Coach: Dennis Fornander
66 Talia Martinez (10)

Omaha Burke

Coach: Danny Gray
67 Angelika Bull (10)
68 Lauren Houston (11)
69 Mariah Laher (9)
70 Samantha Smith (10)
71 Ibanna Uribe (10)
72 Taylor Valentine (10)
73 Andrea Ziska (9)

Omaha Central

Coach: Trent Lodge
74 Madison Craig (9)
75 Brianni Jones (9)
76 Hawa Shatta (9)

Omaha Marian

Coach: Roger Wright
77 Simone Duryea (12)
78 Ann Gensichen (12)
79 Rose Gensichen (12)
80 Jenna Gouger (12)
81 Julia Griffin (10)
82 Isabella Herrera (10)
83 Sofia Hingorani (10)

Omaha Northwest

Coach: Paul Wilson
84 Zoeie Bacon (10)

Omaha South

Coach: John Tripp
85 Abril Orozco (11)

Omaha Westside

Coach: Theresa Gosnell
86 Catherine Thull (12)

Papillion-La Vista

Coach: Jodi Vieyra
87 Zoe Brink (9)
88 Hannah Cahill (9)
89 Taylor Delaney (12)
90 Haylee Downey (9)
91 Brena Groeper (9)
92 Emma Neil (12)
93 Courtney Pickering (10)

Papillion-La Vista South

Coach: Jeremy Haselhorst
94 Shelby Connett (12)
95 Jaide Gaona (10)
96 Annastasia Milton (9)
97 Elizabeth Naber (12)
98 Amber Stinson (11)
99 Hannah Storm (9)
100 Dylan Zinszer (12)

South Sioux City

Coach: Joe Krajicek
101 Haley Fritz (10)

BOYS CLASS B

Aurora

Coach: Ron Haden/Tony Sigler
1 Ethan Bergmann (10)

Beatrice

Coach: Jeff Junker
2 Jace Pinkerton (12)

Blair

Coach: Erin Field
3 Blaine Fisher (11)
4 J.C. Grossoehme (12)
5 Jacob Tierney (12)
6 Alec Wick (9)
7 Ethan Wick (12)
8 Evan Wick (9)

Columbus

Coach: Dave Licari
9 Gerardo Najera (11)
10 Morgan Penn (11)

Crete

Coach: Drew Rische
11 Casey Viger (11)

Elkhorn

Coach: Bob Wolf
12 Josiah Ferguson (12)
13 Colton Leal (11)
14 Alex Otterberg (11)
15 Michael Shavlik (12)
16 Jacob Uhing (10)
17 Austin Yardley (10)

Elkhorn South

Coach: Tim Ebers
18 Evan Asche (11)
19 Jackson Doughty (11)
20 Ashraf Gandul Gandul (12)
21 Maxwell Heng (9)
22 Jordan Scott (12)
23 Mason Smalley (10)

Gering

Coach: Rick Marez
24 Keenean Fogle (11)
25 Steven Juarez (12)
26 Arich Knaub (12)
27 Aaron Pierce (12)
28 Jacey Shaul (10)
29 Kyle Upp (11)

Gretna

Coach: Joe Marik
30 Ryan Carlson (10)

Hastings

Coach: Scott Rosno
31 Nolan Kohmetscher (10)

Lexington

Coach: Sam Jilka
32 Alam Alvarez (12)
33 Anfernee Covarrubias-Linares (12)
34 Chandler Flynn (11)
35 Horacio Gaeta (11)
36 Ricardo Gaeta (9)
37 John Mark Shields (10)

Lincoln Pius X

Coach: George O'Boyle
38 Chad Berens (12)
39 Thomas Dalton III (12)
40 Kade Kalkowski (11)
41 Matthew Schilmoeller (12)
42 Jeremy Sousek (12)
43 Riley Ward (9)

Mount Michael Benedictine

Coach: John Gathje
44 Jarrett Crnkovich (12)
45 Marcus Cronin (11)
46 Peyton Hottovy (9)
47 Thomas Kalil (12)
48 Samuel Van Haute (10)
49 Thomas Wooten (11)

Norris

Coach: Tom Allen
50 Rosten From (11)

Northwest

Coach: Vince Zavala
51 Kip Jones (10)

Omaha Gross Catholic

Coach: Rich Carey
52 Luke Blankman (9)
53 Aaron Frickel (11)
54 Beau Larsen (9)
55 Nicholas Larsen (12)
56 Thomas Larsen (11)
57 Joseph Wilwerding (11)

Omaha Skutt Catholic

Coach: Steve Schumacher
58 Elliott Amenta (12)
59 Jacob Baumert (10)
60 Scott Friend (11)
61 Andrew Heithoff (11)
62 Adam Judge (12)
63 Grant McCarty (12)

Plattsmouth

Coach: Todd Nott
64 Corhan Kress (10)
65 Michael Stewart (12)
66 Ronald Taylor (9)

Ralston

Coach: Trevor O'Reilly
67 Nattie O'Reilly (11)

Schuyler

Coach: Rick Carter
68 Cole Beebe (12)
69 Joel Carrillo (12)

Scottsbluff

Coach: Jim Barker
70 Matthew Barraza (11)
71 Shane Burkey (11)
72 Elias Hutt (11)
73 Anthony Parra (12)
74 Brendan Taedter (12)
75 Ben Willis-Teff (12)

Seward

Coach: Kurt Holliday
76 Thomas Gremel (11)
77 Justin Gross (12)
78 Evan Mettenbrink (9)
79 Brevin Sloup (10)
80 Jacob Sloup (11)
81 Nathan Sorsen (12)

Sidney

Coach: Tony Neels
82 Hayden Lienemann (11)
83 Jachob Wiedeburg (11)

Waverly

Coach: Ken Adkisson
84 John Faughn (11)
85 Philip Faughn (11)
86 Arthur Hruska (11)
87 Kaden Schopp (12)
88 Trevor Spath (11)
89 Tobyn Wattenbarger (12)

York

Coach: Eric Rasmussen
90 Caleb Magner (12)

GIRLS CLASS B

Aurora

Coach: Ron Haden/Tony Sigler
1 Jonna Bart (9)

Bennington

Coach: Joe Schumm
2 Allison Connor (10)
3 Kendra Heddens (10)

Blair

Coach: Erin Field
4 Molly Dibben (12)

Columbus

Coach: Dave Licari
5 Hannah Awtry (11)
6 Jessica Humphrey (10)
7 McKenzie Loftin (11)
8 Macy Petersen (12)
9 Bailey Smith (12)
10 Isabelle Watson (9)

Crete

Coach: Drew Rische
11 Rebecca Jerina (9)

Elkhorn

Coach: Bob Wolf
12 Jessica Childers (9)
13 Paige Hendrix (10)
14 Kylee Smallfoot (12)
15 Madisyn Uhing (10)
16 Renata Valquier-Chavez (10)
17 Abigail Wilkins (10)

Elkhorn South

Coach: Tim Ebers
18 Erin Circo (10)
19 Macie Moore (9)
20 Mackenzie Moore (11)
21 Jennae Patras (9)
22 Jordan Sieh (12)
23 Taylor Trout (11)

Gering

Coach: Caleigh Walker
24 Hadley Kirk (10)
25 Jerilyn Laws (10)
26 Rebekah Rawlings (9)
27 Kali Rimington (11)
28 Allison Witcowski (12)
29 Julia Ybarra (11)

Gretna

Coach: Joe Marik
30 Jamie Goblirsch (11)

Hastings

Coach: Scott Rosno
31 Kaitlyn Pawloski (12)

Lexington

Coach: Sam Jilka
32 Bianca Gomez (10)
33 Ana Hernandez-Cruz (11)
34 Elizabeth Macias-Villegas (9)
35 Miranda Marroquin (10)
36 Erika Martinez-Perez (12)
37 Odaliz Santoyo-Garcia (12)

Lincoln Pius X

Coach: George O'Boyle
38 Ellie Beiermann (10)
39 Ellen Budell (9)
40 Willa Koenig (10)
41 Sarah Kottwitz (12)
42 Natalie Kurtenbach (12)
43 Kylie Tucker (11)

McCook

Coach: Tom Sughrue
44 Molly Sughrue (12)

Norris

Coach: Tom Allen
45 Katelyn Trapp (11)

Northwest

Coach: Vince Zavala
46 Megan Billington (11)

Omaha Duchesne Academy

Coach: Dan Haske
47 Callister Carson (12)
48 Cayla Carson (12)
49 Jamie Cimino (11)
50 Jaclynn Hoburg (9)
51 Courtney Hottovy (11)
52 Katy Smith (9)

Omaha Mercy

Coach: Scot Rainbolt
53 Carly Adams (11)
54 Genevieve Jesse (12)

Omaha Roncalli Catholic/Omaha Brownell-Talbot

Coach: Jim McClurkin
55 Hannah Ramsgard (12)

Omaha Skutt Catholic

Coach: Steve Schumacher
56 Macy Damewood (10)
57 Michaela Gould (12)
58 Abbey Lenz (10)
59 Mikaela Lenz (11)
60 Katherine Lynch (12)
61 Abaigeal Nicholas (10)

Plattsmouth

Coach: Todd Nott
62 April Graham (10)
63 Autumn Graham (9)
64 Baylor Graham (12)
65 Lauren Mitteis (10)
66 Trinity Mott (10)
67 Hayley Wagner (11)

Ralston

Coach: Trevor O'Reilly
68 Jade Adler (10)

Scottsbluff

Coach: Jim Barker
69 Vanessa Avalos (11)
70 Claire Holsinger (10)
71 Shayleigh James (10)
72 Brenna Mitchell-Martinez (11)
73 Taylor Muncie (11)
74 Abigail Tygart (9)

Seward

Coach: Kurt Holliday
75 Alexandra George (10)
76 Angel Roth (11)
77 Kelsey Sloup (11)
78 Madison Sloup (11)
79 Shelbi Sloup (12)
80 Lauren Wilcox (12)

Sidney

Coach: Tony Neels
81 Abigail Heller (10)
82 Madisen Stafford (11)

York

Coach: Eric Rasmussen
83 Lauren Boyer (11)
84 Lauren Clark (11)
85 Erin Lee (10)
86 Josie Lee (11)
87 Rebekah Turnbull (11)
88 Hannah Way (9)

BOYS CLASS C

Adams Central

Coach: Toni Fowler
1 Nicholas Lindblad (10)

Arlington

Coach: Scott Parson
2 Luke Walkenhorst (12)

Auburn

Coach: Jeff Allgood
3 Dakota Groves (12)

Bishop Neumann

Coach: Bob Brandt
4 Joseph Benes (12)
5 Jameson Hittle (11)
6 Seth Johnson (11)
7 Jack Leedom (11)
8 Connor Sabatka (12)
9 Alex Tvrdy (11)

Blue Hill/Red Cloud

Coach: Dan Muth
10 Jace Kranau (11)

Boone Central/Newman Grove

Coach: Tom Dickey
11 Thomas Hosford (9)
12 Jackson Meyer (12)
13 Andrew Rasmussen (11)
14 Trevor Salber (12)
15 Cody Shanno (11)
16 Samuel Soto-Stopak (11)

Boys Town

Coach: Ron Stargel
17 Austin LeBron (10)
18 Pepper Marchant (9)
19 Austin Shelly (10)
20 Adam Walsh (12)
21 Tyler Weisshaar (12)
22 Kevin Yack (10)

Broken Bow

Coach: Jason Daffer
23 Evan Rose (12)

Chadron

Coach: John Girard
24 Alec Burk (12)
25 Phillip Duncan (12)

Columbus Lakeview

Coach: James Brock
26 Kaleb Lusche (10)

Columbus Scotus

Coach: Merlin Lahm
27 Justin Brockhaus (10)
28 Eduardo Lopez (11)
29 Jacob Nienaber (12)
30 Nathan Ostidiek (9)
31 Austin Svehla (10)
32 Toby Tooley (11)

Cozad

Coach: Dustin Favinger
33 Graham Applegate (11)
34 Jesus Estrada (12)
35 Garrit Geiger (12)
36 Jacob Hoffman (11)
37 Jose Monrroy (12)
38 Andres Pelayo (12)

Douglas County West

Coach: Gib Hall
39 Tristan Nelson (11)

Fairbury

Coach: Kristi Peterson
40 Jonathan Fletcher (12)

Fort Calhoun

Coach: Jim Meyer
41 Steven Determan (12)
42 Ben Everswick (12)
43 Peyton Griesert (11)
44 Sean Ramey (12)
45 Adam Robinson (12)
46 Alex Tietz (11)

Gothenburg

Coach: Steve Reeves

47 Collin Hahn (9)

Hartington

Coach: Mandy Hochstein
48 Noah Noecker (10)

Kearney Catholic

Coach: Don Liess
49 Zachary Jackson (11)
50 Jack Keating (9)
51 Collin Meusch (12)
52 Liam Murphy (11)
53 Dane Schmitt (12)
54 Grant Williams (11)

Lincoln Lutheran

Coach: Gary Bredehoff
55 Austin Peterson (11)
56 Ryan Volin (9)

Madison

Coach: Connie Herz
57 Isaías Solorio (12)

Milford

Coach: Michele Kontor
58 Sean Fredericksen (12)
59 Kohlton Gabehart (12)
60 Hunter Jensen (10)
61 Tylin Masco (10)
62 Ian Rempel (12)
63 Mitchell Tucker (12)

Minden

Coach: Shawn Wheelock
64 Trevor Jacobsen (12)

Mitchell

Coach: Mike Harriger
65 Levi Avila (12)
66 Edward Grentz (10)
67 Tate Harvey (12)
68 Cody Mueller (10)
69 Luis Panduro (12)
70 Chase Watson (10)

Norfolk Catholic

Coach: Doug Zoucha
71 Cameron Carney (9)
72 Matthew Wieser (11)

O'Neill

Coach: Cole Hilker
73 Kyle Fowler (11)
74 Joseph Gillham (12)
75 Blake Johnston (10)
76 Grant Johnston (10)
77 Shea Lueninghoener (12)
78 Blake Walters (11)

Ogallala

Coach: Shane Fruit
79 Jaco Henning (9)

Omaha Concordia

Coach: Aaron Staub
80 Nicholas Campagna (11)
81 Anthony Isaac (10)
82 Wyatt Pauley (9)

Pierce

Coach: Gary Shada
83 Myles Hoffmann (12)

Platteview

Coach: Robin Marshall
84 Christopher Smith (10)

Raymond Central

Coach: Dale Rasmussen
85 Hunter Arias (10)
86 Victor Brooks (9)
87 Logan Joe (12)
88 Ethan Mumm (9)
89 Montgomery Mumm (9)

Syracuse

Coach: Rich Ziegler
90 Tommy Lowman (12)
91 Coleman Orchard (12)
92 Cody Pester (9)
93 Keegan Pope (9)
94 Riley Porter (11)
95 Derek Weiler (11)

Wahoo

Coach: Karla Curran
96 Thomas McAtee (11)

Wayne

Coach: Rocky Ruhl
97 Ben Hoskins (11)

GIRLS CLASS C

Adams Central

Coach: Toni Fowler
1 Courtney Anderson (10)
2 Morgan Bredenkamp (10)
3 Taraesha Cole (9)
4 Brielle DeBusk (12)
5 Shianne Everhart (9)
6 Abby Shipman (12)

Arlington

Coach: Scott Parson
7 Jacquelyn Dam (12)

Auburn

Coach: Jeff Allgood
8 Melissa Davison (12)
9 Lindsey Mertes (11)

Bishop Neumann

Coach: Bob Brandt
10 Brooklyn Sensibaugh (12)

Boone Central/Newman Grove

Coach: Tom Dickey
11 Sheldon Beierman (10)
12 Kendra Gonzalez (11)
13 Hannah Schmitz (10)
14 Christina Soto-Stopak (9)
15 Taylor Starman (10)
16 Catherine Weeder (11)

Chadron

Coach: John Girard
17 Lesley Cueva Zepeda (9)
18 Julianne Dickerson (9)
19 Alison Gardner (9)
20 Veronica Parish (11)
21 Kiya Passero (10)
22 Margreta Welch (9)

Columbus Lakeview

Coach: James Brock
23 Brianna Prater (11)

Columbus Scotus

Coach: Merlin Lahm
24 Carly Fehringer (11)
25 Kelsey Kessler (11)
26 Jessica Lahm (10)
27 Brooke Olmer (12)
28 Jessica Schaecher (11)
29 Kaylee Tonniges (9)

Cozad

Coach: Dustin Favinger
30 Whitney Applegate (9)
31 Samantha Carlson (12)
32 Valeria Estrada (9)
33 Jamie Garcia (10)
34 Janice Garcia (11)
35 Jasmine Mapel (10)

Fairbury

Coach: Kristi Peterson
36 Jordan Johnson (12)
37 Alex Medina (12)
38 Anna Schouboe (10)
39 Hannah Yantz (9)

Falls City

Coach: Cody Hawley
40 Lainey Larsen (10)
41 Krystal Samqua (11)

Fort Calhoun

Coach: Jim Meyer
42 Abby Hillmer (11)
43 Ellie Shaffer (9)

Gothenburg

Coach: Steve Reeves
44 Sydney Gruber (10)
45 Amanda Kowalewski (11)
46 Keely Lecher (10)
47 Jennifer Maline (10)

48 Destiny McVay (10)
49 Jaci Teahon (9)

Hartington

Coach: Mandy Hochstein
50 Anna Brodersen (11)

Holdrege

Coach: Steph Fuehrer
51 Gabriella Gracia (12)
52 Jacee Pfeifer (9)

Kearney Catholic

Coach: Don Liess
53 Gabrielle Feldner (12)

Lincoln Christian

Coach: Mark Canfield
54 Collette Williams (10)

Milford

Coach: Michele Kontor
55 Abigail Reitz (10)

Minden

Coach: Shawn Wheelock
56 Emma Jons (10)

Mitchell

Coach: Mike Harriger
57 Celeste Cardona (9)
58 Madison Watson (9)

Norfolk Catholic

Coach: Doug Zoucha
59 Alex Anderson (9)
60 Nicole Aschoff (11)
61 Jennifer Blank (11)
62 Ashlyn Hauser (9)
63 Joelle Heng (11)
64 Jana Unger (9)

O'Neill

Coach: Cole Hilker
65 Alejandra Kersenbrock (11)

Ogallala

Coach: Shane Fruit
66 Kelsey Crymble (11)

Platteview

Coach: Robin Marshall
67 Colleen Anderson (12)
68 Jessica Gilbert (11)
69 Meghan Gilbert (12)
70 Megan Gillen (9)
71 Raelyn Haubensack (11)
72 Alyssa Iverson (11)

Raymond Central

Coach: Dale Rasmussen
73 Haylee Haecker (10)

St. Paul

Coach: Doug Voigt
74 Makayla Mudloff (10)

Syracuse

Coach: Rich Ziegler
75 Kaylee Hartman (11)
76 Kimberly Lowman (10)
77 Sydney Paden (10)
78 Madeline Wilkinson (12)

Valentine

Coach: Jerry Arnold
79 Inka Hasemann (10)

Wahoo

Coach: Karla Curran
80 Joelle Anderson (11)
81 Hannah Brust (9)
82 Ronnie Brust (12)
83 Rachel Hrdlicka (11)
84 Madison Talbert (9)
85 Rebecca Welsh (12)

Wayne

Coach: Rocky Ruhl
86 Molly Burbach (12)
87 Cassie Heier (11)
88 Marissa Munsell (9)
89 Angie Nelson (12)
90 Marta Pulfer (9)
91 Amanda Stabler (10)

BOYS CLASS D

Ainsworth

Coach: Jared Hansmeyer
1 Clay Chohon (12)
2 Austin Harthoorn (10)
3 Hunter Martin (11)
4 Alec Masters (11)
5 Robert Maxwell (12)
6 Zachary Welch (11)

Amherst

Coach: Tessa Dobish
7 Bryan Wietjes (12)

Anselmo-Merna

Coach: Jacy Cramer
8 Adam Christen (12)

Aquinas Catholic

Coach: John Svec
9 Luke Burwell (10)
10 Andrew Duke (11)
11 Jerrod Eickmeier (12)
12 Alex Eller (12)
13 Zachary Hain (10)
14 Jon Kadlec (10)

Archbishop Bergan

Coach: Joe Wojtkiewicz
15 Collin Alderson (11)

Bertrand/Loomis

Coach: Jennifer Kaps
16 Isaiah Flint (10)
17 Cole Kennedy (10)
18 Jason Palmer (11)
19 Christian Pavelka (11)
20 Noah Renken (9)
21 Tigh Renken (9)

Bloomfield

Coach: Kirk Hamm
22 Tyler Haigh (10)
23 Kyle Young (10)

Cambridge

Coach: Janice Howell
24 Caleb tenBensel (9)

Centennial

Coach: Robert Johansen
25 Steven Bader (11)
26 Stephen Yamber (11)

Chase County

Coach: Carl Zuege
27 Holden Dreiling (11)
28 Isaac Maxwell (9)
29 Indy Smith (10)
30 Garret Thompson (12)
31 Andrew Vaverek (12)
32 Stephen Welsh (11)

Cody-Kilgore

Coach: Rylan Cheney
33 Jared Schmit (9)

Crofton

Coach: Jayne Arens
34 Ronnie Ausdemore (11)
35 Drew Eskins (12)
36 Joshua Goeden (11)
37 Alexander Janssen (12)
38 Jake Neuhalfen (9)
39 Cole Steffen (11)

CWC

Coach: Tom Erickson
40 John Walnofer (11)
41 Shay Weber (11)

Doniphan-Trumbull

Coach: Corey Hatt
42 Jonathan Askey (9)
43 Blake Ballard (11)

Dundy County Stratton

Coach: Scott Lambley
44 Jacob Calvert (12)
45 Cade Duvel (12)
46 Christian Hughes (11)
47 Bailey Peckham (9)
48 Ty Swenson (10)
49 Nikolas Willis (10)

Elmwood-Murdock

Coach: Garrett Hall
50 Trevor Lockman (11)

Eustis-Farnam/Medicine Valley

Coach: Adam Hock
51 Rodger Farr (11)
52 Connor Russell (12)

Fillmore Central

Coach: Brandi Conway
53 Conrad Schelkopf (11)

Grand Island Central Catholic

Coach: Phou Manivong
54 Anders Brate (11)
55 Joseph O'Connor (12)

Hastings St. Cecilia

Coach: Roxanne VanSkiver/Shelley Smith/Jim Nemetz
56 Adam Uerling (10)
57 Jackson VanSkiver (12)

Hemingford

Coach: Cindy Lanik
58 Jason Randolph (10)

Johnson County Central

Coach: Nick Weber
59 Wyatt DeRoe (10)
60 Garrett Hamilton (11)
61 Aaron Johnson (10)
62 Brady Parrish (12)
63 Samuel Saldivar (9)
64 Spenser Sullivan (12)

Kenesaw

Coach: Tom Budnick
65 Kory Heier (11)
66 Micah Magnuson (11)
67 Chance McKimney (11)
68 Jeremiah Panec (12)
69 Lane Tibbs (12)
147 Adam Thomas (9)

Kimball

Coach: Tiffany Johnson
70 Ryan Muneio (11)

Laurel-Concord/Coleridge

Coach: Megan Meyer
71 Ethan Gubbels (10)
72 Aaron Haahr (10)
73 Adam Haahr (12)
74 Jordan Jansen (10)

Logan View

Coach: Gary Samuelson
75 Gage Hoegermeyer (11)

Louisville

Coach: Matt Hammer
76 Jack Winkler (12)

Malcolm

Coach: Brie Pulec
77 Matthew Kallhoff (11)

Maxwell

Coach: Jarod Meinheit
78 Zach Gregg (12)

Maywood

Coach: Molly Greene
79 Quinton Phillips (12)

McCool Junction

Coach: Ryan Underwood
80 Preston Cole (11)
81 A.J. Hamm (12)
82 Joe Neville (12)
83 Trey Perry (11)
84 Shane Smith (12)
85 Christian Vera (10)

Nebraska Christian

Coach: Janet Landrigan
86 Warren Dexter (11)
87 Adrian Epp (11)
88 Hans Epp (12)
89 Cameron Langemeier (10)
90 Matthew Myers (10)
91 CJ Ruybalid (11)

Neligh-Oakdale

Coach: Rick Eickholt
92 Robert Peinke (11)

North Central

Coach: Kristie Camp
93 Colin Erickson (10)
94 Phillip Lewis (11)

North Loup-Scotia

Coach: Kathy Rakness
95 Rusty Hermismeyer (10)

North Platte St. Patrick's

Coach: Marie Brosius
96 Brandon Adkins (12)
97 Samuel Bradney (9)
98 Jared Brosius (12)
99 Merritt Eastman (10)
100 Jared Gafke (12)
101 Justin Gafke (9)

Omaha Christian Academy

Coach: Jennifer Oliver
102 Cody West (12)

Ord

Coach: Derry Trampe
103 Andrew Fields (12)
104 Ethan John (10)
105 Clinton O'Neel (11)
106 Robert Peterson (10)
107 Ethan Thomsen (9)
108 Devon Vancura (11)

Osmond

Coach: Joe Ortmeier
109 Cameron Moes (11)

Pawnee City

Coach: Eric Uher
110 Alex Menninga (10)

Paxton

Coach: Dale Schroeder
111 Tyler Cassell (12)

Pender

Coach: Dustin Krusemark
112 Matthew Urbanec (12)

Ravenna

Coach: Craig Trampe
113 Tanner Douglas (9)
114 Ethan Keilig (9)
115 Darrell Russell (10)
116 Jordon Strode (10)
117 Grant Teichmeier (10)

Stanton

Coach: Dave Ernesti
118 Trenton Cadwallader (9)
119 Ryan Colsden (9)
120 Trevor Doffin (9)
121 Caleb Goeken (12)
122 Caylan Hirschman (11)
123 Nour Koualti (12)

Sutherland

Coach: Jessica Saner
124 Jayson Rezek (12)

Thayer Central

Coach: Andy Long
125 Collin Fink (9)
126 Heath Fink (12)
127 Adam Hellbusch (11)
128 Logan Hellbusch (9)
129 Elijah Keilwitz (10)
130 Landon Schmitt (11)

Weeping Water

Coach: Joe Philippi
131 Jacob Meeske (11)

West Holt

Coach: Jeff Kraus
132 Tony Bohnet (11)
133 Lukas Laible (11)
134 Connor McDermott (10)
135 Tom Rentschler (12)
136 Theodore Stenka (9)
137 Luke Welborn (11)

Winnebago

Coach: Kory Pfister
138 David Wingett (9)

Wisner-Pilger

Coach: Steve McManigal
139 Riley Ruskamp (10)
140 Jacob Von Seggern (10)

Yutan

Coach: Rod Henkel
141 Corrigan Abraham (9)
142 Jayden Graham (9)
143 Daniel Greblunas (12)
144 John Grinvalds (9)
145 Jacob Schulz (11)
146 Tyler Ziemba (10)

CLASS D QUALIFIERS

GIRLS CLASS D

Ainsworth

Coach: Jared Hansmeyer
1 Logan Clark (10)

Anselmo-Merna

Coach: Jacy Cramer
2 Elizabeth Cramer (11)

Aquinas Catholic

Coach: John Svec
3 Katie Shonka (11)

Banner County

Coach: Kari Gifford
4 Amanda Harrison (12)

Battle Creek

Coach: Jason Schmidt
5 Paige Thompson (11)

Bayard

Coach: Ashley Dilks
6 Jessi Smith (10)

Bertrand/Loomis

Coach: Jennifer Kaps
7 Alexa Berry (10)
8 Emma Dannehl (12)
9 Sarah Dannehl (10)
10 Adyson Furlong (9)
11 Rachel Pavelka (12)
12 Kara Phillips (10)

Bloomfield

Coach: Kirk Hamm
13 Breanna Gallup (12)

Bridgeport

Coach: Craig Johnson
14 Marissa Widener (10)

Cody-Kilgore

Coach: Rylan Cheney
15 Tessa Gale (12)

Crawford

Coach: Keith Oetken
16 Sara Tweet (11)

Crofton

Coach: Jayne Arens
17 Kyla Dendinger (10)
18 Keeley Hagge (10)
19 Kendy Kube (11)
20 Vanessa McFarland (11)
21 Quinn Wragge (11)
22 Jazmin Wubben (12)

CWC

Coach: Tom Erickson
23 Kristin Mahony (11)

Doniphan-Trumbull

Coach: Corey Hatt
24 Madison Quist (9)

Dundy County Stratton

Coach: Scott Lambley
25 Keely Confer (12)
26 Madison Lambley (9)
27 Stephanie McCarthy (10)
28 Laura Nelms (10)

East Butler

Coach: Dale Nielsen
29 Mariah Aerts (11)
30 Amber Cooper (9)
31 Kristen Pleskac (12)
32 Emily Reimer (11)
33 Samantha Rezac (11)
34 Taylor Zitek (12)

Eustis-Farnam/Medicine Valley

Coach: Adam Hock
35 Bailey Anderson (9)
36 Andie Chapman (11)
37 Madison Clark (11)
38 Jade Earhart (10)
39 Courtney Russell (10)
40 Kayla Wiles (11)

Fillmore Central

Coach: Brandie Conway
41 Rachel Hoarty (12)

Franklin

Coach: Courtney Klover
42 Jaylin Randall (12)
43 Kelsey Randall (12)

Garden County

Coach: Tiffany Rice
44 Alisha Heelan (12)

Gibbon

Coach: Leon Stall
45 Rachel Danielson (10)
46 Maria Rodriguez (9)

Gordon-Rushville

Coach: Joel Nelson
47 Maddison Cox (9)
48 Robin Ferguson (10)
49 Audra Johns (10)
50 Rachel Johnson (12)
51 Rebecca Wellnitz (10)
52 Sheridan Wellnitz (11)

Grand Island Central Catholic

Coach: Phou Manivong
53 Allixandria Masat (12)
54 Megan Wardyn (10)

Hastings St. Cecilia

Coach: Roxanne VanSkiver/Megan Deras
55 Noel Hrnchir (10)
56 Cameron Hucke (9)
57 Megan O'Grady (10)
58 Mary O'Keeffe (9)
59 Morgan Parr (10)
60 Tess Wahlmeier (12)

Kimball

Coach: Tiffany Johnson
61 Laura Flores (12)

Laurel-Concord/Coleridge

Coach: Megan Meyer
62 Sadie Petersen (11)

Louisville

Coach: Matt Hammer
63 Paige Baier (12)

Malcolm

Coach: Brie Pulec
64 Mariah Bolte (11)
65 Tyra Drakenberg (10)
66 Amanda Engelbart (10)
67 Casey Engelbart (10)
68 Emily Locke (11)
69 Andi Rivers (11)

Maywood

Coach: Molly Greene
70 Justine Stone (12)

Nebraska Christian

Coach: Janet Landrigan
71 Katie Cumpston (10)

Neligh-Oakdale

Coach: Rick Eickholt
72 Jayda Chance (9)
73 Brittany McConnell (9)
74 Claudia Orozco (9)
75 Courtney Pellatz (11)
76 Beatrice Spiger (11)

North Bend Central

Coach: Todd Zietlow
77 Nora Kloke (9)

North Loup-Scotia

Coach: Kathy Rakness
78 Michelle Bruha (10)

North Platte St. Patrick's

Coach: Marie Brosius
79 Anna O'Malley (11)

Oakland-Craig

Coach: Kylie Penke
80 Faith Gatewood (12)
81 Shelby Hinman (12)
82 Emily Miller (9)
83 Brianne Peterson (10)
84 Heather Riedy (11)
85 Kameron Shelley (12)

Ord

Coach: Derry Trampe
86 Tori Beran (11)
87 Hannah Fields (9)
88 Katherine Lansman (11)
89 Jasmine Maly (9)
90 Hannah Matzka (10)
91 Zoe Ritz (9)

Perkins County

Coach: Paula Wurst
92 Jakelynn Broeder (11)
93 Kendra Hoffert (11)
94 Emily Kemling (10)
95 Korey Lake (11)
96 Courtney Lyon (12)

Randolph

Coach: Tom Shafer
97 Martine Eriklsen (10)

Ravenna

Coach: Craig Trampe
98 Victoria Bitz (10)
99 Madison Kucera (9)
100 Shania McCormick (12)
101 Teagan Mieth (9)

Sandhills/Thedford

Coach: Jane Haake
102 Clancy Hesseltine (9)

SMC

Coach: Nicole Recoy
103 Tristan Haake (9)

Stanton

Coach: Dave Ernesti
104 Dacia Beyke (12)
105 Muryam Koualti (10)
106 Shayla Mandl (11)
107 Braska Patterson (11)
108 Paige Thelen (10)
109 Rebecca Unger (12)

Superior

Coach: Ron Hershberger
110 Mattison Sullivan (12)

Thayer Central

Coach: Andy Long
111 Trinity Call (11)
112 Rachel Heitmann (11)
113 Haley Huhman (11)
114 Bailey Linton (12)
115 Shivani Patel (9)
116 Taelyn Virus (9)

Weeping Water

Coach: Joe Philippi
117 Payton Baier (11)
118 Brianna Buffington (9)
119 Michaela Horn (12)
120 Michaela Lawrence (9)
121 Courtney Stanley (9)
122 Jaiden Thomas (10)

West Holt

Coach: Jeff Kraus
123 Emma Laible (9)
124 Alyssa Reiman (9)
125 Jayden Reiman (9)
126 Jessica Thiele (12)
127 Alyssa Vanderbeek (12)

Wilber-Clatonia

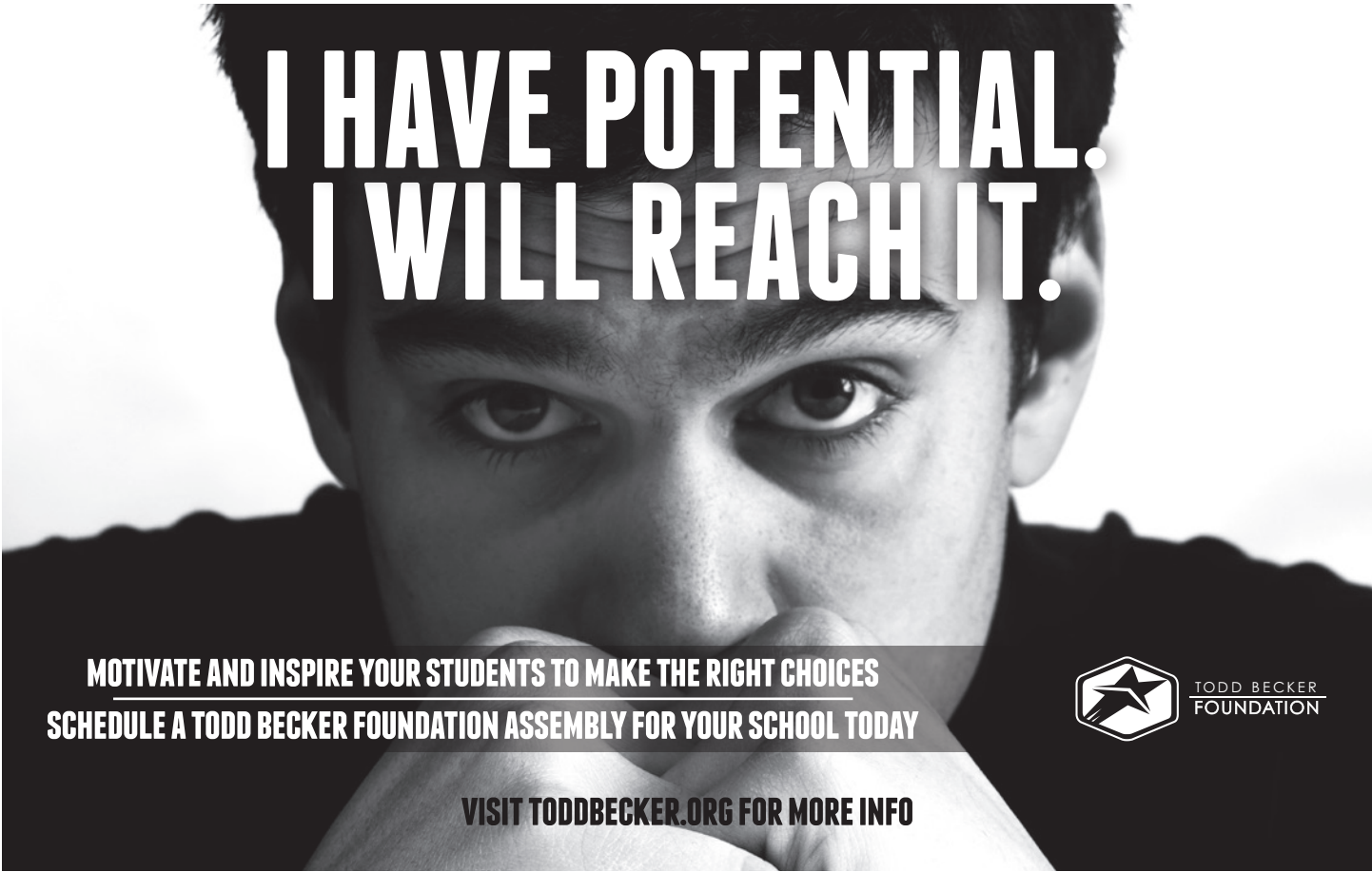
Coach: Nick Behring
128 Samara Evans (12)
129 Summer Groteluschen (9)
130 Cassie Hixon (10)
131 Victoria Lokken (9)
132 Kathleen O'Toole (12)
133 Courtney Pecka (10)

Wood River

Coach: Gretchen Wiseman
134 Alyssa Brown (11)
135 Taylor Willoughby (12)

Yutan

Coach: Rod Henkel
136 Sarah Pogue (12)



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NSAA CROSS COUNTRY CHAMPIONSHIP BESTS



FOUR-TIME INDIVIDUAL CHAMPIONS

Shona Jones, Hastings (Girls
A/1982, A/1983, A/1984,
A/1985)
Amber Fairbanks, Geneva (Girls
C/1993, D/1994, D/1995,
D/1996)

THREE-TIME INDIVIDUAL CHAMPIONS

Jill Noel, Lincoln Pius X (Girls
B/1980, B/1981, B/1982)
Nate Nielsen, Lincoln Southeast
(Boys A/1984, A/1986,
A/1987)
Nora Shepherd, York (Girls
B/1990, B/1992, B/1993)
Aaron Carrizales, Morrill (Boys
C/1992, B/1993, C/1994)
Kelly Lindsey, Millard North (Girls
A/1993, A/1994, A/1995)
Kathryn Handrup, Aurora (Girls
B/1995, B/1996, B/1997)
Anne Shadle, South Sioux City,
(Girls B/1998, B/1999,
B/2000)
Colby Wissel, Kearney, (Boys
A/2001, A/2002, A/2003)
Katelyn White, Broken Bow, (Girls
C/2005, C/2006, C/2007)
Aubree Worden, Scottsbluff, (Girls
B/2008, B/2009, B/2010)
Andrea Weeder, Lindsay Holy
Family/Newman Grove, (Girls
D/2008, D/2009, D/2010)

MOST TEAM CHAMPIONSHIPS

Boys

12 Scottsbluff
10 Lincoln Pius X
10 Lincoln Southeast
8 Mt. Michael Benedictine
7 Crofton
7 Fremont
7 Malcolm
6 Kearney
6 Omaha Burke
5 Ogallala
4 Bayard
4 Lexington
4 Morrill
4 Norfolk Catholic

4 York
3 Hebron
3 Lincoln High
3 Mitchell
3 Plattsmouth
2 Ainsworth
2 Alliance
2 Aquinas
2 Bishop Neumann
2 Centura
2 Elkhorn
2 Gibbon
2 Holdrege
2 Kearney Catholic
2 Millard West
2 Nebraska Christian
2 Omaha Benson
2 Creighton Preparatory
2 Pierce
2 Syracuse
1 Auburn
1 Aurora
1 Avoca
1 Beatrice
1 Bellevue
1 Bertrand
1 Broken Bow
1 Centennial
1 Columbus Scotus
1 Fairbury
1 Geneva
1 Gering
1 Grand Island
1 Hastings St. Cecilia
1 Lincoln East
1 Lincoln Northeast
1 Lindsay Holy Family
1 Lyons-Decatur NE
1 McCook
1 Milford
1 Millard South
1 Minden
1 Northwest
1 Omaha Bryan
1 Omaha Central
1 Omaha North
1 Omaha South
1 Ord

1 Pender
1 Perkins County
1 Plainview
1 Raymond Central
1 Republican Valley
1 Wahoo
1 Wayne

Girls

16 Crofton
13 Lincoln Southeast
8 Lincoln Pius X
7 Omaha Marian
5 Fort Calhoun
4 Geneva
4 Bishop Neumann
4 Columbus Scotus
3 Aurora
3 East Butler
3 Lincoln High
3 North Platte
3 Plattsmouth
3 Scottsbluff
3 Seward
3 York
2 Elkhorn
2 Gering
2 Gothenburg
2 Lexington
2 Minden
2 Morrill
2 Norfolk
2 Oakland-Craig
2 Wayne
1 Ainsworth
1 Auburn
1 Bertrand
1 Central City
1 Fremont
1 Hebron
1 Lincoln East
1 McCook
1 Millard West
1 North Bend
1 Northwest
1 Papillion-La Vista South
1 Pierce
1 Ralston
1 South Sioux City

CONSECUTIVE TEAM CHAMPIONSHIPS

Boys

4, Morrill (C/1982, C/1981,
C/1980, C/1979)
4, Norfolk Catholic (C/2009,
C/2008, C/2007, C/2006)
4, York (B/1995, B/1994,
B/1993, B/1992)
3, Bayard (C/1965, C/1964,
C/1963)
3, Lincoln Pius X (B/1983,
B/1982, B/1981)
3, Lincoln Southeast (A/1986,
A/1985, A/1984)
3, Lincoln Southeast (A/1999,
A/1998, A/1997)
3, Mitchell (C/1974, C/1973,
C/1972)
3, Plattsmouth (B/1975, B/1974,
B/1973)
3, Mt. Michael Benedictine
(C/1997, C/1996, C/1995)
3, Scottsbluff (B/1998, B/1997,
B/1996)
3, Scottsbluff (B/2005, B/2004,
B/2003)
3, Malcolm (D/2006, D/2005,
D/2004)

Girls

9, Lincoln Southeast (A/1997,
A/1996, A/1995, A/1994,
A/1993, A/1992, A/1991,
A/1990, A/1989)
8, Crofton (C/1988, C/1987,
C/1986, C/1985, C/1984,
C/1983, C/1982, C/1981)
7, Crofton (D/2012, D/2011,
D/2010, D/2009, D/2008,
D/2007, D/2006)
5, Omaha Marian (A/2007,
A/2006, A/2005, A/2004,
A/2003)
3, Columbus Scotus (C/2002,
C/2001, C/2000)
3, Lincoln High (A/1987, A/1986,
A/1985)
3, North Platte (A/1982, A/1981,
A/1980)



NSAA CROSS COUNTRY PAST CHAMPIONS

CLASS A BOYS

Year-Individual Champion, School, Time

2012-Joseph Harter, Millard West, 15:22.9
2011-Isaac Allen, Lincoln East, 15:51.2
2010-Jacob Olson, Kearney, 16:04.3
2009-Brady McGuire, North Platte, 16:14.5
2008-Parker Schoen, Lincoln Southwest, 16:30.9
2007-Jon Ronhovde, Fremont, 16:11.22
2006-Todd Gulizia, Millard South, 15:28.19
2005-Matthew Conahan, Millard North, 15:57.10
2004-Brian Parr, Fremont, 16:03.75
2003-Colby Wissel, Kearney, 15:37.11
2002-Colby Wissel, Kearney, 16:12.64
2001-Colby Wissel, Kearney, 15:50.1
2000-Luke Garringer, Kearney, 16:21.8
1999-Brian Turner, Millard North, 15:51.0
1998-Brian Turner, Millard North, 15:44.3
1997-Dana Carne, Omaha North, 16:42
1996-Brandon Jessop, Kearney, 15:56
1995-Brandon Jessop, Kearney, 16:12
1994-Courtney Lamb, Lincoln Southeast, 16:20
1993-Dan Hoarty, Creighton Preparatory, 16:20
1992-Banti Itffa, Lincoln Southeast, 15:48
1991-George Sefzik, Millard South, 16:00
1990-Jeff Novotny, Bellevue East, 16:19
1989-David Itffa, Fremont, 16:04
1988-Dave Symonsbergen, Millard South, 16:14
1987-Nate Nielsen, Lincoln Southeast, 15:15
1986-Nate Nielsen, Lincoln Southeast, 16:08
1985-Bart Wilkins, Grand Island, 16:11
1984-Nate Nielsen, Lincoln Southeast, 17:08
1983-Scott Hollestelle, Lincoln East, 16:48
1982-Kraig Vanderbeek, Lincoln East, 15:42
1981-Tim Wakeland, Bellevue West, 15:50
1980-Scott Eary, Fremont, 16:10 (5,000 Meters)
1979-Steve Sanduski, Omaha Burke, 12:54
1978-Lance Richards, Bellevue East, 13:10
1977-Brad Sable, North Platte, 13:07
1976-Paul Schultz, Omaha Burke, 12:52
1975-Paul Schultz, Omaha Burke, 13:02
1974-Pat Colburn, Creighton Preparatory, 12:35
1973-Jon Martens, North Platte, 12:45 (2.5 Miles)
1972-Barney Hill, Boys Town, 9:45
1971-Barney Hill, Boys Town, 10:03
1970-Ron Greeno, Lincoln Northeast, 9:30
1969-Dan Speck, North Platte, 9:23
1968-Jim Hawkins, Omaha North, 9:33
1967-Dave Bradley, Omaha Benson, 9:44 (1.9 Miles)
1966-Pat Rinn, Omaha North, 9:37 (1.8 Miles)
1965-Mark Wilson, Omaha Central, 9:50 (1.8 Miles)
1964-Elliott Evans, Omaha Ryan, 10:34
1963-Tim Hendricks, Omaha South, 9:52 (2 Miles)
1962-Dave McMahill, Omaha South, 8:59
1961-Allen Russell, Scottsbluff, 9:45
1960-Joe Perez, Scottsbluff, 9:45 (1.9 Miles)

Class A Boys Team Champions & Score

2012-Fremont, 64
2011-Kearney, 41
2010-Fremont, 43
2009-Millard West, 76
2008-Millard West, 62
2007-Omaha Benson, 88
2006-Millard South, 78
2005-Fremont, 87
2004-Fremont, 52
2003-Kearney, 54
2002-Fremont, 58
2001-Omaha Benson, 37
2000-Kearney, 35
1999-Lincoln Southeast, 41
1998-Lincoln Southeast, 37
1997-Lincoln Southeast, 37
1996-Kearney, 31
1995-Kearney, 75
1994-Lincoln Southeast, 48

1993-Fremont, 72
1992-Lincoln Southeast, 26
1991-Lincoln Southeast, 46
1990-Lincoln High, 65
1989-Lincoln High, 50
1988-Lincoln Southeast, 58
1987-Lincoln High, 65
1986-Lincoln Southeast, 78
1985-Lincoln Southeast, 52
1984-Lincoln Southeast, 73
1983-Omaha Burke, 70
1982-Lincoln East, 57
1981-Omaha Burke, 60
1980-Fremont, 56
1979-Omaha Burke, 30
1978-Omaha Burke, 92
1977-Kearney, 95
1976-Omaha Burke, 49
1975-Omaha Burke, 71
1974-Creighton Preparatory, 32
1973-Creighton Preparatory, 29
1972-Omaha Central, 53
1971-Bellevue, 35
1970-Lincoln Northeast, 24
1969-Grand Island, 26
1968-Omaha Bryan, 39
1967-Scottsbluff, 34
1966-Omaha North, 24
1965-Omaha Central, 24
1964-Omaha North, 33
1963-Omaha South, 53
1962-Alliance, 38
1961-Scottsbluff, 20
1960-Scottsbluff, 14

CLASS A GIRLS

Year-Individual Champion, School, Time

2012-Jeralyn Poe, Lincoln North Star, 14:42.6
2011-Jeralyn Poe, Lincoln North Star, 14:38.5
2010-Melissa Parks, Norfolk, 14:52.0
2009-Emilee Aschoff, Norfolk, 15:34.0
2008-Kelli Budd, Omaha Marian, 14:57.7
2007-Emily Sisson, Millard North, 14:25.18
2006-Emily Sisson, Omaha Marian, 14:35.94
2005-Brittany Poole, Millard West, 15:04.49
2004-Jill Stahlecker, Omaha Burke, 15:56.14
2003-Joslyn Dalton, Fremont, 15:10.61
2002-Merideth Snow, Millard West, 15:20.72
2001-Kym Bennett, Bellevue West, 15:08.2
2000-Laura Spanheimer, Omaha Marian, 15:19.9
1999-Anna Jones, Omaha Marian, 15:19.0
1998-Monica Erickson, Kearney, 14:59.8
1997-Annika Carlson, Omaha Central, 15:18
1996-Paige Brown, Omaha North, 15:40
1995-Kelly Lindsey, Millard North, 15:57
1994-Kelly Lindsey, Millard North, 15:04
1993-Kelly Lindsey, Millard North, 15:04
1992-Emily Anderson, Lincoln Southeast, 14:59
1991-Carla Sudbeck, Millard South, 14:43
1990-Denise Mendendez, Papillion-La Vista, 15:21
1989-Amy Marx, Lincoln Southeast, 15:08
1988-Kris Winbinger, Omaha Gross, 15:37
1987-Cindy Andrew, Omaha Burke, 14:58
1986-Christie Heimes, Scottsbluff, 15:37
1985-Shona Jones, Hastings, 15:21
1984-Shona Jones, Hastings, 14:55
1983-Shona Jones, Hastings, 15:02
1982-Shona Jones, Hastings, 14:56
1981-Mary Amen, Lincoln East, 15:50
1980-Ann Edmunds, Lincoln East, 15:56 (4,000 Meters)

Class A Girls Team Champions & Score

2012-Lincoln East, 62
2011-Millard West, 64
2010-Papillion-La Vista South, 45
2009-Norfolk, 67

2008-Norfolk, 84
2007-Omaha Marian, 76
2006-Omaha Marian, 50
2005-Omaha Marian, 58
2004-Omaha Marian, 51
2003-Omaha Marian, 87
2002-Fremont, 79
2001-Lincoln Southeast, 76
2000-Lincoln Southeast, 35
1999-Omaha Marian, 54
1998-Omaha Marian, 84
1997-Lincoln Southeast, 65
1996-Lincoln Southeast, 91
1995-Lincoln Southeast, 55
1994-Lincoln Southeast, 32
1993-Lincoln Southeast, 35
1992-Lincoln Southeast, 28
1991-Lincoln Southeast, 47
1990-Lincoln Southeast, 73
1989-Lincoln Southeast, 29
1988-Ralston, 76
1987-Lincoln High, 48
1986-Lincoln High, 41
1985-Lincoln High, 36
1984-Lincoln Southeast, 31
1983-Lincoln Southeast, 57
1982-North Platte, 84
1981-North Platte, 47
1980-North Platte, 37

CLASS B BOYS

Year-Individual Champion, School, Time

2012-Matthew Barraza, Scottsbluff, 16:22.1
2011-Thomas Feichtinger, Mt. Michael Benedictine
2010-Franklin Ibarra, Lexington, 16:11.5
2009-Connor Gibson, Blair, 16:30.2
2008-Joshua Harsin, Blair, 16:24.6
2007-Adam Mitteis, Plattsmouth, 16:17.13
2006-David Adams, York, 15:47.79
2005-David Adams, York, 15:55.18
2004-Adam Mitteis, Plattsmouth, 16:46.63
2003-Chris Dunker, Beatrice, 16:22.42
2002-Chris Dunker, Beatrice, 16:37.77
2001-Jason Relph, McCook, 16:50.3
2000-Matt Haden, Aurora, 16:43.9
1999-Jeff Gorman, Plattsmouth, 16:21.0
1998-Jack Girard, Alliance, 16:22.8
1997-Jeremy Collins, York, 16:32
1996-Anthony Alt, Waverly, 16:13
1995-Seth Stewart, Plattsmouth, 16:19
1994-Anthony Alt, Waverly, 16:44
1993-Aaron Carrizales, Morrill, 16:54
1992-Mike Mason, Ogallala, 16:38
1991-Paul Hallett, York, 16:27
1990-Nathan Ewert, McCook, 16:26
1989-Tom Magnuson, O'Neill, 16:43
1988-Dean Bowling, Northwest, 16:37
1987-Greg Kahnk, Elkhorn, 15:25
1986-Tom Banks, Elkhorn, 15:59
1985-Tom Banks, Elkhorn, 16:23
1984-Dave Keil, Northwest, 17:23
1983-Dave Keil, Northwest, 16:55
1982-Bryan Clark, Auburn, 15:45
1981-Scott Pachunka, Omaha Roncalli, 15:51
1980-Steve Doran, Grand Island Central Catholic, 16:35 (5,000 Meters)
1979-Jerry Lorkovic, Omaha Paul VI, 13:52
1978-Mark Gokie, Chase County, 13:33
1977-Terry Schuman, Chase County, 13:27
1976-Jim Hall, Omaha Paul VI, 13:52
1975-Pat Griggs, Plattsmouth, 13:13
1974-Dick Graham, Minden, 13:15
1973-Neal Hermesmyer, Ainsworth, 13:01 (2.5 Miles)
1972-Ron Galaviz, Ogallala, 9:41
1971-Dan Jones, Holdrege, 10:15
1970-Dan Wilder, Gering, 9:35

NSAA CROSS COUNTRY PAST CHAMPIONS



1969-Lee Newcomer, York, 9:42
1968-Lee Newcomer, York, 9:49
1967-Dave Biehl, Lexington, 10:12 (1.9 Miles)
1966-Tom Housel, Lexington, 9:56
1965-Melvin Campbell, Ainsworth, 10:09 (1.8 Miles)
1964-Bruce Jorgensen, Bloomfield, 11:09
1963-Joel Douglass, Crete, 10:22 (2 Miles)
1962-Frank Turja, Bayard, 8:28
1961-Bill Kroupa, Pierce, 10:08
1960-Darold Dent, Burwell, 9:31.3 (1.9 Miles)

Class B Boys Team Champions & Score

2012-Mt. Michael Benedictine, 25
2011-Scottsbluff, 27
2010-Scottsbluff, 56
2009-Lexington, 61
2008-Ogallala, 44
2007-Lincoln Pius X, 37
2006-Ogallala, 35
2005-Scottsbluff, 35
2004-Scottsbluff, 27
2003-Scottsbluff, 56
2002-Beatrice, 45
2001-Lexington, 47
2000-Scottsbluff, 31
1999-Aurora, 37
1998-Scottsbluff, 41
1997-Scottsbluff, 17
1996-Scottsbluff, 45
1995-York, 47
1994-York, 21
1993-York, 44
1992-York, 31
1991-Lincoln Pius X, 82
1990-Ogallala, 58
1989-Lincoln Pius X, 55
1988-Elkhorn, 79
1987-Northwest, 47
1986-Mt. Michael Benedictine, 74
1985-Lincoln Pius X, 40
1984-Elkhorn, 47
1983-Lincoln Pius X, 51
1982-Lincoln Pius X, 53
1981-Lincoln Pius X, 38
1980-Auburn, 55
1979-Lincoln Pius X, 58
1978-Lincoln Pius X, 48
1977-McCook, 36
1976-Lincoln Pius X, 30
1975-Plattsmouth, 37
1974-Plattsmouth, 34
1973-Plattsmouth, 38
1972-Ogallala, 36
1971-Alliance, 28
1970-Broken Bow, 42
1969-Holdrege, 37
1968-Holdrege, 41
1967-Lexington, 19
1966-Lexington, 19
1965-Ainsworth, 29
1964-Ainsworth, 43
1963-Gering, 35
1962-Pierce, 55
1961-Pierce, 46
1960-Crofton, 30

CLASS B GIRLS

Year-Individual Champion, School, Time

2012-Erin Lee, York, 14:55.1
2011-Odaliz Santoyo-Garcia, Lexington, 15:07.2
2010-Aubree Worden, Scottsbluff, 14:22.2
2009-Aubree Worden, Scottsbluff, 14:45.4
2008-Aubree Worden, Scottsbluff, 15:00.4
2007-Kaitlyn Wells, Sidney, 15:42.01
2006-Elizabeth Ediger, Gering, 15:25.97
2005-Ashlynn Bader, Boone Central, 15:29.26

2004-Ashlynn Bader, Boone Central, 15:29.37
2003-Sara Ensrud, Gering, 15:22.50
2002-Elizabeth Lange, Lincoln Pius X, 15:29.99
2001-Elizabeth Lange, Lincoln Pius X, 14:58.4
2000-Ann Shadle, South Sioux City, 15:08.6
1999-Anne Shadle, South Sioux City, 15:20.0
1998-Anne Shadle, South Sioux City, 14:54.7
1997-Kathryn Handrup, Aurora, 14:58
1996-Kathryn Handrup, Aurora, 15:31
1995-Kathryn Handrup, Aurora, 16:18
1994-Nichole Reynolds, Ogallala, 15:51
1993-Nora Shepherd, York, 14:49
1992-Nora Shepherd, York, 15:17
1991-Angie Peglow, Chase County, 15:19
1990-Nora Shepherd, York, 15:05
1989-Theresa Stelling, Auburn, 15:12
1988-Barb Keefover, Norris, 15:25
1987-Barb Keefover, Norris, 14:56
1986-Dodie Kocsis, Omaha Roncalli, 15:28
1985-Dodie Kocsis, Omaha Roncalli, 15:40
1984-Maryann Ziegler, Syracuse, 16:09
1983-Sonja Reis, Gering, 16:19
1982-Jill Noel, Lincoln Pius X, 15:08
1981-Jill Noel, Lincoln Pius X, 15:21
1980-Jill Noel, Lincoln Pius X, 15:21 (4,000 Meters)

Class B Girls Team Champions & Score

2012-Seward, 41
2011-Lincoln Pius X, 28
2010-Seward, 44
2009-Seward, 30
2008-Scottsbluff, 36
2007-Lincoln Pius X, 33
2006-Gering, 19
2005-Lincoln Pius X, 24
2004-Lincoln Pius X, 21
2003-York, 30
2002-Aurora, 41
2001-York, 38
2000-Plattsmouth, 40
1999-South Sioux City, 26
1998-Scottsbluff, 35
1997-Scottsbluff, 44
1996-Aurora, 41
1995-Aurora, 29
1994-Plattsmouth, 44
1993-Plattsmouth, 40
1992-York, 31
1991-Lincoln Pius X, 25
1990-Lincoln Pius X, 37
1989-Lexington, 39
1988-Northwest, 44
1987-Lincoln Pius X, 56
1986-Lincoln Pius X, 43
1985-Auburn, 56
1984-Gering, 55
1983-Elkhorn, 52
1982-Elkhorn, 52
1981-Lexington, 50
1980-McCook, 18

CLASS C BOYS

Year-Individual Champion, School, Time

2012-James McKeag, Ogallala, 16:53.2
2011-Cole Wellnitz, Gordon-Rushville, 16:24.3
2010-Cole Wellnitz, Gordon-Rushville, 16:38.5
2009-Jarren Heng, Norfolk Catholic, 16:05.5
2008-Jarren Heng, Norfolk Catholic, 16:09.9
2007-Al Sanabria, Minden, 16:41.26
2006-Al Sanabria, Minden, 16:39.96
2005-Scott Ohlson, Chase County, 16:56.75
2004-Bryan Fink, Wayne, 17:01.87
2003-Josh Peavy, Wahoo, 16:51.76
2002-Blayne Tanner, Centennial, 17:17.43
2001-Jon Morrison, Arlington, 16:49.9

2000-Devin Bethune, Wayne, 17:00.1
1999-Kyle Wyatt, Albion/Cedar Rapids/Petersburg, 16:57.0
1998-Kyle Wyatt, Albion, 16:28.9
1997-Felice Nuncio, Grand Island Central Catholic, 16:49
1996-Steve Einspahr, Gothenburg, 16:41
1995-John Grebe, Gretna, 16:51
1994-Aaron Carrizales, Morrill, 17:15
1993-Jason Long, Republican Valley, 16:48
1992-Aaron Carrizales, Morrill, 16:59
1991-Deen Johnson, Hay Springs, 16:16
1990-Brady Bonsall, Burwell, 16:36
1989-Brady Bonsall, Burwell, 16:47
1988-Ken Beister, Albion, 17:06
1987-Chris Peacock, West Holt, 15:58
1986-Joe Schumm, Sandy Creek, 16:50
1985-Steve Hefferman, Kearney Catholic, 16:32
1984-Steve Hefferman, Kearney Catholic, 17:58
1983-Tim Hoffman, Exeter, 16:53
1982-Juha Joutsenlahti, Orleans, 16:04
1981-Mike Marcheck, Ft. Calhoun, 16:29
1980-Tom Hoffman, Exeter, 16:29 (5,000 Meters)
1979-Mark Gokie, Chase County, 13:04
1978-Dan Denson, Aquinas, 13:36
1977-Delwyn Hennings, Crofton, 13:37
1976-Delwyn Hennings, Crofton, 13:39
1975-Doug Mach, Burwell, 13:16
1974-Tom Long, Hebron, 13:19
1973-Ray Schlegel, Cambridge, 13:18 (2.5 Miles)
1972-Juan Carrizales, Morrill, 10:14
1971-Jack Schroer, Hastings St. Cecilia, 10:22
1970-Fred Carnahan, Genoa, 9:46
1969-Jerome Sandman, Hebron, 9:48
1968-Raleigh Nott, Elwood, 10:04
1967-Gary Williams, Morrill, 10:12 (1.9 Miles)
1966-Jack Weyers, Sterling, 9:49
1965-Cliff Colglazier, Grant, 10:09 (1.8 Miles)
1964-Jack Weyers, Sterling, 10:49
1963-Frank Turja, Bayard, 10:32 (2 Miles)
1962-Alan Gatzemeyer, Bancroft, 9:21
1961-Richard Gatch, Melbeta, 10:03 (1.9 Miles)

Class C Boys Team Champions & Score

2012-Milford, 50
2011-Columbus Scotus, 55
2010-Ogallala, 42
2009-Norfolk Catholic, 27
2008-Norfolk Catholic, 18
2007-Norfolk Catholic, 23
2006-Norfolk Catholic, 43
2005-Syracuse, 58
2004-Syracuse, 44
2003-Wahoo, 66
2002-Centennial, 38
2001-Wayne, 53
2000-Mt. Michael Benedictine, 46
1999-Fairbury, 34
1998-Bishop Neumann, 43
1997-Mt. Michael Benedictine, 41
1996-Mt. Michael Benedictine, 35
1995-Mt. Michael Benedictine, 45
1994-Minden, 62
1993-Lyons-Decatur Northeast, 52
1992-Republican Valley, 54
1991-Crofton, 44
1990-Crofton, 47
1989-Malcolm, 33
1988-Malcolm, 30
1987-Gibbon, 56
1986-Centura, 61
1985-Crofton, 33
1984-Gibbon, 25
1983-Crofton, 29
1982-Morrill, 57
1981-Morrill, 32
1980-Morrill, 46
1979-Morrill, 35



NSAA CROSS COUNTRY PAST CHAMPIONS

1978-Crofton, 32
1977-Crofton, 20
1976-Centura, 49
1975-Bayard, 64
1974-Mitchell, 71
1973-Mitchell, 60
1972-Mitchell, 55
1971-Hebron, 42
1970-Raymond Central, 68
1969-Plainview, 16
1968-Elkhorn St. John, 35
1967-Elkhorn St. John, 22
1966-Hebron, 23
1965-Bayard, 47
1964-Bayard, 31
1963-Bayard, 28
1962-Avoca, 54
1961-Pender, 39

CLASS C GIRLS

Year-Individual Champion, School, Time

2012-Gabriella Gracia, Holdrege, 14:48.2
2011-Shannen Ramey, Fort Calhoun, 15:23.4
2010-Briana Adams, Pierce, 15:02.9
2009-Michaela Curran, Wahoo, 15:46.7
2008-Erin Curran, Wahoo, 15:16.0
2007-Katelyn White, Broken Bow, 15:26.39
2006-Katelyn White, Broken Bow, 14:45.60
2005-Katelyn White, Broken Bow, 14:59.08
2004-Jacey Benal, Bishop Neumann, 16:04.81
2003-Mallory Pinger, Grand Island Central Catholic, 15:51.2
2002-Kayla Engel, Columbus Scotus, 16:11.55
2001-Angela Fisher, Columbus Scotus, 15:29.6
2000-Molly Engel, Columbus Scotus, 15:39.1
1999-Stacie Koehler, Pierce, 15:34.0
1998-Kelly Throener, Minden, 15:39.1
1997-Sara Kinney, Wayne, 15:34
1996-Monica Barger, Chase County, 16:01
1995-Sara Kinney, Wayne, 16:29
1994-Jaimie Kruger, Pierce, 15:20
1993-Amber Fairbanks, Geneva, 15:55
1992-Carrie Ryan, Hemingford, 16:07
1991-Christa Brandstetter, Geneva, 16:01
1990-Angie Peglow, Chase County, 16:24
1989-Renee Birkel, Aquinas, 16:21
1988-Kari Shields, Conestoga, 16:13
1987-Shelly Luther, St. Mary's, 15:57
1986-Jane Fraser, Hebron, 16:24
1985-Karla Kube, Crofton, 16:40
1984-Tamela Resh, Shelton, 15:32
1983-Karla Kube, Crofton, 15:59
1982-Karla Christensen, Wahoo, 15:33
1981-Deeny Boucher, Burwell, 16:13
1980-Terri John, Burwell, 17:15 (4,000 Meters)

Class C Girls Team Champions & Score

2012-Columbus Scotus, 43
2011-Fort Calhoun, 49
2010-Fort Calhoun, 46
2009-Fort Calhoun, 46
2008-Pierce, 50
2007-Fort Calhoun, 32
2006-Fort Calhoun, 37
2005-Bishop Neumann, 38
2004-Ainsworth, 60
2003-Central City, 41
2002-Columbus Scotus, 36
2001-Columbus Scotus, 44
2000-Columbus Scotus, 34
1999-Gothenburg, 47
1998-Minden, 42
1997-Minden, 26
1996-Wayne, 55
1995-Wayne, 50
1994-Gothenburg, 48
1993-Bishop Neumann, 23

1992-Crofton, 49
1991-Geneva, 19
1990-Geneva, 35
1989-Hebron, 57
1988-Crofton, 28
1987-Crofton, 34
1986-Crofton, 40
1985-Crofton, 45
1984-Crofton, 21
1983-Crofton, 18
1982-Crofton, 46
1981-Crofton, 31
1980-North Bend, 56

CLASS D BOYS

Year-Individual Champion, School, Time

2012-Cody Franklin, Bridgeport, 16:33.9
2011-Austin Hamm, Bloomfield, 16:27.3
2010-Michael Schumacher, Ainsworth, 16:33.9
2009-Dillon Eckel, Gibbon, 16:55.9
2008-Kevin Weeder, Lindsay Holy Family, 17:21.0
2007-Jens Scholl, Deshler, 17:03.26
2006-Jeffrey Holka, Malcolm, 16:53.81
2005-Anthony Aerts, East Butler, 16:30.94
2004-Kyle Custer, Cambridge, 17:00.28
2003-Enrique Rodriguez, Morrill, 16:16.98
2002-Adam Lippold, Dawson-Verdon, 17:01.86
2001-Aaron Dye, Thayer Central, 16:54.0
2000-Matthew Wolfe, Republican Valley, 16:53.2
1999-Michael Nikkila, Kearney Catholic, 16:46.0
1998-Zachary Reeves, Gordon, 17:01
1997-Zachary Reeves, Gordon, 17:01
1996-Aaron Hraban, Bishop Neumann, 17:29
1995-Bryan Williams, Arcadia, 17:05
1994-Bryan Williams, Arcadia, 16:56

Class D Boys Team Champions & Score

2012-Nebraska Christian, 46
2011-Ord, 73
2010-Nebraska Christian, 37
2009-Hastings St. Cecilia, 50
2008-Lindsay Holy Family, 49
2007-Perkins County, 48
2006-Malcolm, 42
2005-Malcolm, 23
2004-Malcolm, 66
2003-Aquinas, 56
2002-Aquinas, 41
2001-Bertrand, 48
2000-Hebron, 58
1999-Kearney Catholic, 30
1998-Kearney Catholic, 23
1997-Bishop Neumann, 28
1996-Geneva, 41
1995-Malcolm, 35
1994-Malcolm, 41

CLASS D GIRLS

Year-Individual Champion, School, Time

2012-Marissa Dewispelare, Aquinas Catholic, 15:08.8
2011-Marissa Dewispelare, Aquinas Catholic, 15:23.8
2010-Andrea Weeder, Lindsay Holy Family/Newman Grove, 15:10.0
2009-Andrea Weeder, Lindsay Holy Family/Newman Grove, 15:18.1
2008-Andrea Weeder, Lindsay Holy Family, 15:33.2
2007-Amy Long, Bayard, 15:27.07
2006-Kristin Steffen, Crofton, 15:59.35
2005-Amy Long, Bayard, 16:01.75
2004-Rachel Carrizales, Morrill, 15:47.92
2003-Erika DeBoer, Morrill, 16:15.53
2002-Heather Hernandez, Morrill, 16:15.08
2001-Kacie Beachler, Oakland-Craig, 15:46.42
2000-Martha Keen, Hastings St. Cecilia, 15:51.6
1999-Jennifer Nikkila, Kearney Catholic, 15:53.0

1998-Karen Hollis, Geneva, 15:33.42
1997-Darcy Preston, Lyons-Decatur NE, 16:14
1996-Amber Fairbanks, Geneva, 15:59
1995-Amber Fairbanks, Geneva, 16:13
1994-Amber Fairbanks, Geneva, 15:32

Class D Girls Team Champions & Score

2012-Crofton, 23
2011-Crofton, 36
2010-Crofton, 48
2009-Crofton, 30
2008-Crofton, 30
2007-Crofton, 54
2006-Crofton, 54
2005-East Butler, 53
2004-East Butler, 41
2003-Morrill, 48
2002-Morrill, 19
2001-Oakland-Craig, 26
2000-Oakland-Craig, 36
1999-Bertrand, 41
1998-Geneva, 43
1997-Bishop Neumann, 27
1996-East Butler, 53
1995-Geneva, 38
1994-Bishop Neumann, 17

GOLD MEDAL WINNERS

Boys

2012-Joseph Harter, Millard West, 15:22.9
2011-Isaac Allen, Lincoln East, 15:51.2
2010-Jacob Olson, Kearney, 16:04.3
2009-Jarren Heng, Norfolk Catholic, 16:05.5
2008-Jarren Heng, Norfolk Catholic, 16:09.9
2007-Jon Ronhovde, Fremont, 16:11.22
2006-Todd Gulizia, Millard South, 15:28.19
2005-David Adams, York, 15:55.18
2004-Brian Parr, Fremont, 16:03.75
2003-Colby Wissel, Kearney, 15:37.11
2002-Colby Wissel, Kearney, 16:12.64
2001-Colby Wissel, Kearney, 15:50.1
2000-Luke Garringer, Kearney, 16:21.8
1999-Brian Turner, Millard North, 15:51.0
1998-Brian Turner, Millard North, 15:44.3
1997-Jeremy Collins, York, 16:32
1996-Brandon Jessop, Kearney, 15:32
1995-Brandon Jessop, Kearney, 16:12
1994-Courtney Lamb, Lincoln Southeast, 16:20
1993-Dan Hoarty, Creighton Preparatory, 16:20

Girls

2012-Jeralyn Poe, Lincoln North Star, 14:42.6
2011-Jeralyn Poe, Lincoln North Star, 14:38.5
2010-Aubree Worden, Scottsbluff, 14:22.2
2009-Aubree Worden, Scottsbluff, 14:45.4
2008-Kelli Budd, Omaha Marian, 14:57.7
2007-Emily Sisson, Millard North, 14:25.18
2006-Emily Sisson, Omaha Marian, 14:35.94
2005-Katelyn White, Broken Bow, 14:59.08
2004-Ashlynn Bader, Boone Central, 15:29.37
2003-Joslyn Dalton, Fremont, 15:10.61
2002-Merideth Snow, Millard West, 15:20.72
2001-Elizabeth Lange, Lincoln Pius X, 14:58.4
2000-Anne Shadle, South Sioux City, 15:08.6
1999-Anna Jones, Omaha Marian, 15:19.0
1998-Anne Shadle, South Sioux City, 14:54.7
1997-Kathryn Handrup, Aurora, 14:58
1996-Kathryn Handrup, Aurora, 15:32
1995-Kelly Lindsey, Millard North, 15:57
1994-Kelly Lindsey, Millard North, 15:04
1993-Nora Shepherd, York, 14:49

EVERY GAME IS AN
OPPORTUNITY
TO MEASURE
YOURSELF
AGAINST YOUR
OWN POTENTIAL

- BUD WILKINSON

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