As Governor of the State of Nebraska, it is my pleasure to welcome you to this state event. Thank you for your support of our high school activities and the Nebraska School Activities Association (NSAA).

The NSAA does a great job of helping Nebraska students take advantage of the many activities available while developing an appreciation for teamwork, fostering school spirit and demonstrating sportsmanship of fans and players.

I care deeply about the education our students receive in Nebraska and I’m delighted that so many schools encourage the learning that takes place from being involved with school activities. Students who participate in school activities develop important leadership and life skills.

-Dave Heineman
Governor of Nebraska

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**CHEER FOR YOUR TEAM!**

“If Character is what you do when no one is watching, Sportsmanship is the conduct with everybody watching!”

—Lou Holtz

NSAA activities support the Academic Mission of the Nebraska membership and communities! They are not a diversion but rather the extension of celebrating the positive attributes that come from participation. “Cheer for Your Team” is the sportsmanship message from the NSAA. Respect and appreciation for the commitment of our student-participants, officials, judges, fans and all the many workers and volunteers will create an environment of success. Make this a positive experience by “Cheering for Your Team!”

-Rhonda Blanford-Green
Executive Director-NSAA

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“NSAA...the other half of education.”
WELCOME

The Nebraska School Activities Association and the University of Nebraska-Kearney welcomes you to the NSAA State Cross Country Championships.

GATES OPEN/ADMISSION
10:30 a.m. – Spectators and teams may enter the Country Club grounds from the south entrance.

Admission--$7.00 for adults and $5.00 for students

RACING SCHEDULE
The following times are approximate.

Girls Class C—12:00 Noon  Girls Class D—2:00 pm
Girls Class A—12:30 pm  Girls Class B—2:30 pm
Boys Class C—1:00 pm  Boys Class D—3:00 pm
Boys Class A—1:30 pm  Boys Class B—3:30 pm

CHAMPIONSHIP DIRECTOR
Jon Dolliver, NSAA Assistant Director

ASSISTANT DIRECTORS
Brady Bonsall, University of Nebraska-Kearney
Ross Fellows, University of Nebraska-Kearney
Nate Neuhaus, NSAA Assistant Director

NSAA EXECUTIVE DIRECTOR
Rhonda Blanford-Green

UNK COORDINATOR
Rich Brodersen

HOSTS
University of Nebraska-Kearney
Kearney Sports and Recreation Committee

STARTER
Don Bartholomew

ASSISTANT STARTER
Mitch Mollring

REFEREE
Charlie Gordon

UMPIRES
Dan Jones
Kevin Simmerman
Roger Neujahr
Lonny Polacek
Mike Rasmussen

CLERKS
Brock Steinbrink
Scott Haug

HEAD FINISH DIRECTOR
Brady Bonsall

ASSISTANT FINISH DIRECTOR
Ross Fellows

CHIP PICKUP/RETURN
Laura Sonnek

ASSISTANT TIMERS
Delmar Jones
Mark Armstrong
John Lakey

FINISH LINE COORDINATOR
Jennifer Schwartz, NSAA Assistant Director

FINISH JUDGES
Dennis Long
Kevin Madsen

RESULTS
Alan Higley, Timing Coordinator-MTec
Jeff Stauss, NSAA Technology Administrator
MEDIA INFORMATION
Sarah Sasse-Kildow, NSAA Assistant Director
Peter Yazvac, UNK Sports Information

AWARDS
Debra Velder, NSAA Associate Director
NSAA Board of Directors

CORRAL HELP/MARSHALLS
UNK Track and Field/Cross Country Athletes

CROWD
Kearney Sports & Recreation Committee

TICKET SELLERS/TAKERS
Kearney Sports & Recreation Committee, Dick Beechner

TRAINERS
Bill Murphy
Roy Stutz
Good Samaritan Hospital

PARKING
Kearney Sports & Recreation Committee
UNK Police
UNK Wrestling Team

HOSPITALITY
Kearney Chamber of Commerce
Kearney Sports & Recreation Committee

PUBLIC ADDRESS ANNOUNCER
Brandon Benitz

T-SHIRT SALES
Custom Sports

TEAM SCORING
Class A teams can run seven individuals and count the best five for the team standings, Classes B, C and D run six athletes and count the best four for the team standings.

RESULTS
Unofficial results will be announced and posted on the course. After the unofficial results have been posted for a designated time, the team and individual award presentations will occur by class in the Health & Sports Center. Results will be posted on the NSAA internet home page at http://www.nsaahome.org in the cross country section.

AWARDS
The awards ceremony will be in the UNK Health & Sports Center. Medals will be presented to the top 15 runners in each race. Team trophies and medals will be presented to the top two teams in each race. The awards ceremony will begin at the Sports Center at approximately 2:30 p.m. for Classes C and A and follow with D and B, at approximately 4:00 p.m. Results will be posted on the NSAA internet home page at https://www.nsaahome.org in the cross country section.

SPECTATORS
We ask that all spectators stay behind the ropes where requested and do not walk on any of the golf putting surfaces. The map of the course, located in the program, will help you keep track of the runners as they make their way around the course.

SHUTTLES
Spectator Shuttles will be operating during the course of the day, transporting spectators from the parking areas to the cross country course and to the UNK Health and Sports Center.

Cover photos courtesy of Callam Photography.
DISTRICT CHAMPIONS

BOYS TEAMS QUALIFIED
* District Team Champion

Class A
Creighton Preparatory School*
Fremont*
Grand Island
Kearney
Lincoln Southeast
Lincoln Southwest
Millard South
Millard West
North Platte
Omaha Burke*
Omaha South
Omaha Westside*

Class B
Blair
Elkhorn
Elkhorn South
Gering
Lexington
Lincoln Pius X*
Mount Michael Benedictine*
Omaha Gross Catholic*
Omaha Skutt Catholic
Scottsbluff*
Seward
Waverly

Class C
Bishop Neumann
Boone Central/Newman Grove
Boys Town
Columbus Scotus*
Cozad*
Fort Calhoun*
Kearney Catholic
Milford*
Mitchell
O’Neill
Raymond Central
Syracuse

Class D
Ainsworth*
Aquinas Catholic
Bertrand/Loomis
Chase County*
Crofton*
Dundy County Stratton
Johnson County Central
Kenesaw*
Laurel-Concord/Coleridge
McCool Junction
Nebraska Christian*
North Platte St. Patrick’s
Ord
Ravenna
Stanton
Thayer Central
West Holt
Yutan*

GIRLS TEAMS QUALIFIED
* District Team Champion

Class A
Bellevue West
Kearney*
Lincoln East
Lincoln Northeast
Lincoln Southeast
Lincoln Southwest*
Millard South
Nobles
Omaha Burke*
Omaha Marian
Papillion-La Vista
Papillion-La Vista South*

Class B
Columbus
Elkhorn
Elkhorn South
Gering*
Lexington
Lincoln Pius X*
Omaha Duchesne Academy*
Omaha Skutt Catholic
Plattsmouth*
Scottsbluff
Seward
York

Class C
Adams Central
Boone Central/Newman Grove
Chadron
Columbus Scotus*
Cozad*
Fairbury*
Gothenburg
Norfolk Catholic
Platteview
Syracuse
Wahoo
Wayne*

Class D
Bertrand/Loomis*
Crofton*
Dundy County Stratton*
East Butler
Eustis-Farnam/Medicine Valley
Gordon-Rushville
Hastings St. Cecilia
Malcolm*
Neilgh-Oakdale
Oakland-Craig
Ord*
Perkins County
Ravenna
Stanton
Thayer Central*
Weeping Water
West Holt
Wilber-Clatonia

DISTRICT INDIVIDUAL CHAMPIONS

BOYS

Class A
A-1, Colin Appel, Grand Island
A-2, Wyatt McGuire, North Platte
A-3, Seth Hirsch, Millard West
A-4, John Nownes, Creighton Preparatory School

Class B
B-1, Nicholas Larsen, Omaha Gross Catholic
B-2, Austin Yardley, Elkhorn
B-3, Matthew Schilmoeller, Lincoln Pius X
B-4, Matthew Baraza, Scottsbluff

Class C
C-1, Kohlton Gabehart, Milford
C-2, Eduardo Lopez, Columbus Scotus
C-3, Kaleb Lusche, Columbus Lakeview
C-4, Andres Pelayo, Cozad

Class D
D-1, Daniel Greblunas, Yutan
D-2, Hans Epp, Nebraska Christian
D-3, Cameron Moes, Osmond
D-4, Andrew Fields, Ord
D-5, Lane Tibbs, Kenesaw
D-6, Holden Dreiling, Chase County

DISTRICT INDIVIDUAL CHAMPIONS

GIRLS

Class A
A-1, Megan Sughrue, Kearney
A-2, Elsa Forsberg, Lincoln Southeast
A-3, Jeralyn Poe, Lincoln North Star
A-4, Anna Huribut, Lincoln Southwest

Class B
B-1, Lauren Mitteis, Plattsmouth
B-2, Molly Dibben, Blair
B-3, Erin Lee, York
B-4, Taylor Muncie, Scottsbluff

Class C
C-1, Collette Williams, Lincoln Christian
C-2, Megan Gillen, Platteview
C-3, Marta Pulfer, Wayne
C-4, Gabriella Gracia, Holdrege

Class D
D-1, Sarah Pogue, Yutan
D-2, Madison Quist, Doniphan-Trumbull
D-3, Braska Patterson, Stanton
D-4, Katherine Lansman, Ord
D-5, Kelsey Randall, Franklin
D-6, Jessi Smith, Bayard
Sponsors

BEST WESTERN INN
BEST WESTERN PLUS
ECONO LODGE
FAIRFIELD INN & SUITES
FIVE POINTS BANK
HAMPTON INN
HOLIDAY INN
HOLIDAY INN EXPRESS
KEARNEY COUNTRY CLUB

MICROTEL INN & SUITES
NEW VICTORIAN INN
OLD CHICAGO
PLATTE VALLEY STATE BANK
QDOBA
RAMADA
RODEWAY INN & SUITES
RUNZA DRIVE INN
RUNZA SOUTHEAST

SPAGHETTI SHOP
SUPER 8
TACO JOHNS
UNK
USA STEAK BUFFETT
VALENTINOS
WHISKEY CREEK
WINGATE INN

KEARNEY
visitors bureau
1-800-652-9435
WWW.VISITKEARNEY.ORG
RETURNING MEDAL WINNERS

CLASS A BOYS
Austin Post, Millard West (12), 6/A/12, 11/A/11
Wyatt McGuire, North Platte (12), 3/A/12, 12/A/11, 12/A/10
Arturo Garcia, Fremont (12), 13/A/11
Jack Polerecky, Creighton Preparatory School (12), 7/A/12
Colin Appel, Grand Island (12), 12/A/12
Benjamin Wellwood, Millard South (12), 13/A/12

CLASS A GIRLS
Jarelyn Poe, Lincoln North Star (11), 1/A/12, 1/A/11
Alexis Altmaier, Lincoln East (11), 4/A/12, 4/A/11
Megan Sughroue, Kearney (11), 5/A/12, 8/A/11
Katie Spencer, Millard South (11), 12/A/11
Delaney McFadden, Kearney (12), 13/A/11
Anna Hurlbut, Lincoln Southwest (12), 9/A/12, 15/A/11
Elizabeth Naber, Papillion-La Vista South (12), 14/A/12, 9/A/10
Alana Sesow, Lincoln East (10), 6/A/12
Morgan Applegarth, Lincoln East (11), 7/A/12
Courtney Pickering, Papillion-La Vista (10), 8/A/12

CLASS B BOYS
Anthony Parra, Scottsbluff (12), 3/B/12, 3/B/11
Matthew Barraza, Scottsbluff (11), 1/B/12, 4/B/11
Nicholas Larsen, Omaha Gross Catholic (12), 4/B/12, 8/B/11
Ashraf Gandul Gandul, Elkhorn South (12), 7/B/12, 10/B/11, 7/B/10
Thomas Kalil, Mt. Michael Benedictine (12), 2/B/12
Jarrett Crnkovich, Mt. Michael Benedictine (12), 9/B/12
Austin Yardley, Elkhorn (10), 10/B/12
Brendan Taedter, Scottsbluff (12), 11/B/12
Justin Gross, Seward (12), 13/B/12

CLASS B GIRLS
Ellie Beiermann, Lincoln Pius X (10), 3/A/12
Willa Koenig, Lincoln Pius X (10), 12/B/12
Odaliz Santoyo-Garcia, Lexington (12), 1/B/11
Molly Sughrue, McCook (12), 2/B/12, 5/B/11
Hannah Ramsgard, Omaha Roncalli/Brownell-Talbot (12), 6/B/11
Shelbi Sloup, Seward (12), 11/B/12, 11/B/11, 15/B/10
Courtney Hotvoty, Omaha Duchesne Academy (11), 13/B/11
Hayley Wagner, Plattsmouth (11), 15/B/12, 14/B/11
Molly Dibben, Blair (12), 11/B/10
Erin Lee, York (10), 1/B/12
Lauren Mitteis, Plattsmouth (10), 6/B/12
Megan Billington, Northwest (11), 7/B/12
Taylor Muncie, Scottsbluff (11), 8/B/12
Lauren Wilcox, Seward (12), 10/B/12
Abbey Lenz, Omaha Skutt Catholic (10), 12/B/12

CLASS C BOYS
Ben Everswick, Fort Calhoun (12), 11/C/12, 15/C/11
Alex Tietz, Fort Calhoun (11), 5/C/12
Coleman Orchard, Syracuse (12), 6/C/12
Andres Pelayo, Cozad (12), 9/C/12
Trevor Jacobsen, Minden (12), 10/C/12
Kohlton Gabehart, Milford (12), 13/C/12
Tate Harvey, Mitchell (12), 15/C/12

CLASS C GIRLS
Gabriella Gracia, Holdrege (12), 1/C/12, 4/B/11, 4/B/10
Ronnie Brust, Wahoo (12), 12/C/12, 8/C/11
Kelsey Cymble, Ogallala (11), 8/C/12, 9/C/11
Samantha Carlson, Cozad (12), 15/C/11
Jacquelyn Dam, Arlington (12), 3/C/12, 5/D/10
Hannah Schmitz, Boone Central/Newman Grove (10), 4/C/12
Cassie Heier, Wayne (11), 10/C/12
Joelle Heng, Norfolk Catholic (11), 11/C/12
Jessica Schaecher, Columbus Scotus (11), 13/C/12

CLASS D BOYS
Andrew Fields, Ord (12), 6/D/12, 5/D/11, 7/D/10
Hans Epp, Nebraska Christian (12), 3/D/12, 7/D/11, 12/D/10
Warren Dexter, Nebraska Christian (11), 4/D/12
Daniel Greblunas, Yutan (12), 8/D/12
Zachary Welch, Ainsworth (11), 9/D/12
Lane Tibbs, Kanesaw (12), 12/D/12
John Walnofer, CWC (11), 14/D/12
Drew Eskins, Crofton (12), 15/D/12

CLASS D GIRLS
Sheridan Wellnitz, Gordon-Rushville (11), 5/C/12, 4/C/11
Mariah Bolte, Malcolm (11), 10/D/11
Anna O’Malley, North Platte St. Patrick’s (11), 12/D/11
Kendy Kube, Crofton (11), 7/D/12, 15/D/11
Sarah Pogue, Yutan (12), 9/D/12, 13/D/10
Logan Clark, Ainsworth (10), 4/D/12
Katherine Lansman, Ord (11), 5/D/12
Braska Patterson, Stanton (11), 6/D/12
Kelsey Randall, Franklin (12), 8/D/12
Breana Gallup, Bloomfield (12), 10/D/12
Emily Locke, Malcolm (11), 11/D/12
Quinn Wragge, Crofton (11), 13/D/12
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<tr>
<th>Box</th>
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**Individual Box Assignments**

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DOANE TIGERS

- Nationally ranked for cross country and in academics
- Tiger women’s cross country team posted the 5th best grade point average in 2012-13 for all NAIA sports
- Both teams earned NAIA Scholar-Team honors in 2012-13
- Several Tigers have earned All-Conference & Runner-of-the-Week honors

DOANETIGERS.COM
BOYS CLASS A

Bellevue West
Coach: Craig Christians
1 Justin Liedtke (10)

Creighton Preparatory School
Coach: Bob Tillman SJ
2 Thomas Doran (11)
3 Blake Kanger (12)
4 Jacob Kenny (12)
5 John Lukowski (10)
6 Lucas Manganaro (12)
7 Jack Potrecoy (12)
8 John Nownes (11)

Fremont
Coach: Sean McMahon
9 Tanner Cate (12)
10 Arturo Garcia (12)
11 Ty Hansen (11)
12 Jacob Klein (12)
13 Zachary Smrcina (11)
14 Tyler Schuster (12)
15 Miguel Gomez (10)
16 Anthony Patton (11)
17 Aaliyah Estell Leacock (12)
18 Bryant Estlund (10)
19 Mackenzie Gray (11)
20 Madeline Hall (11)
21 Regan Hefner (10)
22 Paige Nelson (11)

Lincoln East
Coach: Kyle Lamley
23 Erin Krohn (12)

Kearney
Coach: Pat McNadden
24 Jared Cook (12)
25 Tyler Kowalski (9)
26 Lacie Lindner (11)
27 Delaney McNadden (12)
28 Rita Schnacker (9)
29 Sierra Nelson (11)
30 Alana Sesow (10)
31 Bailee Sobotka (11)
32 Andrea Wagner (12)

Lincoln High
Coach: Broc Howard
33 Bailey Block (12)
34 Andrew Meurer (12)
35 Austin Post (12)

Lincoln North
Coach: Matt Musiel
36 Cannon Marchand (11)
37 Alan Manhart (11)
38 Talia Martinez (10)
39 Issa Adan (12)
40 Ali Ibrahim (10)
41 Ibrahim Ibrahim (10)
42 Andrew Vasquez (10)
43 Taylor Tillman (12)
44 Emily Bedford (10)
45 Taylor Augustyn (9)
46 Emily Berzonsky (11)
47 Emily Asche (9)
48 Hannah Hurlbut (12)
49 Anna Hurlbut (12)
50 Marissa Czapla (10)
51 Rachel Dweikat (10)
52 Alexis Altmaier (11)
53 Jordan Wheeler (11)
54 Catherine Thull (12)
55 Abigail Johnson (9)
56 Emily Janecek (9)
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79 Catherine Thull (12)
80 Anna Hurlbut (12)
81 Emily Asche (9)
82 Hannah Hurlbut (12)
83 Marissa Czapla (10)
84 Jordan Wheeler (11)
85 Emily Janecek (9)
86 Hannah Hurlbut (12)
87 Marissa Czapla (10)
88 Jordan Wheeler (11)
89 Catherine Thull (12)
90 Anna Hurlbut (12)
91 Emily Asche (9)
92 Hannah Hurlbut (12)
93 Marissa Czapla (10)
94 Jordan Wheeler (11)
95 Catherine Thull (12)
96 Anna Hurlbut (12)
97 Marissa Czapla (10)
98 Jordan Wheeler (11)
99 Catherine Thull (12)
100 Anna Hurlbut (12)
BOYS CLASS B

Aurora
Coach: Ron Haden/Tony Sigler
1 Ethan Bergmann (10)

Beatrice
Coach: Jeff Junker
2 Jace Pinkerton (12)

Blair
Coach: Erin Field
3 Blaine Fisher (11)
4 J.C. Grossoehe (12)
5 Jacob Tierney (12)
6 Alec Wick (9)
7 Ethan Wick (12)
8 Evan Wick (9)

Columbus
Coach: Dave Licari
9 Gerardo Najera (11)
10 Morgan Penn (11)

Crete
Coach: Drew Rische
11 Casey Viger (11)

Elkhorn
Coach: Bob Wolf
12 Josiah Ferguson (12)
13 Colton Leal (11)
14 Alex Otterberg (11)
15 Michael Shavlik (12)
16 Jacob Uihing (10)
17 Austin Yardley (10)

Elkhorn South
Coach: Tim Ebers
18 Evan Asche (11)
19 Jackson Doughty (11)
20 Ahsraf Gandul Gandul (12)
21 Maxwell Heng (9)
22 Jordan Scott (12)
23 Mason Smalley (10)

Gering
Coach: Rick Marez
24 Keenan Fogle (11)
25 Steven Juarez (12)
26 Arich Knaub (12)
27 Aaron Pierce (12)
28 Jacey Shaull (10)
29 Kyle Upp (11)

Gretna
Coach: Joe Marik
30 Ryan Carlson (10)

Hastings
Coach: Scott Rosno
31 Nolan Kohnmetscher (10)

Lexington
Coach: Sam Silka
32 Alain Alvarez (12)
33 Anfernce Covarrubias-Linares (12)
34 Chandler Flynn (11)
35 Horacio Gaeta (11)
36 Ricardo Gaeta (9)
37 John Mark Shields (10)

Lincoln Plus X
Coach: George O'Boyle
38 Chad Berens (12)
39 Thomas Dalton III (12)
40 Kade Kalkowski (11)
41 Matthew Schlimoeller (12)
42 Jeremy Sousk (12)
43 Riley Ward (9)

Mount Michael Benedictine
Coach: John Gathje
44 Jarrett Crikovich (12)
45 Marcus Cronin (11)
46 Peyton Hottovy (9)
47 Thomas Kalil (12)
48 Samuel Van Haute (10)
49 Thomas Wooten (11)

Norris
Coach: Tom Allen
50 Rosten From (11)

Northwest
Coach: Vince Zavala
51 Kip Jones (10)

Omaha Gross Catholic
Coach: Rich Carey
52 Luke Blankman (9)
53 Aaron Frickel (11)
54 Beau Larsen (9)
55 Nicholas Larsen (12)
56 Thomas Larsen (11)
57 Joseph WiIwerding (11)

Omaha Skutt Catholic
Coach: Steve Schumacher
58 Elliott Amenta (12)
59 Jacob Baumert (10)
60 Scott Friend (11)
61 Andrew Heithoff (11)
62 Adam Judge (12)
63 Grant McCarty (12)

Plattsmouth
Coach: Todd Nott
64 Corhan Kress (10)
65 Michael Stewart (12)
66 Ronald Taylor (9)

Ralston
Coach: Trevor O'Reilly
67 Nattie O'Reilly (11)

Seward
Coach: Kurt Holliday
68 Thomas Gremel (11)
69 Justin Gross (12)
70 Evan Mettenbrink (9)
71 Brevin Sloup (10)
72 Jacob Sloup (11)
73 Nathan Sorsen (12)

Sidney
Coach: Tony Neels
74 Abigail Heller (10)
75 Autumn Graham (9)
76 Taylor Handley (10)
77 Kelsey Sloup (11)
78 Jordan Sieh (12)
79 Taylor Trout (11)

Stewar
Coach: Caleigh Walker
80 Hadley Kirk (10)
81 Jerilyn Laws (10)
82 Hadley Kirk (10)
83 Kali Rimington (11)
84 Bijan Wilcox (10)

York
Coach: John Whitley
85 Mackenzie Moore (11)
86 Lauren Moorer (10)
87 Abigail Tygart (9)

QUALIFIERS CLASS B

Girls CLASS B

Aurora
Coach: Ron Haden/Tony Sigler
1 Jonna Bart (9)

Bennington
Coach: Joe Schumm
2 Allison Connor (10)
3 Kendra Heddens (10)

Blair
Coach: Erin Field
4 Molly Dubben (12)

Columbus
Coach: Dave Licari
5 Hannah Avryt (11)
6 Jessica Humphrey (10)
7 Mckenzie Loden (10)
8 Macy Petersen (12)
9 Bailey Smith (12)
10 Isabelle Watson (9)

Crete
Coach: Drew Rische
11 Rebecca Serina (9)

Elkhorn
Coach: Bob Wolf
12 Jessica Childers (9)
13 Paige Hendrix (10)
14 Kylee Smallfoot (12)
15 Madison Uihing (10)
16 Renata Valquier-Chavez (10)
17 Abigail Wilcox (10)

Elkhorn South
Coach: Tim Ebers
18 Erin Circo (10)
19 Macie Moore (9)
20 Mackenzie Moore (11)
21 Jennae Patras (9)
22 Jordan Sieh (12)
23 Taylor Trout (11)

Gering
Coach: Caleigh Walker
24 Hadley Kirk (10)
25 Jeryn Laws (10)
26 Rebekah Rawlings (9)
27 Karl Rimming (10)
28 Allison Wilcox (12)
29 Julia Ybarra (11)

Gretna
Coach: Joe Marik
30 Jamie Golbrich (11)

Hastings
Coach: Scott Rosno
31 Kaitlyn Pawloski (12)

Lexington
Coach: Sam Silka
32 Bianca Gomez (10)
33 Ana Hernandez-Cruz (11)
34 Elizabeth Macias-Vilegas (9)
35 Miranda Marroquin (10)
36 Erika Martinez-Perez (12)
37 Odaliz Santoyo-Garcia (12)

Lincoln Plus X
Coach: George O'Boyle
38 Elie Beiermann (10)
39 Ellen Budell (9)
40 Wila Koenig (10)
41 Sarah Kotwitz (12)
42 Natalie Kurtenbach (12)
43 Kylee Tucker (11)

McCook
Coach: Tom Sugrue
44 Molly Sugrue (12)

Norris
Coach: Tom Allen
45 Katelyn Trapp (11)

Northwest
Coach: Vince Zavala
46 Megan Billington (11)

Omaha Duchesne Academy
Coach: Dan Haske
47 Allister Carson (10)
48 Cayla Carson (12)
49 Jamie Cimino (11)
50 Jacklyn Hoburg (9)
51 Courtney Hottovy (11)
52 Kay Smith (9)

Omaha Mercy
Coach: Scott Rainbolt
53 Carly Adams (11)
54 Genevieve Jessue (12)

Omaha Roncalli Catholic/Omaha Brownell-Talbot
Coach: Jim McClurkin
55 Molly Sughroue (12)

Omaha Skutt Catholic
Coach: Steve Schumacher
56 Macy Danewood (10)
57 Michaela Gould (12)
58 Abbey Lenz (10)
59 Mikaela Lenz (11)
60 Katherine Lynch (12)
61 Abigail Nicholas (10)

Plattsmouth
Coach: Todd Nott
62 April Graham (10)
63 Autumn Graham (9)
64 Baylor Graham (12)
65 Lauren Mitteis (10)
66 Trinity Mott (10)
67 Hayley Wagner (11)

Ralston
Coach: Trevor O'Reilly
68 Jade Adler (10)

Scottsbluff
Coach: Jim Barker
69 Vanessa Avalos (11)
70 Claire Holsinger (10)
71 Shayeleigh James (10)
72 Brenna Mitchell-Martinez (11)
73 Taylor Munic (11)
74 Abigail Tygart (9)

Seward
Coach: Kurt Holliday
75 Alexandra George (10)
76 Angel Roth (11)
77 Kelsey Sloup (11)
78 Madison Sloup (11)
79 Shelby Sloup (10)
80 Lauren Wilcox (12)

Sidney
Coach: Tony Neels
81 Abigail Heller (10)
82 Madison Stafford (11)

York
Coach: Eric Rasmussen
83 Lauren Boyer (11)
84 Lauren Clark (11)
85 Erin Lee (10)
86 Josie Lee (11)
87 Rebekah Turnbull (11)
88 Hannah Way (9)
BOYS CLASS C

Adams Central
Coach: Tori Fowler
1 Nicholas Lindblad (10)
Arlington
Coach: Scott Parson
2 Luke Walkenhorst (12)
Auburn
Coach: Jeff Allgood
3 Dakota Groves (12)
Bishop Neumann
Coach: Bob Brandt
4 Joseph Benes (12)
5 Jameson Hittle (11)
6 Seth Johnson (11)
7 Jack Leedom (11)
8 Connor Sabatka (12)
9 Alex Tvrdy (11)

Blue Hill/Red Cloud
Coach: Dan Muth
10 Jace Kraun (11)

Boone Central/Newman Grove
Coach: Tom Dickey
11 Thomas Hosford (9)
12 Jackson Meyer (12)
13 Andrew Rasmussen (11)
14 Trevor Salber (12)
15 Cody Shano (11)
16 Samuel Soto-Stopak (11)

Boys Town
Coach: Ron Stargel
17 Austin LeBron (10)
18 Pepper Marchard (9)
19 Austin Shelly (10)
20 Adam Walsh (12)
21 Tyler Weisshaar (12)
22 Kevin Yack (10)

Broken Bow
Coach: Jason Daffer
23 Evan Rose (12)

Chadron
Coach: John Girard
24 Alec Burk (12)
25 Phillip Duncan (12)

Columbus Lakeview
Coach: James Brock
26 Kaleb Lusche (10)

Columbus Scutus
Coach: Merlin Lahm
27 Justin Brockhaus (10)
28 Eduardo Lopez (11)
29 Jacob Nienaber (12)
30 Nathan Ostdiek (9)
31 Austin Sweth (10)
32 Toby Tooley (11)

Coad
Coach: Dustin Favinger
33 Graham Applegate (11)
34 Jesus Estrada (12)
35 Garrett Geiger (12)
36 Jacob Hoffman (11)
37 Jose Monroy (12)
38 Andres Pelayo (12)

Douglas County West
Coach: Gib Hall
39 Tristan Nelson (11)

Fairbury
Coach: Kristi Peterson
40 Jonathan Fletcher (12)

Fort Calhoun
Coach: Jim Meyer
41 Steven Determan (12)
42 Ben Everswick (12)
43 Peyton Grieset (11)
44 Sean Ramey (12)
45 Adam Robinson (12)
46 Alex Tietz (11)

Gothenburg
Coach: Steve Reeves
47 Collin Hahn (9)

Hartington
Coach: Mandy Hochstein
48 Noah Noecker (10)

Kearney Catholic
Coach: Don Liess
49 Zachary Jackson (11)
50 Keely Keeling (9)
51 Collin Meusch (12)
52 Liam Murphy (11)
53 Dane Schmitt (12)
54 Grant Williams (11)

Lincoln Lutheran
Coach: Gary Bredehoff
55 Austin Peterson (11)
56 Ryan Voil (9)

Madison
Coach: Connie Herz
57 Isaiah Solario (12)

Milford
Coach: Mike Harrigan
58 Sean Frederickson (12)
59 Kohlton Gabehart (12)
60 Hunter Jensen (10)
61 Tyler Masco (10)
62 Ian Rempel (12)
63 Mitchell Tucker (12)

Menard
Coach: Shawn Wheelock
64 Trevor Jacobsen (12)

Mitchell
Coach: Mike Harrigan
65 Levi Avila (12)
66 Edward Brenz (10)
67 Tate Harvey (12)
68 Cody Mueller (10)
69 Luis Panduro (12)
70 Chase Watson (10)

Nordic Catholic
Coach: Doug Zoucha
71 Cameron Carney (9)
72 Matthew Wieser (11)

O’Neill
Coach: Cole Hillier
73 Kyle Fowler (11)
74 Joseph Gillham (12)
75 Blake Johnson (10)
76 Grant Johnson (10)
77 Shea Lueninghoven (12)
78 Blake Walters (11)

Ogallala
Coach: Shane Fruit
79 Jaco Henning (9)

Omaha Concordia
Coach: Aaron Staub
80 Nicholas Campagna (11)
81 Anthony Isaac (10)
82 Wyatt Pauley (9)

Pierce
Coach: Gary Shada
83 Myles Sudbeck (12)

Platteview
Coach: Robin Marshall
84 Christopher Smith (10)

Raymond Central
Coach: Dale Rasmussen
85 Hunter Arias (10)
86 Victor Brooks (9)
87 Logan Joe (12)
88athan Marm (9)
89 Montgomery Munn (9)

Syracuse
Coach: Rich Ziegler
90 Tommy Lowman (12)
91 Coleman Ord (12)
92 Cody Pester (9)
93 Keegan Pope (9)
94 Riley Porter (11)
95 Derek Weiler (11)

Wayho
Coach: Karla Curran
96 Thomas McAtee (11)

Wayne
Coach: Rocky Ruhl
97 Ben Hocksins (11)

GIRLS CLASS C

Adams Central
Coach: Tori Fowler
1 Courtney Anderson (10)
2 Morgan Bredenkamp (10)
3 Tarasha Cole (9)
4 Brielle DeBusk (12)
5 Shianne Everheart (9)
6 Abby Shipman (12)

Arlington
Coach: Scott Parson
7 Jacquelyn Dam (12)

Auburn
Coach: Jeff Allgood
8 Melissa Davison (10)
9 Lindsey Mertes (11)

Bishop Neumann
Coach: Bob Brandt
10 Brooklyn Sensibaugh (12)

Boone Central/Newman Grove
Coach: Tom Dickey
11 Sheldon Beierman (10)
12 Kendra Gonzalez (11)
13 Hannah Schmitz (10)
14 Christine Soto-Stopak (9)
15 Taylor Starman (10)
16 Catherine Weaver (9)

Chadron
Coach: John Girard
17 Lesly Cubeza Piedades (9)
18 Julienne Dickerson (9)
19 Alison Gardner (9)
20 Veronica Parish (11)
21 Kiya Passero (10)
22 Margaret Welch (9)

Columbus Lakeview
Coach: James Brock
23 Brianna Prater (11)

Columbus Scutus
Coach: Merlin Lahm
24 Carly Fehringer (11)
25 Kelsey Kessler (11)
26 Jessica Lahn (10)
27 Brooke Olmer (10)
28 Jessica Schaefer (9)
28 Kaylee Tonniges (9)

Coad
Coach: Dustin Favinger
29 Whitney Applegate (9)
30 Samantha Carlson (12)
31 Valeria Estrada (9)
32 Jamie Garcia (10)
33 Janice Garcia (9)
34 Jasmine Mapei (10)

Fairbury
Coach: Kristi Peterson
35 Jordan Johnson (12)
36 Alex Medina (12)
37 Alex Medina (12)
38 Anna Brodersen (12)
39 spices (12)

Fall City
Coach: Cody Haxley
40 Logan Lashers (10)
41 Krista Sampla (10)

Fort Calhoun
Coach: Jim Meyer
42 Abby Hillmer (11)
43 Ellie Shaffer (9)

Gothenburg
Coach: Steve Reeves
44 Sydney Gruber (10)
45 Amanda Kowalewski (10)
46 Keely Lecher (9)
47 Jennifer Maline (10)
48 Destiny McVay (10)
49 Jacy Teahan (9)

Hartington
Coach: Mandy Hochstein
50 Anna Brodersen (11)

Holdrege
Coach: Steph Fuehrer
51 Gabriella Gracia (12)
52 Jacie Pfeifer (9)

Kearney Catholic
Coach: Don Liess
53 Gabrielle Feldner (12)

Lincoln Christian
Coach: Mark Canfield
54 Collette Williams (10)

Milford
Coach: Michele Kontor
55 Abigail Reitz (10)

Mindien
Coach: Shawn Wheelock
56 Emma Jones (10)

Mitchell
Coach: Mike Harrigan
57 Celeste Cardona (9)
58 Madison Watson (9)

Nordic Catholic
Coach: Doug Zoucha
59 Alex Anderson (9)
60 Nicole Aschoff (11)
61 Jennifer Blank (11)
62 Aslyn Haurer (9)
63 Joelle Heng (9)
64 Jana Unr (9)

O’Neill
Coach: Cole Hillier
65 Alexandra Kersenbrock (11)

Ogallala
Coach: Shane Fruit
66 Kelsey Cramble (11)

Platteview
Coach: Robin Marshall
67 Colleen Anderson (12)
68 Jessica Gilbert (11)
69 Meghan Gilbert (12)
70 Megan Gillen (9)
71 Raelyn Hauens (11)
72 Alyssa Iverson (11)

Raymond Central
Coach: Dale Rasmussen
73 Haylee Haeccker (10)

St. Paul
Coach: Doug Voigt
74 Makayla Modoff (10)

Syracuse
Coach: Rich Ziegler
75 Kaylee Hartman (11)
76 Kimberly Lowman (10)
77 Sydney Paeden (10)
78 Madeline Wilkinson (12)

Valentine
Coach: Jerri Arnold
79 Inka Hasemann (10)

Wahoo
Coach: Karla Curran
80 Joelle Anderson (11)
81 Hannah Brust (9)
82 Ronnie Brust (12)
83 Rachel Hrdlicka (11)
84 Madison Talbert (9)
85 Rebecca Welch (12)

Wayne
Coach: Rocky Ruhl
86 Molly Burbach (12)
87 Cassie Heier (11)
88 Marissa Munsell (9)
89 Angie Nelson (12)
90 Marta Pulfer (9)
91 Amanda Stabler (10)
BOYS CLASS D

Ainsworth
Coach: Jared Hansmeyer
1 Clay Chohon (12)
2 Austin Harthoo (10)
3 Hunter Martin (11)
4 Alex Masters (11)
5 Robert Maxwell (12)
6 Zachary Welch (11)

Amherst
Coach: Tessa Dobish
7 Bryan Wietjes (12)

Anselmo-Merna
Coach: Jacy Cramer
8 Adam Christen (12)

Aquinas Catholic
Coach: John Svec
9 Jake Neuhalfen (9)

Archbishop Bergan
Coach: Joe Ortmeier
10 Cameron Moeis (11)

Ainsworth
Coach: Jayne Arens
11 Cole Steffen (11)

Cody-Kilgore
Coach: Tom Erickson
12 Jonathan Askey (9)
13 Blake Ballard (11)

Doniphan-Trumbull
Coach: Corey Hatt
14 Jonathan Askey (9)
15 Blake Ballard (11)

Dundy County Stratton
Coach: Scott Lambly
16 Jacob Calvert (12)
17 Cade Duvel (12)
18 Christian Hughes (11)
19 Bailey Peckham (9)
20 Ty Sweinsson (10)
21 Nikolaus Willis (10)

Dundee
Coach: Rylan Cheney
22 Andrew Vaverek (12)
23 Garret Thompson (12)
24 Indy Smith (10)
25 Jacob Kennedy (10)
26 Holden Dreiling (11)

Logan View
Coach: Gary Samuelson
27 Gage Hoegermeyer (11)

Louisville
Coach: Matt Hammer
28 Jack Winkler (12)

Malcolm
Coach: Bri Pulec
29 Matthew Kallhoff (11)

Maxwell
Coach: Jarad Meinhert
30 Zach Gregg (12)

Maywood
Coach: Molly Greene
31 Quinton Phillips (12)

McCool Junction
Coach: Ryan Underwood
32 Preston Cole (11)
33 A.J. Hamm (12)
34 Joe Neville (12)
35 Trey Perry (11)
36 Shane Smith (12)
37 Christian Vera (10)

Nebraska Christian
Coach: Janet Landrigan
38 Warren Dexter (11)
39 Adrian Epp (11)
40 Hans Epp (12)
41 Cameron Langemier (10)
42 Matthew Myers (10)
43 CJ Rulball (11)

North Central
Coach: Rick Eickholt
44 Robert Peinke (11)

North Loup-Scotia
Coach: Brie Pulec
45 CJ Rulball (11)
46 Cameron Langemier (10)
47 Matthew Myers (10)
48 Christian Vera (10)

Omaha Christian Academy
Coach: Jennifer Oliver
49 Cody West (12)

Osmond
Coach: Joe Ortmeier
50 Cameron Moeis (11)

Pawnee City
Coach: Eric Uher
51 Alex Menninga (10)

Paxton
Coach: Dale Schroeder
52 Tyler Cassell (12)

Pender
Coach: Dustin Krusemark
53 Matthew Urbanec (12)

Ravenna
Coach: Craig Trampe
54 Tanner Douglas (9)
55 Ethan Keilig (9)
56 Darrell Russell (10)
57 Jorden Strode (10)
58 Grant Teichmier (10)

Sutherland
Coach: Jessica Saner
59 Jorden Strode (10)
60 Trevor Doffin (9)
61 Caleb Goeken (12)
62 Caylan Hirschman (11)
63 Noor Kouallou (12)

Weeping Water
Coach: Joe Philip
64 Jacob Meeske (11)

West Holt
Coach: Jeff Kraus
65 Taylor Rulball (11)
66 Tony Bohnet (12)
67 Adam Hewlett (11)
68 Logan Hewlett (9)
69 Eliah Keilig (10)
70 Landon Schmit (11)

Winnebago
Coach: Kory Pfister
71 David Weigel (11)

Winsmer-Pilger
Coach: Steve McManigal
72 Riley Ruskamp (10)
73 Jacob VanSickle (10)

Yutan
Coach: Rod Henkel
74 Corrigan Abraham (9)
75 Jayden Graham (9)
76 Daniel Greblunas (12)
77 Jeff Krusemark (9)
78 John Grinvalds (9)
79 Adam Vaverek (12)
80 Charley Ziegler (10)

Zurich
Coach: Don Rieke
81 Alex Burwell (10)
82 Alex Hutter (10)
83 Jacob Kennedy (10)
84 Alex Keilig (10)
85 Alex Milbrandt (10)
86 Alex Pfister (10)

4500m Relay
Coach: Jeff Kraus
87 Ben Mash (9)
88 Grant Teichmier (10)
89 Alex Wright (10)
90 Max Shaeffer (10)
91 Alex Weigel (11)

400m Relay
Coach: Matt Rieke
92 Alex Wright (10)
93 Grant Teichmier (10)
94 Alex Pfister (10)
95 Max Shaeffer (10)
96 Alex Weigel (11)

4x100m Relay
Coach: Jeff Kraus
97 Ben Mash (9)
98 Grant Teichmier (10)
99 Alex Wright (10)
100 Max Shaeffer (10)
101 Alex Weigel (11)

4x800m Relay
Coach: Matt Rieke
102 Alex Weigel (11)
103 Ben Mash (9)
104 Grant Teichmier (10)
105 Alex Wright (10)
106 Max Shaeffer (10)

Sprints
Coach: Jeff Kraus
107 Ben Mash (9)
108 Grant Teichmier (10)
109 Alex Wright (10)
110 Max Shaeffer (10)
111 Alex Weigel (11)

Other Events
Coach: Matt Rieke
112 Ben Mash (9)
113 Grant Teichmier (10)
114 Alex Wright (10)
115 Max Shaeffer (10)
116 Alex Weigel (11)

Total Team Score
Coach: Jeff Kraus
117 Ben Mash (9)
118 Grant Teichmier (10)
119 Alex Wright (10)
120 Max Shaeffer (10)
121 Alex Weigel (11)

Total State Score
Coach: Matt Rieke
122 Ben Mash (9)
123 Grant Teichmier (10)
124 Alex Wright (10)
125 Max Shaeffer (10)
126 Alex Weigel (11)

Total Meet Score
Coach: Jeff Kraus
127 Ben Mash (9)
128 Grant Teichmier (10)
129 Alex Wright (10)
130 Max Shaeffer (10)
131 Alex Weigel (11)

Total Meet Score
Coach: Matt Rieke
132 Ben Mash (9)
133 Grant Teichmier (10)
134 Alex Wright (10)
135 Max Shaeffer (10)
136 Alex Weigel (11)

Total Meet Score
Coach: Jeff Kraus
137 Ben Mash (9)
138 Grant Teichmier (10)
139 Alex Wright (10)
140 Max Shaeffer (10)
141 Alex Weigel (11)

Total Meet Score
Coach: Matt Rieke
142 Ben Mash (9)
143 Grant Teichmier (10)
144 Alex Wright (10)
145 Max Shaeffer (10)
146 Alex Weigel (11)

Total Meet Score
Coach: Jeff Kraus
147 Ben Mash (9)
148 Grant Teichmier (10)
149 Alex Wright (10)
150 Max Shaeffer (10)
151 Alex Weigel (11)

Total Meet Score
Coach: Matt Rieke
152 Ben Mash (9)
153 Grant Teichmier (10)
154 Alex Wright (10)
155 Max Shaeffer (10)
156 Alex Weigel (11)

Total Meet Score
Coach: Jeff Kraus
157 Ben Mash (9)
158 Grant Teichmier (10)
159 Alex Wright (10)
160 Max Shaeffer (10)
161 Alex Weigel (11)

Total Meet Score
Coach: Matt Rieke
162 Ben Mash (9)
163 Grant Teichmier (10)
164 Alex Wright (10)
165 Max Shaeffer (10)
166 Alex Weigel (11)

Total Meet Score
Coach: Jeff Kraus
167 Ben Mash (9)
168 Grant Teichmier (10)
169 Alex Wright (10)
170 Max Shaeffer (10)
171 Alex Weigel (11)

Total Meet Score
Coach: Matt Rieke
172 Ben Mash (9)
173 Grant Teichmier (10)
174 Alex Wright (10)
175 Max Shaeffer (10)
176 Alex Weigel (11)

Total Meet Score
Coach: Jeff Kraus
177 Ben Mash (9)
178 Grant Teichmier (10)
179 Alex Wright (10)
180 Max Shaeffer (10)
181 Alex Weigel (11)

Total Meet Score
Coach: Matt Rieke
182 Ben Mash (9)
183 Grant Teichmier (10)
184 Alex Wright (10)
185 Max Shaeffer (10)
186 Alex Weigel (11)

Total Meet Score
Coach: Jeff Kraus
187 Ben Mash (9)
188 Grant Teichmier (10)
189 Alex Wright (10)
190 Max Shaeffer (10)
191 Alex Weigel (11)

Total Meet Score
Coach: Matt Rieke
192 Ben Mash (9)
193 Grant Teichmier (10)
194 Alex Wright (10)
195 Max Shaeffer (10)
196 Alex Weigel (11)

Total Meet Score
Coach: Jeff Kraus
197 Ben Mash (9)
198 Grant Teichmier (10)
199 Alex Wright (10)
200 Max Shaeffer (10)
201 Alex Weigel (11)
East Butler
Coach: Dale Nielsen
29 Mariah Aerts (11)
30 Amber Cooper (9)
31 Kristen Pleskas (12)
32 Emily Reimer (11)
33 Samantha Rezac (11)
34 Taylor Zitek (12)

Malcolm
Coach: Brie Pulec
64 Mariah Boles (11)
65 Tyra Drakenberg (10)
66 Amanda Engelbart (10)
67 Casey Engelbart (10)
68 Emily Locke (11)
69 Andi Rivers (11)

Sandhills/Thedford
Coach: Jane Haake
102 Clancy Heseltine (9)

SMC
Coach: Nicole Recoy
103 Tristan Haake (9)

Stanton
Coach: Dave Ernesti
104 Dacia Breyke (12)
105 Muray Koulai (10)
106 Shayla Mandl (11)
107 Braska Patterson (11)
108 Paige Thelen (10)
109 Rebecca Unger (12)

Superior
Coach: Ron Hershberger
110 Mattison Sullivan (12)

Thayer Central
Coach: Andy Long
111 Trinity Cal (11)
112 Rachel Heitmann (11)
113 Haley Huhman (11)
114 Bailey Linton (12)
115 Shivani Patel (9)
116 Taelyn Virus (9)

Weeping Water
Coach: Joe Philippi
117 Payton Bailey (11)
118 Brianna Buffington (9)
119 Michelle Horn (12)
120 Michaela Lawrence (9)
121 Courtney Stanley (9)
122 Jaiden Thomas (10)

West Holt
Coach: Jeff Kraus
123 Emma Laib (9)
124 Alyssa Reiman (9)
125 Jayden Reiman (9)
126 Jessica Thiele (12)
127 Alyssa Vanderbeek (12)

Wilber-Clatonia
Coach: Nick Behring
128 Samara Evans (12)
129 Summer Grotelueschen (9)
130 Cassie Hixon (10)
131 Victoria Lokken (9)
132 Kathleen O’Toole (12)
133 Courtney Pecka (10)

Wood River
Coach: Gretchen Wiseman
134 Alyssa Brown (11)
135 Taylor Willoughby (12)

Yutan
Coach: Rod Henkel
136 Sarah Pogue (12)
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**FOUR-TIME INDIVIDUAL CHAMPIONS**


**THREE-TIME INDIVIDUAL CHAMPIONS**


**MOST TEAM CHAMPIONSHIPS**

**Boys**

12 Scottsbluff
10 Lincoln Pius X
10 Lincoln Southeast
8 Mt. Michael Benedictine
7 Crofton
7 Fremont
7 Malcolm
6 Kearney
6 Omaha Burke
5 Ogallala
4 Bayard
4 Lexington
4 Morrill
4 Norfolk Catholic

**Girls**

16 Crofton
13 Lincoln Southeast
8 Lincoln Pius X
7 Omaha Marian
5 Fort Calhoun
4 Geneva
4 Bishop Neumann
4 Columbus Scotus
3 Aurora
3 East Butler
3 Lincoln High
3 North Platte
3 Plattsmouth
3 Scottsbluff
2 Seward
2 York
2 Elkhorn
2 Gering
2 Gothenburg
2 Lexington
2 Minden
2 Morrill
2 Norfolk
2 Oakland-Craig
2 Wayne
1 Ainsworth
1 Auburn
1 Bertrand
1 Central City
1 Fremont
1 Hebron
1 Lincoln East
1 McCook
1 Millard West
1 North Bend
1 Northeast
1 Papillion-La Vista South
1 Pierce
1 Ralston
1 South Sioux City

**CONSECUTIVE TEAM CHAMPIONSHIPS**

**Boys**

3, Bayard (C/1965, C/1964, C/1963)
3, Plattsmouth (B/1975, B/1974, B/1973)

**Girls**

CLASS A BOYS

Year-Individual Champion, School, Time
1975-Pat Griggs, Plattsmouth, 13:13
1976-Jim Hall, Omaha Paul VI, 13:52
1977-Terry Schuman, Chase County, 13:27
1978-Mark Gokie, Chase County, 13:33
1979-Jerry Lorkovic, Omaha Paul VI, 13:52 (5,000 Meters)
1980-Steve Doran, Grand Island Central Catholic, 16:35
1981-Scott Pachunka, Omaha Roncalli, 15:51
1982-Bryan Clark, Auburn, 15:45
1984-Dave Keil, Northwest, 17:23
1985-Tom Banks, Elkhorn, 16:23
1987-Greg Kahnk, Elkhorn, 15:25
1988-Dean Bowling, Northwest, 16:37
1989-Tom Magnuson, O'Neill, 16:43
1990-Nathan Ewert, McCook, 16:26
1992-Mike Mason, Ogallala, 16:38
1994-Anthony Alt, Waverly, 16:44
1995-Seth Stewart, Plattsmouth, 16:19
1996-Anthony Alt, Waverly, 16:13
1998-Jack Girard, Alliance, 16:22
1999-Jeff Gorman, Plattsmouth, 16:21
2001-Jason Relph, McCook, 16:50.3
2002-Chris Dunker, Beatrice, 16:37
2003-Chris Dunker, Beatrice, 16:22.42
2005-David Adams, York, 15:55.18
2006-David Adams, York, 15:47
2007-Adam Mitteis, Plattsmouth, 16:17
2008-Kelli Budd, Omaha Marian, 14:57
2009-Connor Gibson, Blair, 16:30
2010-Franklin Ibarra, Lexington, 16:11
2011-Matthew Barraza, Scottsbluff, 16:22.1
2012-Anthony Alt, Waverly, 16:03.75
PAST CHAMPIONS

1960-Darold Dent, Burwell, 9:31.3 (1.9 Miles)
1962-Frank Turja, Bayard, 8:28
1963-Joel Douglass, Crete, 10:22 (2 Miles)
1965-Melvin Campbell, Ainsworth, 10:09 (1.8 Miles)
1966-Tom Housel, Lexington, 9:56
1967-Dave Biehl, Lexington, 10:12 (1.9 Miles)
1969-Lee Newcomer, York, 9:42
1971-Alliance, 28
1974-Plattsmouth, 34
1975-Plattsmouth, 37
1976-Lincoln Pius X, 30
1978-Lincoln Pius X, 24
2002-Aurora, 41
2001-York, 38
2001-Phillips, 40
2000-Plattsmouth, 40
2001-York, 38
2002-Aurora, 41
2007-Norfolk Catholic, 23
2008-Norfolk Catholic, 18
2010-Ogallala, 42
2012-Mt. Michael Benedictine, 25
1960-Charlie Dent, Burwell, 9:31.3 (1.9 Miles)
1962-Frank Turja, Bayard, 8:28
1963-Joel Douglass, Crete, 10:22 (2 Miles)
1965-Melvin Campbell, Ainsworth, 10:09 (1.8 Miles)
1966-Tom Housel, Lexington, 9:56
1967-Dave Biehl, Lexington, 10:12 (1.9 Miles)
1969-Lee Newcomer, York, 9:42
1971-Alliance, 28
1974-Plattsmouth, 34
1975-Plattsmouth, 37
1976-Lincoln Pius X, 30
1978-Lincoln Pius X, 24
2002-Aurora, 41
2001-York, 38
2000-Plattsmouth, 40
2001-York, 38
2002-Aurora, 41
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2008-Norfolk Catholic, 18
2010-Ogallala, 42
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1975-Plattsmouth, 37
1976-Lincoln Pius X, 30
1978-Lincoln Pius X, 24
2002-Aurora, 41
2001-York, 38
2000-Plattsmouth, 40
2001-York, 38
2002-Aurora, 41
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1975-Plattsmouth, 37
1976-Lincoln Pius X, 30
1978-Lincoln Pius X, 24
2002-Aurora, 41
2001-York, 38
2000-Plattsmouth, 40
2001-York, 38
2002-Aurora, 41
2007-Norfolk Catholic, 23
2008-Norfolk Catholic, 18
2010-Ogallala, 42
2012-Mt. Michael Benedictine, 25

1992-Crofton, 49
1991-Geneva, 19
1990-Geneva, 35
1989-Hebron, 57
1988-Crofton, 28
1987-Crofton, 34
1986-Crofton, 40
1985-Crofton, 45
1984-Crofton, 21
1982-Crofton, 46
1981-Crofton, 31
1980-North Bend, 56

CLASS D BOYS

Year-Individual Champion, School, Time
2012-Cody Franklin, Bridgeport, 16:33.9
2011-Austin Hamm, Bloomfield, 16:27.3
2010-Michael Schumacher, Ainsworth, 16:33.9
2009-Dillon Eckel, Gibbon, 16:55.9
2008-Kevin Weeder, Lindsay Holy Family, 17:21.0
2007-Jens Scholl, Deshler, 17:03.26
2006-Jeffrey Holka, Malcolm, 16:59.3
2005-Anthony Aerts, East Butler, 16:30.94
2004-Kyle Custer, Cambridge, 17:00.28
2003-Enrique Rodriguez, Morrill, 16:16.98
2002-Adam Lippold, Dawson-Verdon, 17:01.86
2001-Aaron Dye, Thayer Central, 16:54.0
2000-Matthew Wolfe, Republican Valley, 16:53.2
1999-Michael Nikkila, Kearney Catholic, 16:46.0
1998-Zachary Reeves, Gordon, 17:01
1997-Zachary Reeves, Gordon, 17:01
1996-Aaron Hraban, Bishop Neumann, 17:29
1995-Bryan Williams, Arcadia, 17:05
1994-Bryan Williams, Arcadia, 16:56

Class D Boys Team Champions & Score
2012-Nebraska Christian, 46
2011-Ord, 73
2010-Nebraska Christian, 37
2009-Hastings St. Cecilia, 50
2008-Lindsay Holy Family, 49
2007-Perrysburg, 48
2006-Malcolm, 42
2005-Malcolm, 23
2004-Malcolm, 66
2003-Aquinas, 56
2002-Aquinas, 41
2001-Bertrand, 48
2000-Hebron, 58
1999-Kearney Catholic, 30
1998-Kearney Catholic, 23
1997-Bishop Neumann, 28
1996-Geneva, 41
1995-Malcolm, 35
1994-Malcolm, 41

CLASS D GIRLS

Year-Individual Champion, School, Time
2012-Marissa Dewispelare, Aquinas Catholic, 15:08.8
2011-Marissa Dewispelare, Aquinas Catholic, 15:23.8
2010-Andrea Weeder, Lindsay Holy Family/Newman Grove, 15:10.0
2009-Andrea Weeder, Lindsay Holy Family/Newman Grove, 15:18.1
2008-Andrea Weeder, Lindsay Holy Family, 15:33.2
2007-Amy Long, Bayard, 15:27.07
2006-Kristin Steffen, Crofton, 15:59.35
2005-Amy Long, Bayard, 16:01.75
2004-Rachel Carrizales, Morrill, 15:47.92
2003-Erika DeBoer, Morrill, 16:15.53
2002-Heather Hernandez, Morrill, 16:15.08
2001-Kacie Beachler, Bridgeport, 15:46.42
2000-Martha Keen, Hastings St. Cecilia, 15:51.6
1999-Jennifer Nikkila, Kearney Catholic, 15:53.0
1997-Darcy Preston, Lyons-Decatur NE, 16:14
1996-Amber Fairbanks, Geneva, 15:59

Class D Girls Team Champions & Score
2012-Crofton, 23
2011-Crofton, 36
2010-Crofton, 48
2009-Crofton, 30
2008-Crofton, 30
2007-Crofton, 54
2006-Crofton, 54
2005-East Butler, 53
2004-East Butler, 41
2003-Morrill, 48
2002-Morrill, 19
2001-Oakland-Craig, 26
2000-Oakland-Craig, 36
1999-Bertrand, 41
1998-Geneva, 43
1997-Bishop Neumann, 27
1996-East Butler, 53
1995-Geneva, 38
1994-Bishop Neumann, 17

GOLD MEDAL WINNERS

Boys
2012-Joseph Harter, Millard West, 15:22.9
2011-Isaac Allen, Lincoln East, 15:51.2
2010-Jacob Olson, Kearney, 16:04.3
2009-Jarren Heng, Norfolk Catholic, 16:05.5
2008-Jarren Heng, Norfolk Catholic, 16:09.9
2007-Jon Ronhovde, Fremont, 16:11.22
2006-Todd Gulizia, Millard South, 15:28.19
2005-David Adams, York, 15:55.18
2004-East Butler, Fremont, 16:03.75
2003-Colby Wissel, Kearney, 15:37.11
2002-Colby Wissel, Kearney, 16:12.64
2001-Colby Wissel, Kearney, 15:50.1
1999-Brian Turner, Millard North, 15:51.0
1998-Brian Turner, Millard North, 15:44.3
1997-Jeremy Collins, York, 16:32
1996-Brandon Jessop, Kearney, 15:32
1995-Brandon Jessop, Kearney, 16:12
1994-Courtney Lamb, Lincoln Southeast, 16:20
1993-Dan Hoarty, Creighton Preparatory, 15:20

Girls
2012-Jerayln Poe, Lincoln North Star, 14:42.6
2011-Jerayln Poe, Lincoln North Star, 14:38.5
2010-Aubrey Worden, Scottsbluff, 14:22.2
2009-Aubrey Worden, Scottsbluff, 14:43.4
2008-Kelli Budd, Omaha Marian, 14:57.7
2007-Emily Sisson, Millard North, 14:25.18
2006-Emily Sisson, Omaha Marian, 14:35.94
2005-Katelyn White, Broken Bow, 14:59.08
2004-ASHLYNN BADER, Lincoln Central, 15:29.37
2003-Joslyn Dalton, Fremont, 15:10.01
2002-meredith Snow, Millard West, 15:20.72
2001-ELIZABETH LANGE, Lincoln Pius X, 14:58.4
2000-ANNE SHRADLE, South Sioux City, 15:08.6
1999-Anne Shrader, South Sioux City, 14:54.7
1998-Taryn Cyclewicz, Millard North, 14:58
1997-Kathryn Handrup, Aurora, 14:58
1996-Kathryn Handrup, Aurora, 15:32
1995-Kelsey Lindsey, Millard North, 15:57
1994-Kiley Lindsey, Millard North, 15:04
1993-Nora Shepherd, York, 14:49

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