



"NSAA...the other half of education."

NSAA STATE CROSS COUNTRY CHAMPIONSHIPS

OCTOBER 24, 2014 • KEARNEY
2014-2015 NSAA OFFICIAL CHAMPIONSHIP PROGRAM

Welcome! As Governor of the State of Nebraska, it has been my pleasure these past ten years to work with and to support our high school activities and the Nebraska School Activities Association.

The NSAA does a great job of helping Nebraska students take advantage of the many activities available while developing an appreciation for teamwork, fostering school spirit and demonstrating sportsmanship of fans and players.

I care deeply about the education our students receive in Nebraska and I'm delighted that so many schools encourage the learning that takes place from being involved with school activities. Students who participate in school activities develop important leadership and life skills.

Your charge now is to take those skills and make the world a better place. Good luck!

-Dave Heineman
Governor of Nebraska



Music, Play-Production, Speech, Journalism, and Athletics! These activities offer Nebraska students the opportunity to learn the value of teamwork, responsibility, dealing with adversity, competition, diversity, and community. Extracurricular participation complements the lessons learned in the classroom and reinforces the skills our students need in a real-world context. How exciting that over 120,000 students within 25 activities, in over 304 member high schools across Nebraska participate in NSAA programs. By participating, our students have already won!

On behalf of the NSAA Board of Directors and the NSAA Staff, we send our collective thanks for your support of the Association's mission and interscholastic events. Please accept our best wishes as you cheer and support your school!

We are "The Other Half of Education"

-Rhonda Blanford-Green
Executive Director-NSAA



"NSAA...the other half of education."

NSAA STATE CROSS COUNTRY CHAMPIONSHIPS

OCTOBER 24, 2014 • KEARNEY



Welcome

The Nebraska School Activities Association and the University of Nebraska-Kearney welcomes you to the NSAA State Cross Country Championships.

Championship Director

Jon Dolliver, NSAA Assistant Director

Assistant Directors

Brady Bonsall, University of Nebraska-Kearney

Ross Fellows, University of Nebraska-Kearney

Nate Neuhaus, NSAA Assistant Director

Ron Higdon, NSAA Assistant Director

NSAA Executive Director

Rhonda Blanford-Green

UNK Coordinator

Rich Brodersen

Hosts

University of Nebraska-Kearney

Kearney Sports and Recreation Committee

Gates Open/Admission

10:30 a.m. – Spectators and teams may enter the Country Club grounds from the south entrance.

Admission--\$7.00 for adults and \$5.00 for students

2014 State Cross Country Schedule

The following times are approximate.

Girls Class D—12:00 Noon

Girls Class B—12:30 pm

Boys Class D—1:00 pm

Boys Class B—1:30 pm

Girls Class C—2:00 pm

Girls Class A—2:30 pm

Boys Class C—3:00 pm

Boys Class A—3:30 pm

Team Scoring

Class A teams can run seven individuals and count the best five for the team standings, Classes B, C and D run six athletes and count the best four for the team standings.

Results

Unofficial results will be announced and posted on the course. After the unofficial results have been posted for a designated time, the team and individual award presentations will occur by class in the Health & Sports Center. Results will be posted on the NSAA internet home page at <http://www.nsaahome.org> in the cross country section.

Awards

The awards ceremony will be in the UNK Health & Sports Center. Medals will be presented to the top 15 runners in each race. Team trophies and medals will be presented to the top two teams in each race. The awards ceremony will begin at the Sports Center at approximately 2:30 p.m. for Classes B and D and follow with C and A, at approximately 4:00 p.m. Results will be posted on the NSAA internet home page at <https://www.nsaahome.org> in the cross country section.

Starter

Don Bartholomew

Assistant Starter

Steve Scoville

Referee

Charlie Gordon

Umpires

Dan Jones

Kevin Simmerman

Roger Neujahr

Lonny Polacek

Mike Rasmussen

Clerks

Brock Steinbrink

Scott Haug

Head Finish Director

Brady Bonsall

Assistant Finish Director

Ross Fellows

Chip Pickup/Return

Marissa Bongers

Assistant Timers

Delmar Jones
Mark Armstrong
John Lakey

Finish Line Coordinator

Jennifer Schwartz, NSAA Assistant Director

Finish Judges

Dennis Long
Kevin Madsen

Results

Alan Higley, Timing Coordinator-MTEC
Jeff Stauss, NSAA Technology Administrator

Media Information

Sarah Sasse-Kildow, NSAA Assistant Director
Peter Yazvac, UNK Sports Information

Communications Director

Bud Dahlstrom, NSAA Assistant Director

Awards

Debra Velder, NSAA Associate Director, Nate Neuhaus, NSAA Assistant Director & NSAA Board of Directors

Corral Help/Marshalls

UNK Track and Field/Cross Country Athletes

Crowd

Kearney Sports & Recreation Committee

Ticket Sellers/Takers

Kearney Sports & Recreation Committee, Dick Beechner

Trainers

Scott Unruh, Kazama Akei, CHI Health Good Samaritan Hospital

Parking

Kearney Sports & Recreation Committee
UNK Police
UNK Wrestling Team

Hospitality

Kearney Chamber of Commerce
Kearney Sports & Recreation Committee

Public Address Announcer

Brandon Benitz

T-shirt Sales

Custom Sports

Spectators

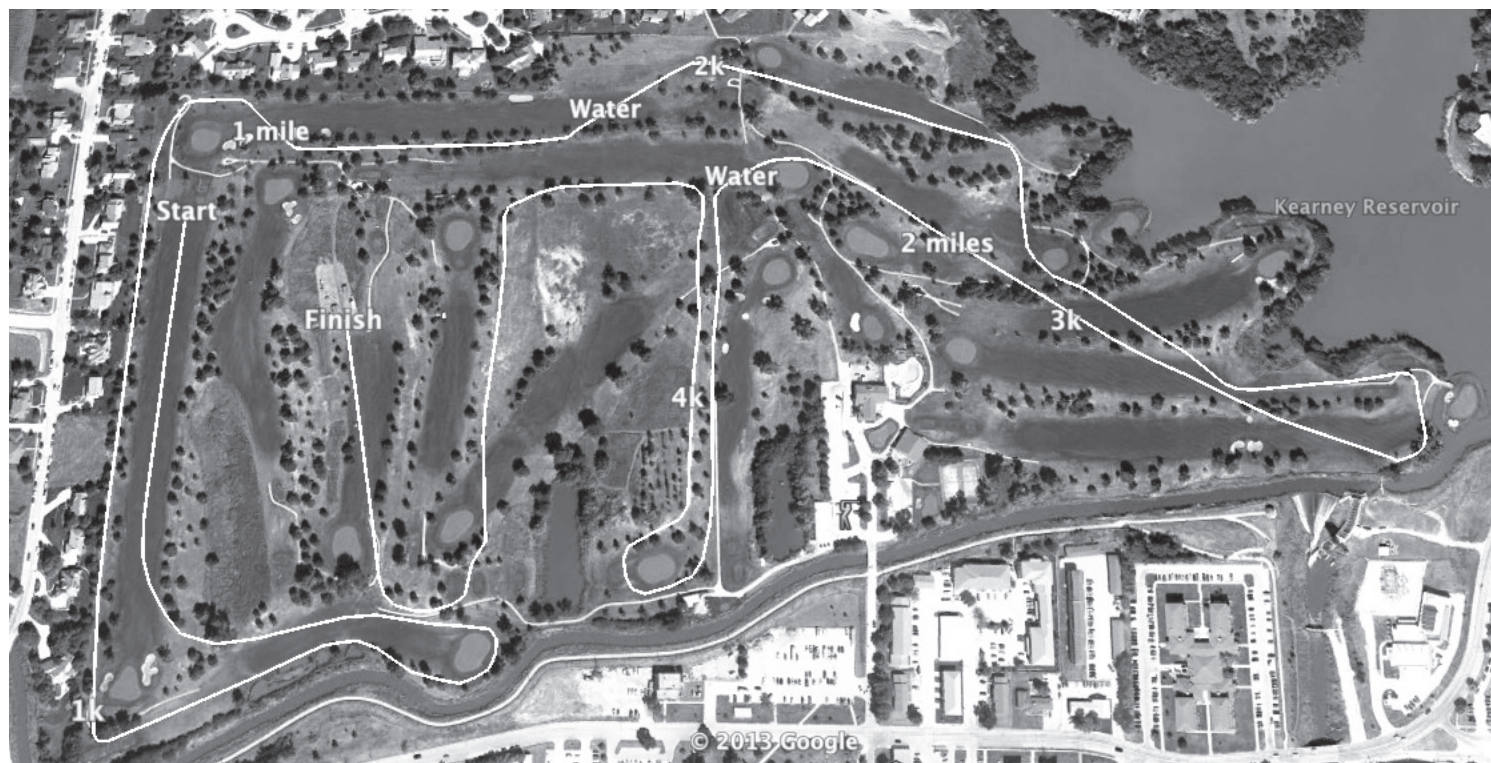
We ask that all spectators stay behind the ropes where requested and do not walk on any of the golf putting surfaces. The map of the course, located in the program, will help you keep track of the runners as they make their way around the course.

Shuttles

Spectator Shuttles will be operating during the course of the day, transporting spectators from the parking areas to the cross country course and to the UNK Health and Sports Center.

Cover photos courtesy of Callam Photography.

COURSE MAP



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 ORDER ACTION & AWARDS CEREMONY PHOTOS, TEAM PRINTS,
 PHOTO COLLAGES & MORE!

OFFICIAL PHOTOGRAPHER OF THE NSAA

Congratulations!

For making it to the
 Cross Country Championships!
Good Luck!!

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NSAA Cross Country DISTRICT CHAMPIONS

BOYS TEAMS QUALIFIED

* District Team Champion

Class A

Creighton Preparatory School*
Fremont
Kearney
Lincoln East*
Lincoln Southeast
Millard West
Norfolk
Omaha Burke*
Omaha South
Omaha Westside
Papillion-La Vista
Papillion-La Vista South*

Class B

Aurora
Elkhorn
Gering
Gretna
Lexington
Lincoln Pius X*
Mount Michael Benedictine*
Omaha Gross Catholic*
Omaha Skutt Catholic
Plattsmouth
Scottsbluff*
York

Class C

Adams Central
Bishop Neumann
Columbus Lakeview
Columbus Scotus*
Kearney Catholic
Milford*
Minden
Mitchell
O'Neill
Omaha Concordia
Sidney*
Syracuse*

Class D

Ainsworth*
Bertrand/Loomis*
Bridgeport
Chase County*
Crofton*
CWC
Doniphan-Trumbull
Dundy County-Stratton
Elmwood-Murdock
Fillmore Central
Logan View
Malcolm
Nebraska Christian*
Ravenna
West Holt
Wilcox-Hildreth
Winnebago
Yutan*

GIRLS TEAMS QUALIFIED

* District Team Champion

Class A

Fremont
Lincoln East*
Lincoln Southeast
Lincoln Southwest
Millard South*
Millard West*
Norfolk
Omaha Central
Omaha Northwest
Omaha South
Omaha Westside
Papillion-La Vista South*

Class B

Aurora
Elkhorn
Elkhorn South
Gering
Gretna
Lexington
Lincoln Pius X*
Omaha Skutt Catholic*
Platteview
Plattsmouth*
Scottsbluff*
York

Class C

Adams Central*
Boone Central/Newman Grove
Chadron
Columbus Scotus
Cozad
Fairbury
Lincoln Christian
Ord
Sidney*
Syracuse*
Wahoo
Wayne*

Class D

Ainsworth*
Aquinas Catholic
Arcadia-Loup City
Bertrand/Loomis
Boyd County
Chase County
Crofton*
Hastings St. Cecilia*
Johnson County Central
Louisville
Malcolm*
Norfolk Catholic
North Platte St. Patrick's
Oakland-Craig
Perkins County*
Ravenna*
Thayer Central
West Holt

DISTRICT INDIVIDUAL CHAMPIONS BOYS

Class A

A-1, Reno Law, Millard South
A-2, Andrew Vasquez, Omaha
Burke
A-3, John Nownes, Creighton
Preparatory School
A-4, Ty Hansen, Fremont

Class B

B-1, Jackson Larsen, Omaha
Gross Catholic
B-2, Austin Yardley, Elkhorn
B-3, Jared Yost, Lincoln Pius X
B-4, Matthew Barraza, Scottsbluff

Class C

C-1, Gerardo Najera, Douglas
County West
C-2, Alexander Tietz, Fort Calhoun
C-3, Tylin Masco, Milford
C-4, Jaco Henning, Ogallala

Class D

D-1, Jacob Meeske, Weeping
Water
D-2, Elijah Frasher, Aquinas
Catholic
D-3, Gage Hoegermeyer, Logan
View
D-4, Zachary Welch, Ainsworth
D-5, Rodger Farr, Eustis-Farnam/
Medicine Valley
D-6, Ryan Moline, Chase County

DISTRICT INDIVIDUAL CHAMPIONS GIRLS

Class A

A-1, Jeralyn Poe, Lincoln North Star
A-2, Alexis Altmaier, Lincoln East
A-3, Courtney Pickering, Papillion-
La Vista
A-4, Emily Berzonsky, Lincoln
Southwest

Class B

B-1, Mazie Larsen, Gretna
B-2, Renata Valquier-Chavez,
Elkhorn
B-3, Willa Koenig, Lincoln Pius X
B-4, Rebekah Rawlings, Gering

Class C

C-1, Collette Williams, Lincoln
Christian
C-2, Marcella Jurotich, Wayne
C-3, Sophia Conant, Adams
Central
C-4, Celeste Cardona, Mitchell

Class D

D-1, Emily Pogue, Yutan
D-2, Madison Quist, Doniphan-
Trumbull
D-3, Haley Arens, Crofton
D-4, Julia Beater, Ainsworth
D-5, Raven Kreamier, Ravenna
D-6, Sheridan Wellnitz, Gordon-
Rushville

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NSAA Cross Country RETURNING MEDAL WINNERS

CLASS A BOYS

Reno Law, Millard South (12), 3/A/13
John Nownes, Creighton Preparatory School (12), 5/A/13
Ty Hansen, Fremont (12), 6/A/13
Wyatt McLeod, Lincoln Northeast (11), 7/A/13
Nathan Wendt, Millard South (12), 8/A/13
Morgan Penn, Columbus (12), 14/B/13
Francis Cuddy, Lincoln High (12), 15/A/13

CLASS A GIRLS

Jarelyn Poe, Lincoln North Star (12), 1/A/13, 1/A/12, 1/A/11
Alexis Altmaier, Lincoln East (12), 12/A/13, 4/A/12, 4/A/11
Megan Sughrue, Kearney (12), 5/A/12, 8/A/11
Katie Spencer, Millard South (12), 2/A/13, 12/A/11
Alana Sesow, Lincoln East (11), 6/A/13, 6/A/12
Morgan Applegarth, Lincoln East (12), 11/A/13, 7/A/12
Courtney Pickering, Papillion-La Vista (11), 8/A/13, 8/A/12
Taylor Somers, Millard South (10), 3/A/13
Emily Berzonsky, Lincoln Southwest (12), 5/A/13
Elsa Forsberg, Lincoln Southeast (11), 7/A/13
Rachel Dweikat, Lincoln East (11), 13/A/13

CLASS B BOYS

Matthew Barraza, Scottsbluff (12), 1/B/13, 1/B/12, 4/B/11
Austin Yardley, Elkhorn (11), 3/B/13, 10/B/12
John Mark Shields, Lexington (11), 7/B/13
Shane Burkey, Scottsbluff (12), 11/B/13
Rosten From, Norris (12), 15/B/13

CLASS B GIRLS

Ellie Beiermann, Lincoln Pius X (11), 8/B/13, 3/A/12
Willa Koenig, Lincoln Pius X (11), 3/B/13, 12/A/12
Courtney Hottovy, Omaha Duchesne Academy (12), 9/B/13, 13/B/11
Hayley Wagner, Plattsmouth (12), 15/B/12, 14/B/11
Erin Lee, York (11), 1/B/13, 1/B/12
Lauren Mitteis, Plattsmouth (11), 6/B/12
Megan Billington, Northwest (12), 14/B/13, 7/B/12
Taylor Muncie, Scottsbluff (12), 2/B/13, 8/B/12
Abbey Lenz, Omaha Skutt Catholic (11), 12/B/13, 12/B/12
Rebekah Rawlings, Gering (10), 5/B/13
Megan Gillen, Platteview (10), 12/C/13
Katherine Lansman, Ord (12), 1/D/13, 5/D/12

CLASS C BOYS

Alex Tietz, Fort Calhoun (12), 5/C/12
Tylin Masco, Milford (11), 5/C/13
Kaleb Lusche, Columbus Lakeview (11), 6/C/13
Nicholas Lindblad, Adams Central (11), 8/C/13
Grant Johnston, O'Neill (11), 11/C/13
Jaco Henning, Ogallala (10), 14/C/13

CLASS C GIRLS

Kelsey Crymble, Ogallala (12), 8/C/12, 9/C/11
Cassandra Heier, Wayne (12), 8/C/13, 10/C/12
Jessica Schaecher, Columbus Scotus (12), 5/C/13, 13/C/12
Celeste Cardona, Mitchell (10), 1/C/13
Marta Pulfer, Wayne (10), 2/C/13
Collette Williams, Lincoln Christian (11), 3/C/13
Kiya Passero, Chadron (11), 4/C/13
Sheldon Beierman, Boone Central/Newman Grove (11), 7/C/13
Valeria Estrada, Cozad (10), 10/C/13
Haylee Haecker, Raymond Central (11), 13/C/13
Catherine Weeder, Boone Central/Newman Grove (12), 14/C/13

CLASS D BOYS

Warren Dexter, Nebraska Christian (12), 3/D/13, 4/D/12
Zachary Welch, Ainsworth (12), 2/D/13, 9/D/12
John Walnofer, CWC (12), 14/D/12
Cameron Moes, Osmond (12), 7/D/13
Rodger Farr, Eustis-Farnam/Medicine Valley (12), 8/D/13
Aaron Haahr, Laurel-Concord/Coleridge (11), 9/D/13
Colin Erickson, North Central (11), 10/D/13
Gage Hoegermeyer, Logan View (12), 12/D/13
Trevor Lockman, Elmwood-Murdock (12), 13/D/13
Adam Hellbusch, Thayer Central (12), 14/D/13
Riley Ruskamp, Wisner-Pilger (11), 15/D/13

CLASS D GIRLS

Sheridan Wellnitz, Gordon-Rushville (12), 5/D/13, 5/C/12, 4/C/11
Mariah Bolte, Malcolm (12), 10/D/11
Anna O'Malley, North Platte St. Patrick's (12), 6/D/13, 12/D/11
Lexi Hoffman, Doniphan-Trumbull (12), 15/D/12, 14/D/11
Kendy Kube, Crofton (12), 10/D/13, 7/D/12, 15/D/11
Logan Clark, Ainsworth (11), 4/D/12
Braska Patterson, Stanton (12), 4/D/13, 6/D/12
Emily Locke, Malcolm (12), 11/D/12
Quinn Wragge, Crofton (12), 8/D/13, 13/D/12
Jessi Smith, Bayard (11), 3/D/13
Katie Cumpston, Nebraska Christian (11), 7/D/13
Vanessa McFarland, Crofton (12), 11/D/13
Hannah Fields, Harvard (10), 13/D/13
Jayden Reiman, West Holt (10), 14/D/13
Madison Lambley, Dundy County-Stratton (10), 15/D/13

NSAA Cross Country BOX ASSIGNMENTS



Box	Class D Girls	Class B Girls	Class C Girls	Class A Girls
1	Individuals			
2	Crofton			
3	Individuals	Platteview	Ord	
4	Louisville	Lexington	Cozad	Omaha Central
5	Boyd County	Lincoln Pius X	Adams Central	Individuals
6	Norfolk Catholic	Plattsmouth	Individuals	Norfolk
7	Ainsworth	York	Sidney	Fremont
8	North Platte St. Patrick's	Aurora	Individuals	Omaha Northwest
9	Ravenna	Individuals	Boone Central/Newman Grove	Lincoln Southeast
10	Chase County	Gering	Syracuse	Millard West
11	Individuals	Elkhorn South	Individuals	Individuals
12	Aquinas Catholic	Omaha Skutt Catholic	Fairbury	Omaha Westside
13	Hastings St. Cecilia	Gretna	Wayne	Lincoln East
14	Johnson County Central	Elkhorn	Wahoo	Omaha South
15	Individuals	Scottsbluff	Columbus Scotus	Papillion-La Vista South
16	Individuals	Individuals	Chadron	Millard South
17	Arcadia-Loup City	Individuals	Lincoln Christian	Lincoln Southwest
18	Bertrand/Loomis		Individuals	
19	Perkins County			
20	West Holt			
21	Malcolm			
22	Oakland-Craig			
23	Individuals			
24	Thayer Central			

Individual Box Assignments Box number is listed first, and then school is listed by left-to-right position within the box.

Class D Girls

Box #11 Anselmo-Merna(1), Arapahoe(1), Banner County(1), Bayard(2), Bloomfield(1)
 Box #1 Bridgeport(1), Centura(1), Crawford(1), CWC(1), Doniphan-Trumbull(2)
 Box #15 Dundy County Stratton(1), Eustis-Farnam/Medicine Valley(2), Fillmore Central(2), Gibbon(1), Gordon-Rushville(1)
 Box #16, Laurel-Concord-Coleridge(1), Logan View(1), Nebraska Christian(2), North Bend Central(1), Harvard(2)
 Box #23 Neligh-Oakdale(2), North Central(1), Sandhills/Thedford(1), Shelton(1), Sutherland(1), Weeping Water(1)
 Box #3 Stanton(2), Stapleton(2), Wilber-Clatonia(1), Wood River(1), Yutan(1)

Class B Girls

Box #17 Bennington(2), Crete(1), Hastings(2), Northwest(1), Holdrege(1)
 Box #9 Norris(3), Omaha Duchesne Academy(2), Ralston(1)
 Box #16 Omaha Gross Catholic(1), Omaha Mercy(3), Seward(2)

Class C Girls

Box #8 Auburn(2), Bishop Neumann(1), Broken Bow(1), David City(1)
 Box #11 Falls City(1), Gothenburg(1), Hartington(3)
 Box #6 Milford(1), Minden(1), Ogallala(2)
 Box #18 Mitchell(1), O'Neill(1), Raymond Central(2), St. Paul(1)

Class A Girls

Box #11 Columbus(2), Kearney(2), Lincoln High(1), Lincoln North Star(2),
 Box #5 Lincoln Northeast(1), Millard North(1), Omaha Burke(2), Papillion La-Vista(1)
 South Sioux City(1)

Box	Class D Boys	Class B Boys	Class C Boys	Class A Boys
1	West Holt			
2	Dundy County Stratton			
3	Logan View	Gross Catholic	Kearney Catholic	Omaha South
4	Individuals	Individuals	Individuals	Papillion-La Vista
5	Malcolm	Elkhorn	Adams Central	Individuals
6	Winnebago	Individuals	Sidney	Millard West
7	Bertrand/Loomis	Mount Michael	Individuals	Kearney
8	Individuals	Scottsbluff	Milford	Norfolk
9	Elmwood-Murdock	Skutt Catholic	Syracuse	Fremont
10	Individuals	Aurora	Columbus Scotus	Individuals
11	Doniphan-Trumbull	Lincoln Pius X	Mitchell	Lincoln East
12	Fillmore Central	Individuals	Individuals	Creighton Prep
13	Wilcox-Hildreth	Lexington	Columbus Lakeview	Lincoln Southeast
14	Bridgeport	Plattsmouth	Minden	Individuals
15	Nebraska Christian	York	Individuals	Omaha Westside
16	Chase County	Gretna	O'Neill	Papillion-La Vista South
17	Ainsworth	Gering	Bishop Neumann	Omaha Burke
18	Individuals		Omaha Concordia	Individuals
19	Ravenna			
20	Crofton			
21	Individuals			
22	Yutan			
23	Individuals			
24	CWC			

Individual Box Assignments Box number is listed first, and then school is listed by left-to-right position within the box.

Class D Boys

Box #21 Aquinas Catholic(1), Arapahoe(1), Bayard(1), Bloomfield(1), Boyd County(1), Cambridge(1), Centura(1)
 Box #10 Cody-Kilgore(1), Creighton(1), Eustis-Farnam/Medicine Valley(2), Gordon-Rushville(1)
 Hastings St. Cecilia(1), Johnson County Central(1)
 Box #4 Kenesaw(2), Kimball(1), Laurel-Concord-Coleridge(1), Lincoln Lutheran(2)
 Box #18 McCool Junction(1), Norfolk Catholic(1), North Bend Central(1), North Central(1)
 Oakland-Craig(1), Omaha Christian Academy(1)
 Box #23 Osmond(1), Pawnee City(1), Pender(1), Plainview(1), South Platte (1) Sutherland (1)
 Box #8 Stanton(2), Thayer Central(1), Twin River(1), Weeping Water(1), Wisner-Pilger(1)

Class B Boys

Box #6 Beatrice(2), Blair(2), Crete(1)
 Box #4 Elkhorn South(1), McCook(2), Nebraska City(1), Norris(1)
 Box #12 Northwest(1), Platteview(3), Schuyler(1)

Class C Boys

Box #4 Alma/Southern Valley(1), Blue Hill/Red Cloud(1), Boone Central/Newman Grove(2), Boys Town(2)
 Box #7 Central City(1), Chadron(1), Cozad(1), David City(1), Douglas County West(2)
 Box #12 Falls City(1), Fort Calhoun(2), Gothenburg(1), Hartington(2)
 Box #15 Madison(1), Ogallala(1), St. Paul (1), Wahoo(1), Wayne(1)

Class A Boys

Box #5 Columbus(3), Grand Island(1), Lincoln High(1), Lincoln North Star(1)
 Box #10 Lincoln Northeast(1), Lincoln Southwest(3), Omaha Benson(1)
 Box #14 Millard South(3), Omaha Central(3)
 Box #18 Omaha North(1), Omaha Northwest(1), South Sioux City(3)

NSAA/NHSOA



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CLASS A QUALIFIERS

BOYS CLASS A

Columbus

Coach: Dave Licari

- 1 Omar Arevalo-Garcilazo (11)
- 2 Nicholas Balerud (10)
- 3 Morgan Penn (12)

Creighton Preparatory School

Coach: Bob Tillman SJ

- 4 Jack Butler (10)
- 5 Jake Cimino (10)
- 6 Thomas Doran (12)
- 7 William Hanafan (10)
- 8 John Lukowski (11)
- 9 John Nownes (12)
- 10 John Slagle (9)

Fremont

Coach: Sean McMahon

- 11 Hutton Cate (11)
- 12 Ty Hansen (12)
- 13 Pehrson Huss (10)
- 14 Alexander Rohlf (11)
- 15 Jack Schulz (10)
- 16 Zachary Smrcina (12)
- 17 Jacob Weston (10)

Grand Island

Coach: Jess McDowell

- 18 Mai Chuol (12)

Kearney

Coach: Broc Howard

- 19 Nathan Bonsall (9)
- 20 Mason Ellis (10)
- 21 Miguel Gomez (11)
- 22 Cannon Marchand (12)
- 23 Matthew Thurston (10)
- 24 Clayton Wilson (10)
- 25 Clay Woolsey (11)

Lincoln East

Coach: Kirk Skiles

- 26 Ryan Bates (12)
- 27 Dallas Drapal (12)
- 28 Corbin Hubbell (11)
- 29 Logan Koenig (12)
- 30 Magwire Lott (10)
- 31 Ryan Salvatori (11)
- 32 Kyle Zart (12)

Lincoln High

Coach: Jon Dawson

- 33 Francis Cuddy (12)

Lincoln North Star

Coach: Matt Musiel

- 34 Nathan Pierce (11)

Lincoln Northeast

Coach: John Snoozy

- 35 Wyatt McLeod (11)

Lincoln Southeast

Coach: Dave Nebel

- 36 Tyler Cox (12)
- 37 John Ebers (12)
- 38 Asante' Hairl-Mclaughlin (11)
- 39 Evan Johnson (10)
- 40 Tyler Labudda (11)
- 41 Abram Turner (10)
- 42 Thomas Ward (10)

Lincoln Southwest

Coach: Ryan Salem

- 43 Masen Louviere (9)
- 44 Trey Seibel (12)
- 45 Linden Weitz (12)

Millard South

Coach: Dustin Llewellyn

- 46 Reno Law (12)
- 47 Noah Rasmussen (10)
- 48 Nathan Wendt (12)

Millard West

Coach: Max Kurz

- 49 Nicholas Brdicko (9)
- 50 Andrew Dubas (10)

51 Ryan Emmel (11)

52 Jeremy Hacker (10)

53 Samuel Harter (10)

54 Joshua Klein (11)

55 Derek Moore (9)

Norfolk

Coach: Aaron Bradley

- 56 Noah Beardslee (11)
- 57 TeJai Clausen (11)
- 58 Derek Johnson (12)
- 59 Aaron Metcalf (10)
- 60 Andrew Meuret (11)
- 61 Travis Millikan (11)
- 62 Kayle Schapmann (12)

Omaha Benson

Coach: Mark Meier

- 63 Bill Oyet (12)

Omaha Burke

Coach: Mike Mingo

- 64 Kallo Arno (10)
- 65 Kayden Bridgman (12)
- 66 Tyrell Cerven (11)
- 67 Grant Fredrickson (12)
- 68 Ibrahim Ibrahim (12)
- 69 Tyler Mullen (12)
- 70 Andrew Vasquez (11)

Omaha Central

Coach: Elliott Evans

- 71 Chase Davis (12)
- 72 Dylan Schufeldt (11)
- 73 Alexander Tollinger (10)

Omaha North

Coach: Steve Steinbruck

- 74 Zachary Lundberg (11)

Omaha Northwest

Coach: Paul Wilson

- 75 Wilder Vargas (11)

Omaha South

Coach: John Tripp

- 76 Jose Flores (11)
- 77 Marco Flores (11)
- 78 Ali Ibrahim (12)
- 79 Alejandro Perez (10)
- 80 Gerardo Perez Partida (12)
- 81 Trevor Ramsdell (9)
- 82 Hassan Salad (10)

Omaha Westside

Coach: Andrew Easton

- 83 Abdinasir Abdi (11)
- 84 Mitchell Coziahr (12)
- 85 Levi DeVries (11)
- 86 Wyatt Gosnell (10)
- 87 Milo Greder (10)
- 88 Jacob Phillips (11)
- 89 Alec Reilly (11)

Papillion-La Vista

Coach: Joe Pilakowski

- 90 Thomas Cahill (11)
- 91 Michael Herndon (12)
- 92 Jonathan Kawula (9)
- 93 Ethan Maas (11)
- 94 Jacob Norris (9)
- 95 Tyler Williams (10)
- 96 Aaron Worsfold (12)

Papillion-La Vista South

Coach: Shannon Stenger

- 97 Nicholas Bailey (12)
- 98 Joseph Fox (12)
- 99 Alexander Knowles (11)
- 100 Joseph McCain (11)
- 101 Zachary Owings (12)
- 102 Thomas Taylor (12)
- 103 Justin Wiebelhaus (11)

South Sioux City

Coach: Sean Fitzsimmons

- 104 Ferhan Barento (12)
- 105 Daniel Hernandez (11)
- 106 Abdulkadir Mohamed (10)

GIRLS CLASS A

Columbus

Coach: Dave Licari

- 1 Allison Goos (10)
- 2 McKenzie Loftin (12)

Fremont

Coach: Bryce Lambley

- 3 Gina Elliott (12)
- 4 Elizabeth Krohn (10)
- 5 Elle Kumm (11)
- 6 Vivian Sanchez Gutierrez (10)
- 7 Lindsay Seier (10)
- 8 Alyssa Strong (11)
- 9 Kortlyn Tawney (12)

Kearney

Coach: Pat McFadden

- 10 Rita Schnacker (10)
- 11 Megan Sughroue (12)

Lincoln East

Coach: Kirk Skiles

- 12 Alexis Altmaier (12)
- 13 Morgan Applegarth (12)
- 14 Megan Blome (12)
- 15 Rachel Dweikat (11)
- 16 Alana Sesow (11)
- 17 Caroline Spethman (11)
- 18 Rachel Workentine (12)

Lincoln High

Coach: Jon Dawson

- 19 Cody Selvage (10)

Lincoln North Star

Coach: Matt Musiel

- 20 Diana Lado Andrea (10)
- 21 Jeralyn Poe (12)

Lincoln Northeast

Coach: John Snoozy

- 22 Amelia Baker (11)

Lincoln Southeast

Coach: Dave Nebel

- 23 Alexis Barada (10)
- 24 Atrayana Donohoe (12)
- 25 Laura Ebers (10)
- 26 Elsa Forsberg (11)
- 27 Emily Graul (11)
- 28 Abigail Johnson (10)
- 29 Robin Rauner (12)

Lincoln Southwest

Coach: Ryan Salem

- 30 Taylor Augustyn (10)
- 31 Emily Berzonsky (12)
- 32 Abigail Burke (12)
- 33 Marissa Czapl (11)
- 34 Kelly Peterson (12)
- 35 Alexandra Schwartz (9)
- 36 Hannah Wolkenhauer (12)

Millard North

Coach: Larissa Knudson

- 37 Kayla Ney (11)

Millard South

Coach: Dustin Llewellyn

- 38 Madison Asche (10)
- 39 Lindsey Baker (12)
- 40 Emily Bedford (11)
- 41 Kathryn Botkin (10)
- 42 Nicole Messick (12)
- 43 Taylor Somers (10)
- 44 Katie Spencer (12)

Millard West

Coach: Max Kurz

- 45 Emma Frerichs (12)
- 46 Melanie Herbers (11)
- 47 Kaitlynn Johnson (10)
- 48 Camryn Larsen (10)
- 49 Lane Macnamara (9)
- 50 Carrie Olson (12)
- 51 Stefanie Vanderbeek (10)

Norfolk

Coach: Lisa Langenberg

- 52 Madison Clausen (11)
- 53 Breanna Harthoorn (11)
- 54 Erika Kumm (11)
- 55 Megan Means (9)
- 56 Abby Protzman (12)
- 57 Madison Reynoldson (10)
- 58 Emily Wicker (11)

Omaha Burke

Coach: Dan Gray

- 59 Lauren Houston (12)
- 60 Samantha Smith (11)

Omaha Central

Coach: Trent Lodge

- 61 Madison Craig (10)
- 62 Brianni Jones (10)
- 63 McKenna Paintin (11)
- 64 Samantha Roberts (10)
- 65 Hawa Shatta (10)
- 66 Davina Westbrook (9)
- 67 Emily Zetterman (10)

Omaha Northwest

Coach: Paul Wilson

- 68 Zoeie Bacon (11)
- 69 Shannon Fortune (11)
- 70 Dajhia Reed (11)
- 71 Carlyle Rieff (10)
- 72 Julie Schindler (12)
- 73 Nicole Schindler (10)
- 74 Clara Smith (9)

Omaha South

Coach: John Tripp

- 75 Maria Cubilla Briceno (12)
- 76 Jessenia Ixta (11)
- 77 Anita Jenkins (11)
- 78 Cassidy Lee (12)
- 79 Maricruz Mora Becerra (11)
- 80 Abril Orozco (12)
- 81 Alondra Payan (10)

Omaha Westside

Coach: Theresa Gosnell

- 82 Megan Algys (10)
- 83 Taylor Butler (10)
- 84 Lauren Fehr (9)
- 85 Marta Hailu (10)
- 86 Kaya Miller (10)
- 87 Phoebe Placzek (11)
- 88 Mariah Tessin (11)

Papillion-La Vista

Coach: Jodi Vieyra & Carly Sire

- 89 Courtney Pickering (11)

Papillion-La Vista South

Coach: Jeremy Haselhorst

- 90 Carly Bindl (11)
- 91 Evie Ehrhorn (10)
- 92 Madison Fraley (9)
- 93 Allison Hausmann (9)
- 94 Annastasia Milton (10)
- 95 Amber Stinson (12)
- 96 Hannah Storm (10)

South Sioux City/Ponca

Coach: Joe Krajicek

- 97 Haley Fritza (11)

BOYS CLASS B

Aurora

Coach: Ron Haden/Tony Sigler
1 Trevor Alber (11)
2 Ethan Bergmann (11)
3 Jayden Herzberg (9)
4 Zachary McDonald (11)
5 Grant Moody (9)
6 Branden Wilkinson (9)

Beatrice

Coach: Cassie Manhart
7 Terrance Bates (12)
8 Hunter Bolden (11)

Blair

Coach: Erin Field
9 Alec Wick (10)
10 Evan Wick (10)

Crete

Coach: Drew Rische
11 Casey Viger (12)

Elkhorn

Coach: Bob Wolf
12 Josiah Ferguson (12)
13 Justin Hultquist (9)
14 Alex Otterberg (12)
15 Jacob Randazzo (10)
16 Seth Rohs (11)
17 Austin Yardley (11)

Elkhorn South

Coach: Tim Ebers
18 Jackson Doughty (12)

Gering

Coach: Rick Marez
19 Xavier Arellano (9)
20 Keenean Fogle (12)
21 Ty Romey (11)
22 Jacey Shaul (11)
23 Kyle Upp (12)
24 Tanner Walker (10)

Gretna

Coach: Joe Marik
25 Wesley Beckler (12)
26 Dylan Berube (11)
27 Ryan Carlson (11)
28 Cade Crowell (10)
29 Austin Henry (12)
30 Trysten Whitted (10)

Lexington

Coach: Sam Jilka
31 Policarpio Calmo-Calmo (11)
32 Alexis DeSantiago (11)
33 Chandler Flynn (12)
34 Michael Rodriguez (11)
35 John Mark Shields (11)

Lincoln Pius X

Coach: George O'Boyle
36 Jack Goeden (10)
37 Kade Kalkowski (12)
38 Travis Ohnoutka (12)
39 Clay Simpson (12)
40 Riley Ward (10)
41 Jared Yost (11)

McCook

Coach: Tom Sughrue
42 Taye Collicott (10)
43 Steven Hinze (9)

Mount Michael Benedictine

Coach: John Gathje
44 Nick Carson (10)
45 Peyton Hottovy (10)
46 Zachary Hytrek (11)
47 Colin Lakeman (9)
48 Samuel Van Haute (11)
49 Thomas Wooten (12)

Nebraska City

Coach: Ron Schaulis
50 Jacob Tharp (10)

Norris

Coach: Tom Allen
51 Rosten From (12)

Northwest

Coach: Vince Zavala
52 Kip Jones (11)

Omaha Gross Catholic

Coach: Rich Carey
53 Lucas Blankman (10)
54 Aaron Frickel (12)
55 Eamon Hajek-Jones (9)
56 Beau Larsen (10)
57 Jackson Larsen (9)
58 Thomas Larsen (12)

Omaha Skutt Catholic

Coach: Steve Schumacher
59 Jacob Baumert (11)
60 Jon Camenzind (11)
61 Trevor Camenzind (11)
62 Scott Friend (12)
63 Andrew Heithoff (12)
64 Brett Manternach (10)

Platteview

Coach: Robin Marshall
65 Chandler Briggs (10)
66 Hunter McFayden (12)
67 Christopher Smith (11)

Plattsmouth

Coach: Todd Nott
68 Christopher Casart (10)
69 Corhan Kress (11)
70 Andrew Nielsen (10)
71 Ronald Taylor (10)
72 Cole Wagner (9)
73 Caleb Wehrbein (10)

Schuyler

Coach: Rick Carter
74 Cody Zrust (11)

Scottsbluff

Coach: Jim Barker
75 Matthew Barraza (12)
76 Shane Burkey (12)
77 Joshua Hergenreder (10)
78 Jesse Jaramillo (9)
79 Collin Maag (11)
80 Matthew Richardson (12)

York

Coach: Eric Rasmussen
81 Carlos Grijalva (12)
82 Jesse Harlow (12)
83 Drew Hoffmann (11)
84 Logan Kaliff (11)
85 Lukas Stuckey (9)
86 Riley Wehrer (9)

GIRLS CLASS B

Aurora

Coach: Ron Haden/Tony Sigler
1 Jonna Bart (10)
2 Emily Donnell (9)
3 Anna Helzer (11)
4 Hunter Koepke (10)
5 Kennedy Krejdl (9)
6 Taylor May (10)

Bennington

Coach: Joe Schumm
7 Allison Connor (11)
8 Kendra Heddens (11)

Crete

Coach: Drew Rische
9 Rebecca Jerina (10)

Elkhorn

Coach: Bob Wolf
10 Zoey Devney (11)
11 Kenya Faith (9)
12 Christine Jacha (9)
13 Harper Kolenbrander (10)
14 Renata Valquier-Chavez (11)
15 Abigail Wilkins (11)

Elkhorn South

Coach: Tim Ebers
16 Erin Circo (11)
17 Emily Johnson (10)
18 Lauren Kraudy (9)
19 Hunter McAlpin (10)
20 Macie Moore (10)
21 Mackenzie Moore (12)

Gering

Coach: Caleigh Walker
22 Hadley Kirk (11)
23 Nicole Patton (9)
24 Rebekah Rawlings (10)
25 Kali Rimington (12)
26 Marisa Robles (11)
27 Julia Ybarra (12)

Gretna

Coach: Joe Marik
28 Kaelinn Friesen (9)
29 Jamie Goblirsch (12)
30 Allie Huffman (11)
31 Kaitlin Larsen (11)
32 Mazie Larsen (9)
33 Maren Soupir (12)

Hastings

Coach: Scott Rosno
34 Emma Albers (9)
35 Chloe Ferrone (12)

Holdrege

Coach: Steph Fuehrer
91 Baylee Barnett (9)

Lexington

Coach: Sam Jilka
36 Ruby Gomez-Vazquez (11)
37 Ana Hernandez-Cruz (12)
38 Bianca Hernandez-Munoz (11)
39 Elizabeth Macias-Villegas (10)
40 Cecilia Rios (9)
41 Yailin Santoyo-Garcia (10)

Lincoln Pius X

Coach: George O'Boyle
42 Alexandra Beckman (11)
43 Ellie Beiermann (11)
44 Elizabeth Boes (9)
45 Ellen Budell (10)
46 Willa Koenig (11)
47 Alexandra Pace (10)

Norris

Coach: Tom Allen
48 Kelly Helmberger (9)
49 Katelyn Trapp (12)
50 Melissa Trapp (12)

Northwest

Coach: Vince Zavala
51 Megan Billington (12)

Omaha Duchesne Academy

Coach: Bridget Morton
52 Courtney Hottovy (12)
53 Claire Wilder (9)

Omaha Gross Catholic

Coach: Rich Carey
54 Mary Ellen Morris (11)

Omaha Mercy

Coach: Danielle Prchal
55 Carly Adams (12)
56 Ann Krause (11)
57 Alex Schulz (11)

Omaha Skutt Catholic

Coach: Steve Schumacher
58 Macy Damewood (11)
59 Abbey Lenz (11)
60 Kaelie Lenz (12)
61 Abby Nicholas (11)
62 Mary Ninneman (12)
63 Kelli Zavadi (9)

Platteview

Coach: Robin Marshall
64 Maria Brady (12)
65 Heather Ernst (10)
66 Jessica Gilbert (12)
67 Megan Gillen (10)
68 Raelyn Haubensak (12)
69 Alyssa Iverson (12)

Plattsmouth

Coach: Todd Nott
70 April Graham (11)
71 Autumn Graham (10)
72 Lauren Mitteis (11)
73 Trinity Mott (11)
74 Christiana Sewell (11)
75 Hayley Wagner (12)

Ralston

Coach: Trevor O'Reilly
76 Brianna Jensen (12)

Scottsbluff

Coach: Jim Barker
77 Kaylee Bentley (9)
78 Rosa Garcia (9)
79 Tayler Gipe (10)
80 Shayleigh James (11)
81 Taylor Muncie (12)
82 Whitney Riesen (10)

Seward

Coach: Kurt Holliday
83 Alexandra George (11)
84 Madison Sloup (12)

York

Coach: Eric Rasmussen
85 Lauren Boyer (12)
86 Erin Lee (11)
87 Josie Lee (12)
88 Julia Lee (9)
89 Madelyn Royal (9)
90 Hannah Way (10)

CLASS C QUALIFIERS

BOYS CLASS C

Adams Central

Coach: Toni Fowler
1 Trey Alexander (12)
2 Cameron Anderson (10)
3 Samuel Cass (11)
4 Jay Kort (12)
5 Nicholas Lindblad (11)
6 Jonathan Nienhueser (12)

Alma/Southern Valley

Coach: Laurie Kermoad
7 Alan Varela (12)

Bishop Neumann

Coach: Paul Johnson
8 Sean Dailey (10)
9 Jameson Hittle (12)
10 Seth Johnson (12)
11 Jack Leedom (12)
12 Dalton Specht (9)
13 Alex Tvrdy (12)

Blue Hill/Red Cloud

Coach: Dan Muth
14 Jace Kranau (12)

Boone Central/Newman Grove

Coach: Tom Dickey
15 Andrew Rasmussen (12)
16 Cody Shanno (12)

Boys Town

Coach: Ron Stargel
17 Austin LeBron (11)
18 Carlos Merrick (11)

Central City

Coach: Dawnell Glunz
19 Andrew Lee (12)

Chadron

Coach: Willie Uhing
20 Joshua Hyer (11)

Columbus Lakeview

Coach: James Brock
21 Jesus Barajas (12)
22 Jacob Kapels (9)
23 Kaleb Lusche (11)
24 Brandon Neave (10)
25 Luis Neave (9)
26 Landon Vogt (9)

Columbus Scotus

Coach: Merlin Lahm
27 Justin Brockhaus (11)
28 Eduardo Lopez (12)
29 Cody Mroczek (10)
30 Nathan Ostdiek (10)
31 Joe Sonderman (12)
32 Toby Tooley (12)

Cozad

Coach: Dustin Favinger
33 Daniel Alvarado (12)

David City

Coach: Bob Unger
34 Konner Magnuson (12)

Douglas County West

Coach: Gib Hall
35 Gerardo Najera (12)
36 Tristan Nelson (12)

Falls City

Coach: Cody Hawley
37 Kyle Leafy (10)

Fort Calhoun

Coach: Jim Meyer
38 Peyton Griesert (12)
39 Alexander Tietz (12)

Gothenburg

Coach: Steve Reeves
40 Blake Riley (9)

Hartington

Coach: Mandy Hochstein
41 Noah Noecker (11)
42 Brian Santiago (9)

Kearney Catholic

Coach: Don Liess
43 Joseph Feldner (11)
44 Zachary Jackson (12)
45 Jack Keating (10)
46 Liam Murphy (12)
47 Hunter Osentowski (10)
48 Grant Williams (12)

Madison

Coach: Connie Herz
49 Jesus Arellano (11)

Milford

Coach: Michele Kontor
50 Zachary Danekas (10)
51 Alexander Delgado (11)
52 Trenton Gabehart (11)
53 Hunter Jensen (11)
54 Tylin Masco (11)
55 Aidan Pauley (10)

Minden

Coach: Shawn Wheelock
56 Leobardo Iniguez-Jauregui (11)
57 Rodrigo Jauregui (9)
58 Alex Olson (10)
59 Austin Olson (12)
60 Brandon Saunders (10)
61 Tyler Stangl (9)

Mitchell

Coach: Mike Harriger
62 Maxwell Avila (9)
63 Edward Grentz (11)
64 Cody Mueller (11)
65 Joseph Pieper (10)
66 Chase Watson (11)
67 Trevor Wood (12)

O'Neill

Coach: Cole Hilker
68 Kyle Fowler (12)
69 Jonathon Gettert (11)
70 Nathaniel Jennings (9)
71 Blake Johnston (11)
72 Grant Johnston (11)
73 Blake Walters (12)

Ogallala

Coach: Shane Fruit
74 Jaco Henning (10)

Omaha Concordia

Coach: Aaron Staub
75 Nicholas Campagna (12)
76 Ian DeBoer (10)
77 Michael Eesley (12)
78 Anthony Isaac (11)
79 Ian McDonald (9)
80 Daniel Jordan Opere (9)

Sidney

Coach: Tony Neels
81 Ryan Aurich (10)
82 Hayden Lienemann (12)
83 Brody Mcknight (12)
84 Jacob Schaub (11)
85 Joshua Schaub (9)
86 Jachob Wiedeberg (12)

St. Paul

Coach: Don Kleinsasser
87 Jacob Paczosa (9)

Syracuse

Coach: Rich Ziegler
88 Peyton Harsin (11)
89 Cody Pester (10)
90 Keegan Pope (10)
91 Derek Weiler (12)
92 Zane Weiler (10)
93 Lucas Wilkinson (9)

Wahoo

Coach: Karla Curran
94 Thomas McAtee (12)

Wayne

Coach: Rocky Ruhl
95 Ben Hoskins (12)

GIRLS CLASS C

Adams Central

Coach: Toni Fowler
1 Courtney Anderson (11)
2 Morgan Bredenkamp (11)
3 Sara Brown (11)
4 Taraesha Cole (10)
5 Sophia Conant (9)
6 Mariah Everhart (12)

Auburn

Coach: Mark Oliver
7 Lindsey Mertes (12)
8 Cierra Wynn (11)

Bishop Neumann

Coach: Paul Johnson
9 Marisa Mika (12)

Boone Central/Newman Grove

Coach: Tom Dickey
10 Sheldon Beierman (11)
11 Kendra Gonzalez (12)
12 Christina Soto-Stopak (10)
13 Taylor Starman (11)
14 Catherine Weeder (12)
15 Jessica Weeder (10)

Broken Bow

Coach: Jason Daffer
16 Lexie Foster (9)

Chadron

Coach: Willie Uhing
17 Julianne Dickerson (10)
18 Alison Gardner (10)
19 Kyla Parish (10)
20 Veronica Parish (12)
21 Kiya Passero (11)
22 Margreta Welch (10)

Columbus Scotus

Coach: Merlin Lahm
23 Jaimee Beauvais (12)
24 Carly Fehringer (12)
25 Kelsey Kessler (12)
26 Jessica Lahm (11)
27 Jessica Schaecher (12)
28 Kaylee Tonniges (10)

Cozad

Coach: Dustin Favinger
29 Whitney Applegate (10)
30 Ashley Burkholder (9)
31 Valeria Estrada (10)
32 Jamie Garcia (11)
33 Janice Garcia (12)
34 Katrina German (11)

David City

Coach: Bob Unger
35 Alesha Rethwisch (11)

Fairbury

Coach: Kristi Peterson
36 Lilibeth Estrada (10)
37 McKayla Fletcher (11)
38 Anna Schouboe (11)
39 Shaye Stall (10)
40 Hannah Yantz (10)

Falls City

Coach: Cody Hawley
41 Lainey Larsen (11)

Gothenburg

Coach: Steve Reeves
42 Kayla Weyers (9)

Hartington

Coach: Mandy Hochstein
43 Anna Brodersen (12)
44 Anna Burbach (10)
45 Katli McCain (9)

Lincoln Christian

Coach: Mark Canfield
47 Olivia Burgher (9)
48 Kylee Canfield (11)
49 Grace Harmon (9)
50 Rachel VanCott (11)
51 Collette Williams (11)
52 Mary Wood (12)

Milford

Coach: Michele Kontor
53 Abigail Reitz (11)

Minden

Coach: Shawn Wheelock
54 Jianna Sorensen (9)

Mitchell

Coach: Mike Harriger
55 Celeste Cardona (10)

O'Neill

Coach: Cole Hilker
56 Alejandra Kersenbrock (12)

Ogallala

Coach: Shane Fruit
57 Kelsey Crymble (12)
58 Drew Gieschen (9)

Ord

Coach: Derry Trampe
59 Tori Beran (12)
60 Zoe Dabney (9)
61 Katherine Lansman (12)
62 Jasmine Maly (10)
63 Zoe Ritz (10)
64 Maria Vera (12)

Raymond Central

Coach: Dale Rasmussen
65 Haylee Haecker (11)
66 Miranda Unverferth (11)

Sidney

Coach: Tony Neels
67 Preslie Allen (11)
68 Charlie Brockhaus (9)
69 Paola Flores (11)
70 Abigail Heller (11)
71 Erin Lindeman (11)
72 Chantal Riggs (9)

St. Paul

Coach: Don Kleinsasser
73 Makayla Mudloff (11)

Syracuse

Coach: Rich Ziegler
74 Kayla Arnold (9)
75 Kaylee Hartman (12)
76 Kimberly Lowman (11)
77 Sydney Paden (11)
78 Emma Porter (9)

Wahoo

Coach: Karla Curran
79 Joelle Anderson (12)
80 Hannah Brust (10)
81 Korena Edmonds (9)
82 Sydney Nicholls (9)
83 Payton Styskal (9)

Wayne

Coach: Rocky Ruhl
84 Cassandra Heier (12)
85 Molly Hoskins (9)
86 Caitlin Janke (10)
87 Marcella Jurotich (9)
88 Marta Pulfer (10)
89 Amanda Stabler (11)

QUALIFIERS CLASS D

BOYS CLASS D

Ainsworth

Coach: Jared Hansmeyer
1 Hayes Chohon (11)
2 Brady Delimont (11)
3 Austin Harthoorn (11)
4 Hunter Martin (12)
5 Alec Masters (12)
6 Zachary Welch (12)

Aquinas Catholic

Coach: John Svec
7 Elijah Frasher (9)

Arapahoe

Coach: Marcia Foley
8 Pedro Gutierrez (11)

Bayard

Coach: Candace Smith
9 Alexander Araujo (9)

Bertrand/Loomis

Coach: Jennifer Kaps
10 Isaiah Flint (11)
11 Cole Kennedy (11)
12 Jason Palmer (12)
13 Christian Pavelka (12)
14 Noah Renken (10)
15 Brandon Wallander (10)

Bloomfield

Coach: Duane Wilken
16 Kyle Young (11)

Boyd County

Coach: John Higgins
17 Blake Ahlers (9)

Bridgeport

Coach: Craig Johnson
18 Ronnie Brown (9)
19 Ryan Gomez (10)
20 Jack Linders (9)
21 Kyle Lussetto (11)
22 Andrew Nelson (11)
23 Mario Picena (12)

Cambridge

Coach: Janice Howell
24 Caleb tenBensel (10)

Centura

Coach: Rachel Carrizales
25 Tanner Rosenquist (10)

Chase County

Coach: Carl Zuege
26 Holden Dreiling (12)
27 William Kuenne (9)
28 Isaac Maxwell (10)
29 Ryan Moline (12)
30 Indy Smith (11)
31 Stephen Welsh (12)

Cody-Kilgore

Coach: Rylan Cheney
32 Jared Schmit (10)

Creighton

Coach: Jay Fuchtmann
33 Garrison Hazen (10)

Crofton

Coach: Jayne Arens
34 Joshua Goeden (12)
35 Justin Goeden (10)
36 John Haberer (11)
37 Cole Steffen (12)
38 Brady Stucky (11)
39 Lane Weidner (12)

CWC

Coach: Tom Erickson
40 Jeremy Hubel (12)
41 Derek Mahony (9)
42 Jordan Sterns (10)
43 Derek Tomjack (12)
44 John Walnofer (12)
45 Shay Weber (12)

Doniphan-Trumbull

Coach: Corey Hatt
46 Isaac Askey (10)
47 Jonathan Askey (10)
48 Samuel Atchity (12)
49 Blake Ballard (12)
50 Robert Gans (10)
51 Nicholas Krzykowski (9)

Dundy County Stratton

Coach: Scott Lambley
52 Eli Fink (9)
53 Gideon Fink (9)
54 Christian Hughes (12)
55 Bailey Peckham (10)
56 Ty Swenson (11)

Elmwood-Murdock

Coach: Garrett Hall
57 Glen Hickey (9)
58 Patrick Hynes (12)
59 Thomas Hynes (9)
60 Trevor Lockman (12)
61 Miguel Rikli (10)
62 Quintin Romero (9)

Eustis-Farnam/Medicine Valley

Coach: Adam Hock
63 Rodger Farr (12)
64 Nathan Nicklas (9)

Fillmore Central

Coach: Brandie Conway
65 Adam Hoarty (10)
66 Cole Jividen (11)
67 Chandler Schelkopf (9)
68 Conrad Schelkopf (12)
69 Noah Temme (11)
70 Garrett Whitley (10)

Gordon-Rushville

Coach: Joel Nelson
71 Juan Sanchez (10)

Hastings St. Cecilia

Coach: Spencer Zysset
72 Justin Vrooman (9)

Johnson County Central

Coach: Nick Weber
73 Samuel Saldivar (10)

Kenesaw

Coach: Tom Budnick
74 Kory Heier (12)
75 Micah Magnuson (12)

Kimball

Coach: Tiffany Johnson
76 Ryan Muneio (12)

Laurel-Concord-Coleridge

Coach: Scott Petersen
77 Aaron Haahr (11)

Lincoln Lutheran

Coach: Gary Bredehoff
78 Austin Peterson (12)
79 Ryan Volin (10)

Logan View

Coach: Gary Samuelson
80 Gage Hoegermeyer (12)
81 Jonathan Horvatic (12)
82 Ryan Langemeier (12)
83 Joel Moeller (9)
84 Tyler Ruwe (11)
85 Nicholas Taylor (11)

Malcolm

Coach: Brie Pulec
86 Jacob Garrison (10)
87 Matthew Kallhoff (12)
88 Jonathan Saathoff (10)
89 Ty Shaw (9)
90 Tristan Vieselmeyer (10)
91 Michael Zavodny (10)

McCool Junction

Coach: Ryan Underwood
92 Conner Cogswell (10)

Nebraska Christian

Coach: Janet Landrigan
93 Warren Dexter (12)
94 Adrian Epp (12)
95 Nolan Kohmetscher (11)
96 Cameron Langemeier (11)
97 Brennan Nokelby (9)
98 Jerod Prettyman (11)

Norfolk Catholic

Coach: Doug Zoucha
99 Cameron Carney (10)

North Bend Central

Coach: Todd Zietlow
100 Dylan Emanuel (11)

North Central

Coach: Kristie Camp
101 Colin Erickson (11)

Oakland-Craig

Coach: Kylie Penke
102 Carter Thiele (10)

Omaha Christian Academy

Coach: Jennifer Oliver
103 Colt West (11)

Osmond

Coach: Joe Ortmeier
104 Cameron Moes (12)

Pawnee City

Coach: Eric Uher
105 Alex Menninga (11)

Pender

Coach: Dustin Krusemark
106 Joshua Springer (11)

Plainview

Coach: Hayden Hohnholt
107 Aaron Boone (10)

Ravenna

Coach: Craig Trampe
108 Tony Amaya-Gutierrez (10)
109 Tanner Douglas (10)
110 Ethan Keilig (10)
111 Kade Lockhorn (9)
112 Darrell Russell (11)
113 Cody Watts (9)

South Platte

Coach: Herman Kyrklund
114 Jason Nolting Farrier (10)

Stanton

Coach: David Ernesti
115 Trenton Cadwallader (10)
116 Trevor Doffin (10)

Sutherland

Coach: Jessica Saner
117 Nathan Fleecs (11)

Thayer Central

Coach: Andy Long
118 Adam Hellbusch (12)

Twin River

Coach: Jeff Morris
119 Grant Hebda (12)

Weeping Water

Coach: Joe Philippi
120 Jacob Meeske (12)

West Holt

Coach: Jeff Kraus
121 Tony Bohnet (12)
122 Brent Lemmer (10)
123 Connor McDermott (11)
124 Dennis McDermott (9)
125 Tony Meyer (11)
126 Theodore Stenka (10)

Wilcox-Hildreth

Coach: Ken Meyers
127 Braiden Billington (9)
128 Brandon Gebel (10)
129 Matthew Hinrichs (11)
130 Stephen Lyons (10)
131 Trenton Shriver (11)
132 Caleb Springer (9)

Winnebago

Coach: Kory Pfister
133 Ma-na-zhee-ga Cleveland (10)
134 Bartholomew Kennedy (12)
135 Isaiah Medina (12)
136 David Wingett (10)
137 Matthew Wingett (12)
138 Joseph Wolfe (9)

Wisner-Pilger

Coach: Steve McManigal
139 Riley Ruskamp (11)

Yutan

Coach: Rod Henkel
140 Corrigan Abraham (10)
141 Jayden Graham (10)
142 John Grinvalds (10)
143 Colton Leal (12)
144 Jacob Schulz (12)
145 Mason Timm (9)

CLASS D QUALIFIERS

GIRLS CLASS D

Ainsworth

Coach: Jared Hansmeyer
1 Julia Beater (12)
2 Logan Clark (11)
3 Emma Good (10)
4 Maria Harthoorn (9)
5 Morgan Osborn (9)
6 Elizabeth Salzman (9)

Anselmo-Merna

Coach: Jacy Cramer
7 Elizabeth Cramer (12)

Aquinas Catholic

Coach: John Svec
8 Sarah Burwell (9)
9 Sinclair Fiala (9)
10 Valeria Whitmore (9)
11 Vanessa Whitmore (12)
12 Victoria Whitmore (10)

Arapahoe

Coach: Marcia Foley
13 Adrienne Einspahr (9)

Arcadia-Loup City

Coach: Kyle Knaub
14 Joanna Brawdy (10)
15 Josie Ference (9)
16 Chelsey Kuszak (9)
17 Ana-Alicia Stobbe (10)
18 Camilla Vodder (10)

Banner County

Coach: Kari Gifford
19 Courtney Knisley (9)

Bayard

Coach: Candace Smith
20 Nicole Barker (9)
21 Jessi Smith (11)

Bertrand/Loomis

Coach: Jennifer Kaps
22 Alexa Berry (11)
23 Adyson Furlong (10)
24 Michaela Marcy (11)
25 Courtney Philips (10)
26 Kara Philips (11)
27 Karmen Schmitt (9)

Bloomfield

Coach: Duane Wilken
28 Clair Trenhaile (11)

Boyd County

Coach: John Higgins
29 Morgan Harmon (10)
30 Shelby Heiser (11)
31 Jessa McCarthy (11)
32 Kelly McCarthy (11)
33 Micaela McGeorge (11)

Bridgeport

Coach: Craig Johnson
34 Marissa Widener (11)

Centura

Coach: Rachel Carrizales
35 Abby Hadenfeldt (9)

Chase County

Coach: Carl Zuege
36 Kaley Hauxwell (9)
37 Vianey Marquez (10)
38 Alyssa Moreno (11)
39 Kayla Schilke (9)
40 Rose Sullivan (10)
41 Giovanna Welsh (9)

Crawford

Coach: Keith Oetken
42 Sara Tweet (12)

Crofton

Coach: Jayne Arens
43 Haley Arens (9)
44 Kyla Dendinger (11)
45 Kendy Kube (12)
46 Vanessa McFarland (12)
47 Quinn Wragge (12)
48 Krista Zavadil (10)

CWC

Coach: Tom Erickson
49 Kristin Mahony (12)

Doniphan-Trumbull

Coach: Corey Hatt
50 Lexi Hoffman (12)
51 Madison Quist (10)

Dundy County Stratton

Coach: Scott Lambley
52 Madison Lambley (10)

Eustis-Farnam/Medicine Valley

Coach: Adam Hock
53 Andie Chapman (12)
54 Courtney Russell (11)

Fillmore Central

Coach: Brandie Conway
55 Grace Jacobson (9)
56 Emileigh Kennel (10)

Gibbon

Coach: Leon Stall
57 Maria Rodriguez (10)

Gordon-Rushville

Coach: Joel Nelson
58 Sheridan Wellnitz (12)

Harvard

Coach: Thad Fields
59 Hannah Fields (10)
60 Alyssa Novak (12)

Hastings St. Cecilia

Coach: Megan Deras
61 Noel Hrnchir (11)
62 Cameron Hucke (10)
63 Claire Landgren (10)
64 Megan O'Grady (11)
65 Mary O'Keefe (10)
66 Morgan Parr (11)

Johnson County Central

Coach: Nick Weber
67 Diana Cruz (9)
68 Aleisha McDonald (9)
69 Annika McDonald (10)
70 Angelica Wellman (10)

Laurel-Concord-Coleridge

Coach: Scott Petersen
71 Sadie Petersen (12)

Logan View

Coach: Gary Samuelson
72 Grayce McCormick (11)

Louisville

Coach: Matt Hammer
73 Halie Buettner (12)
74 Grace Jacobsen (9)
75 Erin Muntz (10)
76 Claire Robbins (11)
77 Madison Sladky (9)

Malcolm

Coach: Brie Pulec
78 Mariah Bolte (12)
79 Amanda Engelbart (11)
80 Casey Engelbart (11)
81 Emily Locke (12)
82 Morgan Teten (9)
83 Aubrey Wattier (9)

Nebraska Christian

Coach: Janet Landrigan
84 Katie Cumpston (11)
85 Alyssa Prettyman (10)

Neligh-Oakdale

Coach: Rick Eickholt
86 Jayda Chance (10)
87 Kassidy Grosserode (10)

Norfolk Catholic

Coach: Doug Zoucha
88 Alex Anderson (10)
89 Nicole Aschoff (12)
90 Molly Burroughs (9)
91 Ashlyn Hauser (10)
92 Kathryn Jones (9)
93 Drue Pieper (9)

North Bend Central

Coach: Todd Zietlow
94 Nora Kloke (10)
95 Ally Muessel (10)

North Central

Coach: Kristie Camp
96 Megan Erickson (9)

North Platte St. Patrick's

Coach: Marie Brosius
97 Alexandria Allison (12)
98 Ellie Buhrman (10)
99 Antoinette Caudillo (12)
100 Bailee Clark (12)
101 Anna O'Malley (12)
102 Elli Wid (12)

Oakland-Craig

Coach: Kylie Penke
103 Stacie Anderson (9)
104 Emily Miller (10)
105 Brianne Peterson (11)
106 Shannon Pille (10)
107 Heather Riedy (12)
108 Andrea Werner (10)

Perkins County

Coach: Paula Wurst
108 Mariah Curtis (12)
109 Kendra Hoffert (12)
110 Emily Kemling (11)
111 Stephanie Schrotberger (12)
112 Samantha Snogren (12)

Ravenna

Coach: Craig Trampe
113 Bailey Bitz (9)
114 Victoria Bitz (11)
115 Brooke Chramosta (10)
116 Rhesa Flessner (9)
117 Raven Kreamier (9)
118 Madison Kucera (10)

Sandhills/Thedford

Coach: Jane Haaake
119 Makayla Rinstine (11)

Shelton

Coach: Matt Walter
120 Kelsey Brundage (10)

Stanton

Coach: David Ernesti
121 Braska Patterson (12)
122 Paige Thelen (11)

Sutherland

Coach: Jessica Saner
123 Joslyn Burke (12)

Thayer Central

Coach: Andy Long
124 Trinity Call (12)
125 Cottam Cambrie (10)
126 Rachel Heitmann (12)
127 Haley Huhman (12)
128 Shawna Timmerman (11)
129 Taelyn Virus (10)

Weeping Water

Coach: Joe Philippi
130 Payton Baier (12)

West Holt

Coach: Jeff Kraus
131 Emma Laible (10)
132 Alyssa Reiman (10)
133 Jayden Reiman (10)
134 McKenna Young (12)

Wilber-Clatonia

Coach: Nick Behring
135 Victoria Lokken (10)

Wood River

Coach: Gretchen Wiseman
136 Alyssa Brown (12)

Yutan

Coach: Rod Henkel
137 Emily Pogue (9)

Congratulations!

For making it to the
Cross Country Championships!
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NSAA Cross Country CHAMPIONSHIP BESTS



FOUR-TIME INDIVIDUAL CHAMPIONS

Shona Jones, Hastings (Girls
A/1982, A/1983, A/1984,
A/1985)
Amber Fairbanks, Geneva (Girls
C/1993, D/1994, D/1995,
D/1996)

THREE-TIME INDIVIDUAL CHAMPIONS

Jill Noel, Lincoln Pius X (Girls
B/1980, B/1981, B/1982)
Nate Nielsen, Lincoln Southeast
(Boys A/1984, A/1986,
A/1987)
Nora Shepherd, York (Girls
B/1990, B/1992, B/1993)
Aaron Carrizales, Morrill (Boys
C/1992, B/1993, C/1994)
Kelly Lindsey, Millard North (Girls
A/1993, A/1994, A/1995)
Kathryn Handrup, Aurora (Girls
B/1995, B/1996, B/1997)
Anne Shadle, South Sioux City,
(Girls B/1998, B/1999,
B/2000)
Colby Wissel, Kearney, (Boys
A/2001, A/2002, A/2003)
Katelyn White, Broken Bow, (Girls
C/2005, C/2006, C/2007)
Aubree Worden, Scottsbluff, (Girls
B/2008, B/2009, B/2010)
Andrea Weeder, Lindsay Holy
Family/Newman Grove, (Girls
D/2008, D/2009, D/2010)
Jeralyn Poe, Lincoln North Star,
(Girls A/2011, A/2012,
A/2013)

MOST TEAM CHAMPIONSHIPS

Boys
13 Scottsbluff
10 Lincoln Pius X
10 Lincoln Southeast
8 Crofton
8 Mt. Michael Benedictine
7 Fremont
7 Malcolm
6 Kearney
6 Omaha Burke
5 Ogallala
4 Bayard
4 Lexington
4 Morrill
4 Norfolk Catholic
4 York
3 Hebron
3 Lincoln High
3 Mitchell
3 Plattsmouth
2 Ainsworth
2 Alliance
2 Aquinas
2 Bishop Neumann
2 Centura
2 Creighton Preparatory
2 Elkhorn
2 Gibbon
2 Holdrege
2 Kearney Catholic
2 Milford
2 Millard South
2 Millard West
2 Nebraska Christian
2 Omaha Benson
2 Pierce
2 Syracuse
1 Auburn
1 Aurora
1 Avoca
1 Beatrice
1 Bellevue
1 Bertrand
1 Broken Bow
1 Centennial
1 Columbus Scotus
1 Fairbury
1 Geneva
1 Gering
1 Grand Island
1 Hastings St. Cecilia
1 Lincoln East
1 Lincoln Northeast
1 Lindsay Holy Family
1 Lyons-Decatur NE
1 McCook

1 Minden
1 Northwest
1 Omaha Bryan
1 Omaha Central
1 Omaha North
1 Omaha South
1 Ord
1 Pender
1 Perkins County
1 Plainview
1 Raymond Central
1 Republican Valley
1 Wahoo
1 Wayne

Girls

17 Crofton
13 Lincoln Southeast
9 Lincoln Pius X
7 Omaha Marian
5 Columbus Scotus
5 Fort Calhoun
5 Bishop Neumann
4 Geneva
3 Aurora
3 East Butler
3 Lincoln High
3 North Platte
3 Plattsmouth
3 Scottsbluff
3 Seward
3 York
2 Elkhorn
2 Gering
2 Gothenburg
2 Lexington
2 Minden
2 Morrill
2 Norfolk
2 Oakland-Craig
2 Wayne
1 Ainsworth
1 Auburn
1 Bertrand
1 Central City
1 Fremont
1 Hebron
1 Lincoln East
1 Lincoln Southwest
1 McCook
1 Millard West
1 North Bend
1 Northwest
1 Papillion-La Vista South
1 Pierce
1 Ralston
1 South Sioux City

CONSECUTIVE TEAM CHAMPIONSHIPS

Boys

4, Morrill (C/1982, C/1981,
C/1980, C/1979)
4, Norfolk Catholic (C/2009,
C/2008, C/2007, C/2006)
4, York (B/1995, B/1994,
B/1993, B/1992)
3, Bayard (C/1965, C/1964,
C/1963)
3, Lincoln Pius X (B/1983,
B/1982, B/1981)
3, Lincoln Southeast (A/1986,
A/1985, A/1984)
3, Lincoln Southeast (A/1999,
A/1998, A/1997)
3, Mitchell (C/1974, C/1973,
C/1972)
3, Plattsmouth (B/1975, B/1974,
B/1973)
3, Mt. Michael Benedictine
(C/1997, C/1996, C/1995)
3, Scottsbluff (B/1998, B/1997,
B/1996)
3, Scottsbluff (B/2005, B/2004,
B/2003)
3, Malcolm (D/2006, D/2005,
D/2004)

Girls

9, Lincoln Southeast (A/1997,
A/1996, A/1995, A/1994,
A/1993, A/1992, A/1991,
A/1990, A/1989)
8, Crofton (C/1988, C/1987,
C/1986, C/1985, C/1984,
C/1983, C/1982, C/1981)
8, Crofton (D/2013, D/2012,
D/2011, D/2010, D/2009,
D/2008, D/2007, D/2006)
5, Omaha Marian (A/2007,
A/2006, A/2005, A/2004,
A/2003)
3, Columbus Scotus (C/2002,
C/2001, C/2000)
3, Lincoln High (A/1987, A/1986,
A/1985)
3, North Platte (A/1982, A/1981,
A/1980)

CLASS A BOYS

Year-Individual Champion, School, Time

2013-Wyatt McGuire, North Platte, 15:26.6
2012-Joseph Harter, Millard West, 15:22.9
2011-Isaac Allen, Lincoln East, 15:51.2
2010-Jacob Olson, Kearney, 16:04.3
2009-Brady McGuire, North Platte, 16:14.5
2008-Parker Schoen, Lincoln Southwest, 16:30.9
2007-Jon Ronhovde, Fremont, 16:11.22
2006-Todd Gulizia, Millard South, 15:28.19
2005-Matthew Conahan, Millard North, 15:57.10
2004-Brian Parr, Fremont, 16:03.75
2003-Colby Wissel, Kearney, 15:37.11
2002-Colby Wissel, Kearney, 16:12.64
2001-Colby Wissel, Kearney, 15:50.1
2000-Luke Garringer, Kearney, 16:21.8
1999-Brian Turner, Millard North, 15:51.0
1998-Brian Turner, Millard North, 15:44.3
1997-Dana Carne, Omaha North, 16:42
1996-Brandon Jessop, Kearney, 15:56
1995-Brandon Jessop, Kearney, 16:12
1994-Courtney Lamb, Lincoln Southeast, 16:20
1993-Dan Hoarty, Creighton Preparatory, 16:20
1992-Banti Iteffa, Lincoln Southeast, 15:48
1991-George Sefzik, Millard South, 16:00
1990-Jeff Novotny, Bellevue East, 16:19
1989-David Iteffa, Fremont, 16:04
1988-Dave Symonsbergen, Millard South, 16:14
1987-Nate Nielsen, Lincoln Southeast, 15:15
1986-Nate Nielsen, Lincoln Southeast, 16:08
1985-Bart Wilkins, Grand Island, 16:11
1984-Nate Nielsen, Lincoln Southeast, 17:08
1983-Scott Hollestelle, Lincoln East, 16:48
1982-Kraig Vanderbeek, Lincoln East, 15:42
1981-Tim Wakeland, Bellevue West, 15:50
1980-Scott Early, Fremont, 16:10 (5,000 Meters)
1979-Steve Sanduski, Omaha Burke, 12:54
1978-Lance Richards, Bellevue East, 13:10
1977-Brad Sable, North Platte, 13:07
1976-Paul Schultz, Omaha Burke, 12:52
1975-Paul Schultz, Omaha Burke, 13:02
1974-Pat Colburn, Creighton Preparatory, 12:35
1973-Jon Martens, North Platte, 12:45 (2.5 Miles)
1972-Barney Hill, Boys Town, 9:45
1971-Barney Hill, Boys Town, 10:03
1970-Ron Greeno, Lincoln Northeast, 9:30
1969-Dan Speck, North Platte, 9:23
1968-Jim Hawkins, Omaha North, 9:33
1967-Dave Bradley, Omaha Benson, 9:44 (1.9 Miles)
1966-Pat Rinn, Omaha North, 9:37 (1.8 Miles)
1965-Mark Wilson, Omaha Central, 9:50 (1.8 Miles)
1964-Elliott Evans, Omaha Ryan, 10:34
1963-Tim Hendricks, Omaha South, 9:52 (2 Miles)
1962-Dave McMahon, Omaha South, 8:59
1961-Allen Russell, Scottsbluff, 9:45
1960-Joe Perez, Scottsbluff, 9:45 (1.9 Miles)

Class A Boys Team Champions & Score

2013-Millard South, 50
2012-Fremont, 64
2011-Kearney, 41
2010-Fremont, 43
2009-Millard West, 76
2008-Millard West, 62
2007-Omaha Benson, 88
2006-Millard South, 78
2005-Fremont, 87
2004-Fremont, 52
2003-Kearney, 54
2002-Fremont, 58
2001-Omaha Benson, 37
2000-Kearney, 35
1999-Lincoln Southeast, 41
1998-Lincoln Southeast, 37
1997-Lincoln Southeast, 37
1996-Kearney, 31
1995-Kearney, 75
1994-Lincoln Southeast, 48

1993-Fremont, 72
1992-Lincoln Southeast, 26
1991-Lincoln Southeast, 46
1990-Lincoln High, 65
1989-Lincoln High, 50
1988-Lincoln Southeast, 58
1987-Lincoln High, 65
1986-Lincoln Southeast, 78
1985-Lincoln Southeast, 52
1984-Lincoln Southeast, 73
1983-Omaha Burke, 70
1982-Lincoln East, 57
1981-Omaha Burke, 60
1980-Fremont, 56
1979-Omaha Burke, 30
1978-Omaha Burke, 92
1977-Kearney, 95
1976-Omaha Burke, 49
1975-Omaha Burke, 71
1974-Creighton Preparatory, 32
1973-Creighton Preparatory, 29
1972-Omaha Central, 53
1971-Bellevue, 35
1970-Lincoln Northeast, 24
1969-Grand Island, 26
1968-Omaha Bryan, 39
1967-Scottsbluff, 34
1966-Omaha North, 24
1965-Omaha Central, 24
1964-Omaha North, 33
1963-Omaha South, 53
1962-Alliance, 38
1961-Scottsbluff, 20
1960-Scottsbluff, 14

CLASS A GIRLS

Year-Individual Champion, School, Time

2013-Jeralyn Poe, Lincoln North Star, 18:14.9 (5,000 Meters)
2012-Jeralyn Poe, Lincoln North Star, 14:42.6
2011-Jeralyn Poe, Lincoln North Star, 14:38.5
2010-Melissa Parks, Norfolk, 14:52.0
2009-Emilee Aschoff, Norfolk, 15:34.0
2008-Kelli Budd, Omaha Marian, 14:57.7
2007-Emily Sisson, Millard North, 14:25.18
2006-Emily Sisson, Omaha Marian, 14:35.94
2005-Brittany Poole, Millard West, 15:04.49
2004-Jill Stahlecker, Omaha Burke, 15:56.14
2003-Joslyn Dalton, Fremont, 15:10.61
2002-Merideth Snow, Millard West, 15:20.72
2001-Kym Bennett, Bellevue West, 15:08.2
2000-Laura Spanheimer, Omaha Marian, 15:19.9
1999-Anna Jones, Omaha Marian, 15:19.0
1998-Monica Erickson, Kearney, 14:59.8
1997-Annika Carlson, Omaha Central, 15:18
1996-Paige Brown, Omaha North, 15:40
1995-Kelly Lindsey, Millard North, 15:57
1994-Kelly Lindsey, Millard North, 15:04
1993-Kelly Lindsey, Millard North, 15:04
1992-Emily Anderson, Lincoln Southeast, 14:59
1991-Carla Sudbeck, Millard South, 14:43
1990-Denise Mendendez, Papillion-La Vista, 15:21
1989-Amy Marx, Lincoln Southeast, 15:08
1988-Kris Winbinger, Omaha Gross, 15:37
1987-Cindy Andrew, Omaha Burke, 14:58
1986-Christie Heimes, Scottsbluff, 15:37
1985-Shona Jones, Hastings, 15:21
1984-Shona Jones, Hastings, 14:55
1983-Shona Jones, Hastings, 15:02
1982-Shona Jones, Hastings, 14:56
1981-Mary Amen, Lincoln East, 15:50
1980-Ann Edmunds, Lincoln East, 15:56 (4,000 Meters)

Class A Girls Team Champions & Score

2013-Lincoln Southwest, 60
2012-Lincoln East, 62
2011-Millard West, 64
2010-Papillion-La Vista South, 45
2009-Norfolk, 67

2008-Norfolk, 84
2007-Omaha Marian, 76
2006-Omaha Marian, 50
2005-Omaha Marian, 58
2004-Omaha Marian, 51
2003-Omaha Marian, 87
2002-Fremont, 79
2001-Lincoln Southeast, 76
2000-Lincoln Southeast, 35
1999-Omaha Marian, 54
1998-Omaha Marian, 84
1997-Lincoln Southeast, 65
1996-Lincoln Southeast, 91
1995-Lincoln Southeast, 55
1994-Lincoln Southeast, 32
1993-Lincoln Southeast, 35
1992-Lincoln Southeast, 28
1991-Lincoln Southeast, 47
1990-Lincoln Southeast, 73
1989-Lincoln Southeast, 29
1988-Ralston, 76
1987-Lincoln High, 48
1986-Lincoln High, 41
1985-Lincoln High, 36
1984-Lincoln Southeast, 31
1983-Lincoln Southeast, 57
1982-North Platte, 84
1981-North Platte, 47
1980-North Platte, 37

CLASS B BOYS

Year-Individual Champion, School, Time

2013-Matthew Barraza, Scottsbluff, 15:57.1
2012-Matthew Barraza, Scottsbluff, 16:22.1
2011-Thomas Feichtinger, Mt. Michael Benedictine
2010-Franklin Ibarra, Lexington, 16:11.5
2009-Connor Gibson, Blair, 16:30.2
2008-Joshua Harsin, Blair, 16:24.6
2007-Adam Mitteis, Plattsmouth, 16:17.13
2006-David Adams, York, 15:47.79
2005-David Adams, York, 15:55.18
2004-Adam Mitteis, Plattsmouth, 16:46.63
2003-Chris Dunker, Beatrice, 16:22.42
2002-Chris Dunker, Beatrice, 16:37.77
2001-Jason Relph, McCook, 16:50.3
2000-Matt Haden, Aurora, 16:43.9
1999-Jeff Gorman, Plattsmouth, 16:21.0
1998-Jack Girard, Alliance, 16:22.8
1997-Jeremy Collins, York, 16:32
1996-Anthony Alt, Waverly, 16:13
1995-Seth Stewart, Plattsmouth, 16:19
1994-Anthony Alt, Waverly, 16:44
1993-Aaron Carrizales, Morrill, 16:54
1992-Mike Mason, Ogallala, 16:38
1991-Paul Hallett, York, 16:27
1990-Nathan Ewert, McCook, 16:26
1989-Tom Magnuson, O'Neill, 16:43
1988-Dean Bowling, Northwest, 16:37
1987-Greg Kahnk, Elkhorn, 15:25
1986-Tom Banks, Elkhorn, 15:59
1985-Tom Banks, Elkhorn, 16:23
1984-Dave Keil, Northwest, 17:23
1983-Dave Keil, Northwest, 16:55
1982-Bryan Clark, Auburn, 15:45
1981-Scott Pachunka, Omaha Roncalli, 15:51
1980-Steve Doran, Grand Island Central Catholic, 16:35 (5,000 Meters)
1979-Jerry Lorkovic, Omaha Paul VI, 13:52
1978-Mark Gokie, Chase County, 13:33
1977-Terry Schuman, Chase County, 13:27
1976-Jim Hall, Omaha Paul VI, 13:52
1975-Pat Griggs, Plattsmouth, 13:13
1974-Dick Graham, Minden, 13:15
1973-Neal Hermsmeyer, Ainsworth, 13:01 (2.5 Miles)
1972-Ron Galaviz, Ogallala, 9:41
1971-Dan Jones, Holdrege, 10:15
1970-Dan Wilder, Gering, 9:35
1969-Lee Newcomer, York, 9:42

NSAA Cross Country

PAST CHAMPIONS

1968-Lee Newcomer, York, 9:49
 1967-Dave Biehl, Lexington, 10:12 (1.9 Miles)
 1966-Tom Housel, Lexington, 9:56
 1965-Melvin Campbell, Ainsworth, 10:09 (1.8 Miles)
 1964-Bruce Jorgensen, Bloomfield, 11:09
 1963-Joel Douglass, Crete, 10:22 (2 Miles)
 1962-Frank Turja, Bayard, 8:28
 1961-Bill Kroupa, Pierce, 10:08
 1960-Darold Dent, Burwell, 9:31.3 (1.9 Miles)

Class B Boys Team Champions & Score

2013-Scottsbluff, 29
 2012-Mt. Michael Benedictine, 25
 2011-Scottsbluff, 27
 2010-Scottsbluff, 56
 2009-Lexington, 61
 2008-Ogallala, 44
 2007-Lincoln Pius X, 37
 2006-Ogallala, 35
 2005-Scottsbluff, 35
 2004-Scottsbluff, 27
 2003-Scottsbluff, 56
 2002-Beatrice, 45
 2001-Lexington, 47
 2000-Scottsbluff, 31
 1999-Aurora, 37
 1998-Scottsbluff, 41
 1997-Scottsbluff, 17
 1996-Scottsbluff, 45
 1995-York, 47
 1994-York, 21
 1993-York, 44
 1992-York, 31
 1991-Lincoln Pius X, 82
 1990-Ogallala, 58
 1989-Lincoln Pius X, 55
 1988-Elkhorn, 79
 1987-Northwest, 47
 1986-Mt. Michael Benedictine, 74
 1985-Lincoln Pius X, 40
 1984-Elkhorn, 47
 1983-Lincoln Pius X, 51
 1982-Lincoln Pius X, 53
 1981-Lincoln Pius X, 38
 1980-Auburn, 55
 1979-Lincoln Pius X, 58
 1978-Lincoln Pius X, 48
 1977-McCook, 36
 1976-Lincoln Pius X, 30
 1975-Plattsmouth, 37
 1974-Plattsmouth, 34
 1973-Plattsmouth, 38
 1972-Ogallala, 36
 1971-Alliance, 28
 1970-Broken Bow, 42
 1969-Holdrege, 37
 1968-Holdrege, 41
 1967-Lexington, 19
 1966-Lexington, 19
 1965-Ainsworth, 29
 1964-Ainsworth, 43
 1963-Gering, 35
 1962-Pierce, 55
 1961-Pierce, 46
 1960-Crofton, 30

CLASS B GIRLS

Year-Individual Champion, School, Time
 2013-Erin Lee, York, 18:55.5 (5,000 Meters)
 2012-Erin Lee, York, 14:55.1
 2011-Odaliz Santoyo-Garcia, Lexington, 15:07.2
 2010-Aubree Worden, Scottsbluff, 14:22.2
 2009-Aubree Worden, Scottsbluff, 14:45.4
 2008-Aubree Worden, Scottsbluff, 15:00.4
 2007-Kaitlyn Wells, Sidney, 15:42.01
 2006-Elizabeth Ediger, Gering, 15:25.97
 2005-Ashlynn Bader, Boone Central, 15:29.26

2004-Ashlynn Bader, Boone Central, 15:29.37
 2003-Sara Ensrud, Gering, 15:22.50
 2002-Elizabeth Lange, Lincoln Pius X, 15:29.99
 2001-Elizabeth Lange, Lincoln Pius X, 14:58.4
 2000-Ann Shadle, South Sioux City, 15:08.6
 1999-Anne Shadle, South Sioux City, 15:20.0
 1998-Anne Shadle, South Sioux City, 14:54.7
 1997-Kathryn Handrup, Aurora, 14:58
 1996-Kathryn Handrup, Aurora, 15:31
 1995-Kathryn Handrup, Aurora, 16:18
 1994-Nichole Reynolds, Ogallala, 15:51
 1993-Nora Shepherd, York, 14:49
 1992-Nora Shepherd, York, 15:17
 1991-Angie Peglow, Chase County, 15:19
 1990-Nora Shepherd, York, 15:05
 1989-Theresa Stelling, Auburn, 15:12
 1988-Barb Keefover, Norris, 15:25
 1987-Barb Keefover, Norris, 14:56
 1986-Dodie Kocsis, Omaha Roncalli, 15:28
 1985-Dodie Kocsis, Omaha Roncalli, 15:40
 1984-Maryann Ziegler, Syracuse, 16:09
 1983-Sonja Reis, Gering, 16:19
 1982-Jill Noel, Lincoln Pius X, 15:08
 1981-Jill Noel, Lincoln Pius X, 15:21
 1980-Jill Noel, Lincoln Pius X, 15:21 (4,000 Meters)

Class B Girls Team Champions & Score

2013-Lincoln Pius X, 25
 2012-Seward, 41
 2011-Lincoln Pius X, 28
 2010-Seward, 44
 2009-Seward, 30
 2008-Scottsbluff, 36
 2007-Lincoln Pius X, 33
 2006-Gering, 19
 2005-Lincoln Pius X, 24
 2004-Lincoln Pius X, 21
 2003-York, 30
 2002-Aurora, 41
 2001-York, 38
 2000-Plattsmouth, 40
 1999-South Sioux City, 26
 1998-Scottsbluff, 35
 1997-Scottsbluff, 44
 1996-Aurora, 41
 1995-Aurora, 29
 1994-Plattsmouth, 44
 1993-Plattsmouth, 40
 1992-York, 31
 1991-Lincoln Pius X, 25
 1990-Lincoln Pius X, 37
 1989-Lexington, 39
 1988-Northwest, 44
 1987-Lincoln Pius X, 56
 1986-Lincoln Pius X, 43
 1985-Auburn, 56
 1984-Gering, 55
 1983-Elkhorn, 52
 1982-Elkhorn, 52
 1981-Lexington, 50
 1980-McCook, 18

CLASS C BOYS

Year-Individual Champion, School, Time
 2013-Levi Avila, Mitchell, 17:04.5
 2012-James McKeag, Ogallala, 16:53.2
 2011-Cole Wellnitz, Gordon-Rushville, 16:24.3
 2010-Cole Wellnitz, Gordon-Rushville, 16:38.5
 2009-Jarren Heng, Norfolk Catholic, 16:05.5
 2008-Jarren Heng, Norfolk Catholic, 16:09.9
 2007-Al Sanabria, Minden, 16:41.26
 2006-Al Sanabria, Minden, 16:39.96
 2005-Scott Ohlson, Chase County, 16:56.75
 2004-Bryan Fink, Wayne, 17:01.87
 2003-Josh Peavy, Wahoo, 16:51.76
 2002-Blayne Tanner, Centennial, 17:17.43
 2001-Jon Morrison, Arlington, 16:49.9

2000-Devin Bethune, Wayne, 17:00.1
 1999-Kyle Wyatt, Albion/Cedar Rapids/Petersburg, 16:57.0
 1998-Kyle Wyatt, Albion, 16:28.9
 1997-Felice Nuncio, Grand Island Central Catholic, 16:49
 1996-Steve Einspahr, Gothenburg, 16:41
 1995-John Grebe, Gretna, 16:51
 1994-Aaron Carrizales, Morrill, 17:15
 1993-Jason Long, Republican Valley, 16:48
 1992-Aaron Carrizales, Morrill, 16:59
 1991-Deen Johnson, Hay Springs, 16:16
 1990-Brady Bonsall, Burwell, 16:36
 1989-Brady Bonsall, Burwell, 16:47
 1988-Ken Beister, Albion, 17:06
 1987-Chris Peacock, West Holt, 15:58
 1986-Joe Schumm, Sandy Creek, 16:50
 1985-Steve Hefferman, Kearney Catholic, 16:32
 1984-Steve Hefferman, Kearney Catholic, 17:58
 1983-Tim Hoffman, Exeter, 16:53
 1982-Juha Joutsenlahti, Orleans, 16:04
 1981-Mike Marcheck, Ft. Calhoun, 16:29
 1980-Tom Hoffman, Exeter, 16:29 (5,000 Meters)
 1979-Mark Gokie, Chase County, 13:04
 1978-Dan Denson, Aquinas, 13:36
 1977-Delwyn Hennings, Crofton, 13:37
 1976-Delwyn Hennings, Crofton, 13:39
 1975-Doug Mach, Burwell, 13:16
 1974-Tom Long, Hebron, 13:19
 1973-Ray Schlegel, Cambridge, 13:18 (2.5 Miles)
 1972-Juan Carrizales, Morrill, 10:14
 1971-Jack Schroer, Hastings St. Cecilia, 10:22
 1970-Fred Carnahan, Genoa, 9:46
 1969-Jerome Sandman, Hebron, 9:48
 1968-Raleigh Nott, Elwood, 10:04
 1967-Gary Williams, Morrill, 10:12 (1.9 Miles)
 1966-Jack Weyers, Sterling, 9:49
 1965-Cliff Colglazier, Grant, 10:09 (1.8 Miles)
 1964-Jack Weyers, Sterling, 10:49
 1963-Frank Turja, Bayard, 10:32 (2 Miles)
 1962-Alan Gatzemeyer, Bancroft, 9:21
 1961-Richard Gatch, Melbeta, 10:03 (1.9 Miles)

Class C Boys Team Champions & Score

2013-Milford, 45
 2012-Milford, 50
 2011-Columbus Scotus, 55
 2010-Ogallala, 42
 2009-Norfolk Catholic, 27
 2008-Norfolk Catholic, 18
 2007-Norfolk Catholic, 23
 2006-Norfolk Catholic, 43
 2005-Syracuse, 58
 2004-Syracuse, 44
 2003-Wahoo, 66
 2002-Centennial, 38
 2001-Wayne, 53
 2000-Mt. Michael Benedictine, 46
 1999-Fairbury, 34
 1998-Bishop Neumann, 43
 1997-Mt. Michael Benedictine, 41
 1996-Mt. Michael Benedictine, 35
 1995-Mt. Michael Benedictine, 45
 1994-Minden, 62
 1993-Lyons-Decatur Northeast, 52
 1992-Republican Valley, 54
 1991-Crofton, 44
 1990-Crofton, 47
 1989-Malcolm, 33
 1988-Malcolm, 30
 1987-Gibbon, 56
 1986-Centura, 61
 1985-Crofton, 33
 1984-Gibbon, 25
 1983-Crofton, 29
 1982-Morrill, 57
 1981-Morrill, 32
 1980-Morrill, 46
 1979-Morrill, 35

NSAA Cross Country PAST CHAMPIONS

1978-Crofton, 32
1977-Crofton, 20
1976-Centura, 49
1975-Bayard, 64
1974-Mitchell, 71
1973-Mitchell, 60
1972-Mitchell, 55
1971-Hebron, 42
1970-Raymond Central, 68
1969-Plainview, 16
1968-Elkhorn St. John, 35
1967-Elkhorn St. John, 22
1966-Hebron, 23
1965-Bayard, 47
1964-Bayard, 31
1963-Bayard, 28
1962-Avoca, 54
1961-Pender, 39

CLASS C GIRLS

Year-Individual Champion, School, Time

2013-Celeste Cardona, Mitchell, 20:18.4 (5,000 Meters)
2012-Gabriella Gracia, Holdrege, 14:48.2
2011-Shannen Ramey, Fort Calhoun, 15:23.4
2010-Briana Adams, Pierce, 15:02.9
2009-Michaela Curran, Wahoo, 15:46.7
2008-Erin Curran, Wahoo, 15:16.0
2007-Katelyn White, Broken Bow, 15:26.39
2006-Katelyn White, Broken Bow, 14:45.60
2005-Katelyn White, Broken Bow, 14:59.08
2004-Jacey Benal, Bishop Neumann 16:04.81
2003-Mallory Pinger, Grand Island Central Catholic, 15:51.2
2002-Kayla Engel, Columbus Scotus, 16:11.55
2001-Angela Fisher, Columbus Scotus, 15:29.6
2000-Molly Engel, Columbus Scotus, 15:39.1
1999-Stacie Koehler, Pierce, 15:34.0
1998-Kelly Throener, Minden, 15:39.1
1997-Sara Kinney, Wayne, 15:34
1996-Monica Barger, Chase County, 16:01
1995-Sara Kinney, Wayne, 16:29
1994-Jaimie Kruger, Pierce, 15:20
1993-Amber Fairbanks, Geneva, 15:55
1992-Carrie Ryan, Hemingford, 16:07
1991-Christa Brandstetter, Geneva, 16:01
1990-Angie Peglow, Chase County, 16:24
1989-Renee Birkel, Aquinas, 16:21
1988-Kari Shields, Conestoga, 16:13
1987-Shelly Luther, St. Mary's, 15:57
1986-Jane Fraser, Hebron, 16:24
1985-Karla Kube, Crofton, 16:40
1984-Tamela Resh, Shelton, 15:32
1983-Karla Kube, Crofton, 15:59
1982-Karla Christensen, Wahoo, 15:33
1981-Deeny Boucher, Burwell, 16:13
1980-Terri John, Burwell, 17:15 (4,000 Meters)

Class C Girls Team Champions & Score

2013-Columbus Scotus, 45
2012-Columbus Scotus, 43
2011-Fort Calhoun, 49
2010-Fort Calhoun, 46
2009-Fort Calhoun, 46
2008-Pierce, 50
2007-Fort Calhoun, 32
2006-Fort Calhoun, 37
2005-Bishop Neumann, 38
2004-Ainsworth, 60
2003-Central City, 41
2002-Columbus Scotus, 36
2001-Columbus Scotus, 44
2000-Columbus Scotus, 34
1999-Gothenburg, 47
1998-Minden, 42
1997-Minden, 26
1996-Wayne, 55
1995-Wayne, 50
1994-Gothenburg, 48

1993-Bishop Neumann, 23
1992-Crofton, 49
1991-Geneva, 19
1990-Geneva, 35
1989-Hebron, 57
1988-Crofton, 28
1987-Crofton, 34
1986-Crofton, 40
1985-Crofton, 45
1984-Crofton, 21
1983-Crofton, 18
1982-Crofton, 46
1981-Crofton, 31
1980-North Bend, 56

CLASS D BOYS

Year-Individual Champion, School, Time

2013-Hans Epp, Nebraska Christian, 16:26.6
2012-Cody Franklin, Bridgeport, 16:33.9
2011-Austin Hamm, Bloomfield, 16:27.3
2010-Michael Schumacher, Ainsworth, 16:33.9
2009-Dillon Eckel, Gibbon, 16:55.9
2008-Kevin Weeder, Lindsay Holy Family, 17:21.0
2007-Jens Scholl, Deshler, 17:03.26
2006-Jeffrey Holka, Malcolm, 16:53.81
2005-Anthony Aerts, East Butler, 16:30.94
2004-Kyle Custer, Cambridge, 17:00.28
2003-Enrique Rodriguez, Morrill, 16:16.98
2002-Adam Lippold, Dawson-Verdon, 17:01.86
2001-Aaron Dye, Thayer Central, 16:54.0
2000-Matthew Wolfe, Republican Valley, 16:53.2
1999-Michael Nikkila, Kearney Catholic, 16:46.0
1998-Zachary Reeves, Gordon, 17:01
1997-Zachary Reeves, Gordon, 17:01
1996-Aaron Hraban, Bishop Neumann, 17:29
1995-Bryan Williams, Arcadia, 17:05
1994-Bryan Williams, Arcadia, 16:56

Class D Boys Team Champions & Score

2013-Crofton, 69
2012-Nebraska Christian, 46
2011-Ord, 73
2010-Nebraska Christian, 37
2009-Hastings St. Cecilia, 50
2008-Lindsay Holy Family, 49
2007-Perkins County, 48
2006-Malcolm, 42
2005-Malcolm, 23
2004-Malcolm, 66
2003-Aquinas, 56
2002-Aquinas, 41
2001-Bertrand, 48
2000-Hebron, 58
1999-Kearney Catholic, 30
1998-Kearney Catholic, 23
1997-Bishop Neumann, 28
1996-Geneva, 41
1995-Malcolm, 35
1994-Malcolm, 41

CLASS D GIRLS

Year-Individual Champion, School, Time

2013-Katherine Lansman, Ord, 19:56.0 (5,000 Meters)
2012-Marissa Dewispelare, Aquinas Catholic, 15:08.8
2011-Marissa Dewispelare, Aquinas Catholic, 15:23.8
2010-Andrea Weeder, Lindsay Holy Family/Newman Grove, 15:10.0
2009-Andrea Weeder, Lindsay Holy Family/Newman Grove, 15:18.1
2008-Andrea Weeder, Lindsay Holy Family, 15:33.2
2007-Amy Long, Bayard, 15:27.07
2006-Kristin Steffen, Crofton, 15:59.35
2005-Amy Long, Bayard, 16:01.75
2004-Rachel Carrizales, Morrill, 15:47.92
2003-Erika DeBoer, Morrill, 16:15.53
2002-Heather Hernandez, Morrill, 16:15.08
2001-Kacie Beachler, Oakland-Craig, 15:46.42

2000-Martha Keen, Hastings St. Cecilia, 15:51.6
1999-Jennifer Nikkila, Kearney Catholic, 15:53.0
1998-Karen Hollis, Geneva, 15:33.42
1997-Darcy Preston, Lyons-Decatur NE, 16:14
1996-Amber Fairbanks, Geneva, 15:59
1995-Amber Fairbanks, Geneva, 16:13
1994-Amber Fairbanks, Geneva, 15:32

Class D Girls Team Champions & Score

2013-Crofton, 32
2012-Crofton, 23
2011-Crofton, 36
2010-Crofton, 48
2009-Crofton, 30
2008-Crofton, 30
2007-Crofton, 54
2006-Crofton, 54
2005-East Butler, 53
2004-East Butler, 41
2003-Morrill, 48
2002-Morrill, 19
2001-Oakland-Craig, 26
2000-Oakland-Craig, 36
1999-Bertrand, 41
1998-Geneva, 43
1997-Bishop Neumann, 27
1996-East Butler, 53
1995-Geneva, 38
1994-Bishop Neumann, 17

GOLD MEDAL WINNERS

Boys

2013-Wyatt McGuire, North Platte, 15:26.6
2012-Joseph Harter, Millard West, 15:22.9
2011-Isaac Allen, Lincoln East, 15:51.2
2010-Jacob Olson, Kearney, 16:04.3
2009-Jarren Heng, Norfolk Catholic, 16:05.5
2008-Jarren Heng, Norfolk Catholic, 16:09.9
2007-Jon Ronhovde, Fremont, 16:11.22
2006-Todd Gulizia, Millard South, 15:28.19
2005-David Adams, York, 15:55.18
2004-Brian Parr, Fremont, 16:03.75
2003-Colby Wissel, Kearney, 15:37.11
2002-Colby Wissel, Kearney, 16:12.64
2001-Colby Wissel, Kearney, 15:50.1
2000-Luke Garringer, Kearney, 16:21.8
1999-Brian Turner, Millard North, 15:51.0
1998-Brian Turner, Millard North, 15:44.3
1997-Jeremy Collins, York, 16:32
1996-Brandon Jessop, Kearney, 15:32
1995-Brandon Jessop, Kearney, 16:12
1994-Courtney Lamb, Lincoln Southeast, 16:20
1993-Dan Hoarty, Creighton Preparatory, 16:20

Girls

2013-Jeralyn Poe, Lincoln North Star, 18:14.9 (5,000 Meters)
2012-Jeralyn Poe, Lincoln North Star, 14:42.6
2011-Jeralyn Poe, Lincoln North Star, 14:38.5
2010-Aubree Worden, Scottsbluff, 14:22.2
2009-Aubree Worden, Scottsbluff, 14:45.4
2008-Kelli Budd, Omaha Marian, 14:57.7
2007-Emily Sisson, Millard North, 14:25.18
2006-Emily Sisson, Omaha Marian, 14:35.94
2005-Katelyn White, Broken Bow, 14:59.08
2004-Ashlynn Bader, Boone Central, 15:29.37
2003-Joslyn Dalton, Fremont, 15:10.61
2002-Merideth Snow, Millard West, 15:20.72
2001-Elizabeth Lange, Lincoln Pius X, 14:58.4
2000-Anne Shadle, South Sioux City, 15:08.6
1999-Anna Jones, Omaha Marian, 15:19.0
1998-Anne Shadle, South Sioux City, 14:54.7
1997-Kathryn Handrup, Aurora, 14:58
1996-Kathryn Handrup, Aurora, 15:32
1995-Kelly Lindsey, Millard North, 15:57
1994-Kelly Lindsey, Millard North, 15:04
1993-Nora Shepherd, York, 14:49

EVERY GAME IS AN
OPPORTUNITY
TO MEASURE
YOURSELF
AGAINST YOUR
OWN POTENTIAL

- BUD WILKINSON

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